

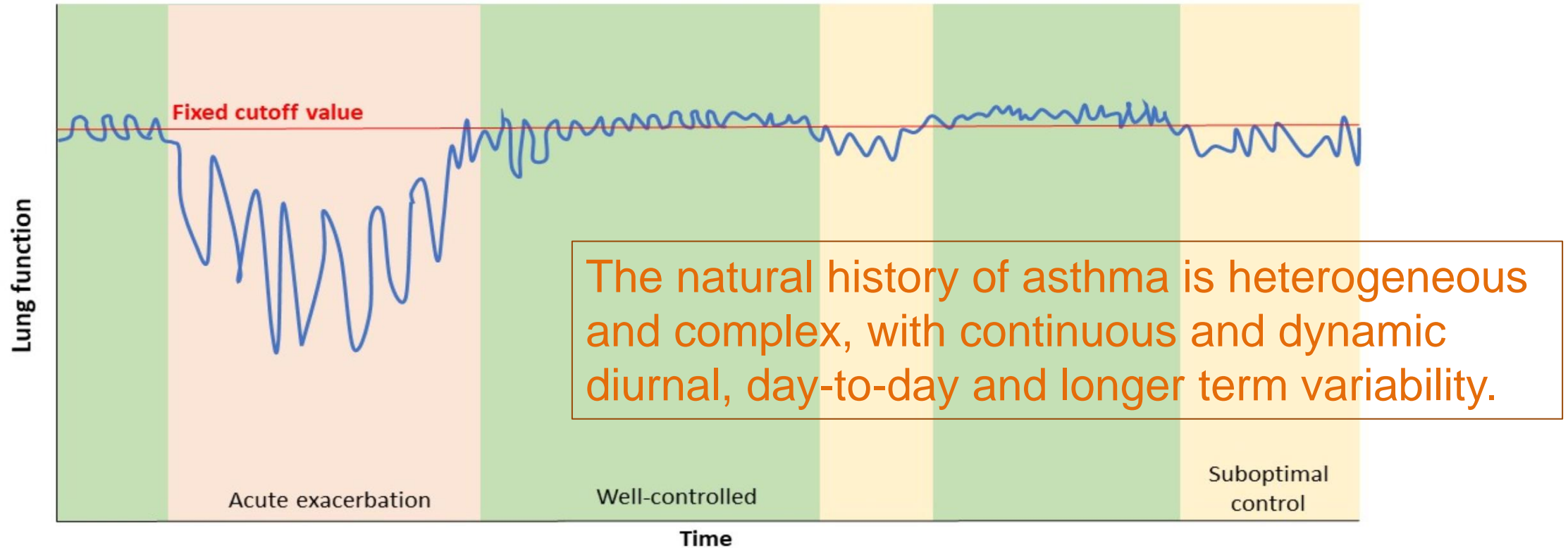
# Con: The Use of Biologics cannot Achieve Disease Remission in Severe Asthma

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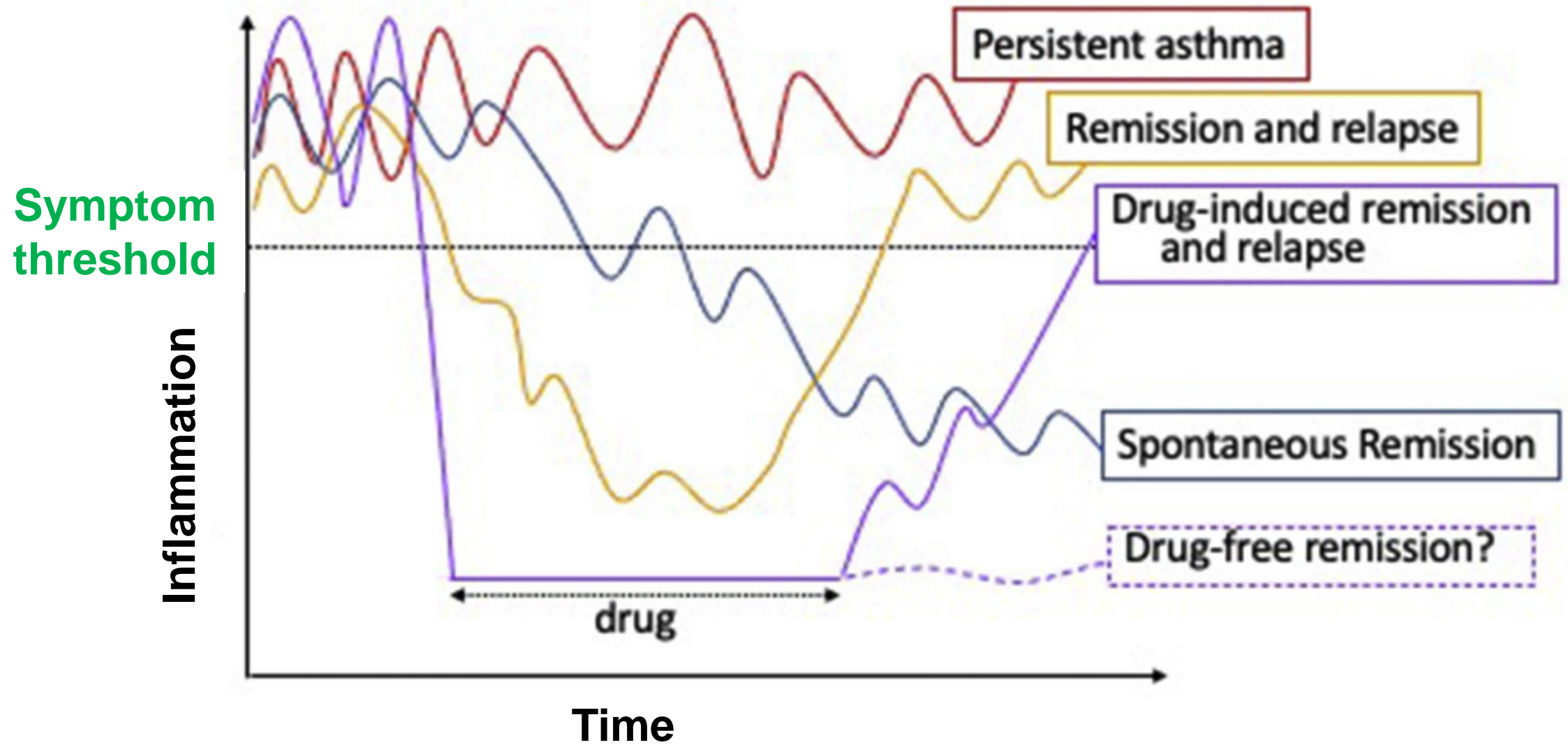
# Variability of asthma with time



- **Well-controlled period:** characterized by better lung function and less diurnal variability. However, diurnal variation may straddle diagnostic cut offs in some patients.
- **Period of suboptimal control:** may be predictable in individual patients based on the triggers, such as cold weather or during pollen seasons.
- **Acute exacerbation:** characterized by marked deterioration in lung function and exaggerated diurnal variability.



# Theoretical trajectory of asthma remission over time



# Expert consensus framework for asthma remission as a treatment goal

## Clinical Remission on Treatment

### For $\geq 12$ months:

- Sustained absence of significant asthma symptoms based on validated instrument, **and**
- Optimization and stabilization of lung function, **and**
- Patient and HCP agreement regarding disease remission, **and**
- No use of systemic corticosteroid therapy for exacerbation treatment or long-term disease control

## Clinical Remission off Treatment

Same criteria maintained without asthma treatment for  $\geq 12$  months

## Complete Remission on Treatment

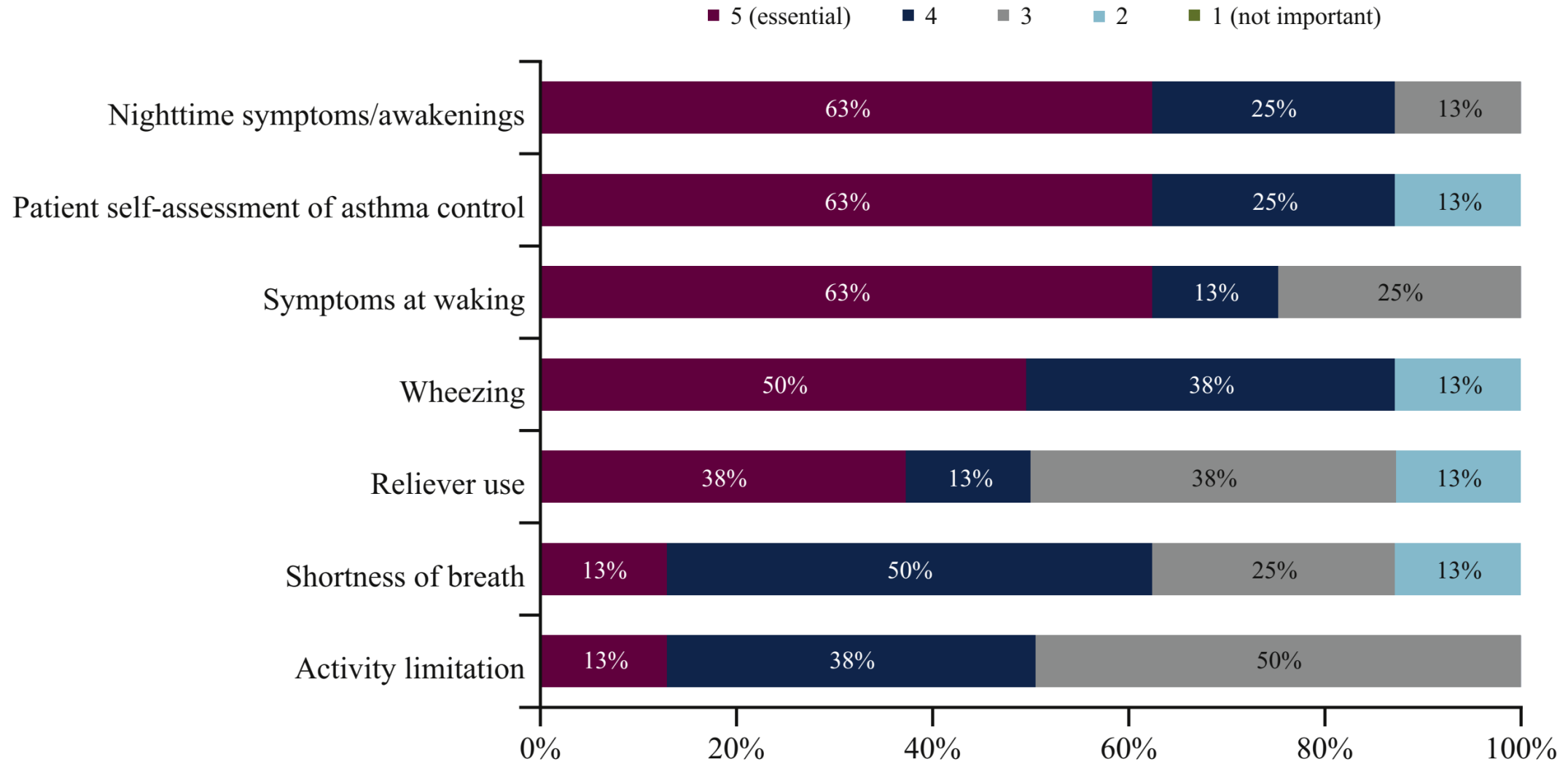
### Clinical remission plus the following:

- Current, objective evidence of the resolution of previously documented asthma-related inflammation (eg, reduced blood or sputum eosinophil counts, FENO, and/or other relevant measures), **and**
- In appropriate research settings: Current negative bronchial hyperresponsiveness

## Complete Remission off Treatment

Same criteria maintained without asthma treatment for  $\geq 12$  months

# Importance of asthma symptoms in the context of asthma remission



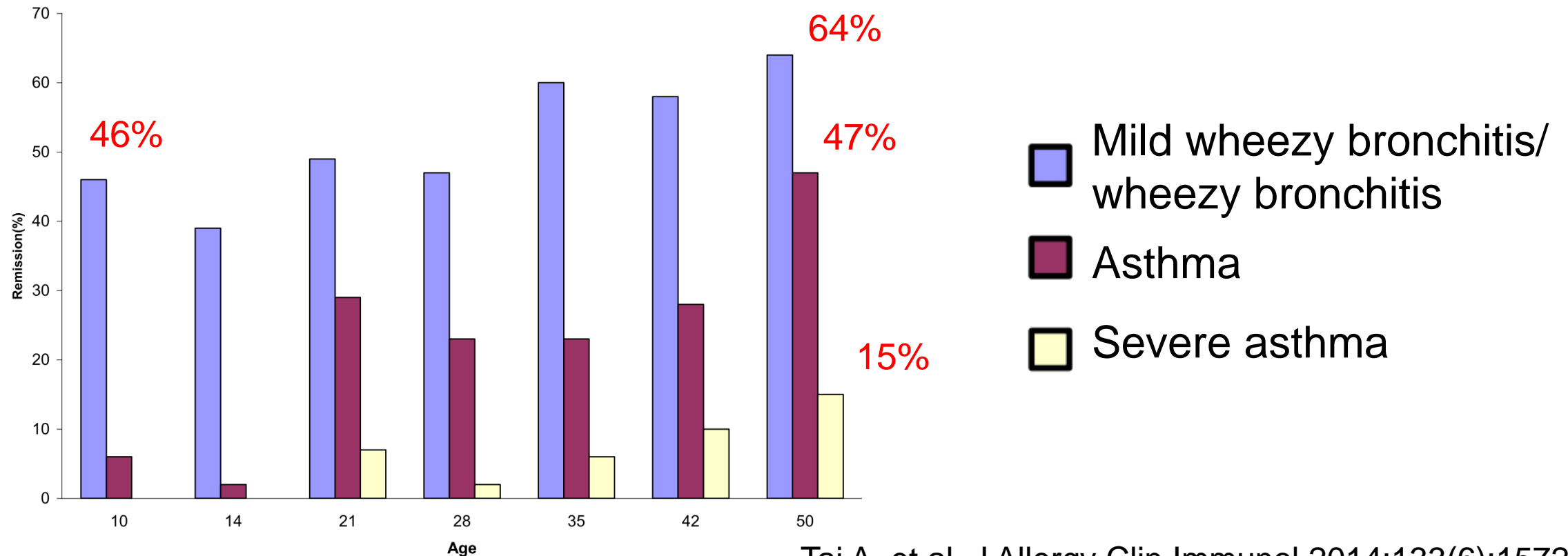
# Types and measures of asthma remission

Type	Criteria	Assessments
Clinical remission	No symptoms	Sustained absence of significant asthma symptoms established using a validated instrument (e.g. ACQ score $\leq 1$ or ACT score $\geq 20$ ); the use of relievers is not permitted during the remission period
	No exacerbations	The use of systemic corticosteroids for exacerbation treatment is not permitted during the remission period; hospitalisation or emergency department visit or unscheduled doctor visit for asthma exacerbation management are also not permitted during the remission period
	Optimisation of lung function	Example: post-bronchodilator FEV <sub>1</sub> $\geq 80\%$ predicted
Complete remission	Clinical remission plus normalisation of underlying pathology	No evidence of current inflammation established using either blood eosinophil count ( $<300 \text{ cells}\cdot\mu\text{L}^{-1}$ ), sputum eosinophil count ( $<3\%$ ) or F <sub>ENO</sub> ( $<40 \text{ ppb}$ ) [97, 98]; other measures of underlying pathology may include a negative bronchial hyperresponsiveness test (e.g. histamine or methacholine provocation tests) or degree of subepithelial fibrosis (subepithelial thickness)

# Remission of childhood-onset asthma

- 458 primary school children, from 7 to 50 years old, Melbourne Asthma Study
- **Asthma remission**: no wheeze symptoms in the past 3 years; no use of bronchodilators, oral corticosteroids, or ICS

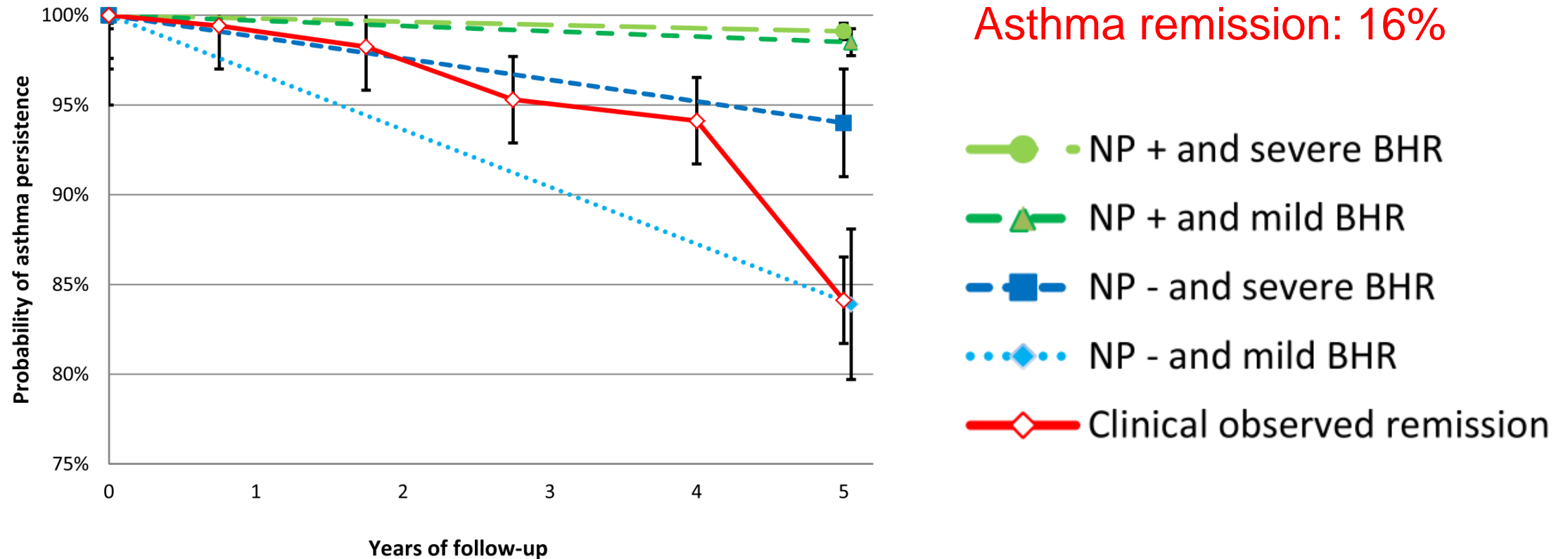
## Asthma remission percentages at each review



# Remission of adult-onset asthma

- 170 adult patients with recently diagnosed (<1 year) asthma, 5-year follow-up
- **Asthma remission**: No asthma symptoms and medication use for  $\geq 1$  year

## Probability of asthma persistence



# Clinical characteristics of persistent asthma vs. remission

	Persistent asthma (n = 143)	Clinical remission (n = 27)	P-value
Age, year	50 ± 14	44 ± 15	0.039
ACQ-6 score	1.34 ± 0.92	0.89 ± 0.67	0.026
ICS dose, fluticasone equivalent	313 (250-500)	250 (0-250)	0.007
PC <sub>20</sub> methacholine, mg/mL	2.7 (0.8-6.6)	5.8 (2.9-32)	0.003
Nasal polyps	25	0	0.004
FeNO, parts/billion	21 (13-45)	29 (12-44)	0.698
Blood eosinophils, 10 <sup>9</sup> /L	0.17 (0.1-0.28)	0.15 (0.08-0.26)	0.601

# Childhood-onset asthma remission by more strict criteria

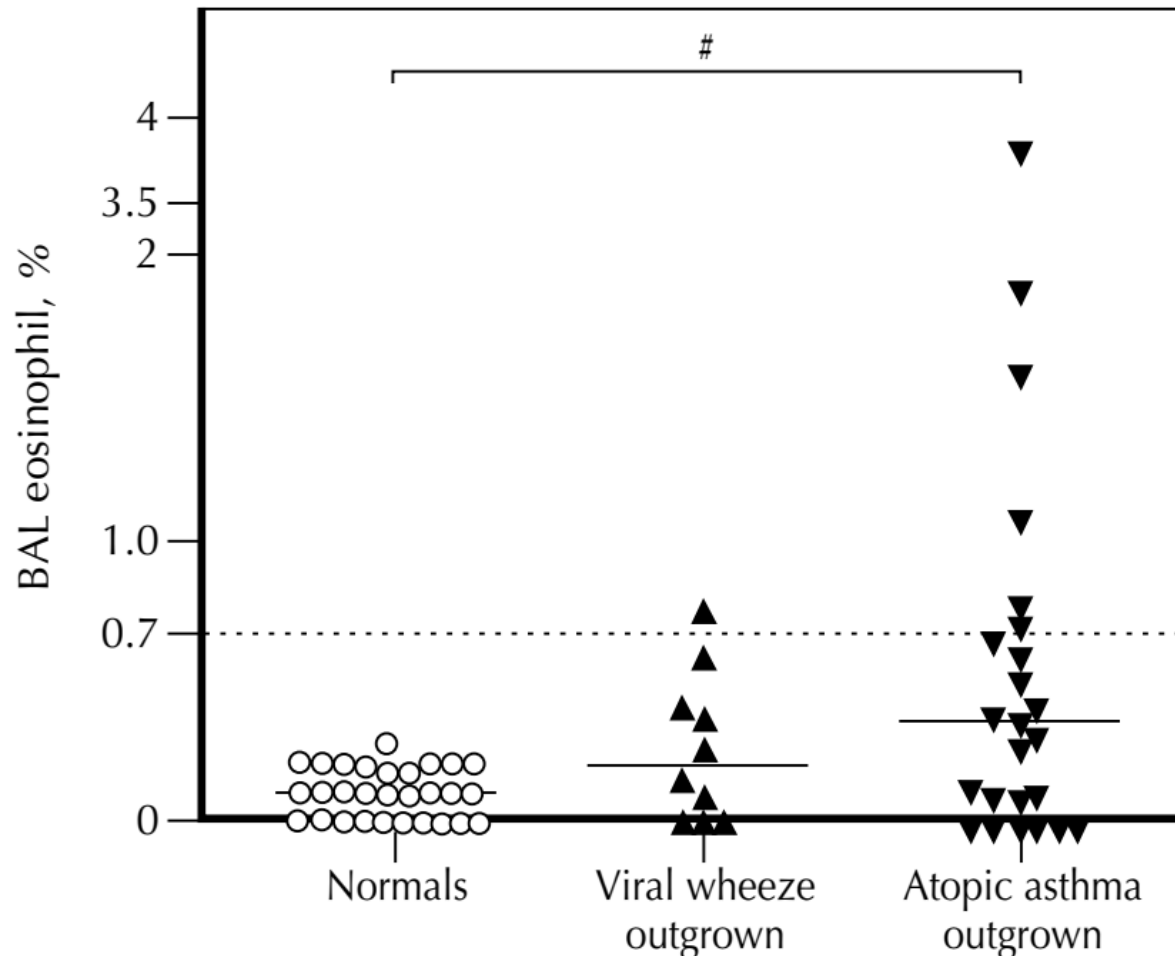
- 406 children in asthma cohort from childhood to age 25 and 49
- **Clinical remission**: no symptoms without asthma medication use for  $\geq 1$  year
- **Complete remission**: clinical remission + negative BHR test, normal FEV1

	Visit 1 (1972-76) 406 subjects		Visit 2 (1987-89) 209 subjects		Visit 3 (2013-14) 209 subjects
Excluded	187 No BHR 10 Incomplete childhood data	➔	21 Lost to follow-up	➔	65 No response 31 Untraceable 6 Not cooperative 5 Deceased
Included	209 subjects		188 subjects 154 PersA (81.9%) 20 ClinR (10.6%) 14 ComR (7.5%)		102 subjects 61 PersA (59.8%) 31 ClinR (30.4%) 10 ComR (9.8%)
Asthma outcome	-				

- ✓ 75% of the subjects with complete remission at age 25
  - no relapse of asthma by age 49

# Clinical remission $\neq$ No airway inflammation

- Children with apparently outgrown asthma
- 35 healthy; 10 outgrown viral wheeze; 25 outgrown asthma



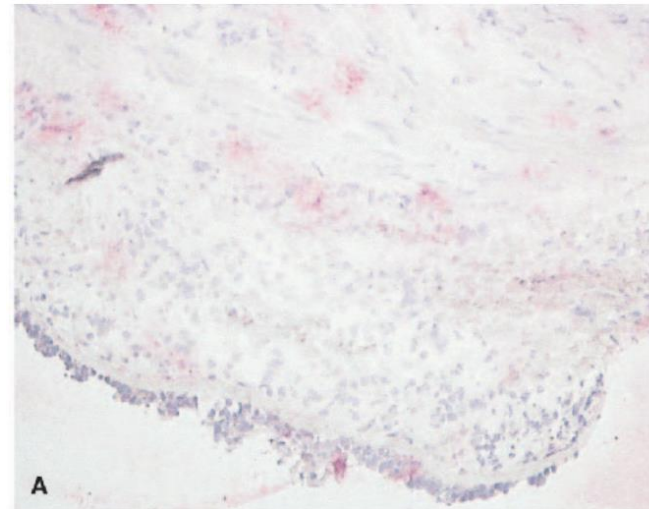
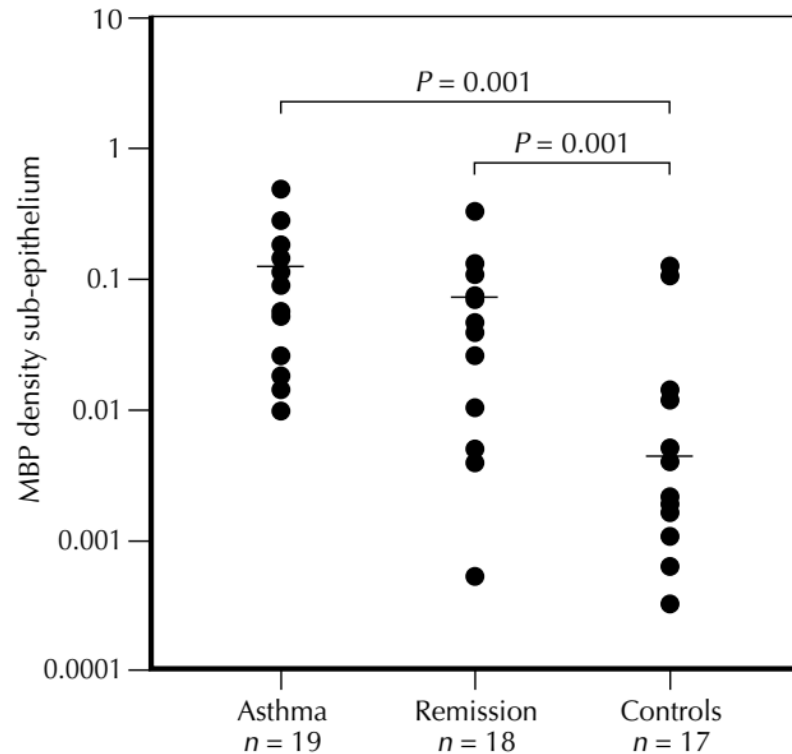
**BAL fluid  
eosinophil**

- ✓ No relationship between length of remission and degree of airways eosinophilia

# Clinical remission $\neq$ No airway inflammation

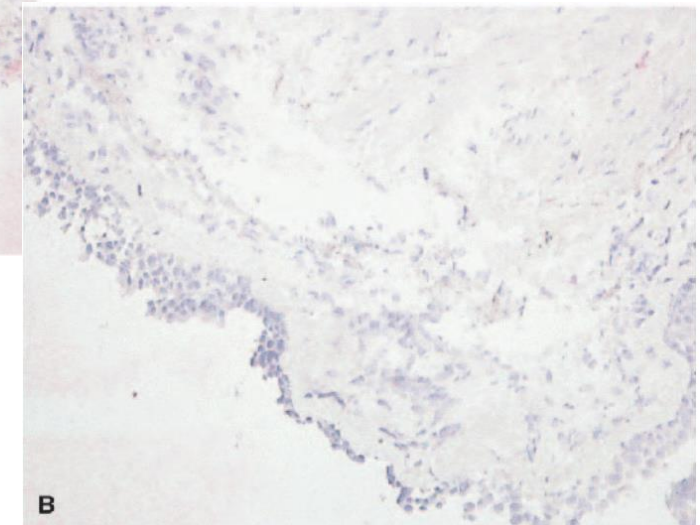
- Bronchoscopic evaluation in 18 subjects with clinical remission of asthma, 19 subjects with symptomatic asthma, and 17 healthy subjects
- Bronchial mucosa samples with biopsies from subcarinae of the main bronchi

## Eosinophil density via major basic protein staining

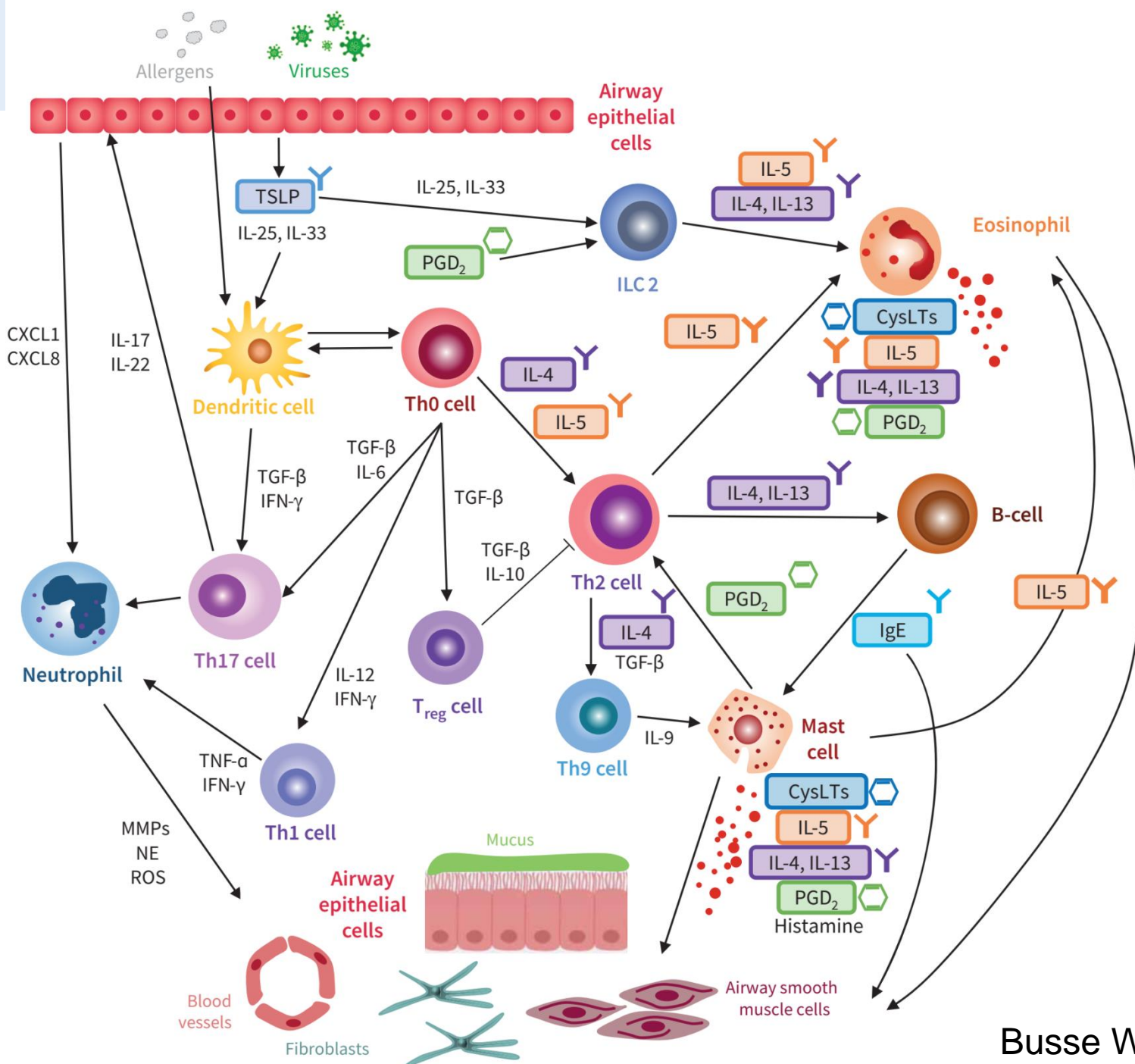








Clinical remission of asthma

Healthy control



# Asthma therapies with disease-modifying potential and targets



-  Anti-TSLP mAbs
-  Anti-IL-4R mAbs
-  Anti-IL-5/-5R mAbs
-  Anti-IgE mAbs
-  PGD<sub>2</sub> antagonists
-  CysLT receptor antagonists

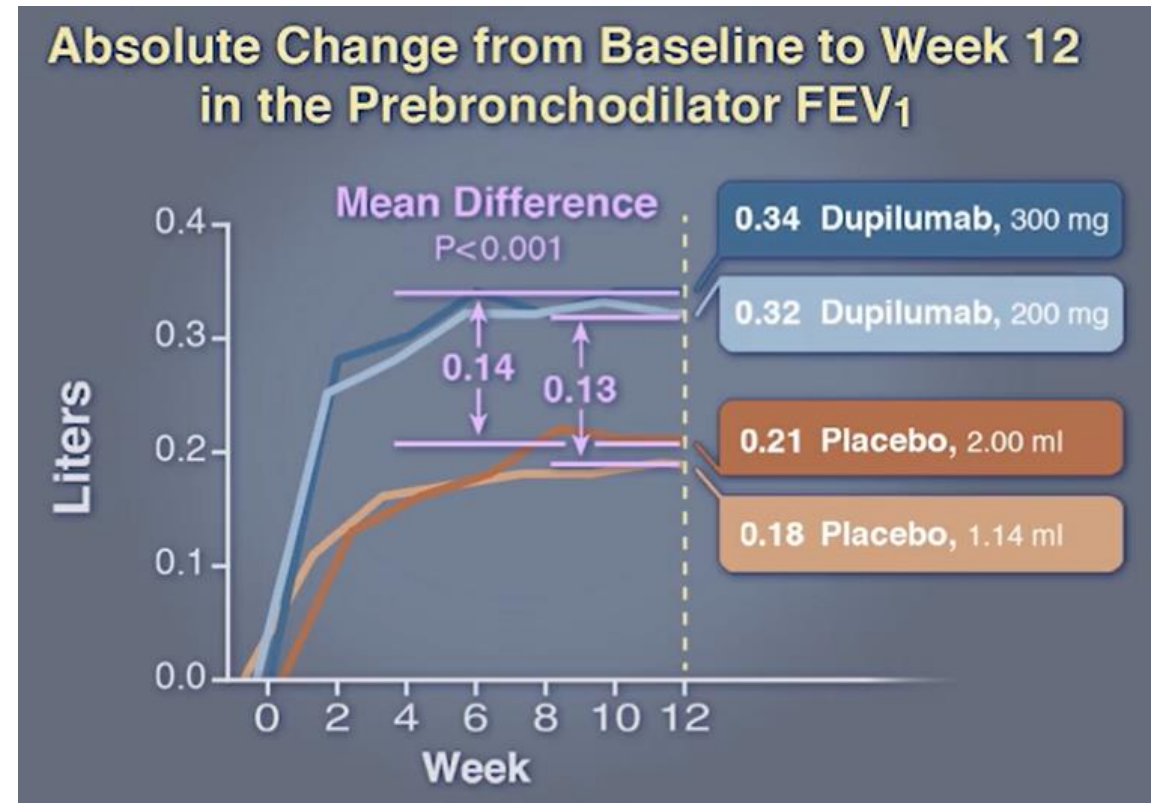
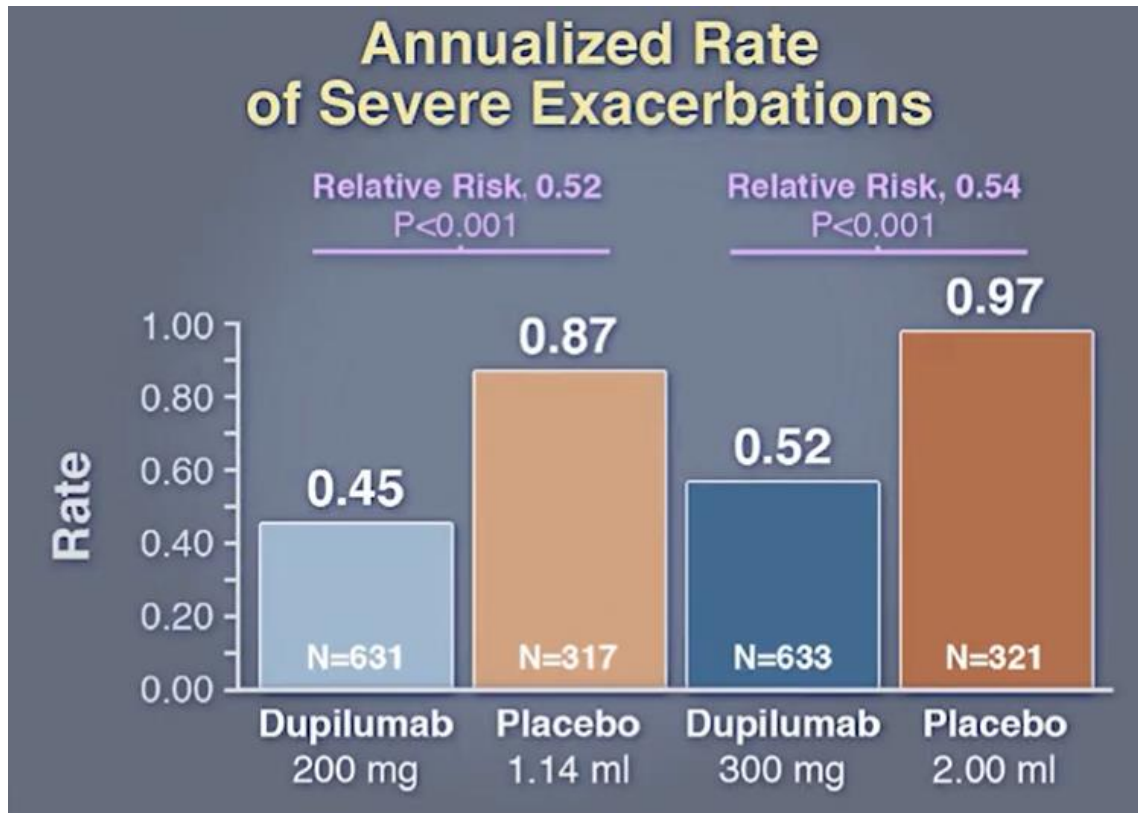
# T2-directed biologics available for severe asthma

Agent	↓ Exacerbations	↑ Lung function	Symptoms	Special feature
Omalizumab (IgE)	25%	±	+/ $\pm$	Aged >6 y; also approved for CIU
Mepolizumab (IL-5)	50%	+	+	Greatest experience of anti-IL-5s; also approved for EGPA
Reslizumab (IL-5)	50%	++	+	Weight-base dose (intravenously)
Benralizumab (IL-5R)	50%	++	++	Every 8 wk and IL-5R
Dupilumab (IL-4/IL-13)	50%	++	+++	Eosinophils, FENO; also approved for AD and CRSwNP

*AD*, Atopic dermatitis; *CIU*, chronic idiopathic urticaria; *CRSwNP*, chronic rhinosinusitis with nasal polyps; *EGPA*, eosinophilic granulomatosis with polyangiitis; *FENO*, fractional exhaled nitric oxide.

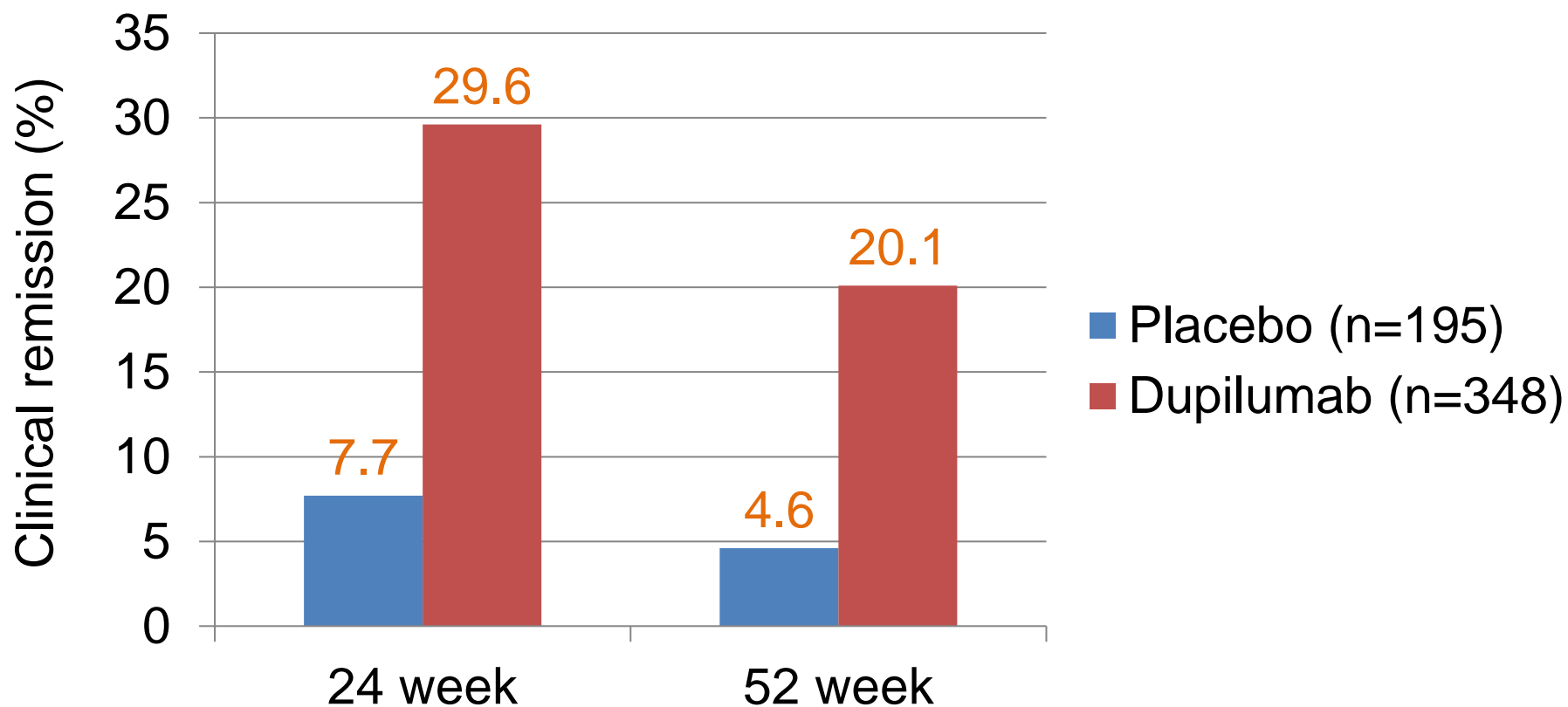
# Dupilumab in uncontrolled asthma

- 1,902 patients with moderate-to-severe asthma, refractory to maximized standard-of-care controller therapy, phase 3 LIBERTY ASTHMA QUEST study
- Dupilumab 200mg vs. 300mg vs. matched placebo, SC, q2wk, 52wk



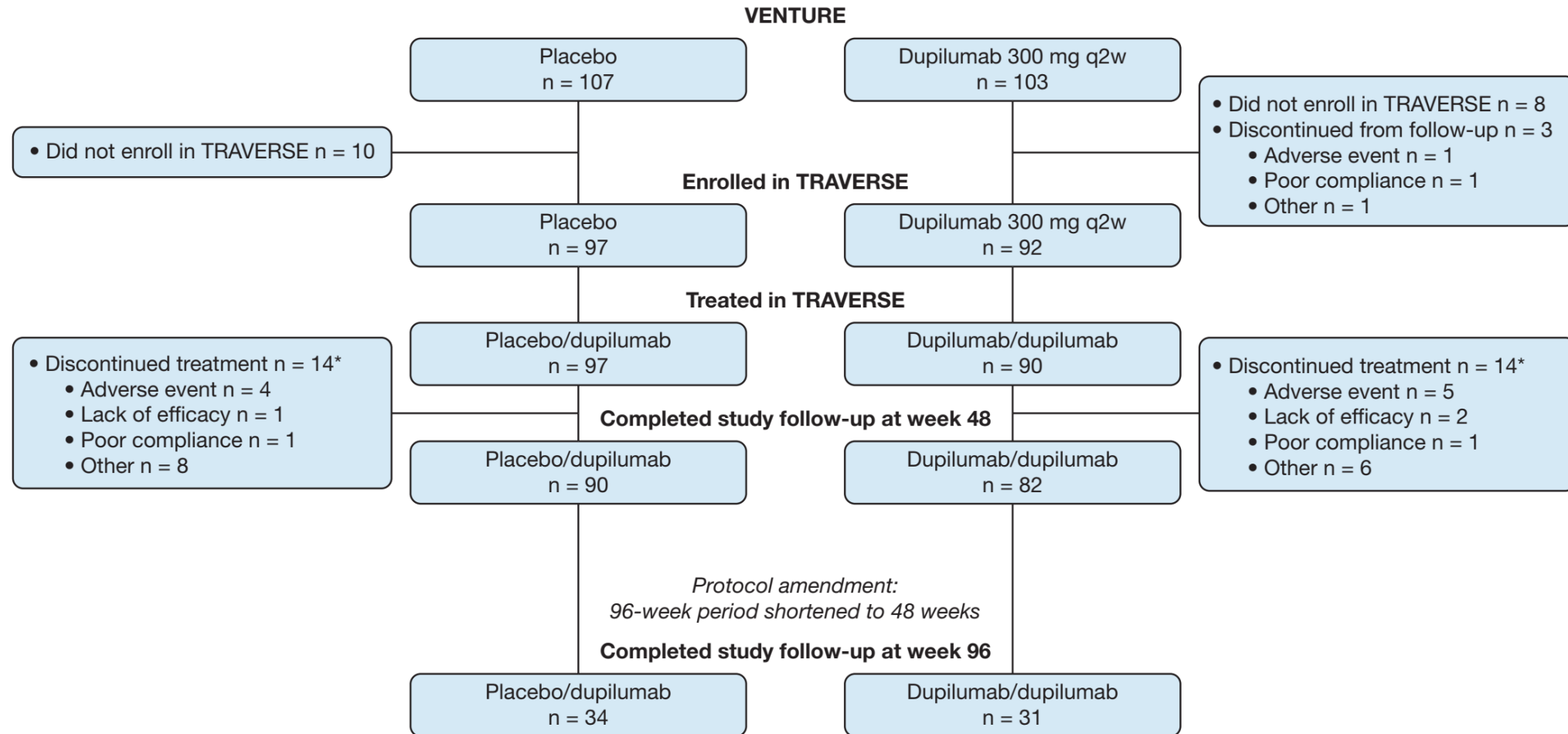
# On-treatment clinical remission with dupilumab

- Post-hoc analysis of LIBERTY ASTHMA QUEST
- Patients with baseline post-bronchodilator FEV<sub>1</sub> < 80%, FeNO ≥ 25ppb, eosinophils ≥ 150/mL
- Clinical asthma remission (no exacerbations/ACQ-5 total score < 1.5/post-bronchodilator FEV<sub>1</sub> ≥ 80%) at 24/52 week

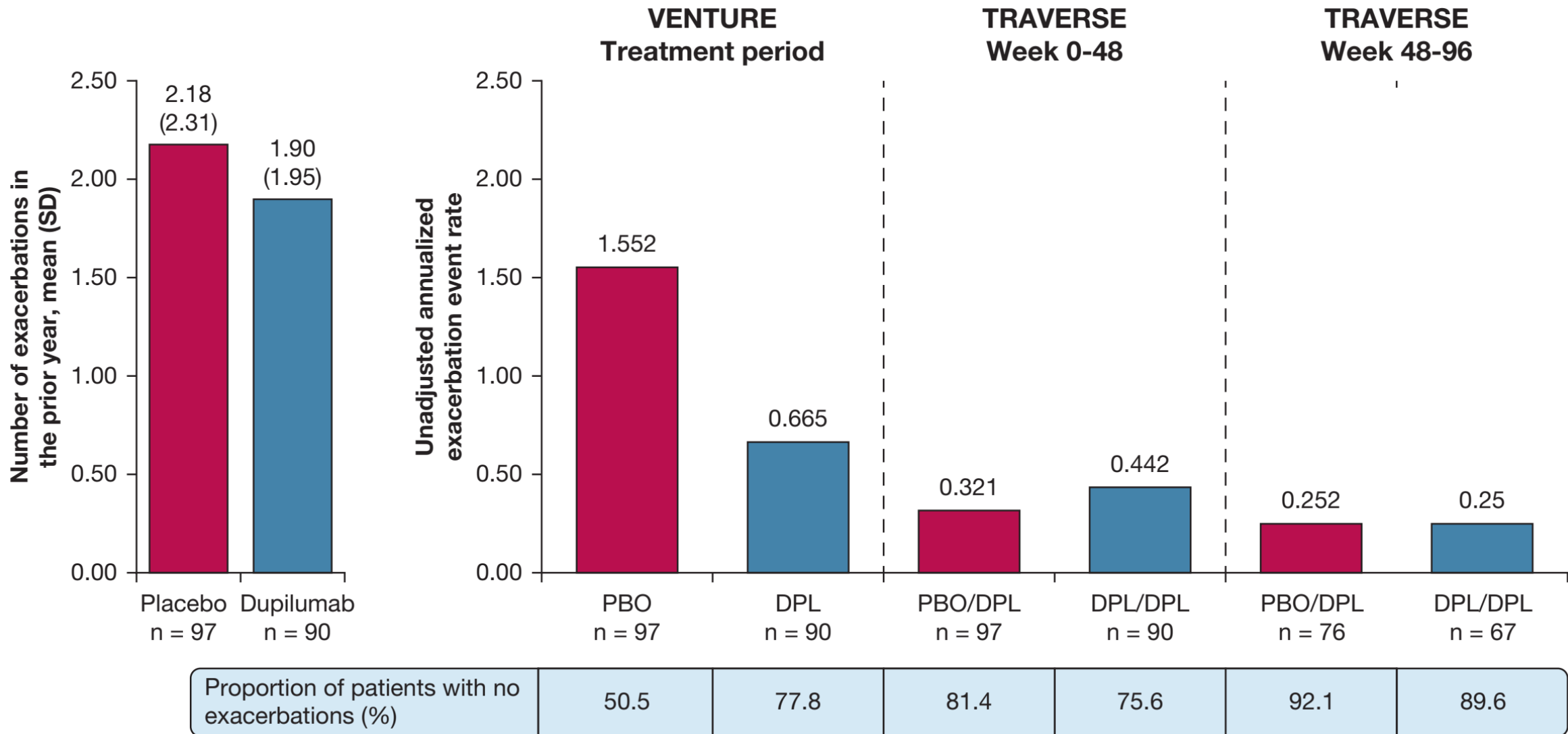


# Extension study with dupilumab

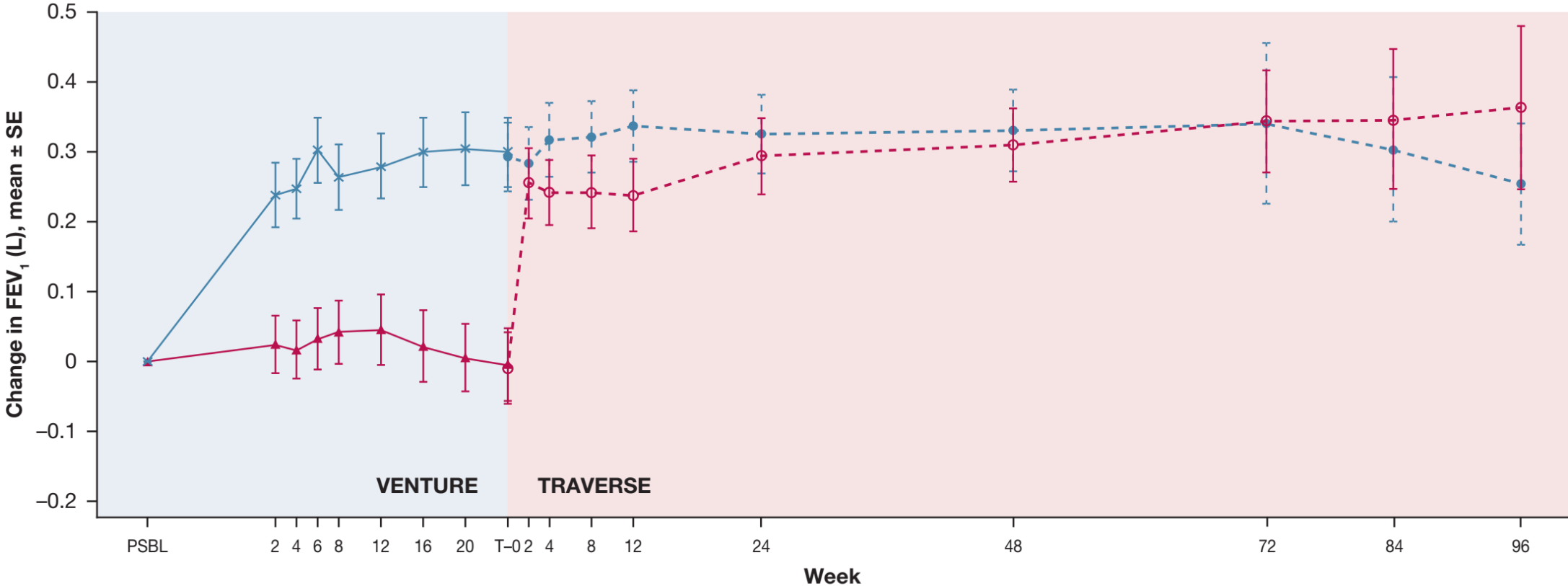
- OCS-dependent severe asthma, dupilumab 300mg q2wk for 24 wks (VENTURE) → till 96 wks (TRAVERSE), LIBERTY ASTHMA TRAVERSE study



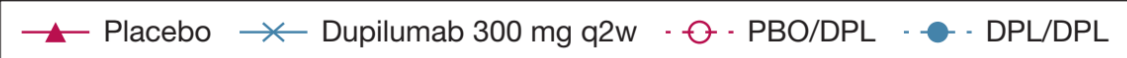
# Extension study with dupilumab: Exacerbation



# Extension study with dupilumab: Lung function



	PSBL	2	4	6	8	12	16	20	T-0	4	8	12	24	48	72	84	96		
<b>No. of patients</b>																			
Placebo	97	96	95	96	97	96	96	97	96										
Dupilumab 300 mg q2w	90	88	86	90	90	88	88	89	87										
PBO/DPL										97	95	92	94	92	91	88	34	32	32
DPL/DPL										89	86	86	85	83	83	82	28	28	28

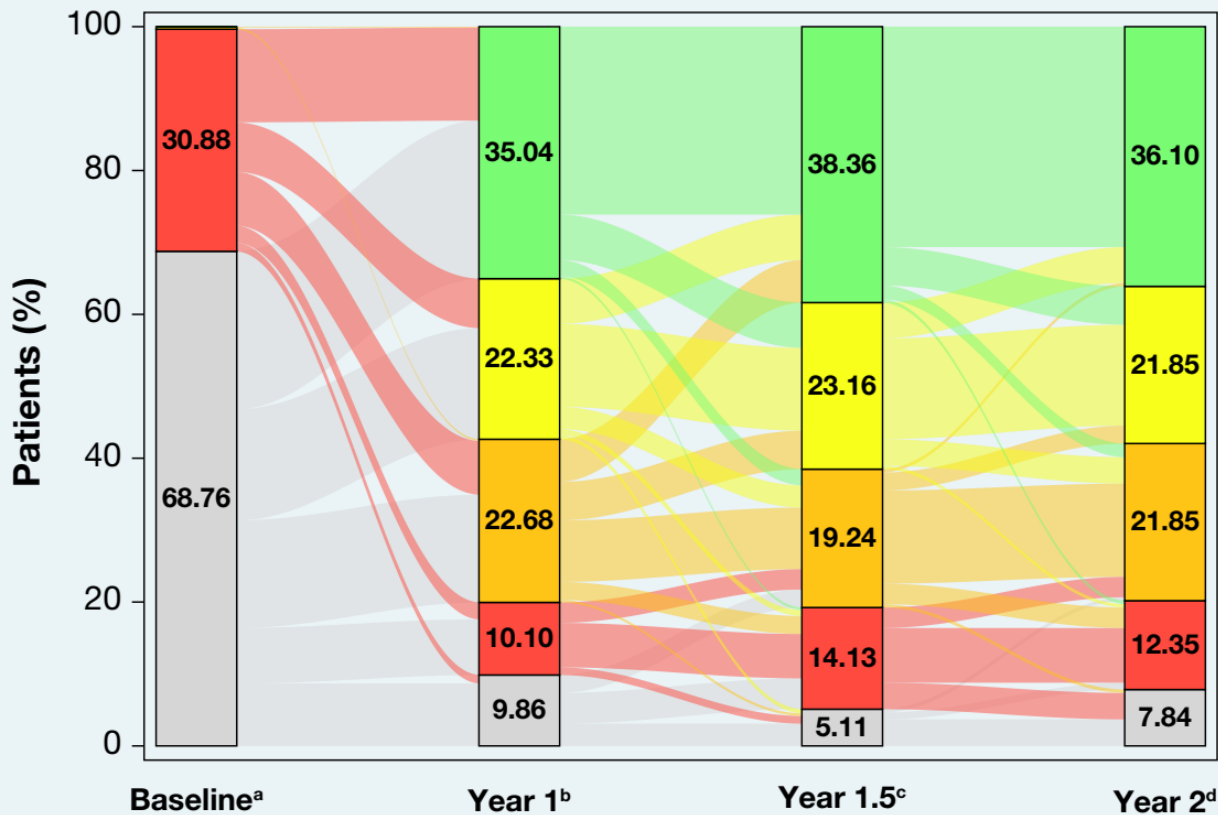


# On-treatment clinical remission with dupilumab

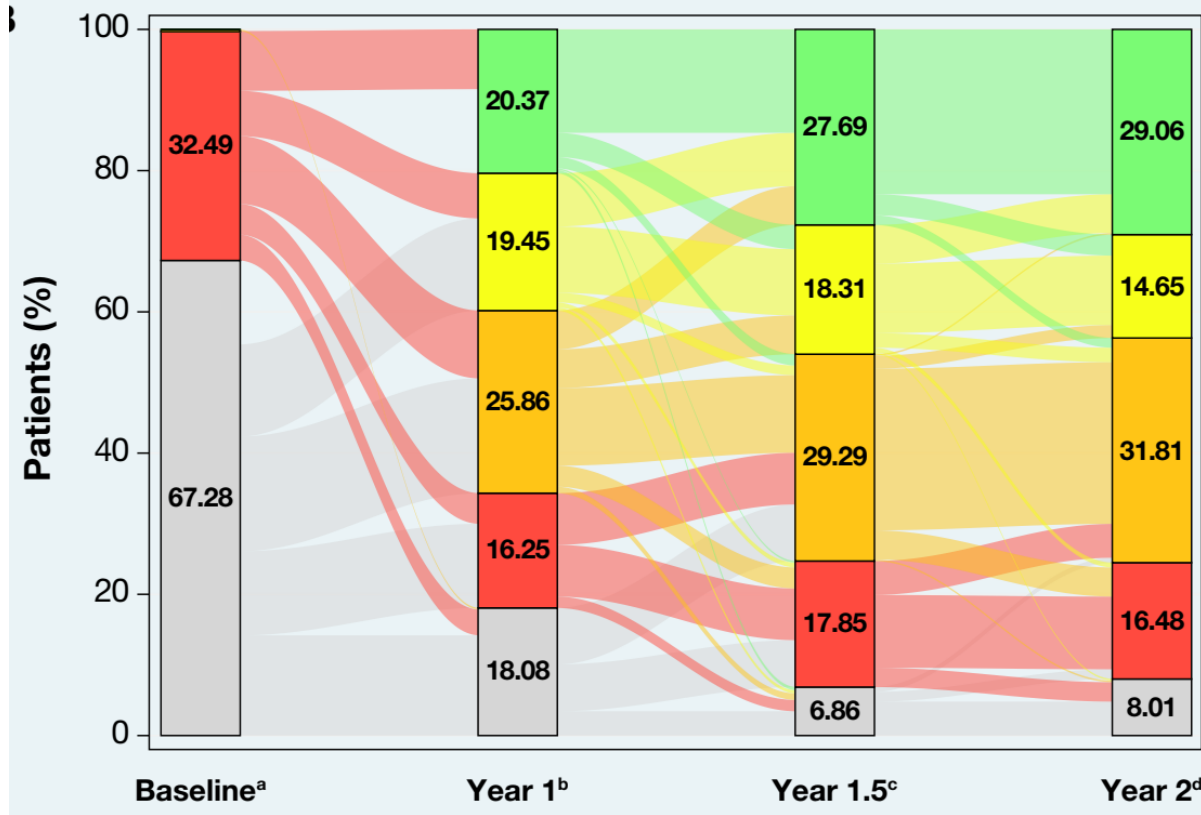
- Patient from QUEST who were enrolled in TRAVERSE with baseline blood eosinophils  $\geq 150$  cells/ $\mu\text{L}$  or FeNO  $\geq 20$  ppb, and who had uncontrolled, non-OCS-dependent, moderate-to-severe asthma
- Dupilumab/dupilumab vs. placebo/dupilumab group
- Clinical remission
  - ✓ No exacerbations
  - ✓ No OCS use
  - ✓ ACQ-5 total score  $< 1.5$
  - ✓ Improvement in pre-bronchodilator FEV<sub>1</sub>  $\geq 100$  mL (QUEST, TRAVERSE) or post-bronchodilator FEV<sub>1</sub>  $\geq 80\%$  (TRAVERSE)

# On-treatment clinical remission with dupilumab

## Dupilumab/dupilumab group



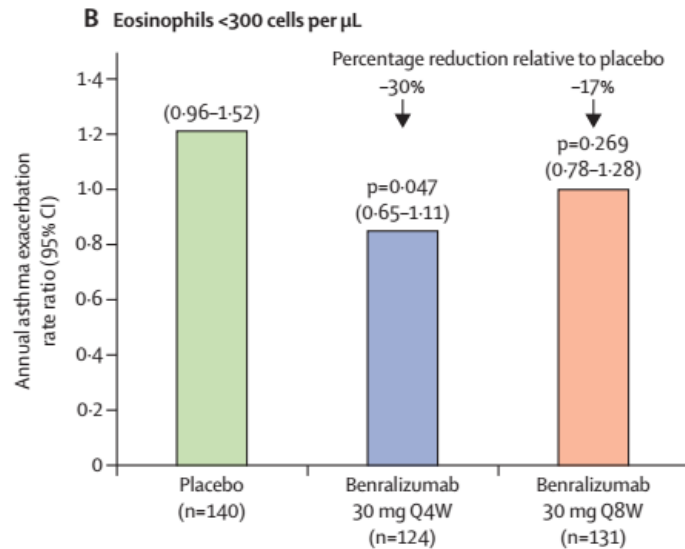
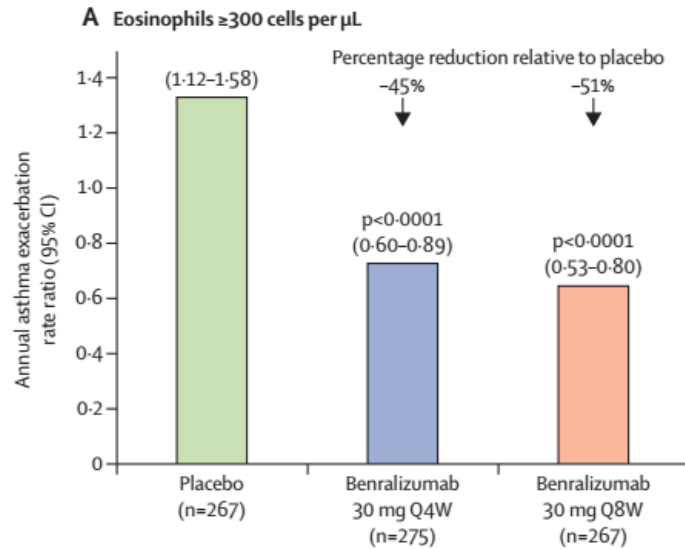
## Placebo/dupilumab group



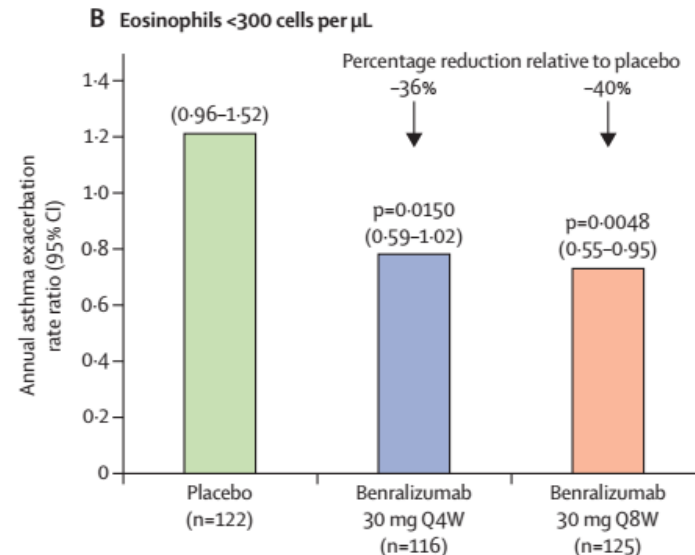
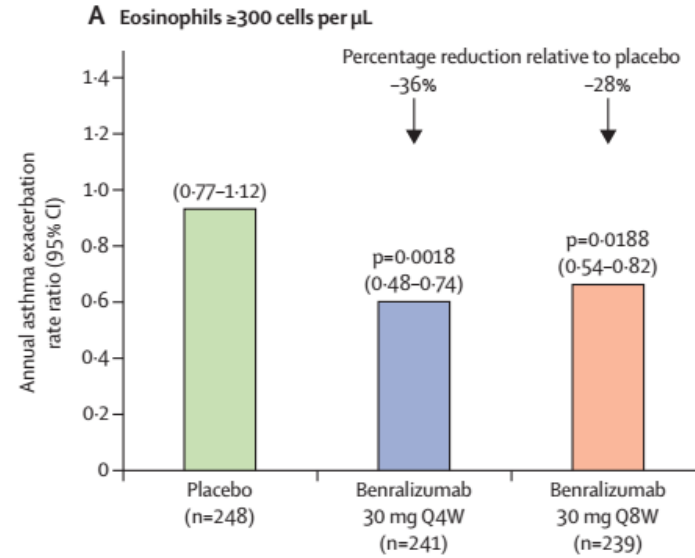
- Patients who met all 4 criteria
- Patients who met any 3 criteria
- Patients who met any 2 criteria
- Patients who met any 1 criteria
- Patients who did not meet any criteria

# Efficacy of benralizumab for severe asthma

## SIROCCO



## CALIMA

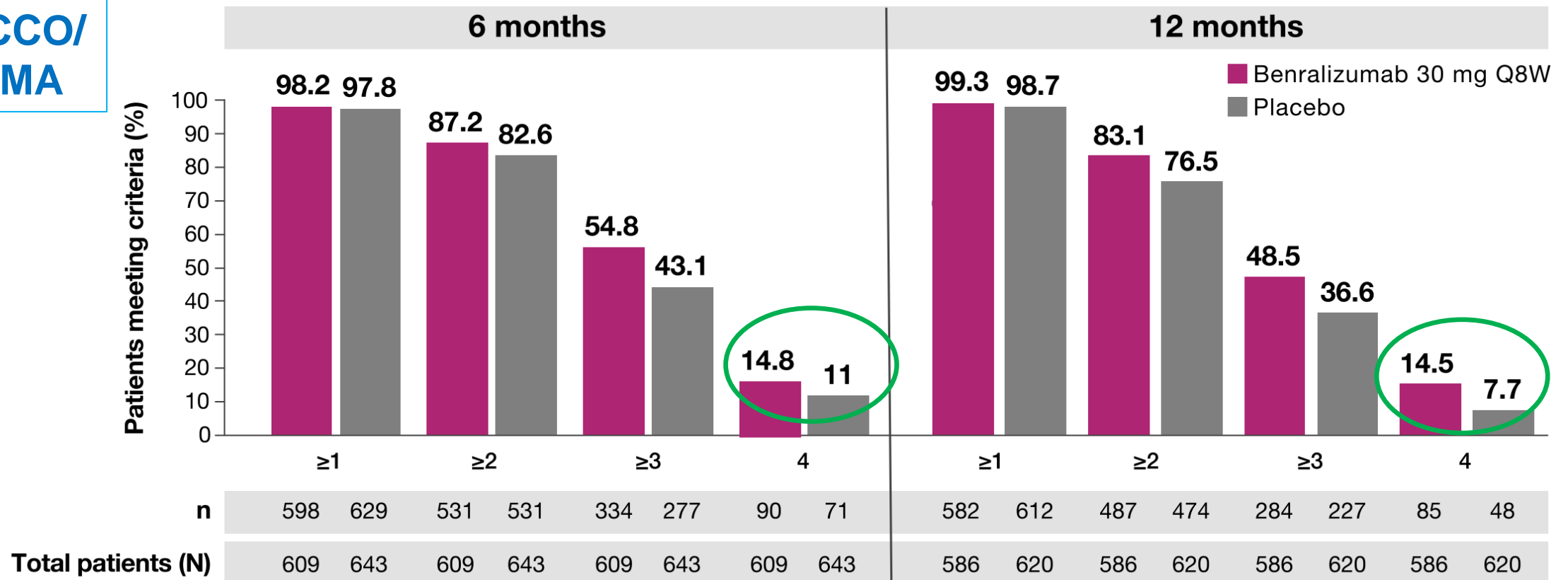


- Asthma patients, for at least 1 year, at least 2 exacerbations, high-dose ICS/LABA in the previous year
- Benralizumab 40 mg q4wk vs. q8wk vs. placebo, add-on therapy
- 48 wks in SIROCCO study
- 56 wks in CALIMA study

# Clinical remission in post-hoc analysis: benralizumab

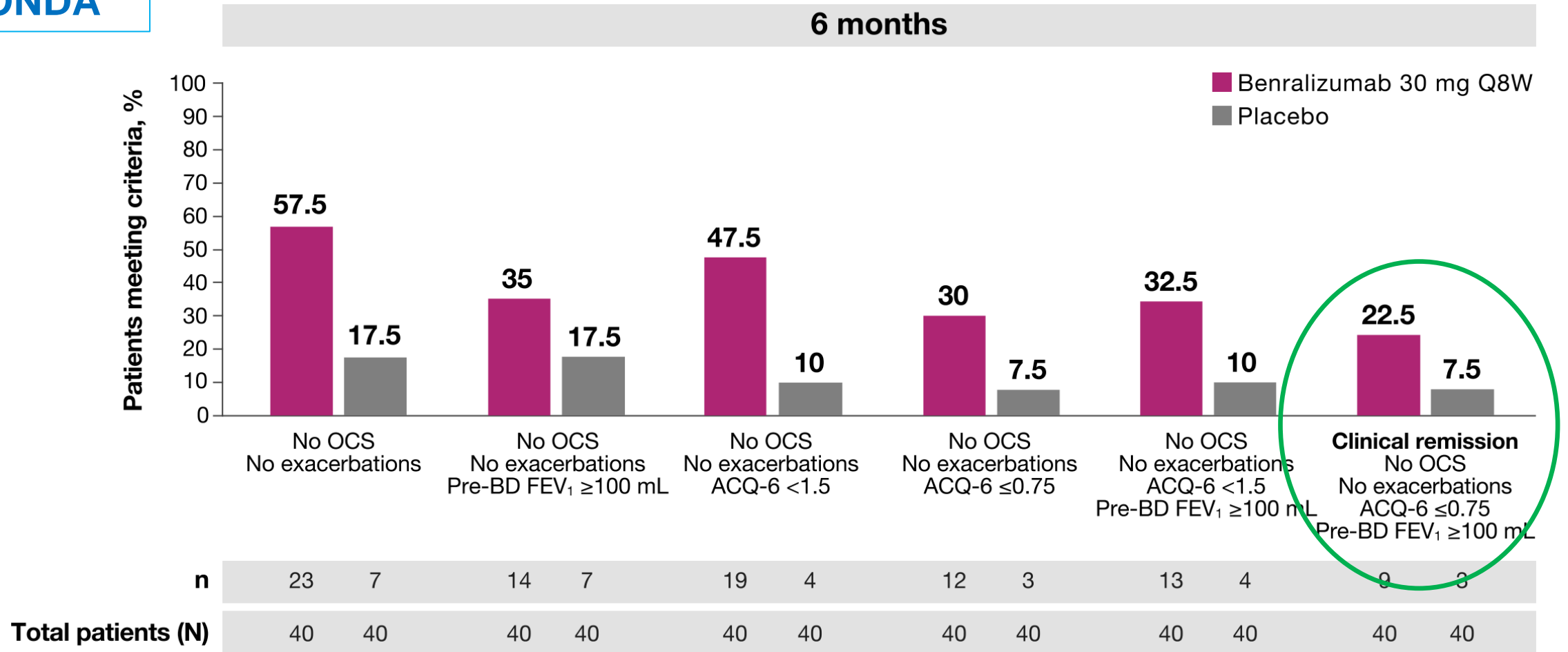
- Post-hoc analysis included patients randomized to the approved benralizumab dose and not receiving OCS at baseline (SIROCCO/CALIMA) or OCS  $\leq 12.5$  mg/day (ZONDA)
- **Clinical remission:** No exacerbations, No OCS use, ACQ-6 score  $\leq 0.75$ , and pre-bronchodilator FEV<sub>1</sub> increase  $\geq 100$  mL after 6 or 12 months

SIROCCO/  
CALIMA



# Clinical remission in post-hoc analysis: benralizumab

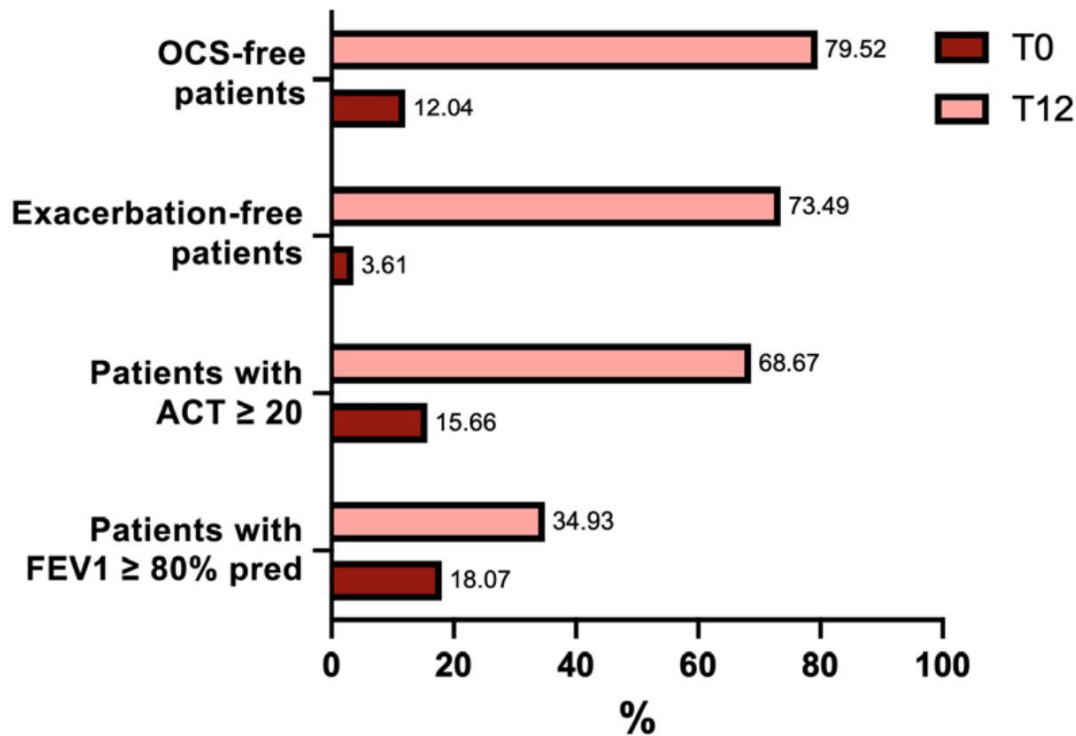
ZONDA



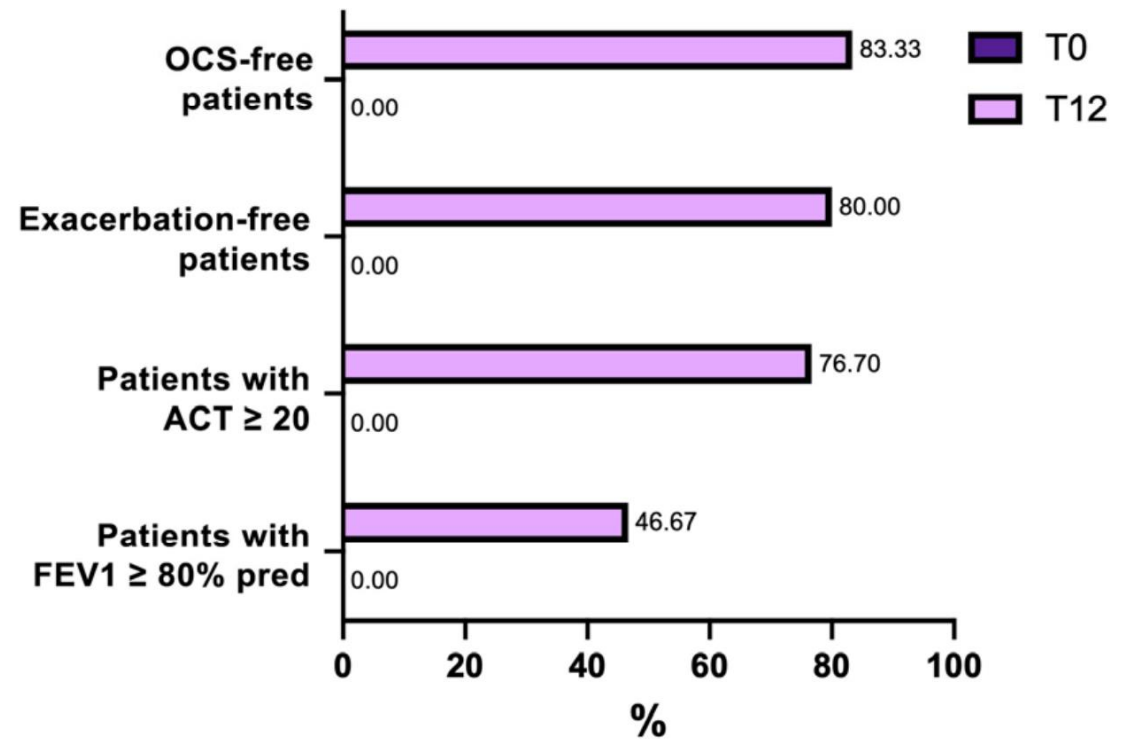
# Real world evidence for clinical remission

- 113 severe asthma patients treated for 12 months with mepolizumab (n=83) or benralizumab (n=40), multicenter retrospective study, 12 months
- Clinical remission: 30.1% in mepolizumab group; 40% in benralizumab group

## Mepolizumab-treated



## Benralizumab-treated



# Real world evidence for clinical remission

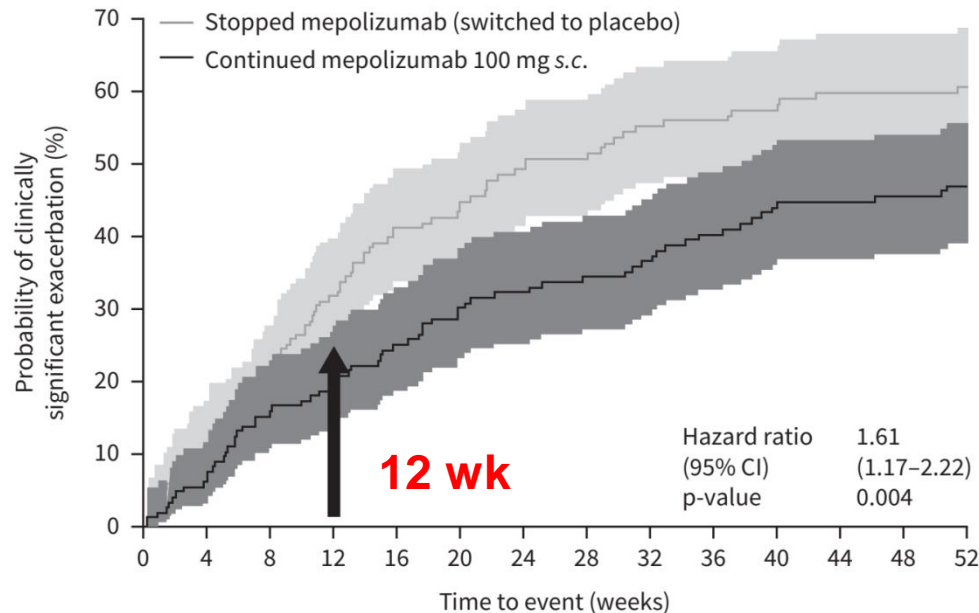
➤ Among 113 patients; OCS-dependent 75.5%, CRS with NP 42.5%

	Mepolizumab (n=83)	Benralizumab (n=30)
ACT $\geq$ 20, n (%)	13 (15.7)	0 (0)
Blood eosinophils, cells/ $\mu$ l	584.3 $\pm$ 333.6	867.7 $\pm$ 537.9
Exacerbation history, previous year, n/year	4.3 $\pm$ 2.6	6.7 $\pm$ 2.2
OCS user, n (%)	53 (63.8)	30 (100)
FEV <sub>1</sub> , %	63.6 $\pm$ 17.1	54.6 $\pm$ 14.7
FEV <sub>1</sub> /FVC, %	66.5 $\pm$ 12.9	59.2 $\pm$ 9.7

# On- and off-treatment clinical remission with mepolizumab

- Severe eosinophilic asthma patients who received continuous mepolizumab for  $\geq 3$  weeks from COLUMBA/COSMEX trial, COMET study
- Stop (switch to placebo) vs. continuous mepolizumab 100mcg SC q4wk, 52wks

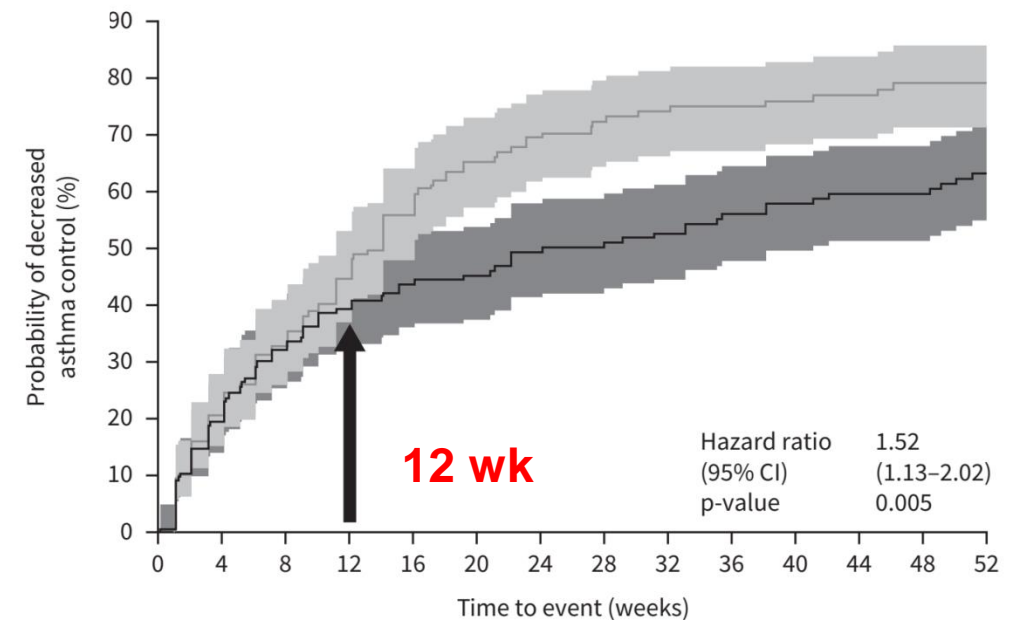
## Clinically significant exacerbation



Number at risk

	0	4	8	12	16	20	24	28	32	36	40	44	48	52
Placebo	151	134	120	103	86	78	69	66	59	57	55	52	49	42
Mepolizumab 100 mg s.c.	144	135	122	115	104	97	94	91	87	80	75	74	73	55

## Decreased asthma control

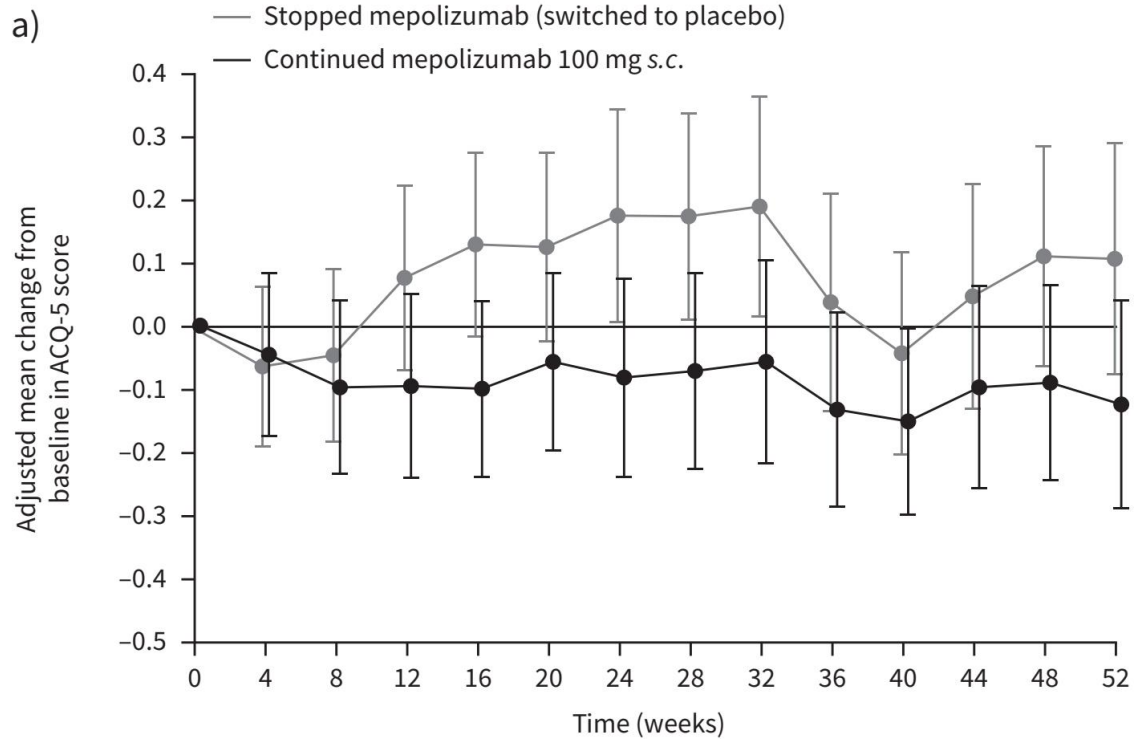


Number at risk

	0	4	8	12	16	20	24	28	32	36	40	44	48	52
Placebo	151	119	100	76	58	42	35	31	28	26	24	23	20	19
Mepolizumab 100 mg s.c.	144	116	96	84	73	70	62	60	57	50	48	46	45	32

# Clinical outcomes after stopping mepolizumab

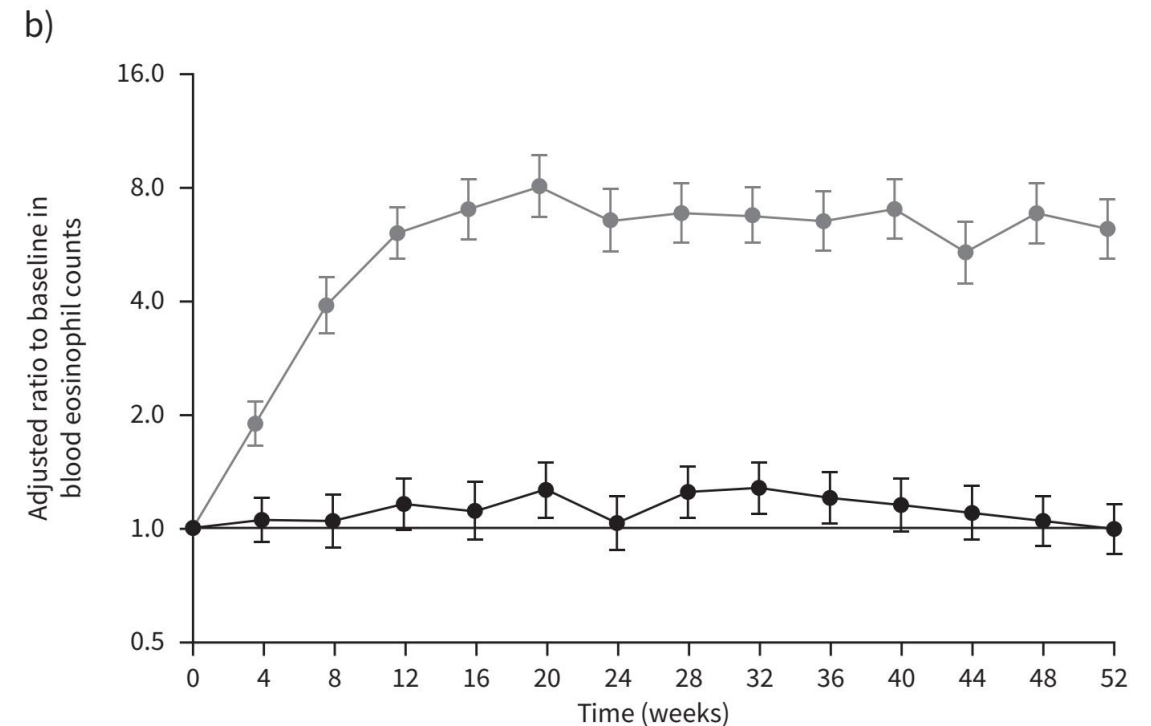
## ACQ-5 score



Number of patients at each time point

	0	4	8	12	16	20	24	28	32	36	40	44	48	52
Placebo	151	145	132	125	106	91	84	81	76	69	68	66	61	56
Mepolizumab 100 mg s.c.	144	143	134	130	124	117	110	107	105	98	95	96	93	74

## Blood eosinophil counts

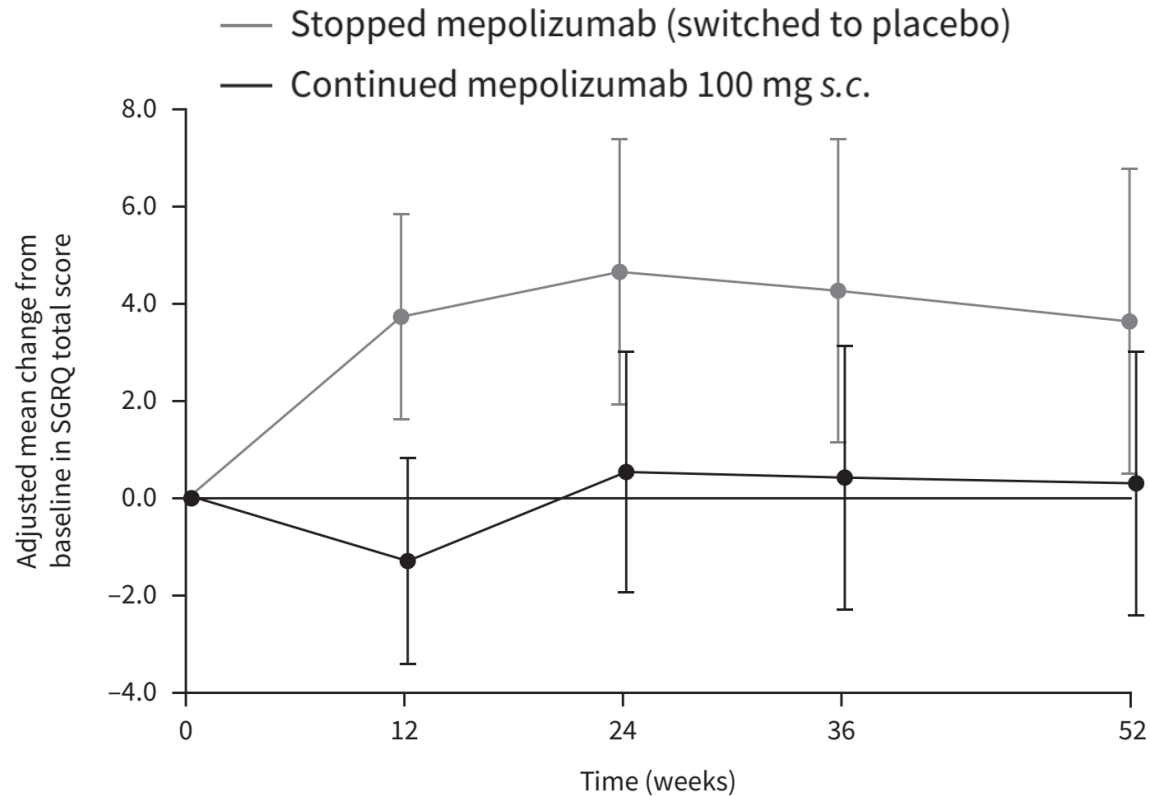


Number of patients at each time point

	0	4	8	12	16	20	24	28	32	36	40	44	48	52
Placebo	150	145	136	121	103	84	79	77	75	65	68	66	60	60
Mepolizumab 100 mg s.c.	141	137	133	120	114	102	106	101	99	99	93	92	86	92

# Clinical outcomes after stopping mepolizumab

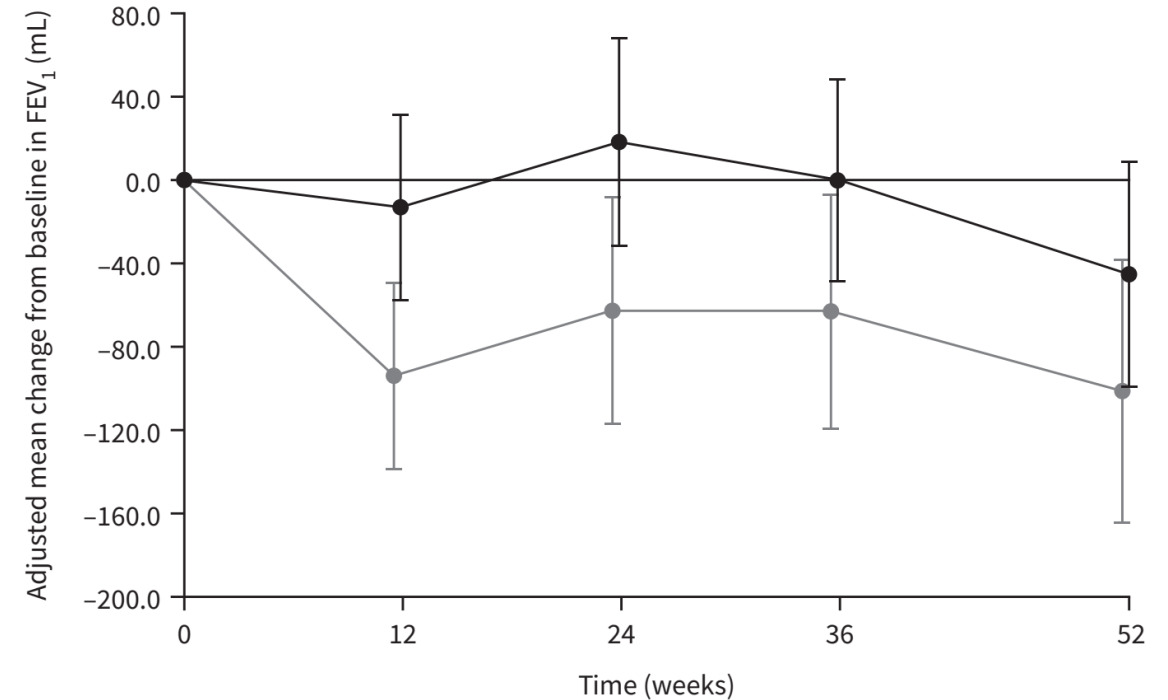
## SGRQ total score



Number of patients at each time point

	0	12	24	36	52
Placebo	151	137	92	74	65
Mepolizumab 100 mg s.c.	144	141	117	106	94

## FEV<sub>1</sub> (mL)

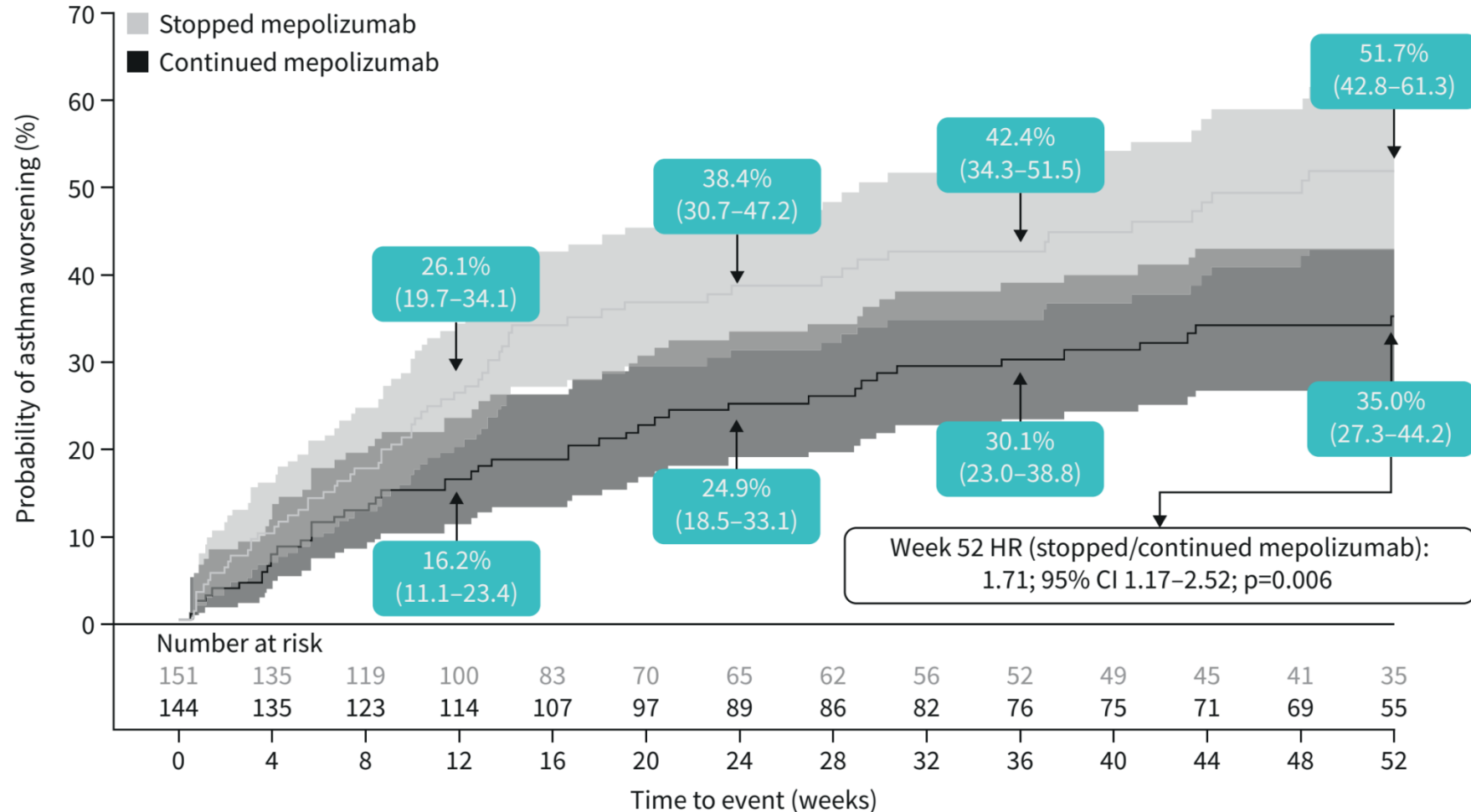


Number of patients at each time point

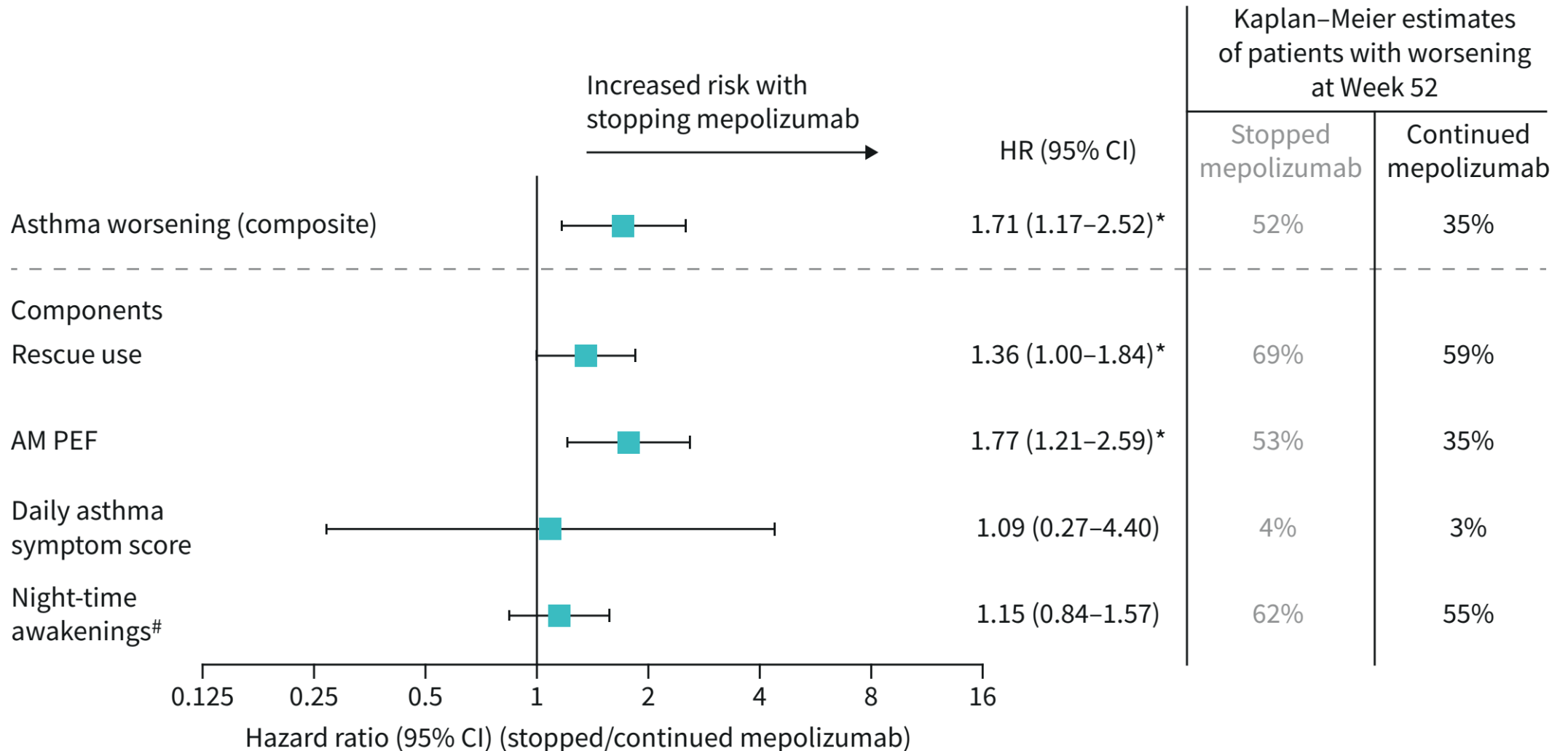
	0	12	24	36	52
Placebo	150	137	93	75	65
Mepolizumab 100 mg s.c.	144	139	116	106	94

# Cumulative incidence of asthma worsening

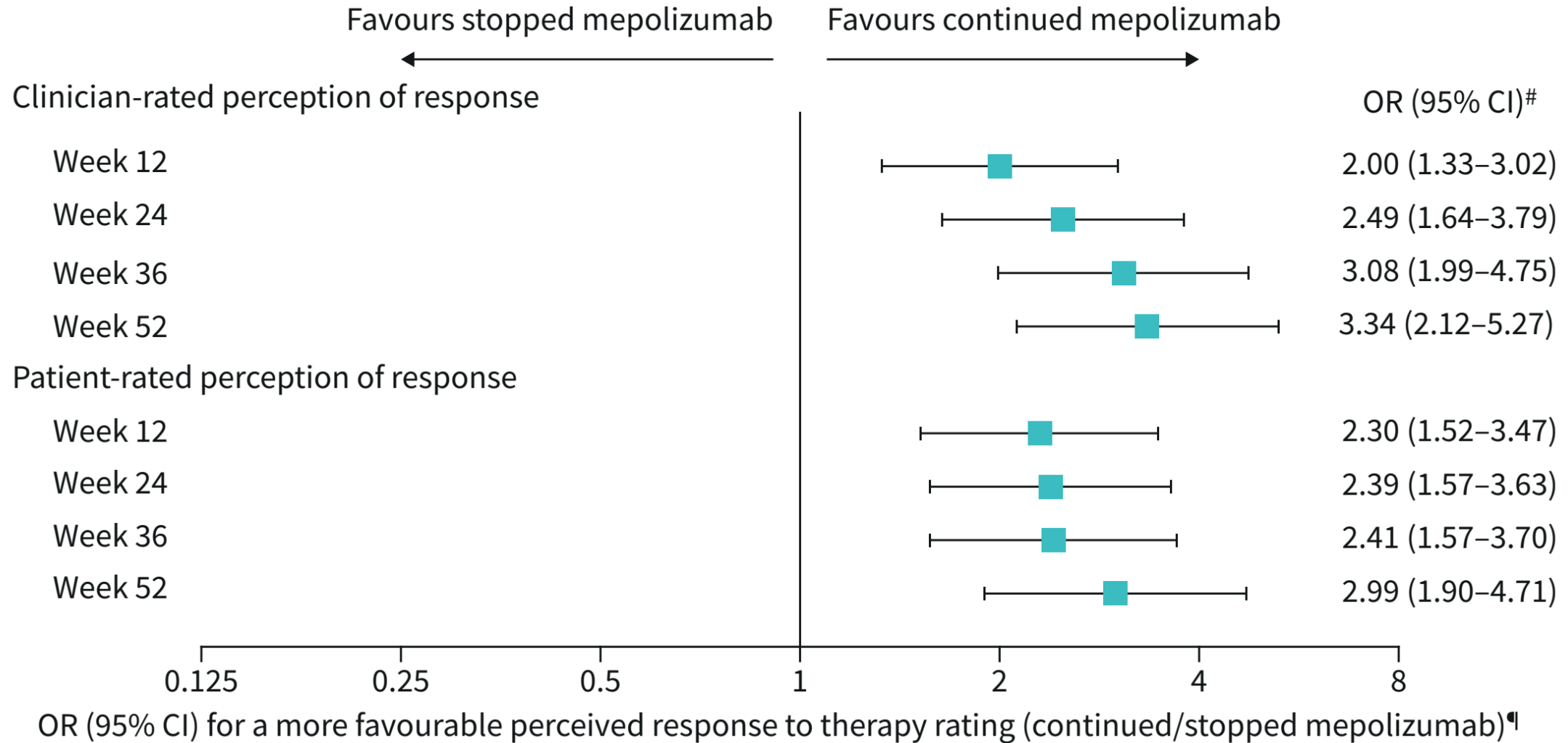
- Asthma worsening as composite endpoint (rescue medication use, symptoms, awakening at night, and morning peak expiratory flow)



# Risk of asthma worsening over 52 weeks



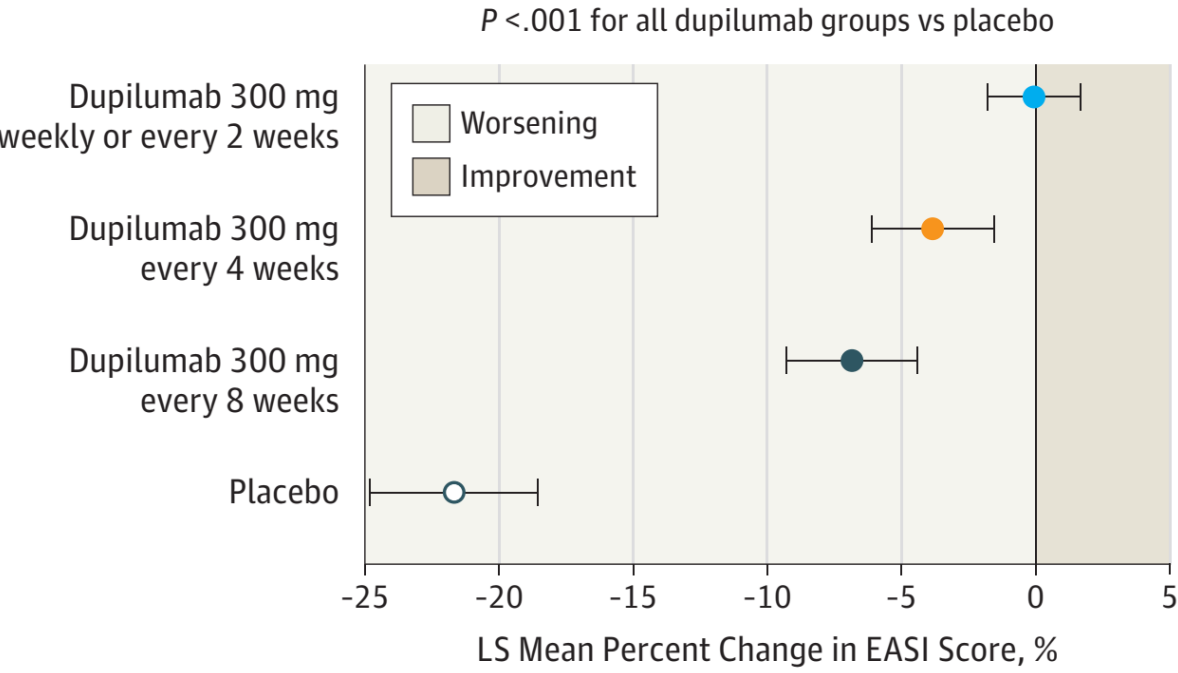
# Overall perception of response to therapy



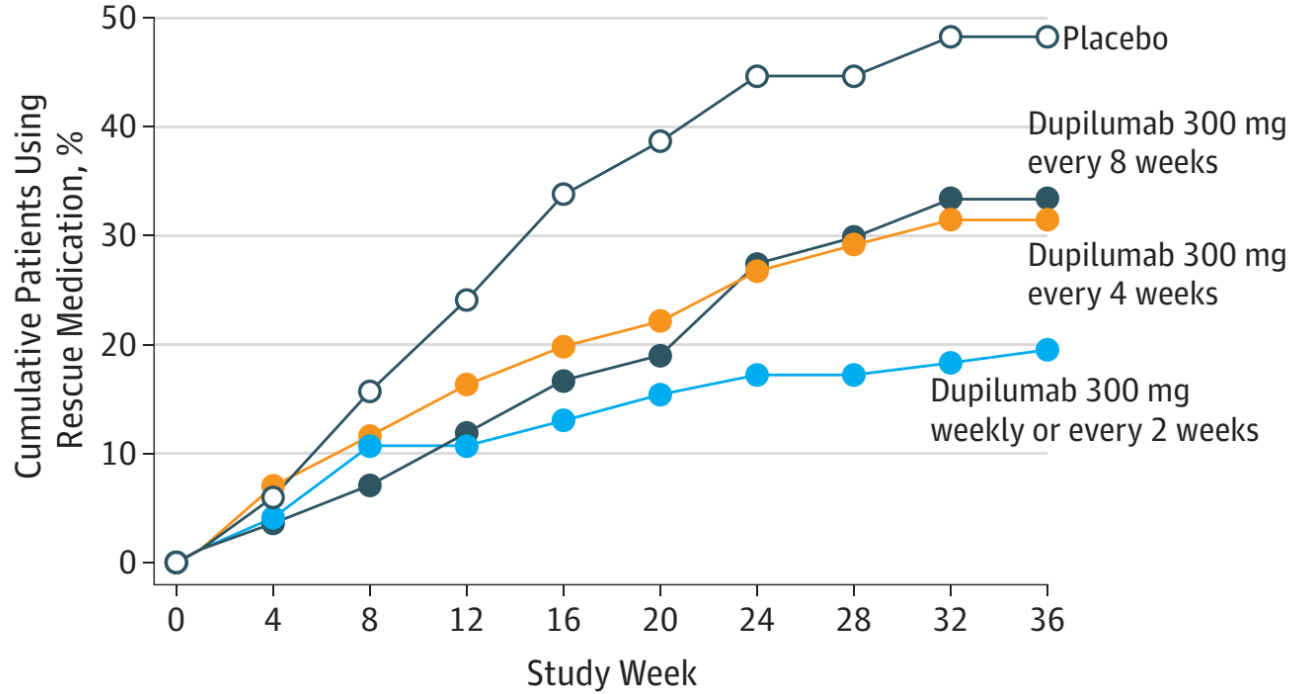
# Tapering after initial successful treatment of atopic dermatitis

- 422 patients with moderate-to-severe atopic dermatitis who received dupilumab treatment and achieved improvement, SOLO-CONTINUE study
- Continuing once weekly or q2wk vs. q4wk vs. q8wk

## Eczema area and severity index



## Rescue medication use

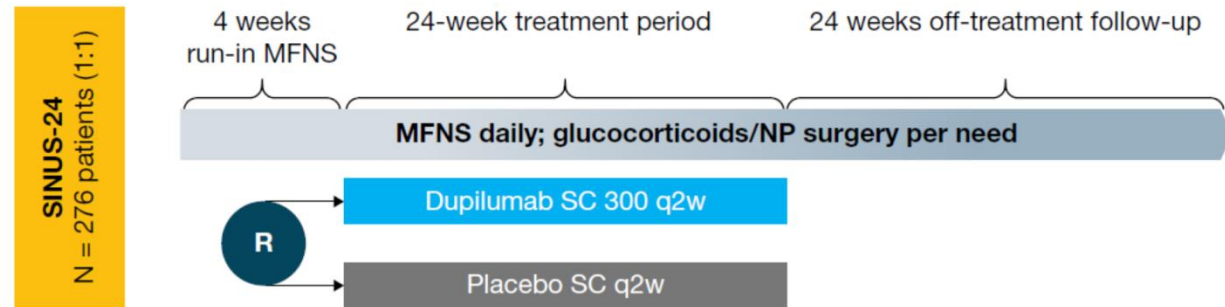


Worm M, et al. JAMA Dermatol 2020;156(2):131-143.

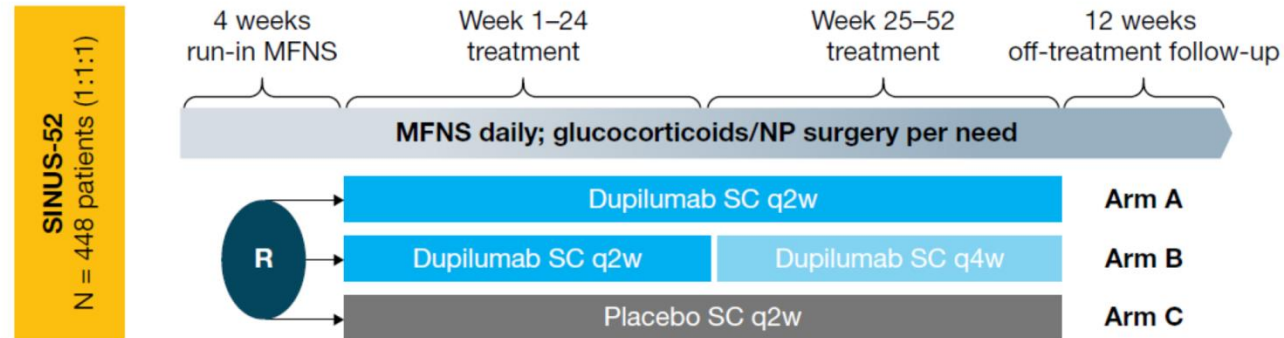
# Dupilumab in severe chronic sinusitis with nasal polyp

- Patients with bilateral CRSwNP and symptoms despite intranasal corticosteroid use, receiving systemic corticosteroids in the preceding 2 years, or having had sinonasal surgery (SINUS-24, SINUS-52)
- Comorbid asthma: 57~63% in baseline

(A) SINUS 24



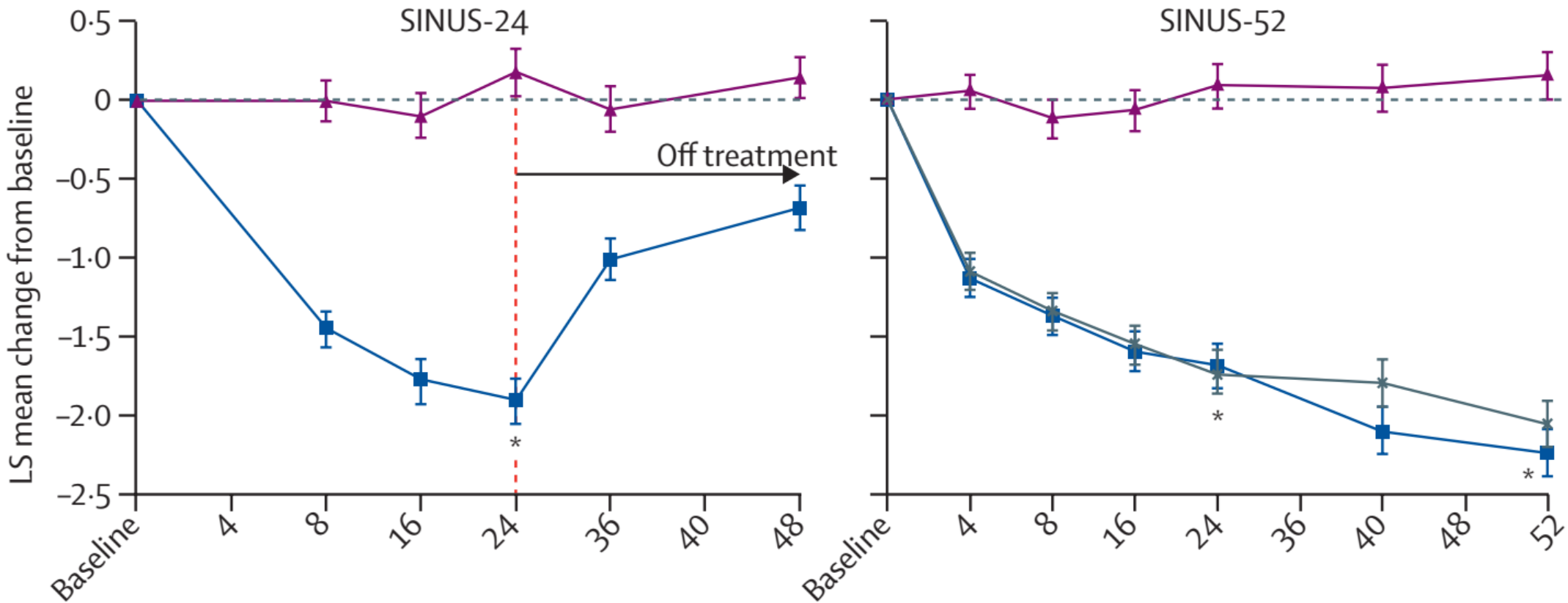
(B) SINUS 52



# Change in CRSwNP according to maintenance of dupilumab

- ▲ Placebo
- Dupilumab every 2 weeks
- ✱ Dupilumab every 2 weeks until week 24 and every 4 weeks until week 52
- Treatment ended at week 24

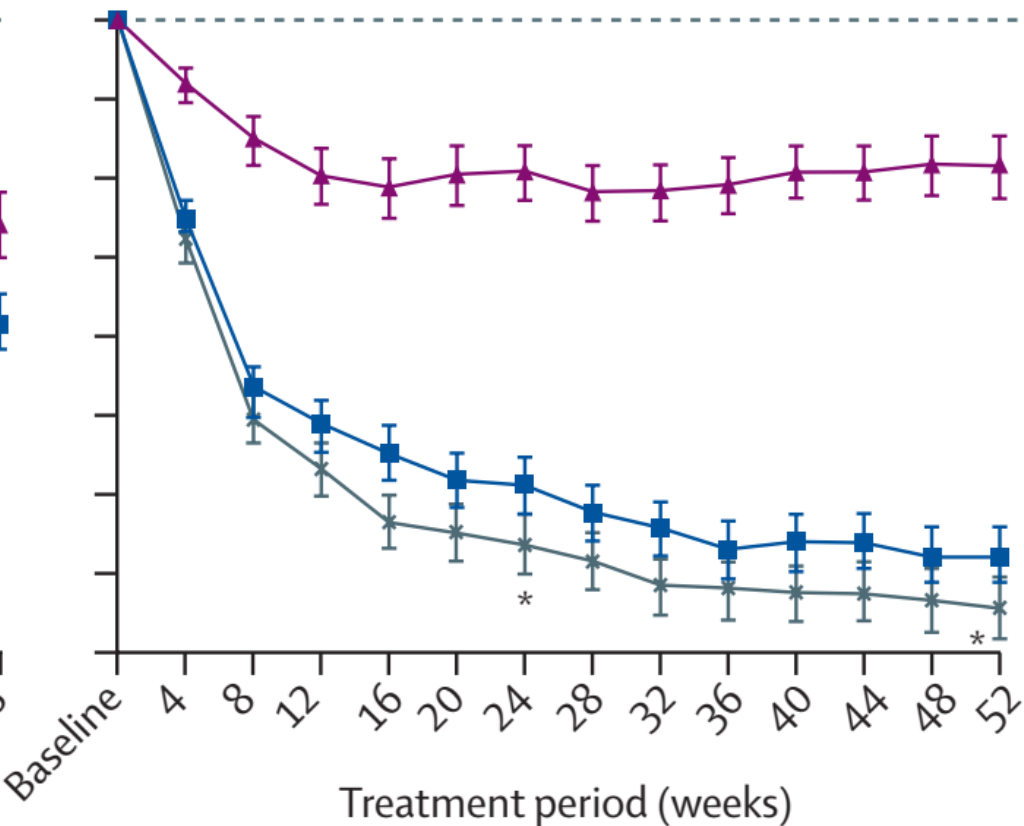
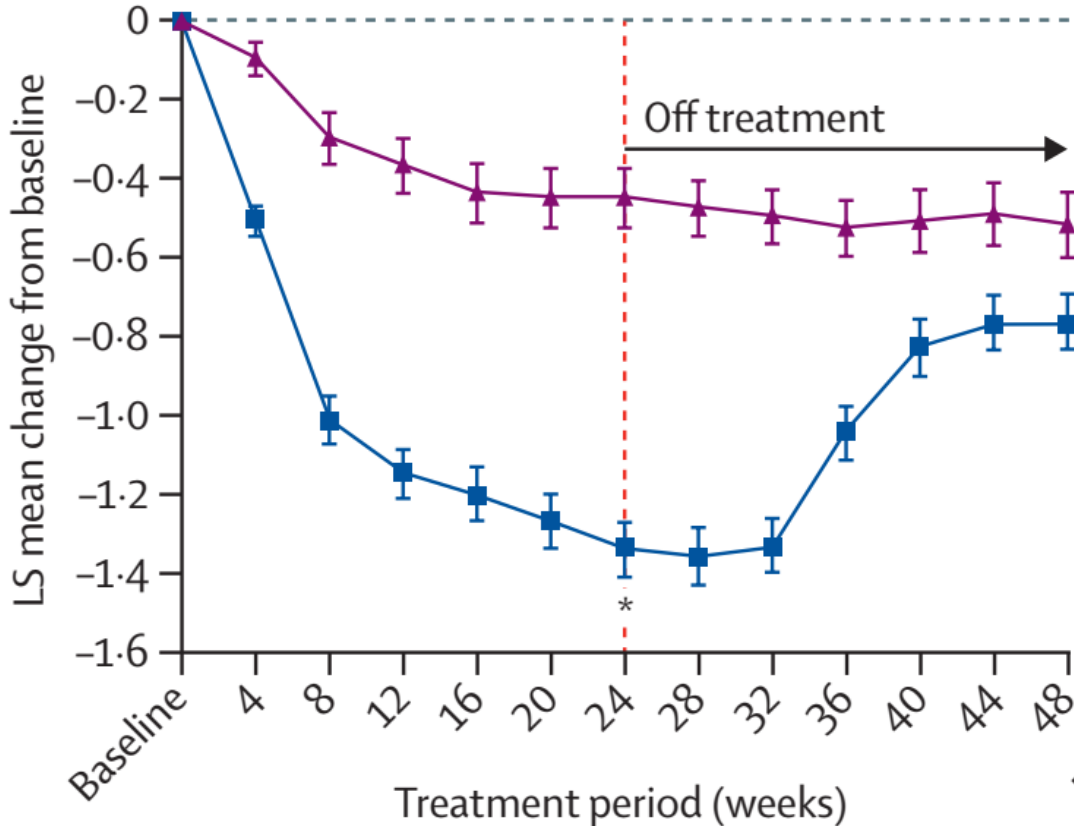
## Nasal polyp score



# Change in CRSwNP according to maintenance of dupilumab

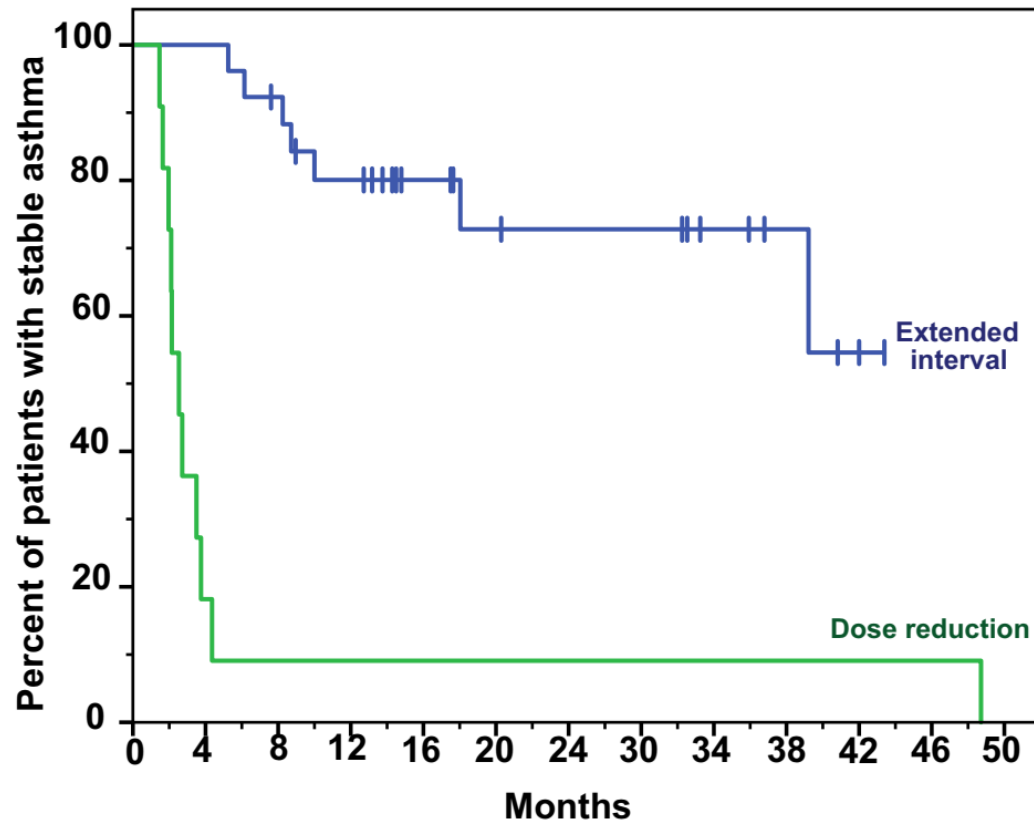
- ▲ Placebo
- Dupilumab every 2 weeks
- ✱ Dupilumab every 2 weeks until week 24 and every 4 weeks until week 52
- Treatment ended at week 24

## Nasal congestion or obstruction



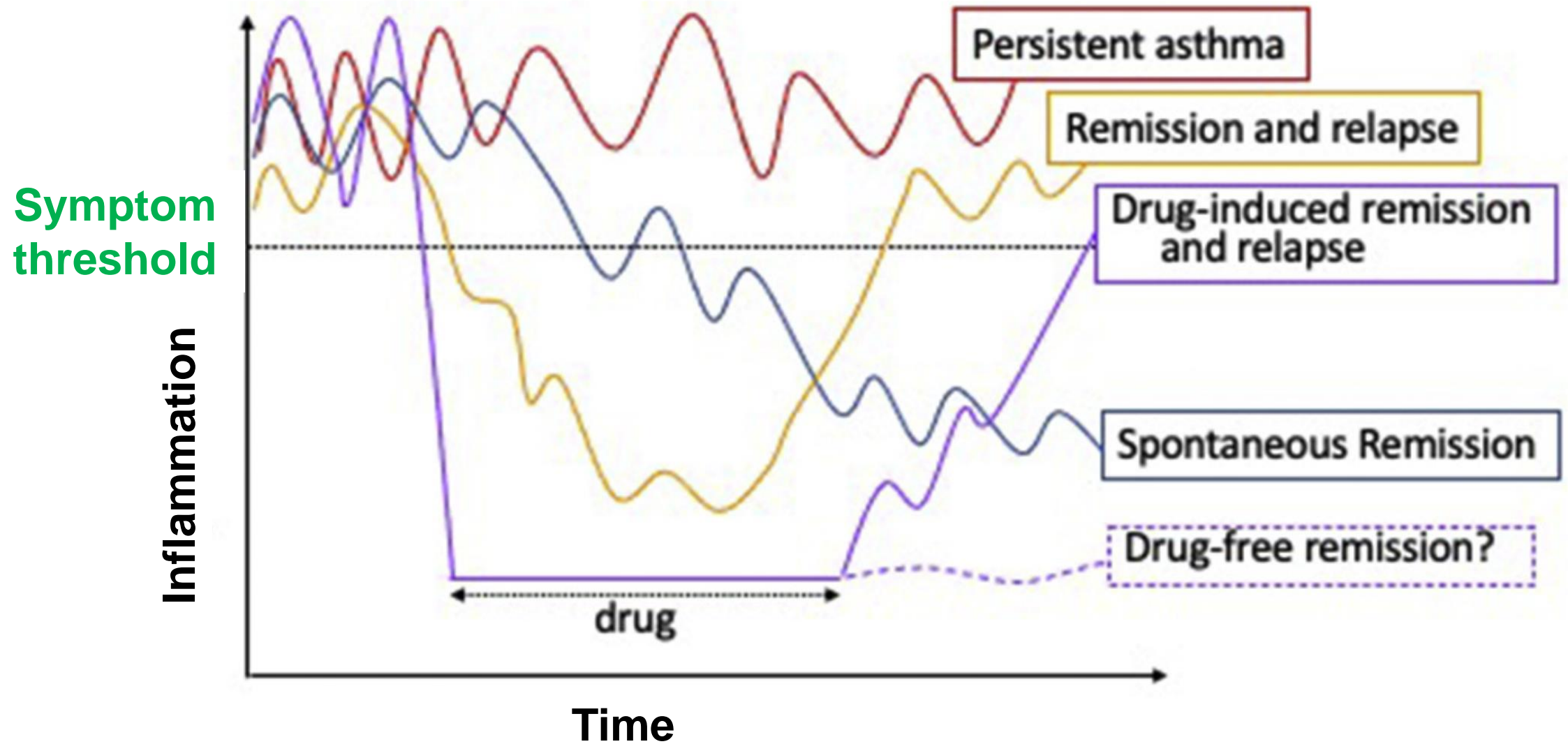
# Omalizumab tapering: Interval vs. Dose

- 37 severe allergic asthma with symptoms during day and night, FEV<sub>1</sub> <80%, at least one sensitization to a perennial allergen and unstable disease though receiving maximum doses of ICS, retrospective study
- Stable condition for ≥4 months with omalizumab → tapering

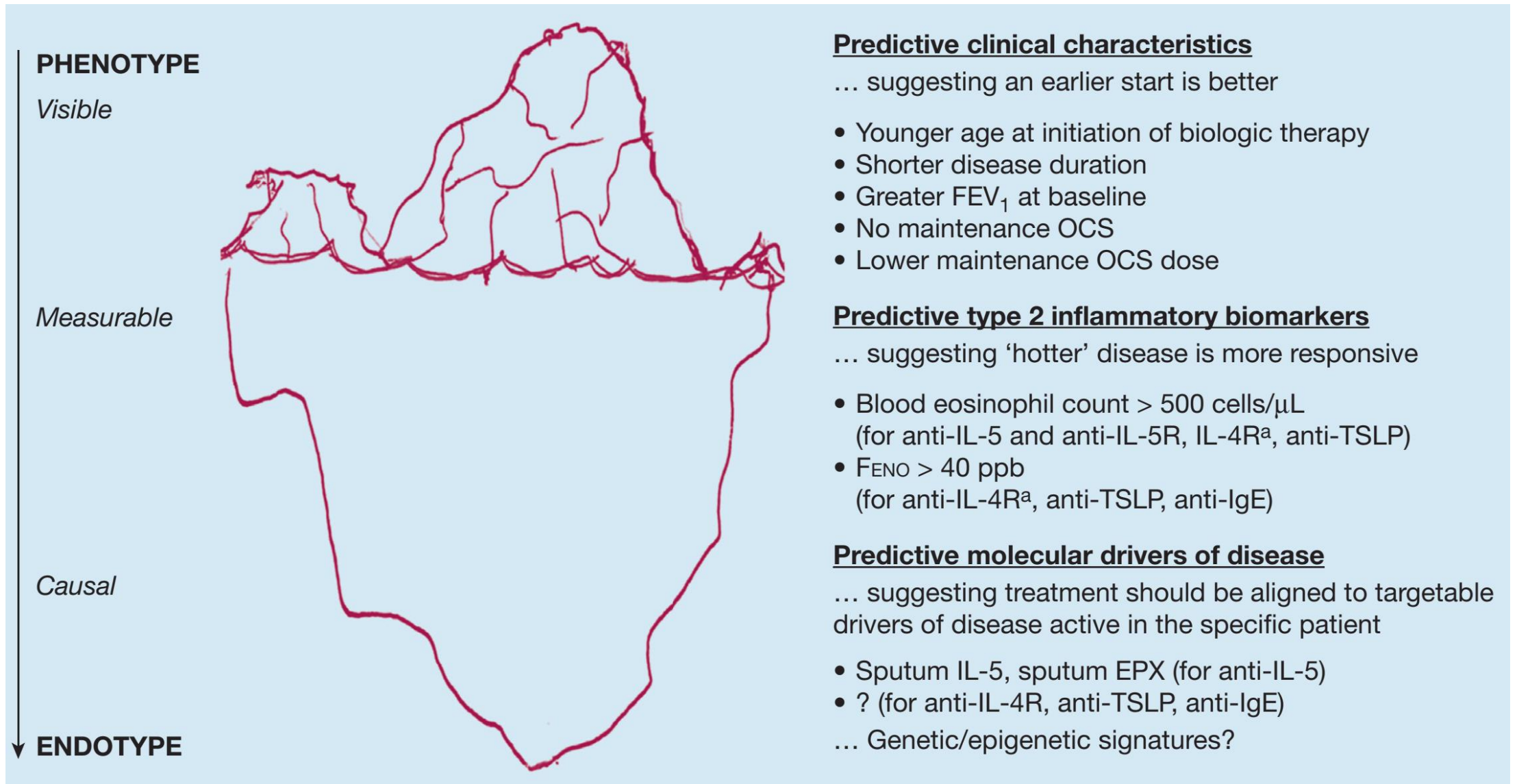


- ✓ Extended interval group
  - 73% remained in control
- ✓ Dose reduction group
  - 100% loss of asthma control

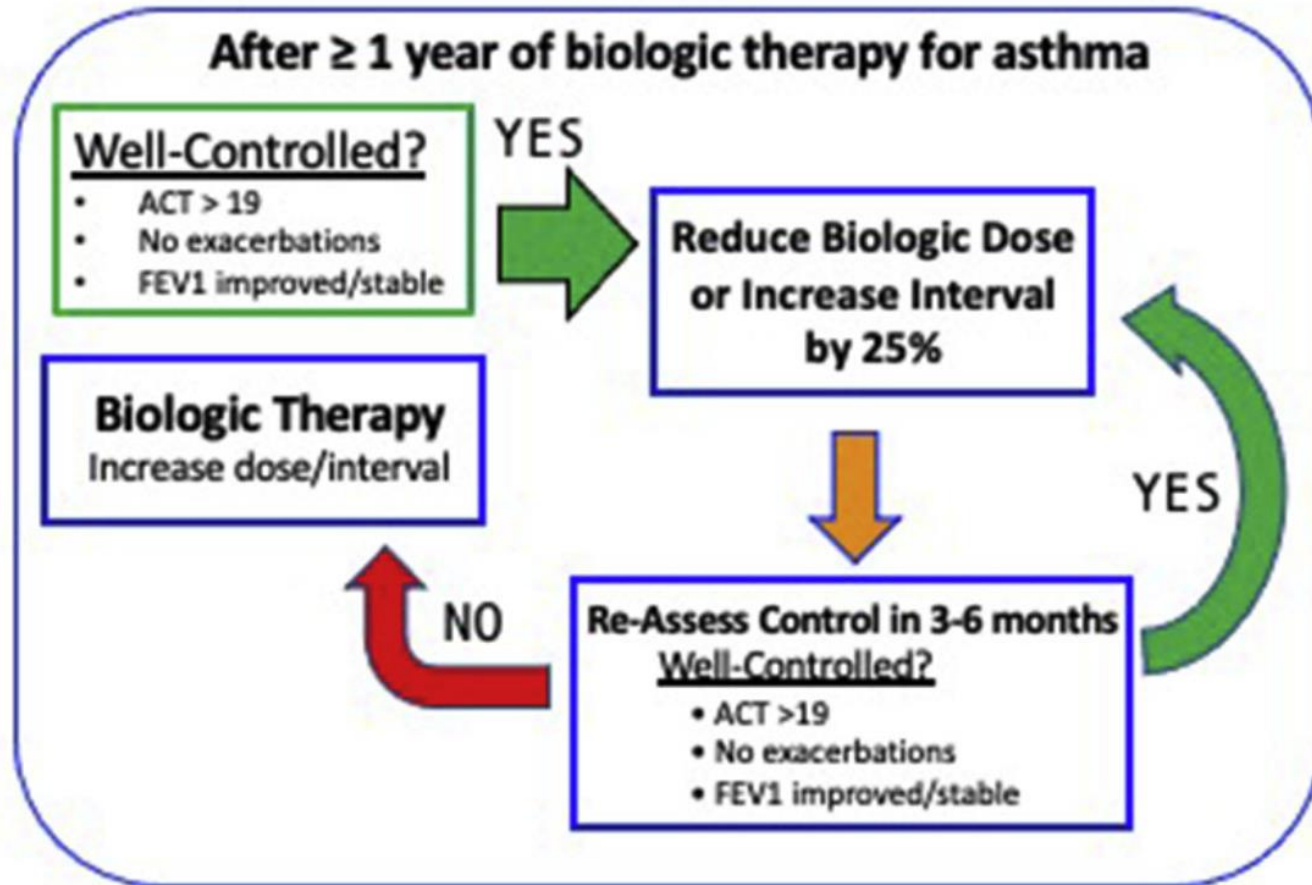
# Theoretical trajectory of asthma remission over time



# Predicting on-biologic remission in asthma



# Proposed approach to reduce asthma biologics



## Why reducing biologics may be effective in asthma:

1. Target of biologic may be lower after therapy >1 year
2. Disease may be modified directly due to therapy
3. **Disease may be modified indirectly due to therapy affecting co-morbid condition.**
4. Disease may be modified unrelated to therapy

## Reasons to reduce biologic therapies:

1. Reduce cost and injections
2. Drug dose may be higher than patient requires
3. Minimize development of anti-drug antibodies

# Summary

- Asthma remission in natural course

Not common, especially in adult-onset asthma  
Persistent risk of relapse

- On-treatment asthma remission

Promising, but in limited/selected population

- Off-treatment asthma remission

지못미.....

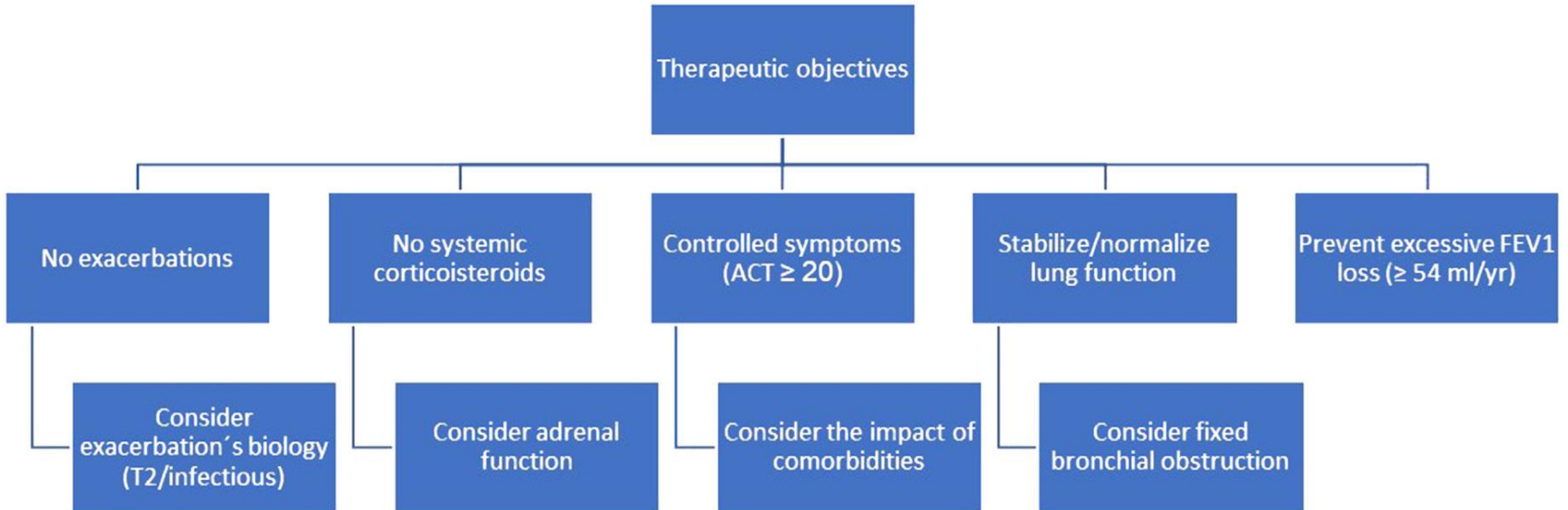
*Thank You for Your Attention*



# Major obstacles in the clinical assessment of complete remission

- Measurement of BHR
  - ✓ Laborious and may be contraindicated in patients with bronchial obstruction
- Direct assessment of airway inflammation with bronchoscopy or induced sputum
  - ✓ Complex; limited accuracy; not practical
- Fixed airflow obstruction
  - ✓ Not amenable to improvement with treatment
- Symptoms may be greatly impacted by the co-morbidities that accompany asthma.

# Therapeutic objectives for modifying natural history



# Benefit of early intervention

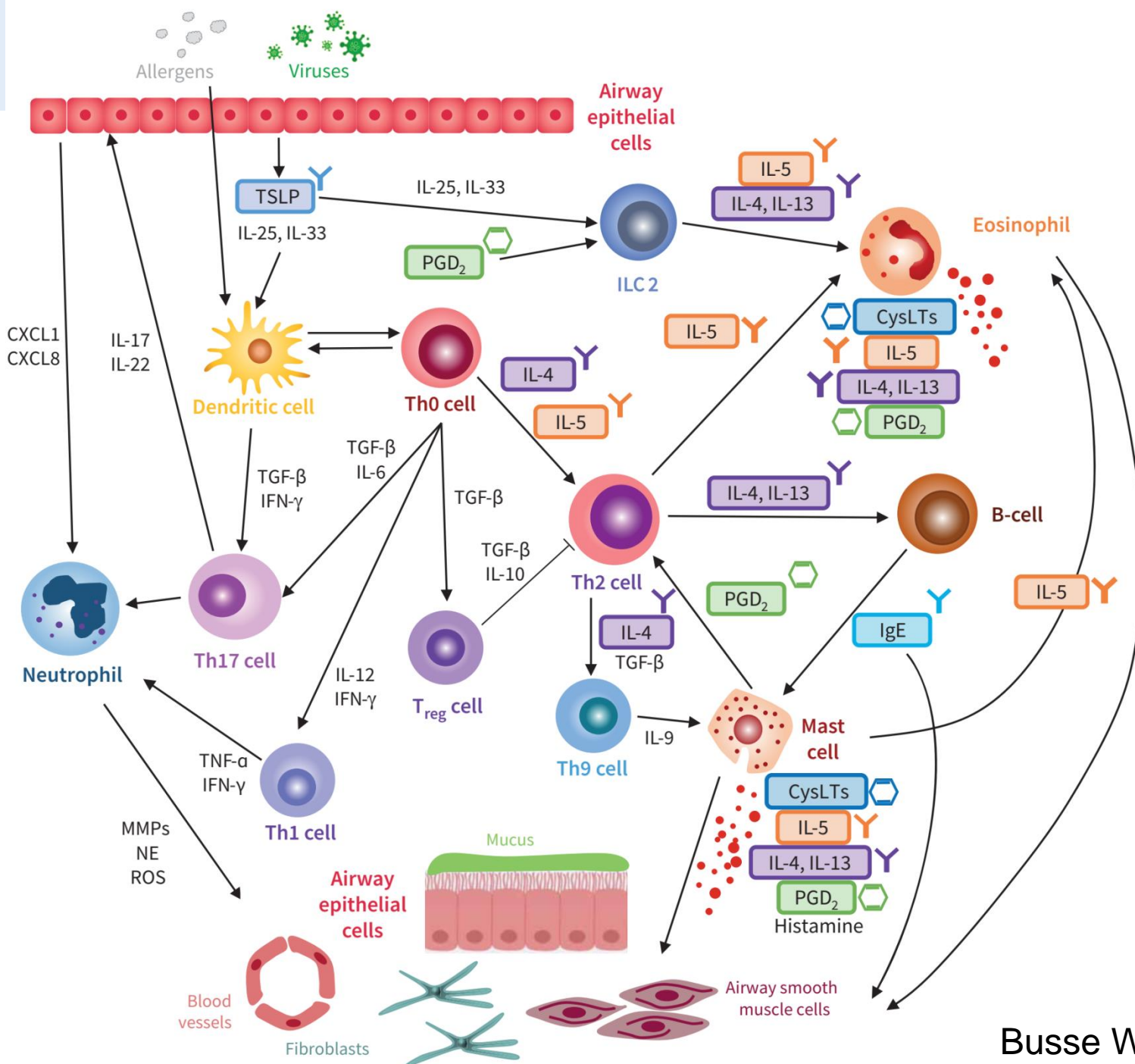
- 181 adult asthma patients, 13-44 years (median 24 years)
- Retested 25 year later
  - ✓ 21% no BHR; 25% FEV<sub>1</sub>>90%, 40% no pulmonary symptoms







**FOUR LOGISTIC REGRESSION ANALYSES. DEPENDENT VARIABLES: ABSENCE OF BHR (PC<sub>20</sub> HISTAMINE > 16 mg/ml), FEV<sub>1</sub>% PREDICTED > 90%, ABSENCE OF REPORTED ASTHMA SYMPTOMS, AND ABSENCE OF ASTHMA\***

	No BHR 38 versus 135		FEV <sub>1</sub> % pred > 90% 45 versus 128		No Asthma Symptoms 71 versus 102		No asthma 20 versus 153	
	OR	(95% CI)	OR	(95% CI)	OR	(95% CI)	OR	(95% CI)
Age/10 yr at Visit 1	<b>0.48</b>	<b>(0.27–0.84)<sup>§</sup></b>	<b>0.26</b>	<b>(0.13–0.51)<sup>¶</sup></b>	0.70	(0.46–1.06)	<b>0.36</b>	<b>(0.15–0.83)<sup>§</sup></b>
Sex, male	1.80	(0.71–4.59)	0.42	(0.16–1.08)	1.73	(0.88–3.39)	1.23	(0.37–4.06)
Current smoking at Visit 2	1.65	(0.66–4.14)	0.81	(0.31–2.13)	0.83	(0.40–1.73)	0.82	(0.25–2.61)
FEV <sub>1</sub> /height <sup>2</sup> at Visit 1, dl/m <sup>2</sup>	<b>1.37</b>	<b>(1.08–1.74)<sup>  </sup></b>	<b>1.72</b>	<b>(1.31–2.25)<sup>¶</sup></b>	1.11	(0.94–1.31)	<b>1.42</b>	<b>(1.05–1.91)<sup>§</sup></b>
ΔFEV <sub>1</sub> % pred at Visit 1, % <sup>†</sup>	1.01	(0.96–1.05)	1.02	(0.98–1.06)	1.00	(0.97–1.03)	0.98	(0.93–1.04)
Ln (slope BHR) at Visit 1	0.95	(0.61–1.47)	0.93	(0.59–1.47)	0.94	(0.67–1.30)	1.06	(0.60–1.85)
Untreated period, yr <sup>‡</sup>	<b>0.93</b>	<b>(0.88–0.99)<sup>§</sup></b>	1.00	(0.94–1.07)	1.00	(0.97–1.04)	0.98	(0.90–1.06)
Log (IgE) at Visit 2, IU/L	0.33	(0.14–0.78) <sup>§</sup>	0.46	(0.20–1.06)	1.47	(0.83–2.61)	0.38	(0.13–1.11)

- ✓ Factors associated with remission: mild asthma, better lung function, better asthma control, younger age, early-onset asthma, shorter duration of asthma, milder BHR, fewer comorbidities and smoking cessation or never smoking

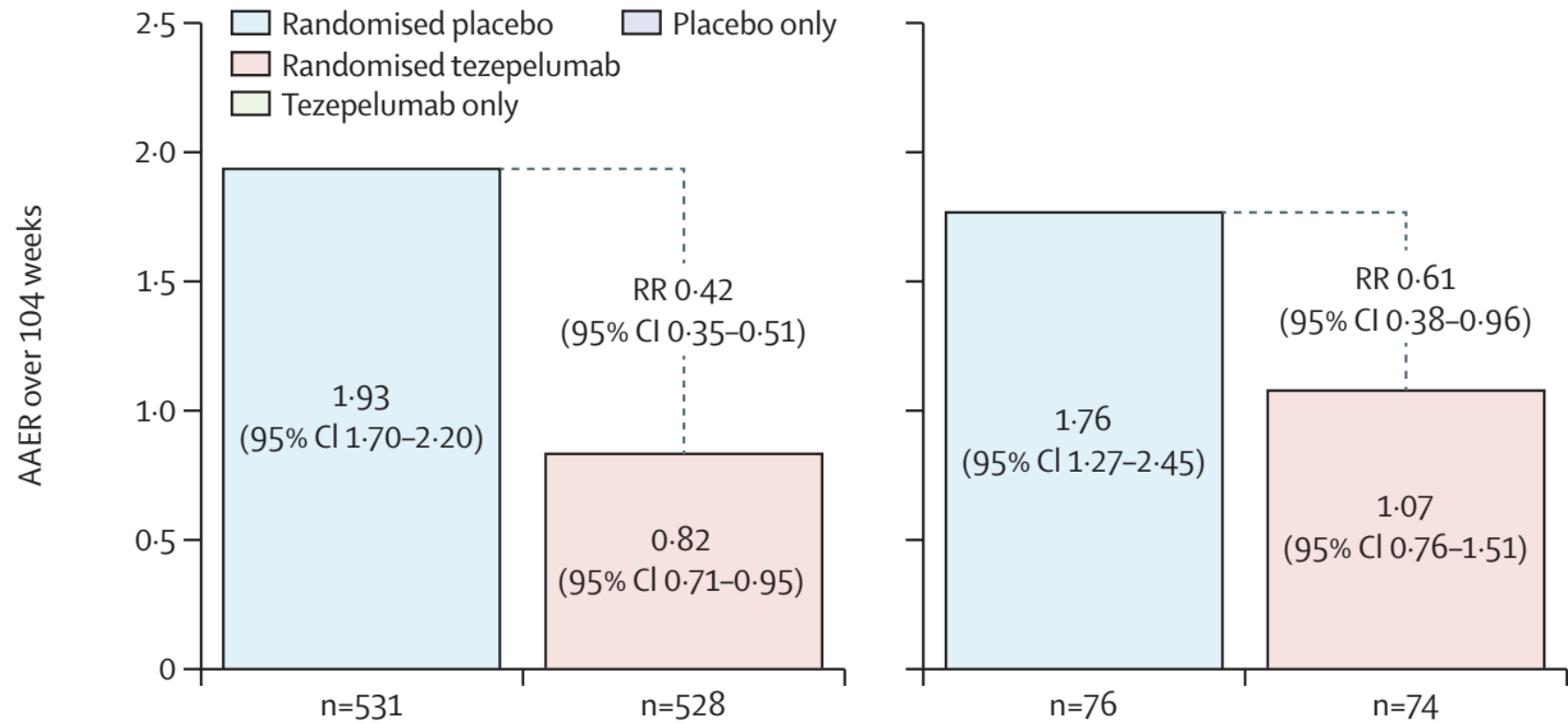
# Asthma therapies with disease-modifying potential and targets



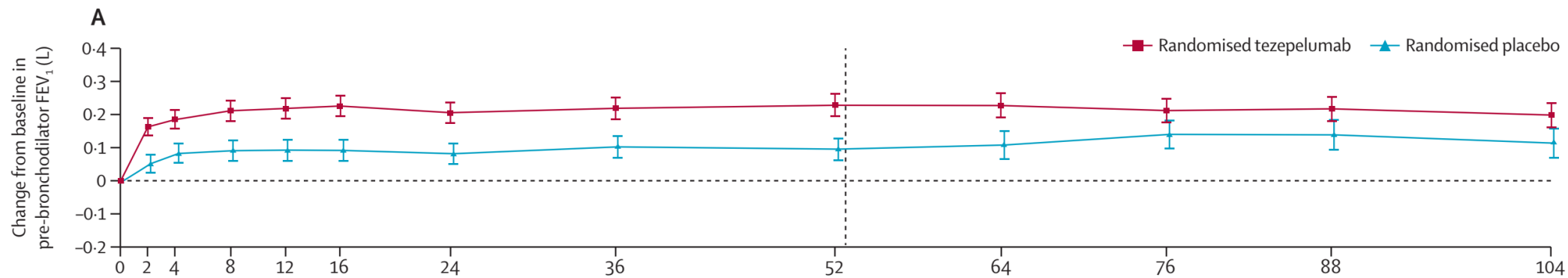
-  Anti-TSLP mAbs
-  Anti-IL-4R mAbs
-  Anti-IL-5/-5R mAbs
-  Anti-IgE mAbs
-  PGD<sub>2</sub> antagonists
-  CysLT receptor antagonists

# Long-term efficacy of tezepelumab in severe uncontrolled asthma

- Severe uncontrolled asthma patients, 12-80 years, medium-to-high does ICS with  $\geq 1$  additional asthma controller with or without OCS, DESTINATION
- Recruited from NAVIGATOR(52-wk)/SOURCE(48-wk), till 104 weeks

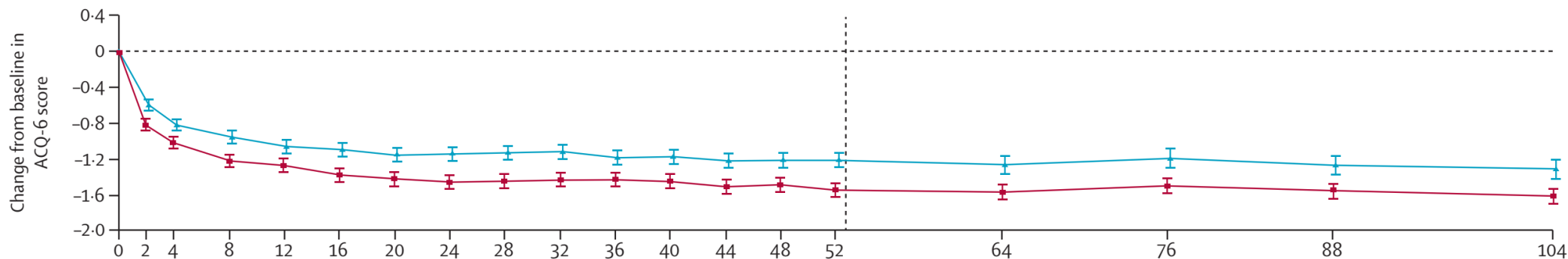


# Long-term efficacy of tezepelumab: FEV<sub>1</sub> and ACQ-6



**Number of participants at each week**

Randomised tezepelumab	528	514	523	518	510	509	498	482	470	361	346	325	342
Randomised placebo	531	507	516	516	514	509	490	473	449	182	173	163	172



**Number of participants at each week**

Randomised tezepelumab	528	502	517	515	504	509	499	498	495	491	500	493	490	492	485	408	404	398	386
Randomised placebo	531	498	513	513	513	507	498	490	491	486	481	482	475	476	470	210	202	197	194

# Long-term efficacy of tezepelumab: sub-group analysis

