

2022.4.9 KATRD 제 133차 춘계학술대회  
"Controversies in Respiratory Medicine"

# **Inhaled Conventional Amikacin for Nontuberculous Mycobacterial Pulmonary Disease: Con**

Division of Pulmonology  
Department of Internal Medicine  
University of Ulsan College of Medicine  
Asan Medical Center  
Kyung-Wook Jo

- 1. The localization of the NTM biofilm in the interstitial space**
- 2. The deposition of inhaled drugs according to the size**
- 3. Bronchial obstruction in NTM pulmonary disease**
- 4. Treatment outcome between inhaled and IV amikacin**
- 5. Adverse effects of inhaled amikacin**

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# Chronic pulmonary disease with *Mycobacterium abscessus* complex is a biofilm infection

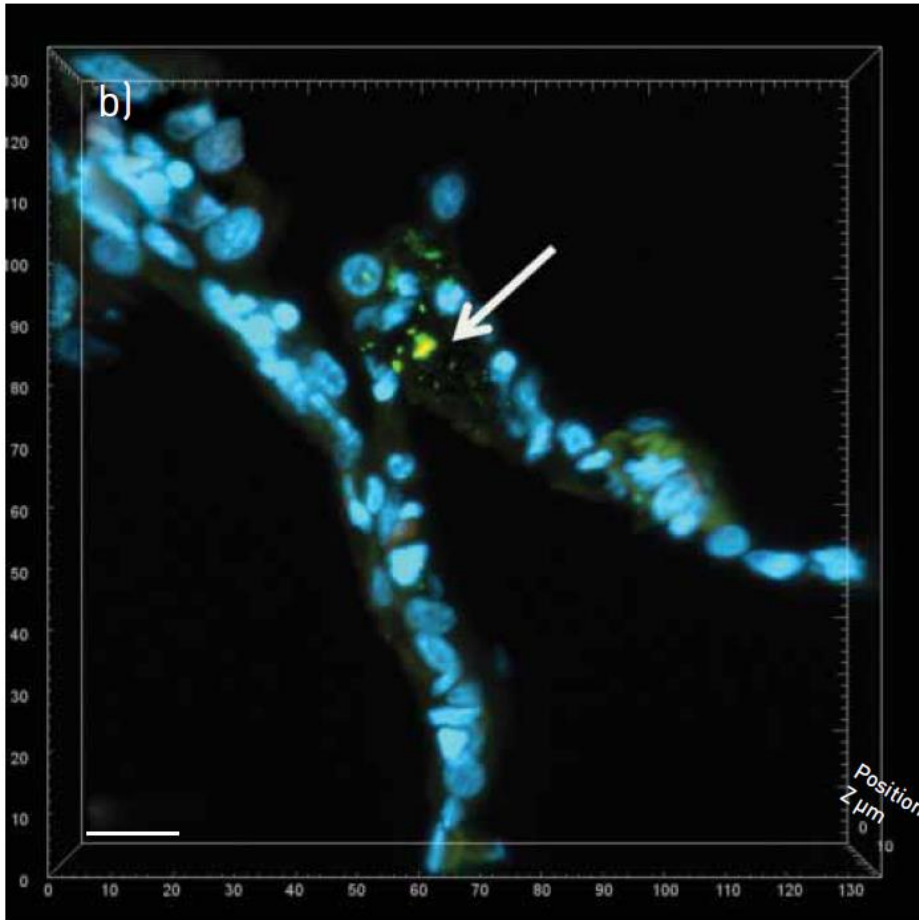
Tavs Qvist<sup>1,6</sup>, Steffen Eickhardt<sup>2,6</sup>, Kasper N. Kragh<sup>2</sup>, Claus B. Andersen<sup>3</sup>, Martin Iversen<sup>4</sup>, Niels Høiby<sup>2,5</sup> and Thomas Bjarnsholt<sup>2</sup>

<sup>1</sup>Cystic Fibrosis Centre Copenhagen, Dept of Infectious Diseases, Rigshospitalet, Copenhagen University, Copenhagen, Denmark. <sup>2</sup>Costerton Biofilm Centre, Dept of International Health, Immunology and Microbiology, Copenhagen University, Copenhagen, Denmark. <sup>3</sup>Dept of Pathology, Rigshospitalet, Copenhagen University, Copenhagen, Denmark. <sup>4</sup>Dept of Cardiology, Lung Transplantation Unit, Rigshospitalet, Copenhagen University, Copenhagen, Denmark. <sup>5</sup>Dept of Clinical Microbiology, Rigshospitalet, Copenhagen University, Copenhagen, Denmark. <sup>6</sup>These authors contributed equally.

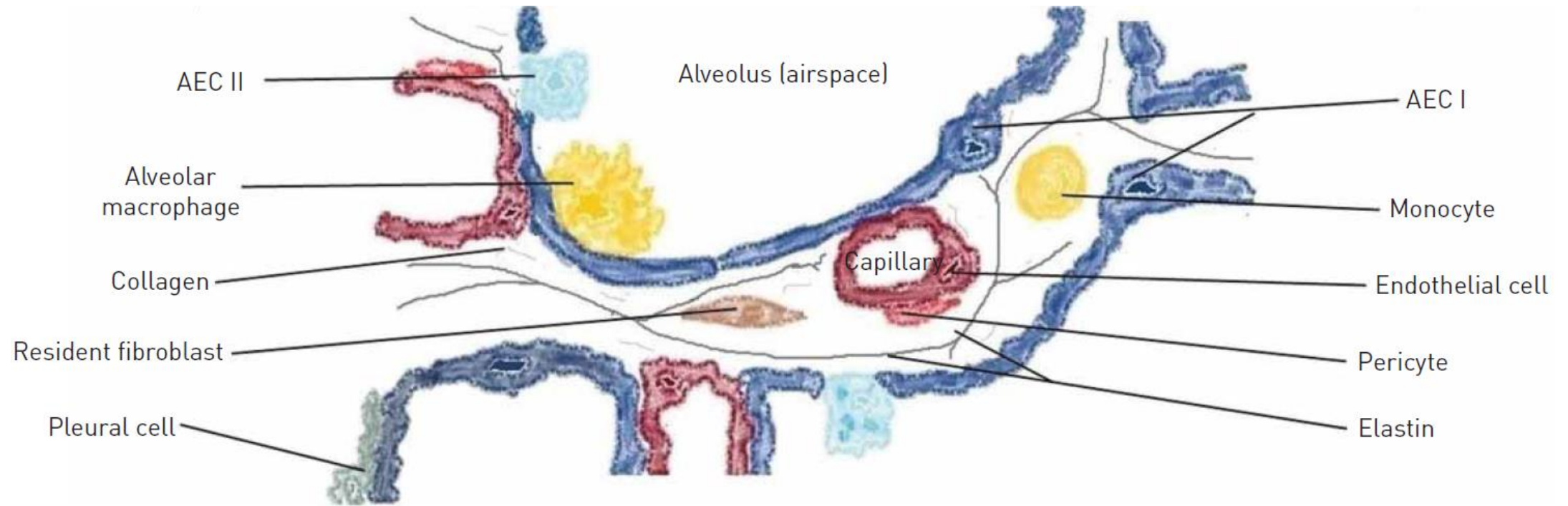
Six patients with cystic fibrosis and *M. abscessus* complex PD

Explanted lung due to lung transplantation

NTM culture and histologic analysis



*M. abscessus* complex in biofilm aggregates and embedded in the **interstitial spaces** of the respiratory zones of the lung, surrounded by inflammation.



**The epithelial cell membrane**

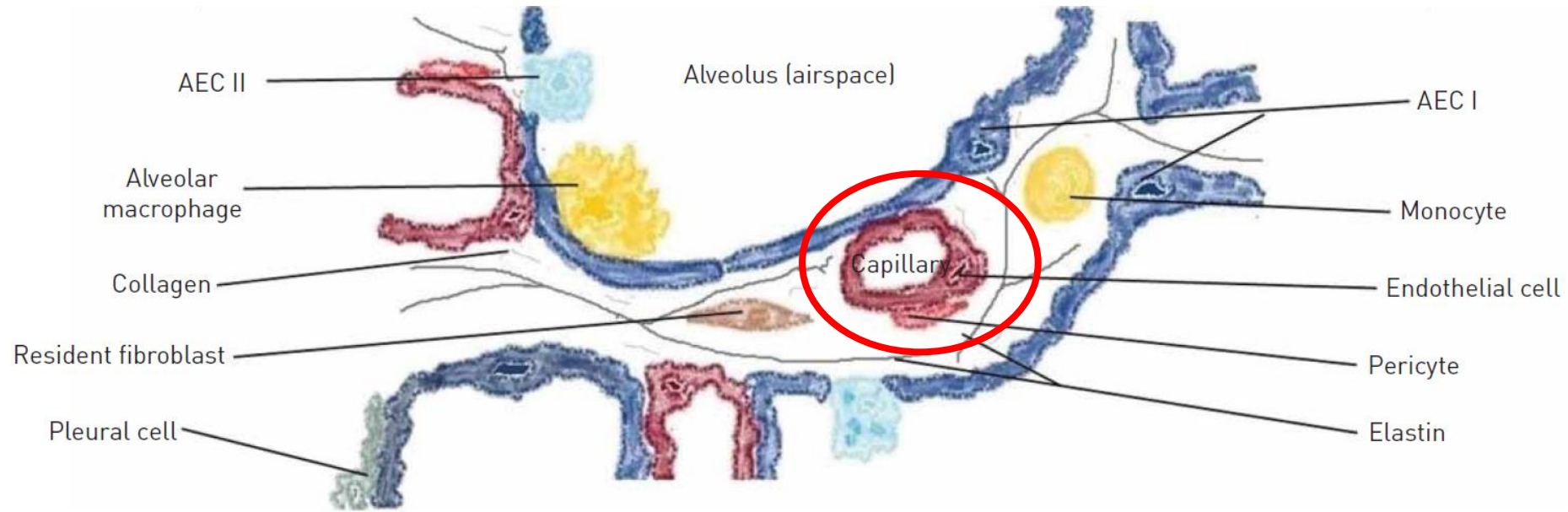
**→ the second biological barrier for lung drug delivery.**

**At the alveolar region,**

**the pneumocytes form a tight alveolar epithelial barrier.**

**With this barrier,**

**only particles of **<100 nm** in size can freely penetrate.**





### ***In vivo* localization of the biofilm in the interstitial space**

→ **Intravenous** antibiotic treatment should play a prominent role in *M. abscessus complex* disease management **than inhaled antibiotics.**

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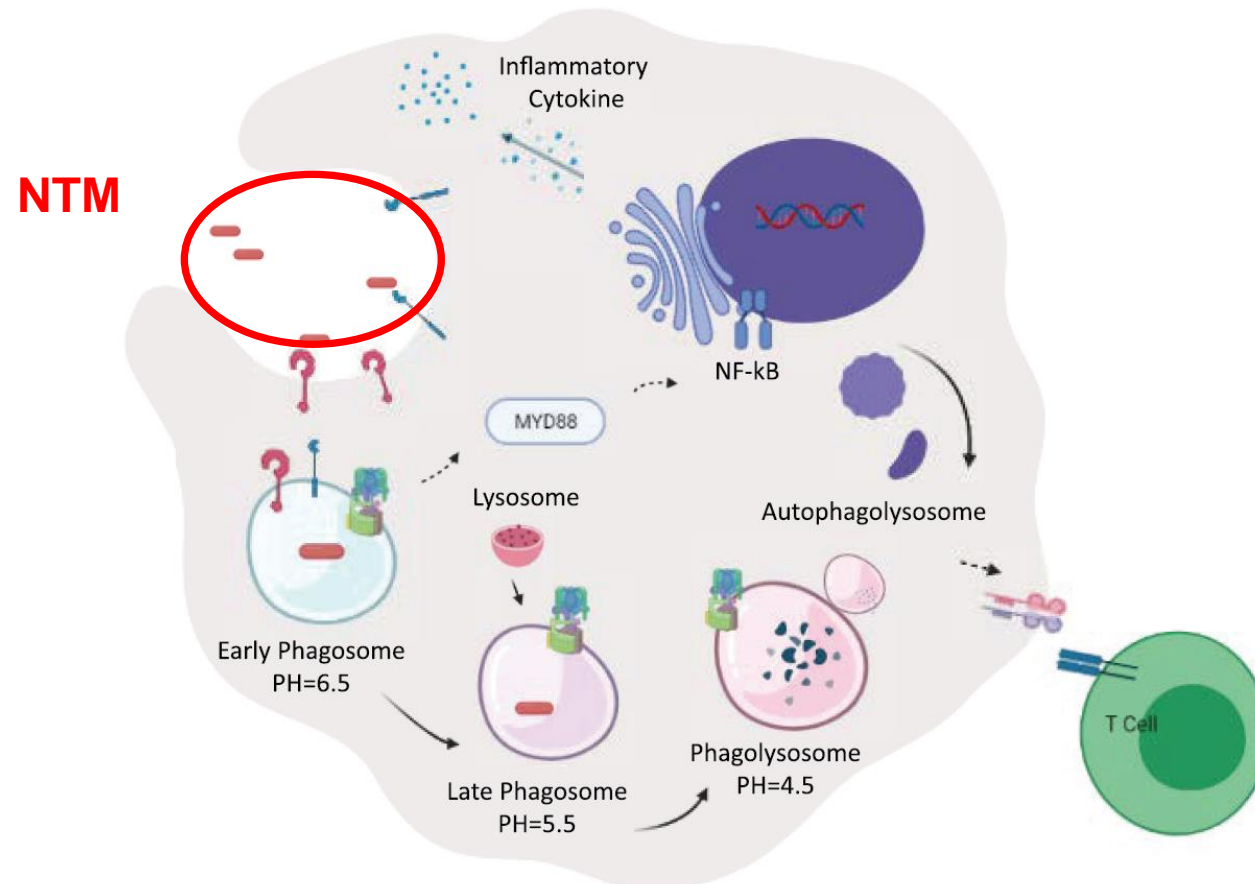
# Nontuberculous Mycobacteria, Macrophages, and Host Innate Immune Response

 Masoud Shamaei,<sup>a,c</sup>  Mehdi Mirsaedi<sup>b</sup>


<sup>a</sup>Chronic Respiratory Disease Research Center, NRITLD, Masih Daneshvari Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

<sup>b</sup>University of Miami, Division of Pulmonary and Critical Care, Miami, Florida, USA

<sup>c</sup>Darabad, NRITLD, Masih Daneshvari Hospital, Tehran, Iran



# Genome-wide association study of non-tuberculous mycobacterial pulmonary disease

Jaeyoung Cho,<sup>1</sup> Kyungtaek Park,<sup>2</sup> Sun Mi Choi,<sup>1</sup> Jinwoo Lee,<sup>1,3</sup> Chang-Hoon Lee,<sup>1</sup> Jung-Kyu Lee,<sup>4</sup> Eun Young Heo,<sup>4</sup> Deog Kyeom Kim,<sup>3,4</sup> Yeon Joo Lee,<sup>5</sup> Jong Sun Park,<sup>3,5</sup> Young-Jae Cho,<sup>5</sup> Ho Il Yoon,<sup>3,5</sup> Jae Ho Lee,<sup>3,5</sup> Choon-Taek Lee ,<sup>3,5</sup> Nayoung Kim,<sup>3,6</sup> Kyu Yeong Choi,<sup>7</sup> Kun Ho Lee,<sup>7,8,9</sup> Joohon Sung,<sup>10,11</sup> Sungho Won,<sup>2,10,11</sup> Jae-Joon Yim<sup>1,3</sup>

## What is the bottom line?

- ▶ Through a genome-wide association study (GWAS) we identified a putatively significant locus on chromosome 7p13, rs849177, which is possibly associated with susceptibility to NTM-PD in Korean populations by altering the expression levels of the proapoptotic *STK17A* gene.

**Impairing apoptosis of  
NTM-infected macrophage**

# **Amikacin Liposome Inhalation Suspension for Treatment-Refractory Lung Disease Caused by *Mycobacterium avium* Complex (CONVERT)**

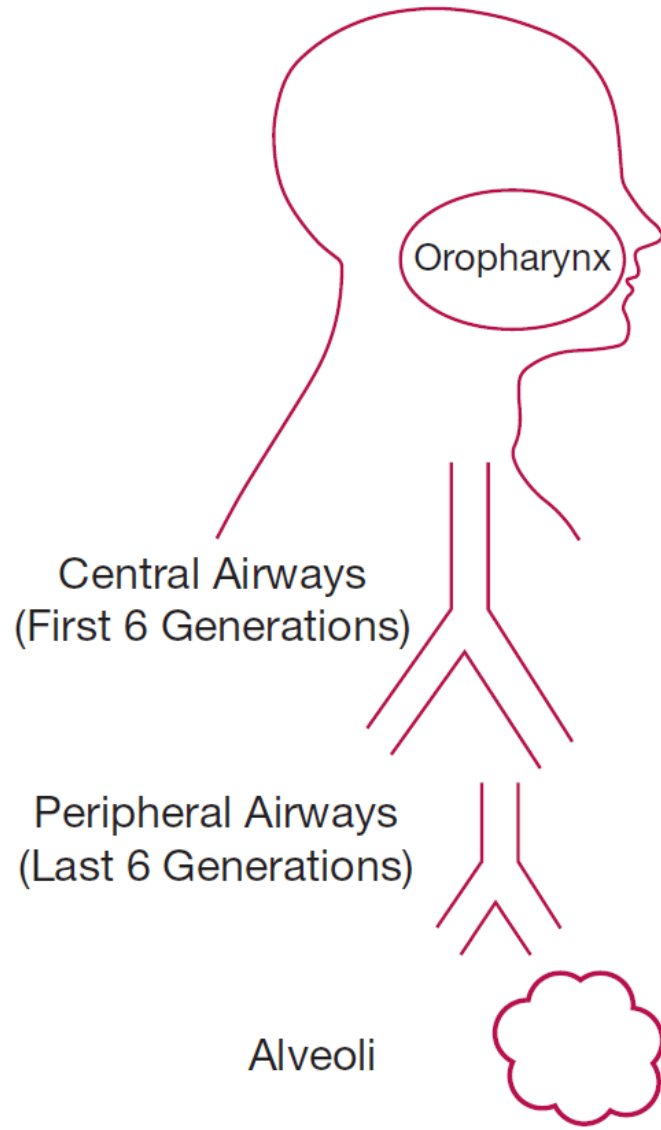
A Prospective, Open-Label, Randomized Study

## **Amikacin Liposome Inhalation Suspension (ALIS)**

- Amikacin sulfate encapsulated in **liposomes** for inhalation delivery
- ALIS increases amikacin uptake into an **alveolar macrophage**,  
a refuge for NTM organisms.

## Mass Median Aerodynamic Diameter (MMAD)

### Preferential Airway Deposition According to Aerosol Particle Size

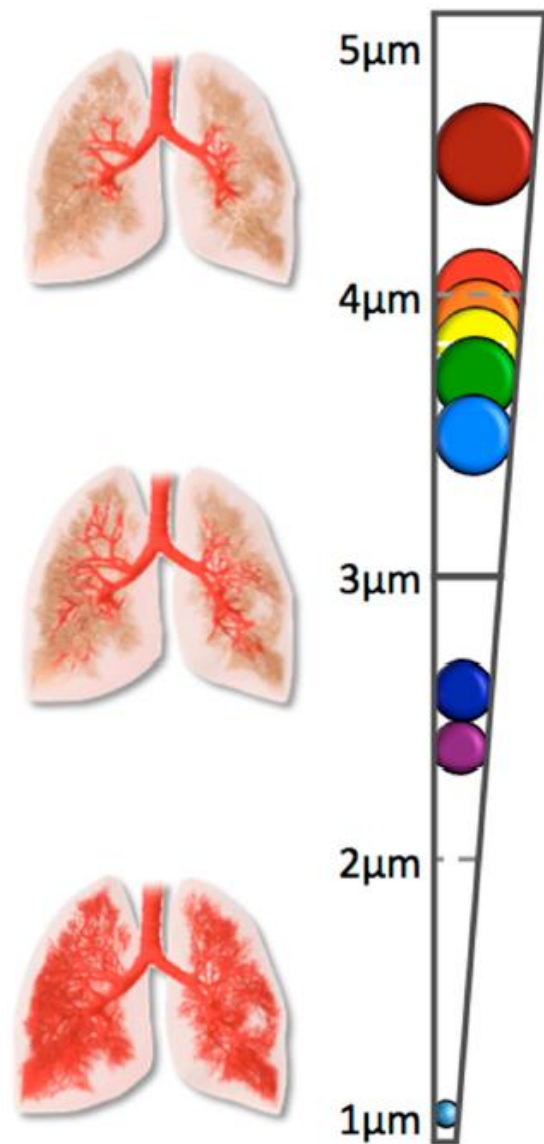


$> 10 \mu\text{m}$ : Impaction in Oropharynx

$5\text{-}10 \mu\text{m}$ : Preferential Deposition  
in Central Airways

$0.5\text{-}5 \mu\text{m}$ : Preferential Deposition in  
Peripheral Airways and Alveoli

$< 0.5 \mu\text{m}$ : Suspension Without  
Deposition



### Mass Median Aerodynamic Diameter

Triamcinolone CFC 4.5 µm

Budesonide DPI 4.0 µm

Fluticasone DPI 3.9 µm

Flunisolide CFC 3.8 µm

Mometasone DPI 3.7 µm

Fluticasone HFA 2.4-2.6 µm

Fluticasone CFC 2.4 µm

### Extra-Fine Particle Size

Ciclesonide HFA 1.1 µm

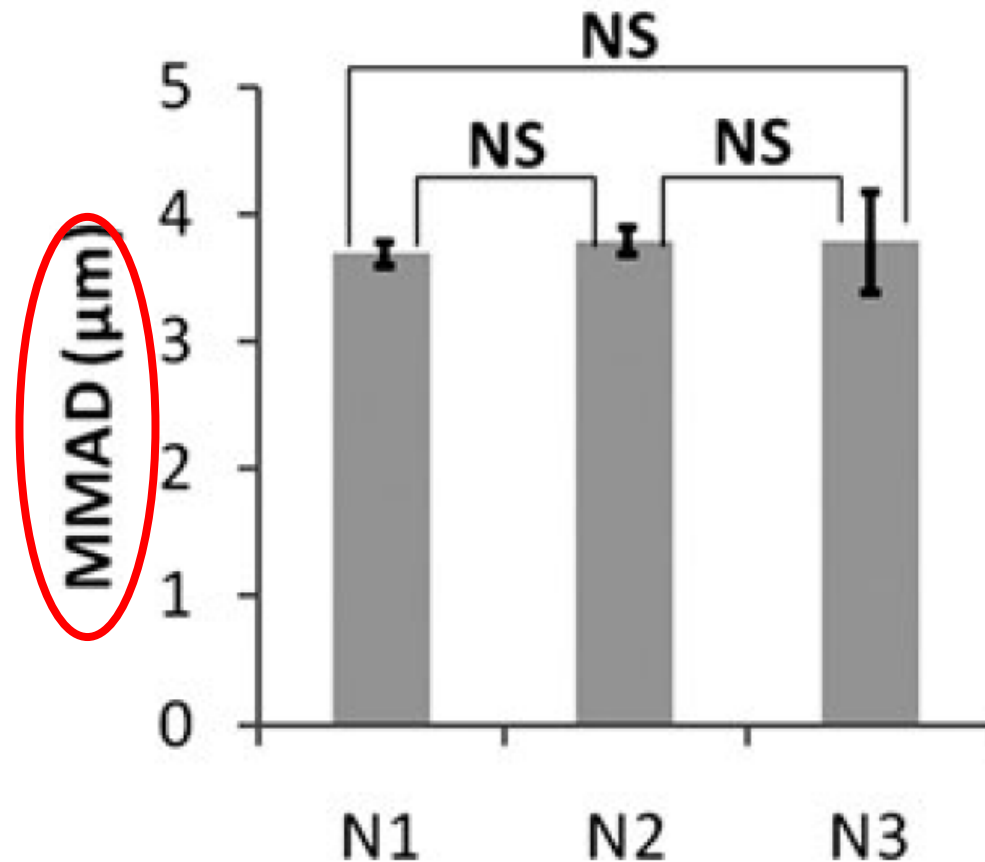
Beclomethasone HFA 1.1 µm

The optimal size is approximately **1–3  $\mu\text{m}$**  MMAD to reach the distal lung units.

No available jet nebulizer can consistently produce such a small particle size.

Typical jet nebulizers have a variable particle size of approximately **5  $\mu\text{m}$**  MMAD.

**MMAD of amikacin** measured using the three nebulizer delivery system



N1: eFlow rapid nebulizer

N2: Jet nebulizer (Sidestream<sup>®</sup>)

N3: Jet nebulizer (Sidestream<sup>®</sup>) with a spacer

\*NS, not significant

**ALIS** liposomes are relatively small in size (~300 nm in diameter),  
= ~0.3  $\mu\text{m}$

and have a targeted concentration of amikacin at 70 mg/mL

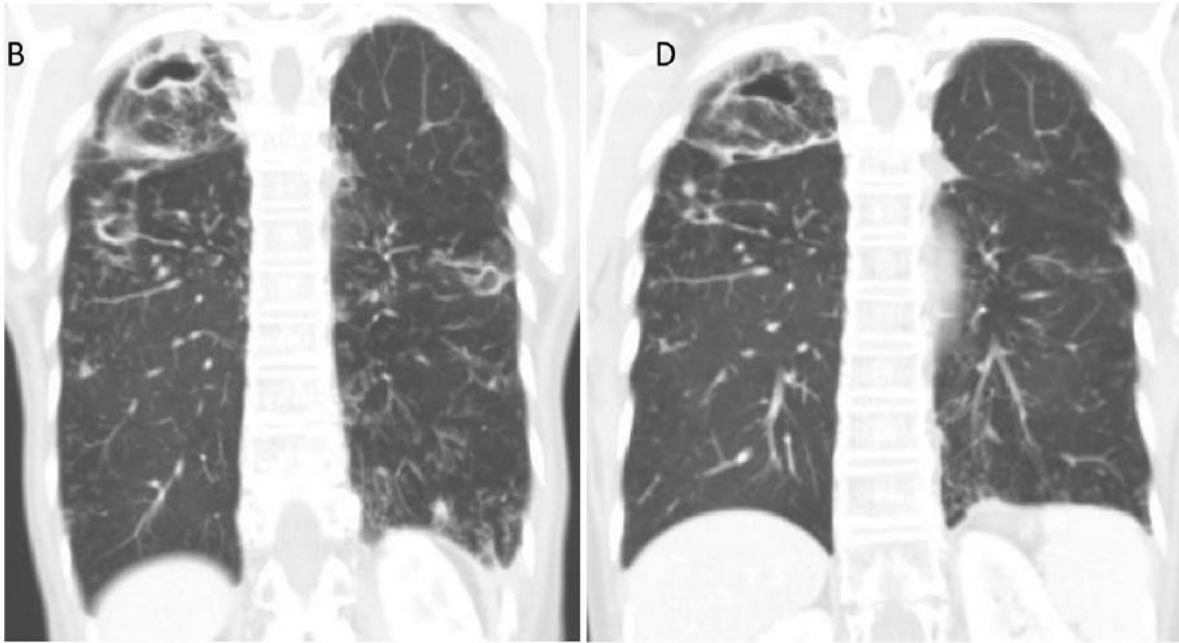
*Drugs 2019;79:555–562*

**Charge-neutral, highly biocompatible liposomes**

**The liposomes are taken up by lung macrophages,  
allowing intracellular delivery of high levels of amikacin into NTM infected cells.**

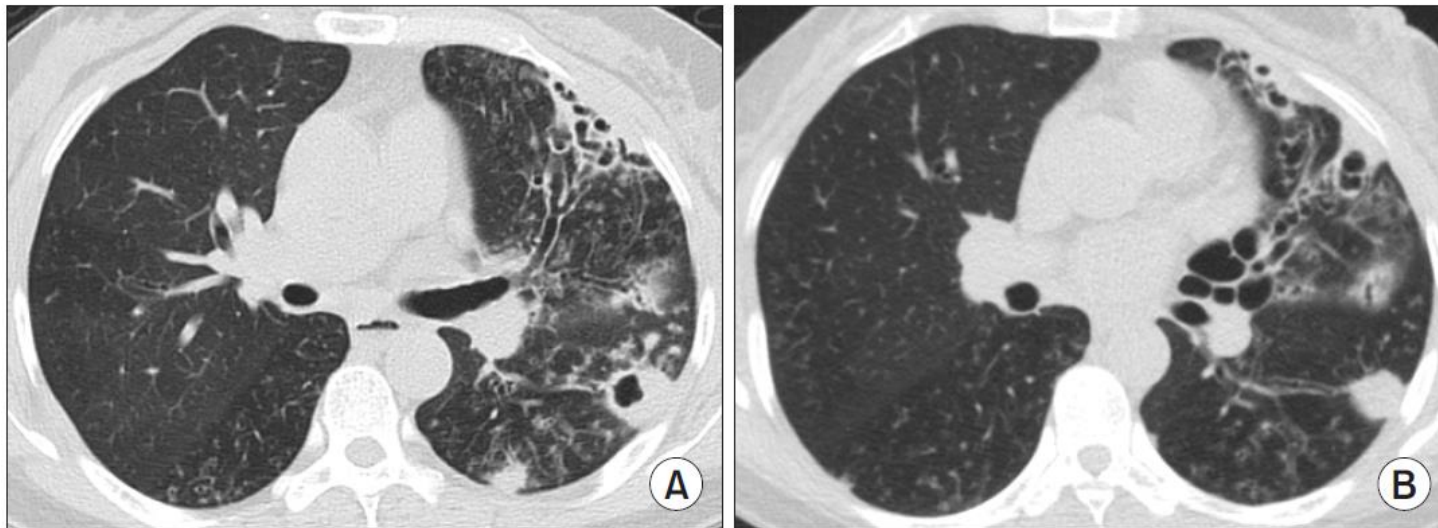
*AJRCCM 2017;195:814–823*

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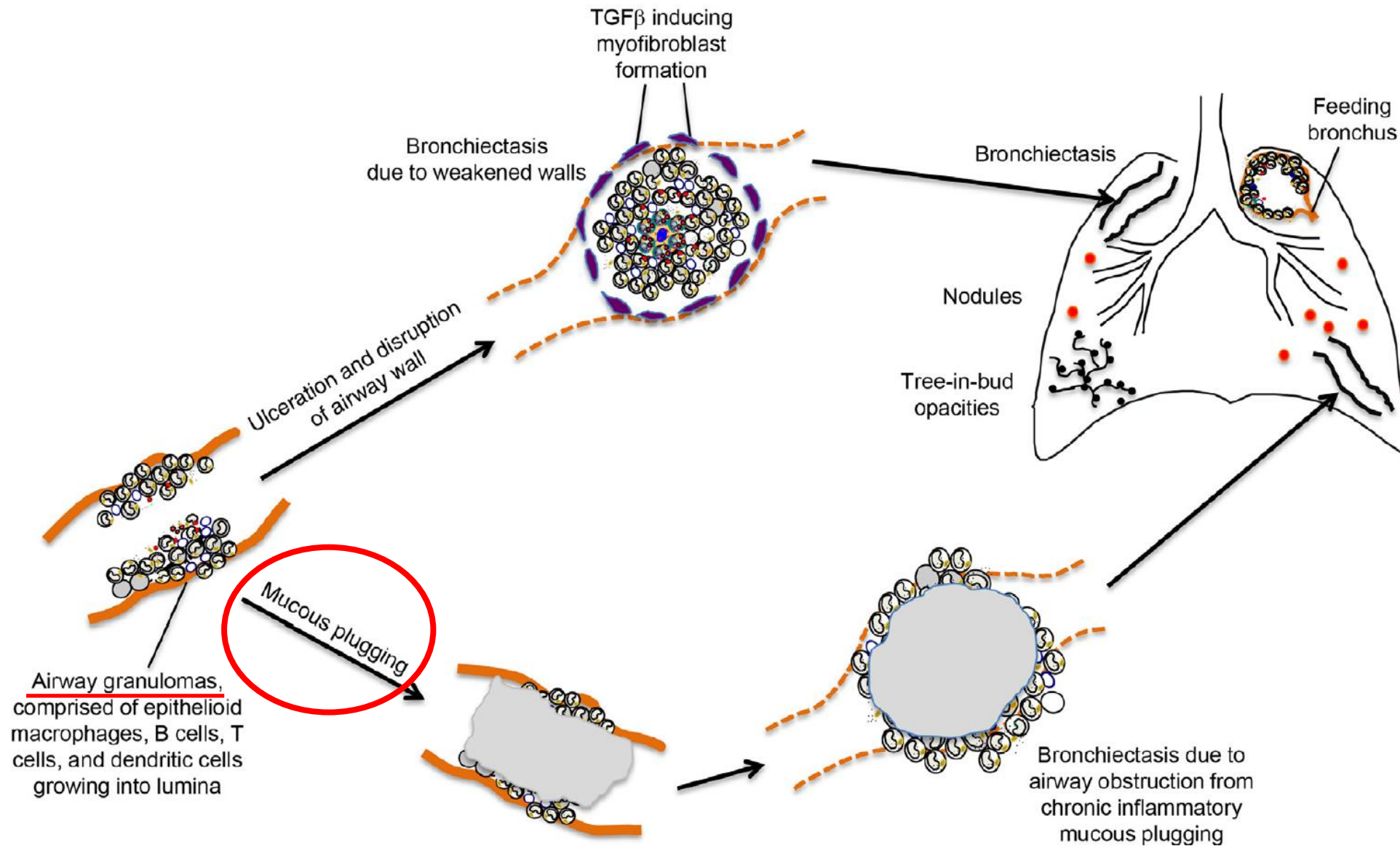
**Fibrocavitary type**

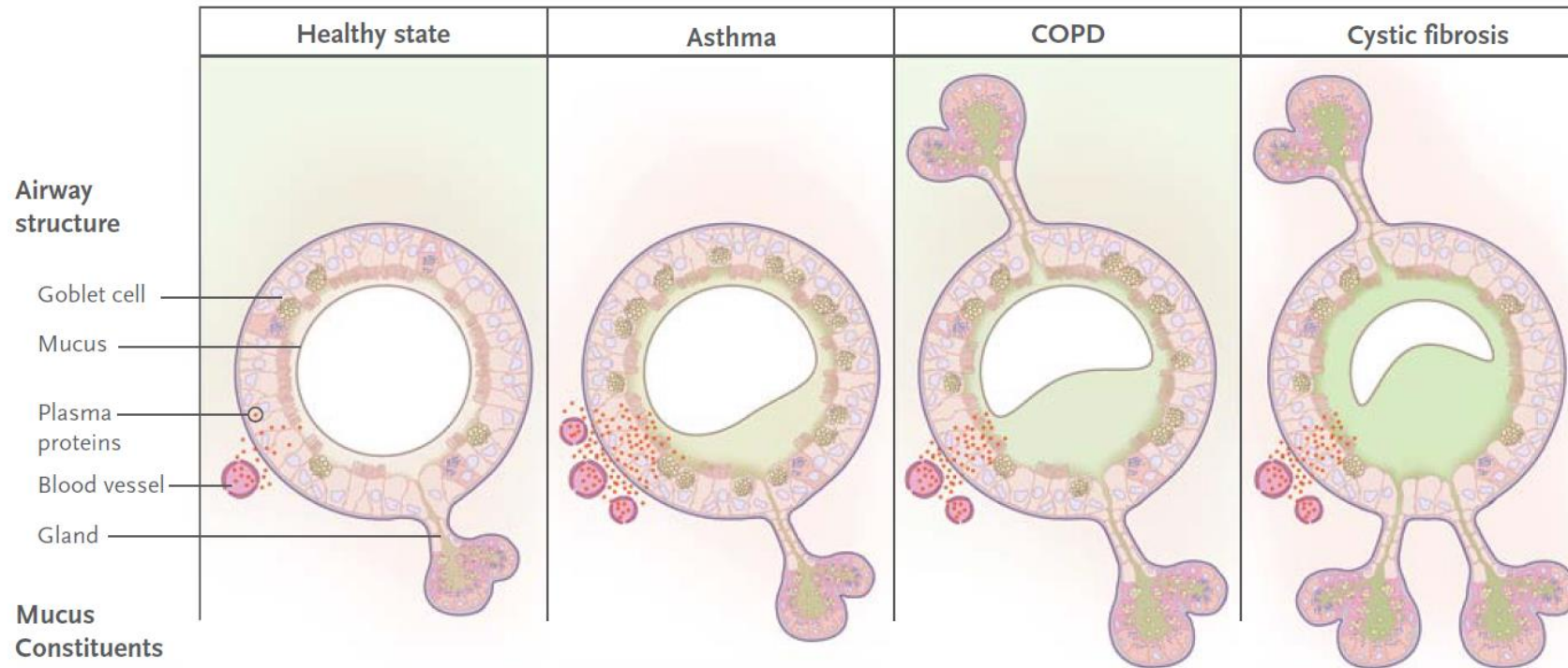
*J Formos Med Assoc 2020;119:S67-S75*



**Cavitary nodular  
bronchiectatic type**

*Tuberc Respir Dis 2019;82:15-26*

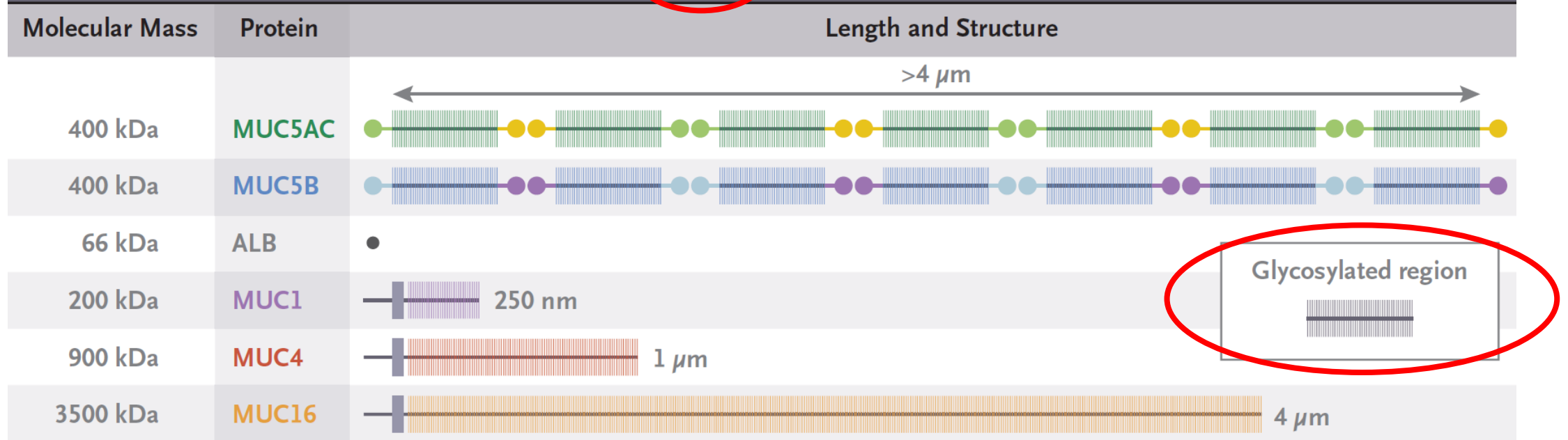




**Mucus Constituents**

Mucin	X X	X X X X X	X X X X	X X X X
Plasma proteins	X	X X X X	X X	X X
Inflammatory cells	X	X X X	X X X	X X X X X
DNA		X	X X	X X X X X
Actin		X	X X	X X X X X
Bacteria			X X	X X X X X

## B Molecular Domain Structures and Relative Sizes of Mucins






The glycosylation domains provide binding sites

**capable of trapping most inhaled materials**

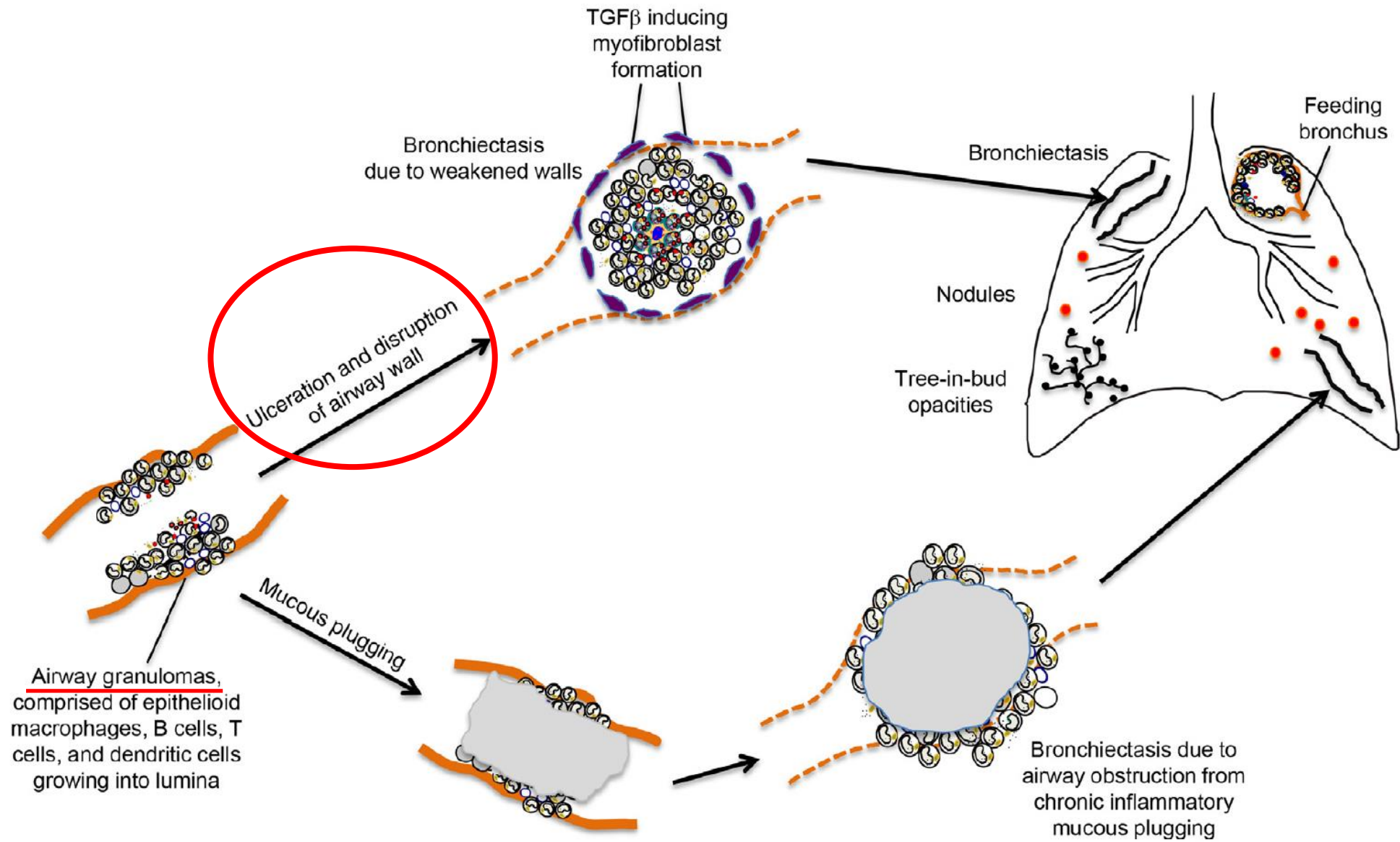
with a low but sufficient binding affinity to mediate clearance.

*Review*

# Strategies to Overcome Biological Barriers Associated with Pulmonary Drug Delivery

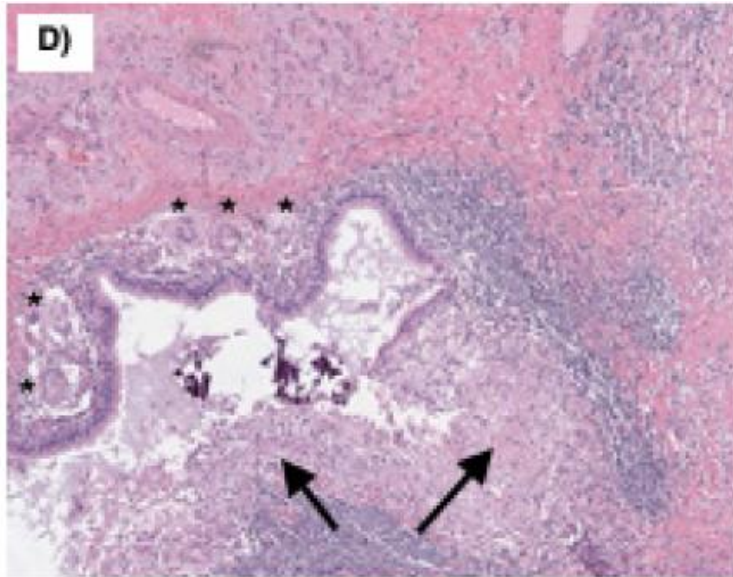
Adam J. Plaunt \*, Tam L. Nguyen, Michel R. Corboz, Vladimir S. Malinin  and David C. Cipolla 

In lung diseases, the **mucous** of the lower airways can be overexpressed and/or more thickened, thereby **blocking the access for inhaled drugs to the underlying target tissues.**

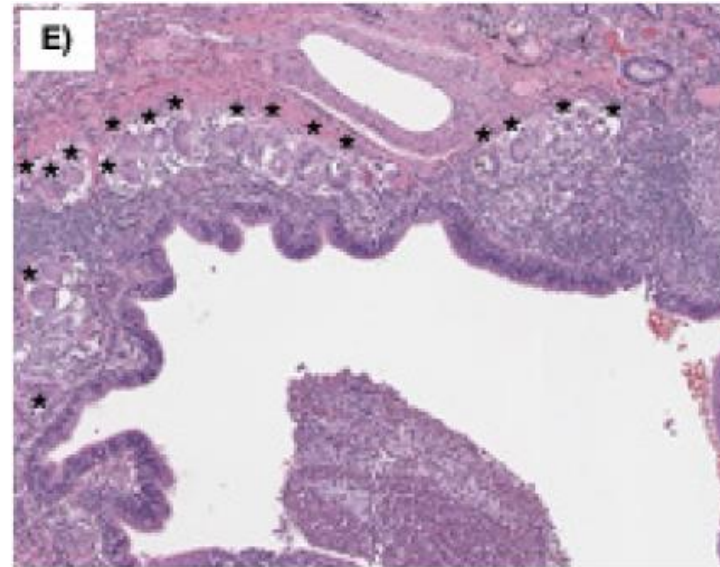


# Histopathologic Analysis of Surgically Resected Lungs of Patients with Non-tuberculous Mycobacterial Lung Disease: a Retrospective and Hypothesis-generating Study

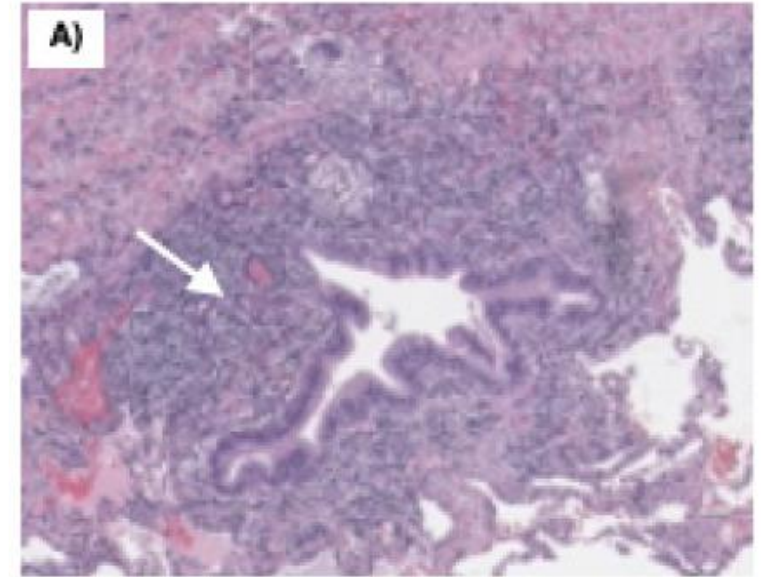
Sangbong Choi<sup>a,1</sup>, Kyle J. Potts<sup>b,1</sup>, Meghan D. Althoff<sup>c</sup>, Guillermo Jimenez<sup>d</sup>, Xiyuan Bai<sup>c,e</sup>, Kara M. Calhoun<sup>c</sup>, Carlyne D. Cool<sup>f,g</sup>, and Edward D. Chan<sup>c,e,h,\*</sup>



***Necrotizing granuloma of the airway***






***Non-necrotizing granuloma of the airway***



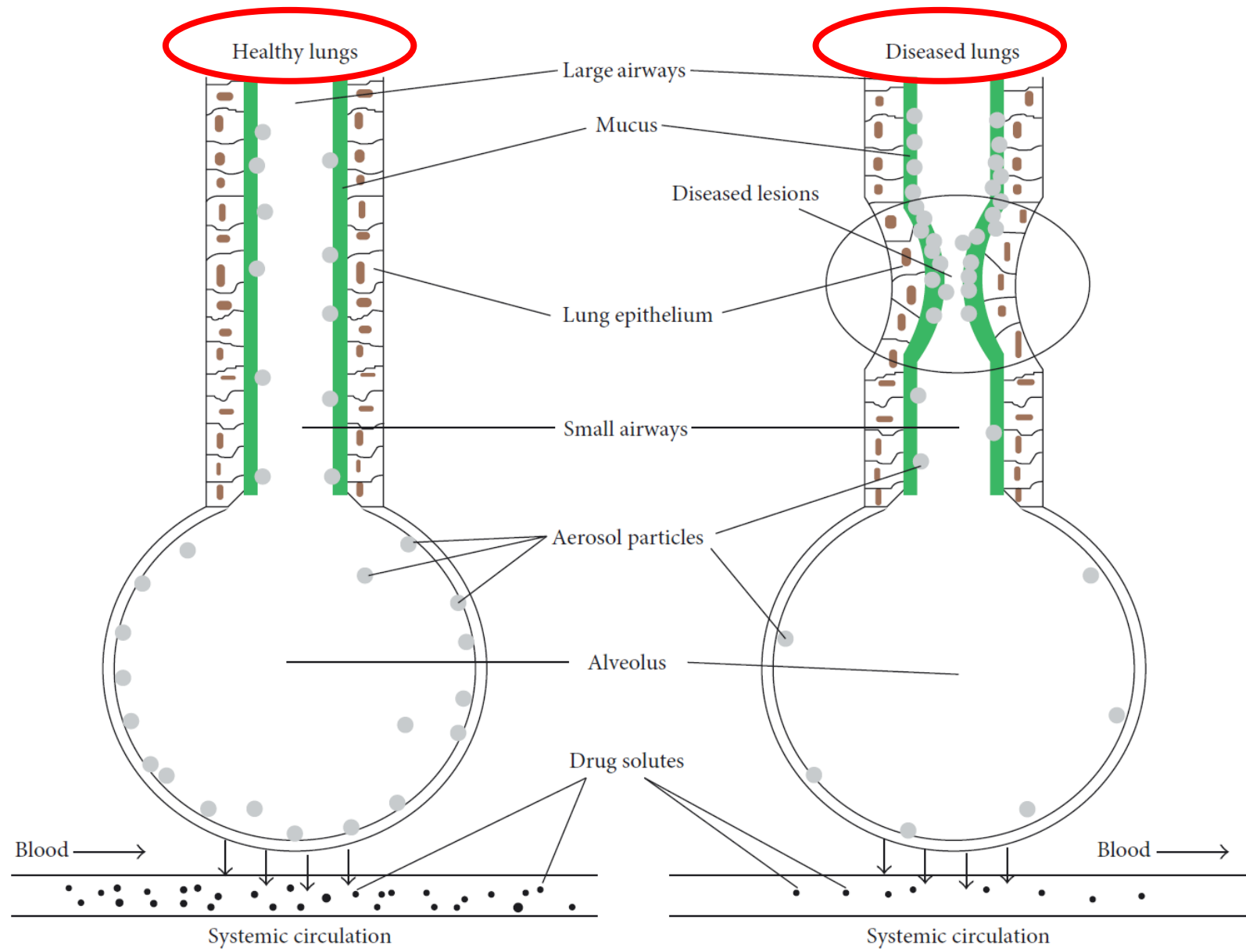
***Bronchiolitis, infiltration by chronic inflammatory cells***

*Review*

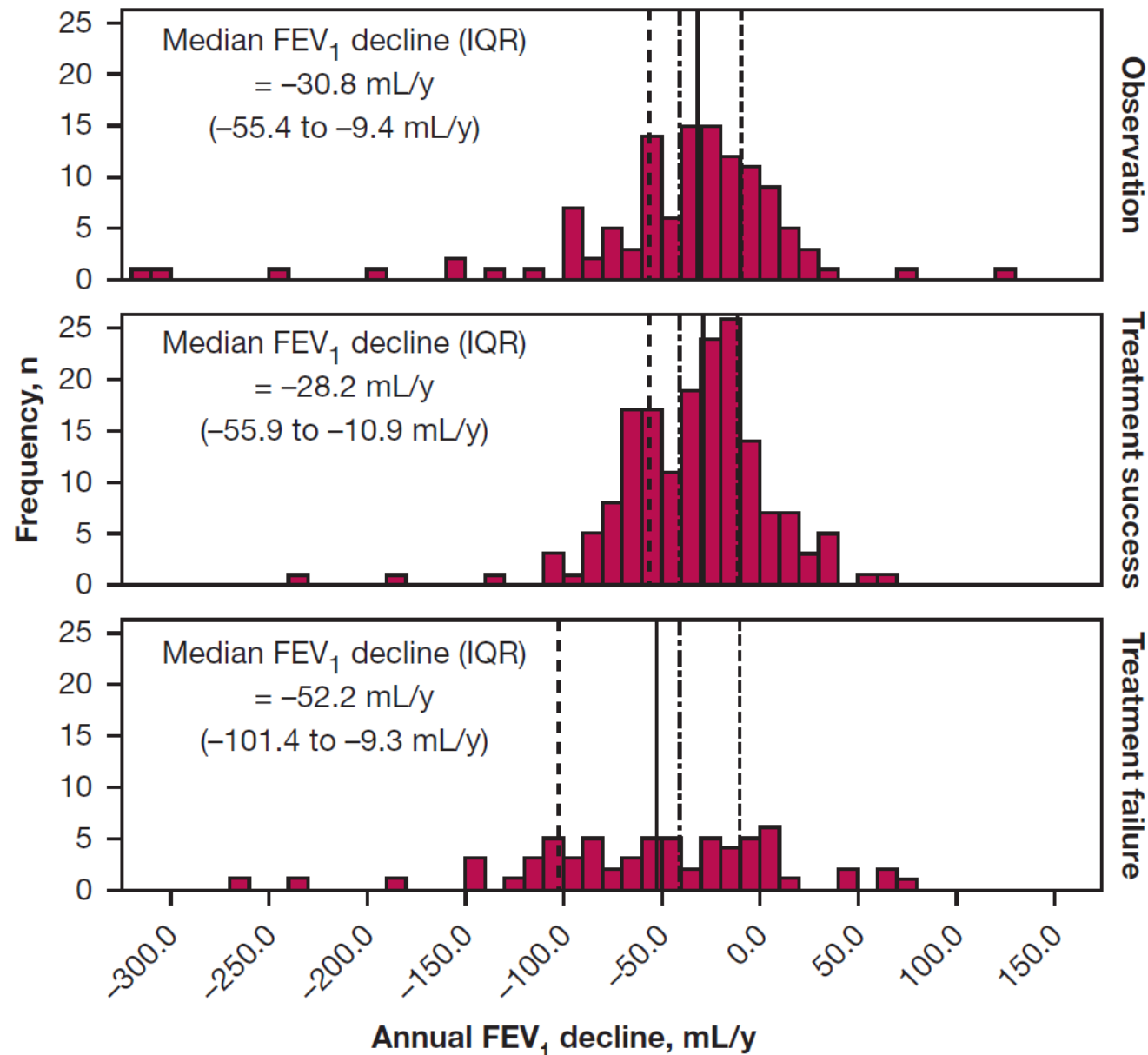
# Strategies to Overcome Biological Barriers Associated with Pulmonary Drug Delivery

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In lung diseases, the **challenge for effective inhaled drug delivery** is even more significant due to **airway constrictions** and excessive mucous production.



1999–2011,  
Samsung medical center  
358 NTM–PD  
Treatment outcome  
and spirometry data



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# Amikacin Inhalation as Salvage Therapy for Refractory Nontuberculous Mycobacterial Lung Disease

Byung Woo Jhun,<sup>a</sup> Bumhee Yang,<sup>a</sup> Seong Mi Moon,<sup>a</sup> Hyun Lee,<sup>a</sup> Hye Yun Park,<sup>a</sup> Kyeongman Jeon,<sup>a</sup> O Jung Kwon,<sup>a</sup> Jungmin Ahn,<sup>b</sup> Il Joon Moon,<sup>b</sup> Sung Jae Shin,<sup>c</sup> Charles L. Daley,<sup>d</sup> Won-Jung Koh<sup>a</sup>

2015.2–2016.6, Samsung Medical Center

Refractory NTM-PD, salvage therapy with amikacin inhalation

Refractory NTM PD in 77 patients

- MABC (n = 48), MAC (n = 20), mixed (n = 9)

→ **Culture conversion: 18%**

**Culture conversion in MAC-PD: 15% (3/20)**

## Treatment outcome of antibiotics other than inhaled Amikacin in refractory MAC-PD in South Korea

Center	Patients n	Duration	Antibiotics	Main Results
Samsung Medical Center <sup>1</sup>	41	2002–2011	Moxifloxacin	Treatment success in <b>29%</b>
Asan Medical Center <sup>2</sup>	51	2004–2012	Clofazimine or Moxifloxaicn or Rifabutin or Linezolid	Treatment success in <b>15.7%</b>

<sup>1</sup>*Antimicrob Agents Chemother* 2013;57:2281–2285

<sup>2</sup>*J Infect Chemother* 2014;20:602–606

# Outcomes of Inhaled Amikacin-Containing Multidrug Regimens for *Mycobacterium abscessus* Pulmonary Disease



Noeul Kang, MD; Kyeongman Jeon, MD; Hojoong Kim, MD; O Jung Kwon, MD; Hee Jae Huh, MD; Nam Yong Lee, MD; Charles L. Daley, MD; Won-Jung Koh, MD; and Byung Woo Jhun, MD

2015.8–2018.6, Samsung Medical Center

82 treatment naïve patients with MABC-PD

Initial phase, IV amikacin-containing regimen

*M. abscessus*-PD: 4-week, *M. massiliense*-PD: 2-week

**After discharge, inhaled amikacin** (with or without clofazimine)

*M. abscessus* subspecies *abscessus* (n = 36)

Inhaled amikacin: 100% (36/36), for median 18 months

**TABLE 3** ] Treatment Outcome 12 Months After Initiation of Treatment

Outcome	Total (N = 82)	<i>M massiliense</i> (n = 46)	<i>M abscessus</i> (n = 36)	P Value
Symptomatic response				.047
Improved	72 (88)	44 (96)	28 (78)	
Unchanged	4 (5)	1 (2)	3 (8)	
Worsened	6 (7)	1 (2)	5 (14)	
Radiographic response on CT scan				.002
Improved	64 (78)	42 (93)	22 (61)	
Unchanged	7 (9)	3 (7)	4 (11)	
Worsened	11 (13)	1 (2)	10 (28)	
Culture conversion <sup>a</sup>	56 (68)	44 (96)	12 (33)	< .001
Time to conversion, mo	1.0 (0.9-1.2)	1.0 (0.9-1.2)	1.0 (0.9-8.1)	.527
<u>Microbiologic cure<sup>b</sup></u>	55 (67)	44 (96)	<u>11 (31)</u>	< .001
Cure <sup>c</sup>	53 (65)	42 (91)	11 (31)	< .001
Clinical cure <sup>d</sup>	6 (7)	0 (0)	6 (17)	< .001

# Impact of Susceptibility to Injectable Antibiotics on the Treatment Outcomes of *Mycobacterium abscessus* Pulmonary Disease

Youngmok Park,<sup>1</sup> Yea Eun Park,<sup>2</sup> Byung Woo Jhun,<sup>3</sup> Jimyung Park,<sup>4</sup> Nakwon Kwak,<sup>4</sup> Kyung-Wook Jo,<sup>2</sup> Jae-Joon Yim,<sup>4</sup> Tae Sun Shim,<sup>2</sup> and Young Ae Kang<sup>1,5</sup>

82 patients with *M. abscessus* subspecies *abscessus* PD

- Asan Medical Center, 2012–2019
- Samsung Medical Center, 2002–2012
- Seoul National University Hospital, 2006–2015
- Severance Hospital, 2012–2018

IV amikacin, median 8.9 weeks (IQR, 4.0–27.1) → **Microbiological cure: 41.5%**

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**TABLE 4** Adverse effects associated with amikacin inhalation-containing regimens

Adverse effect	No. (%) of patients with:		
	Discontinuation	Regimen change <sup>a</sup>	Total
Total	21 (27)	8 (10)	29 (38)
Ototoxicity	11 (14)	4 (6)	15 (19)
Fatigue	6 (8)	1 (1)	7 (9)
Tinnitus	3 (4)	1 (1)	4 (5)
Cough	1 (1)	1 (1)	2 (3)
Hoarseness	0	1 (1)	1 (1)
Nephrotoxicity	0	0	0

<sup>a</sup>Change of amikacin inhalation from 500 mg once daily to 500 mg three times weekly.

*Antimicrob Agents Chemother 2018;62:e00011–18*

**TABLE 5 ]** Adverse Effects Associated With Inhaled Amikacin, Clofazimine, or Linezolid

Adverse Effect	No. (%) of Patients		
	Total	Discontinuation	Dose Reduction
Inhaled amikacin (n = 82)	19 (23)	13 (16)	6 (7)
Ototoxicity	15/19 (79)	12/13 (92) <sup>a</sup>	3/6 (50)
Nephrotoxicity	3/19 (16)	1/13 (8)	2/6 (33)
Hoarseness	1/19 (5)	0	1/6 (17)

*CHEST 2021;160:436–445*

## Adverse effects of intravenous amikacin

Center	Patients n	Species	Nephrotoxicity	Ototoxicity
Four tertiary referral centers <sup>1</sup>	82	<i>M. abscessus</i>	3.7%	4.9%
Asan Medical Center <sup>2</sup>	101	MAC	2.0%	4.0%

<sup>1</sup>*Open Forum Infect Dis* 2021;8:ofab125

<sup>2</sup>*Clin Infect Dis* 2019;68:1870–1876

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# Summary

1. NTM in interstitial space: IV > Inhaled route

2. NTM in the alveolus

1) Too large MMAD of inhaled amikacin to reach the alveolar space

2) Blocking of inhaled drug in the airway due to:

- Excessive mucus
- Bronchial constriction


3. Treatment outcome and adverse effects

: Inhaled amikacin does not appear superior to IV amikacin



*Review*

# ***Pseudomonas Aeruginosa* Induced Cell Death in Acute Lung Injury and Acute Respiratory Distress Syndrome**

Rushikesh Deshpande<sup>1</sup> and Chunbin Zou<sup>2,\*</sup> 

Following the infection of the **epithelial cells**, ***P. aeruginosa*** causes an upregulation of Fas/Fas ligand on the cell surface, the most important ones that are responsible to trigger **apoptosis**.

**Apoptosis of lung epithelial cells upon *P. aeruginosa* infection** forms a crucial part of the host defense against infection