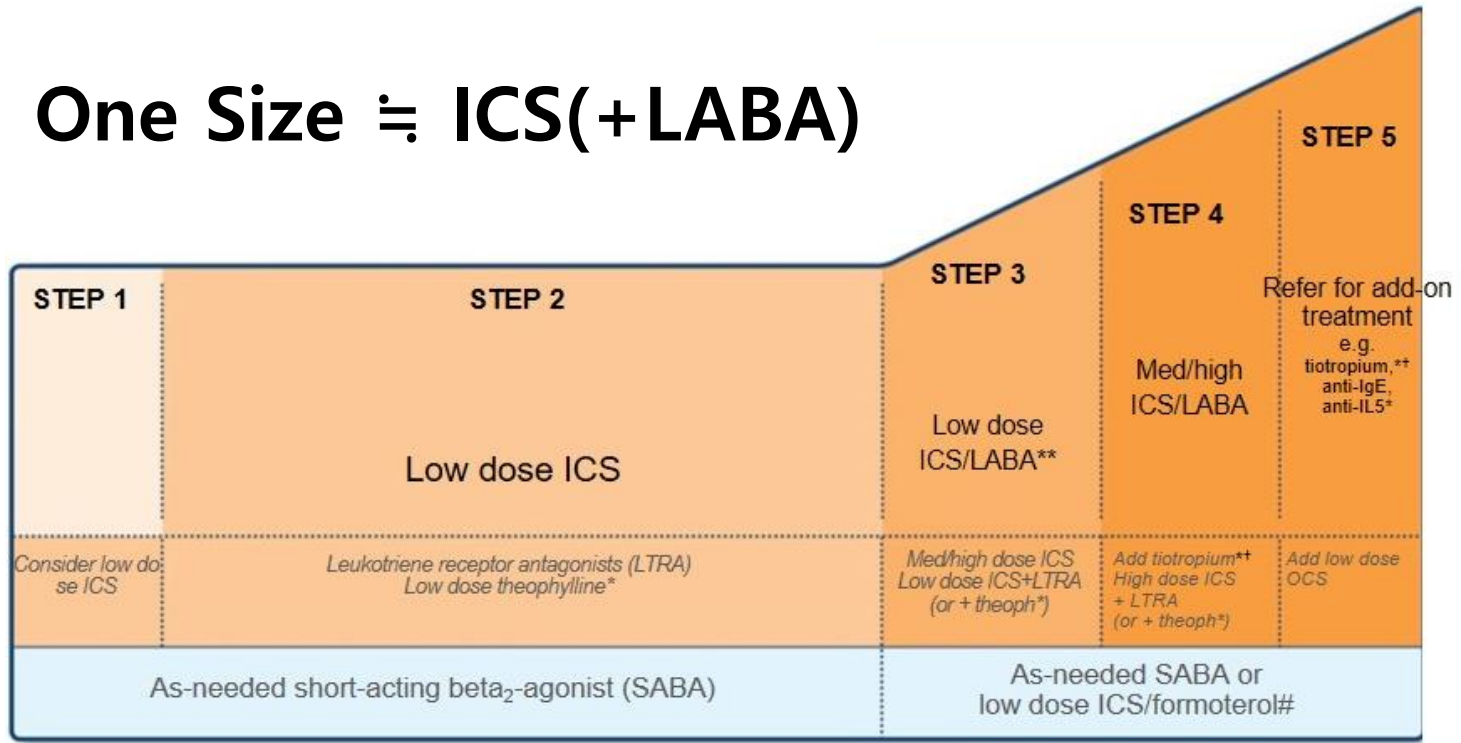


# Recent Clinical Trials of Asthma

연세대학교 원주의과대학  
원주세브란스기독병원 호흡기센터  
김상하

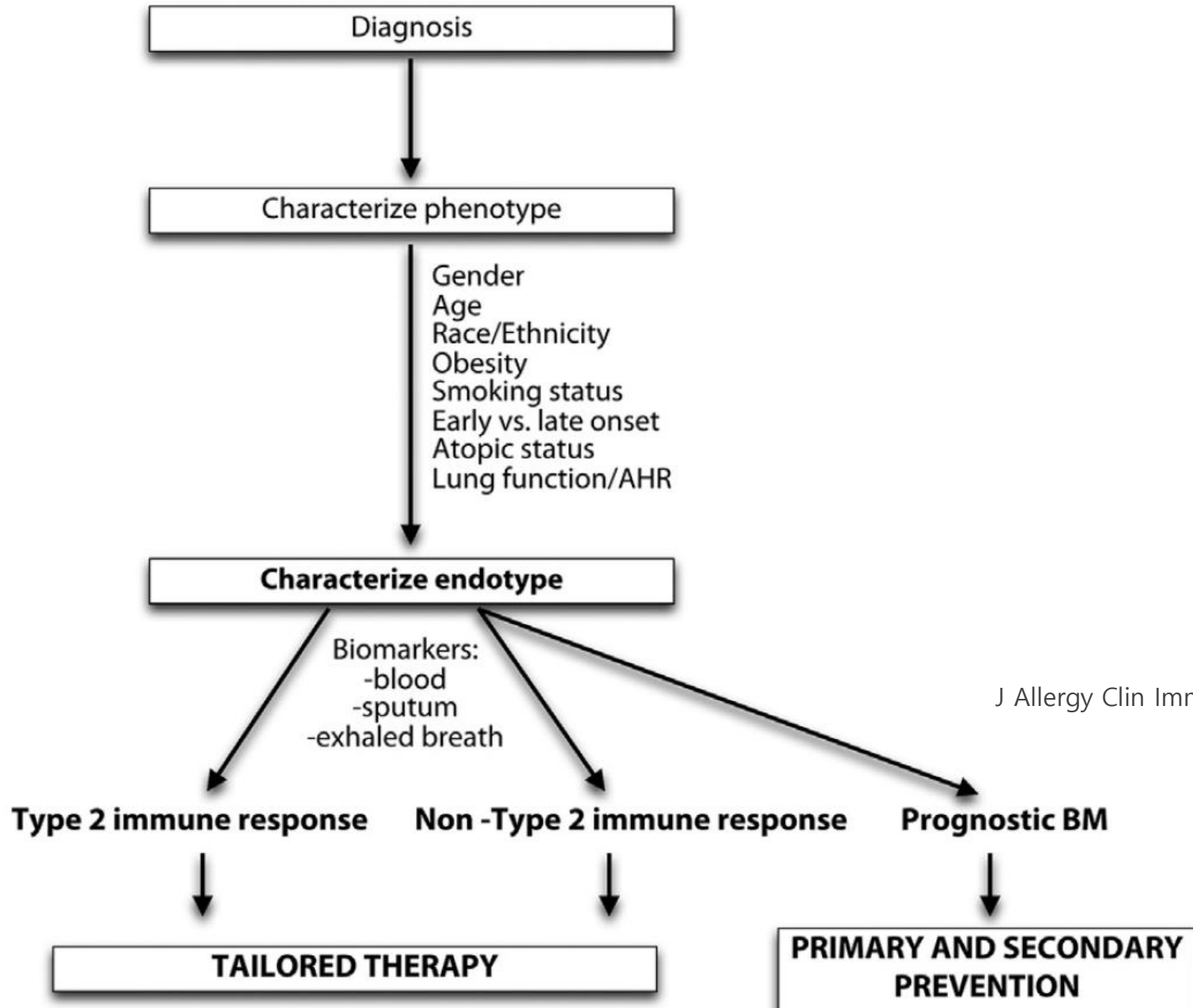
# One Size Fits All?

One Size  $\neq$  ICS(+LABA)



Strategy is NOT "One Size Fits All."

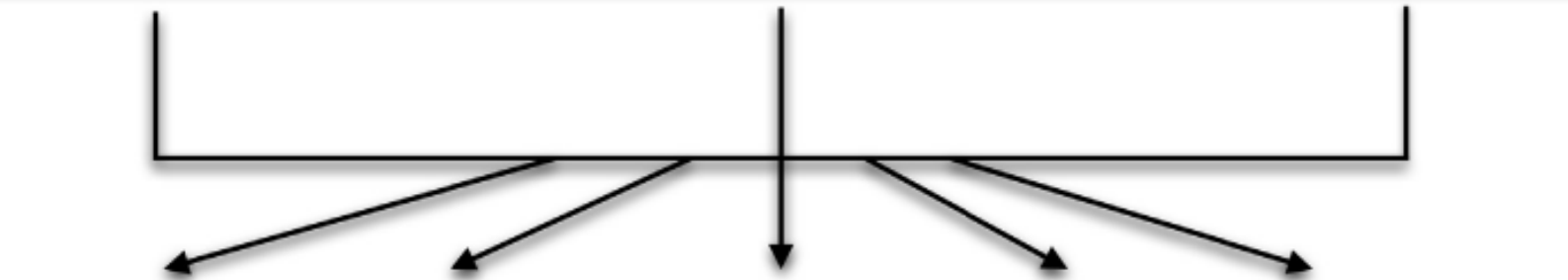
# Phenotypes → Endotypes → (Genotypes)



J Allergy Clin Immunol 2016;137:1347-58

# Type 2 immune response asthma

P  
H  
E  
N  
O  
T  
Y  
P  
E  
  
E  
N  
D  
O  
T  
Y  
P  
E



ILC2

Epithelium

Mast cell

NKT

Th2

IL-5

TSLP

IL-4

IL-4

IL-4

IL-13

IL-33

IL-13

IL-13

IL-13

IL-9

barrier dysfunction

IL-9

IL-5

CRTH2/PGD2

CRTH2/PGD2

CRTH2/PGD2

Approved treatment targets

Under investigation treatment targets

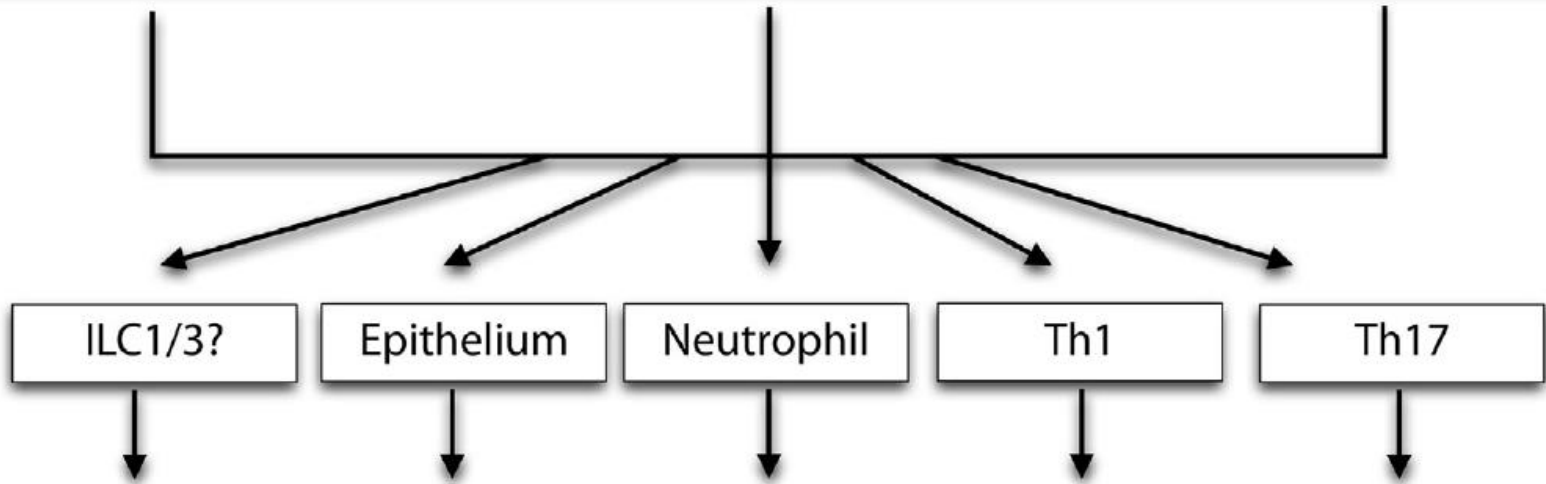
Potential treatment targets

J Allergy Clin Immunol 2016;137:1347-58

# Non-Type 2 immune response asthma



P  
H  
E  
N  
O  
T  
Y  
P  
E  
  
E  
N  
D  
O  
T  
Y  
P  
E



IL-8  
IL-23  
barrier dysfunction

proteases  
ROS

IFN- $\gamma$   
TNF- $\alpha$

IL-8  
IL-22  
IL-23  
CXCR2

Under investigation  
treatment targets

Potential  
treatment targets

J Allergy Clin Immunol 2016;137:1347-58

# Mepolizumab

Nucala<sup>®</sup>, 100 mg SQ q4w (2015)

**DREAM** Lancet 2012, 75/250/750 IV, 52 weeks

**MENSA** NEJM 2014, 75 IV/**100 SQ**, 32 weeks

**SIRIUS** NEJM 2014, **100 mg, q4w SQ**, 20 weeks

## Severe eosinophilic asthma treated with mepolizumab stratified by baseline eosinophil thresholds: a secondary analysis of the DREAM and MENSA studies

*Hector G Ortega, Steven W Yancey, Bhabita Mayer, Necdet B Gunsoy, Oliver N Keene, Eugene R Bleecker, Christopher E Brightling, Ian D Pavord*

### Summary

Lancet Respir Med 2016;4:549-56

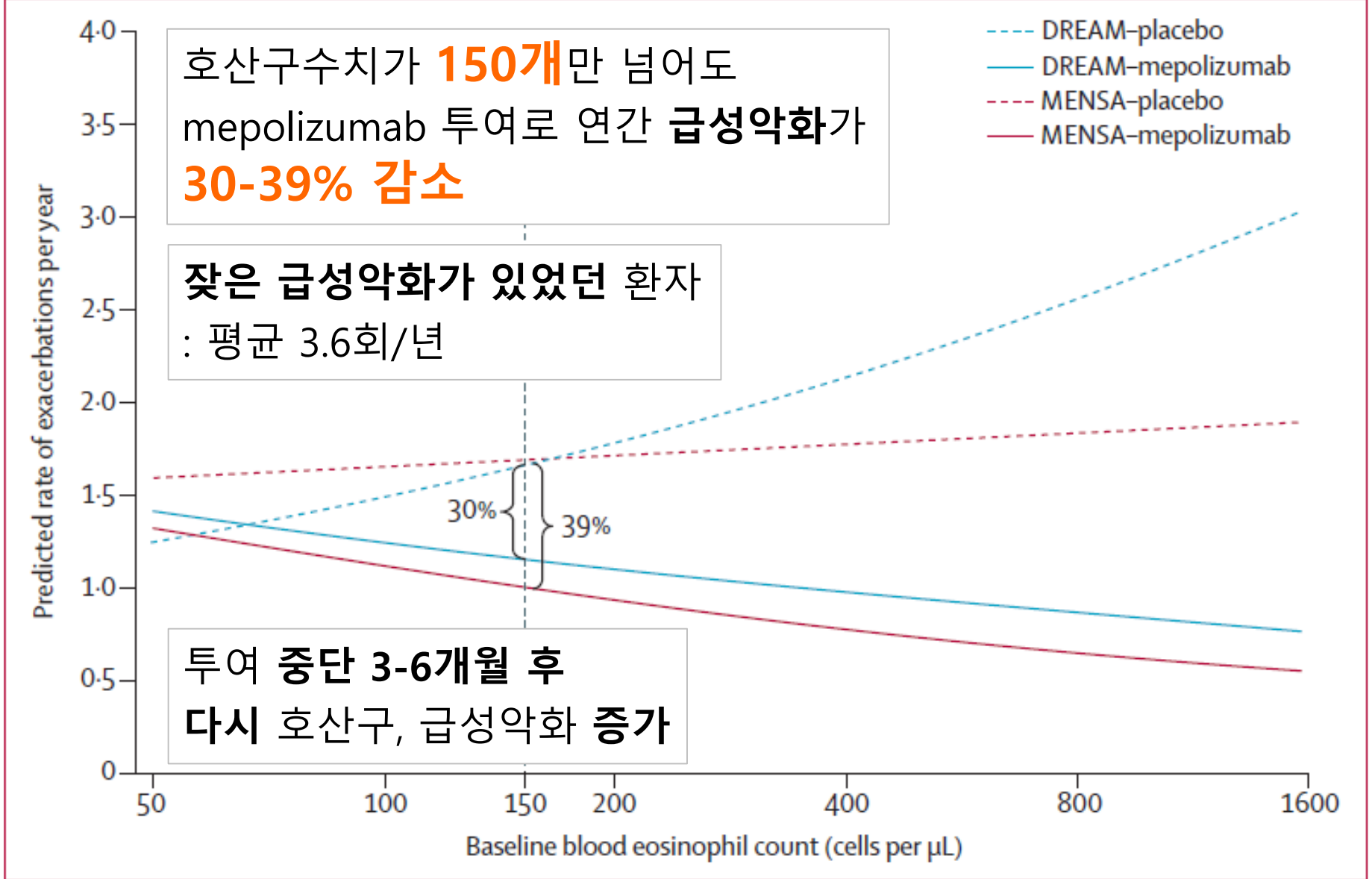
**Background** Findings from previous studies showed that mepolizumab significantly reduces the rate of exacerbations in patients with severe eosinophilic asthma. To assess the relationship between baseline blood eosinophil counts and efficacy of mepolizumab we did a secondary analysis of data from two studies, stratifying patients by different baseline blood eosinophil thresholds.

	DREAM (n=616)		MENSA (n=569)		Combined* (n=1185)		
	Placebo (n=155)	Mepolizumab (n=461)	Placebo (n=189)	Mepolizumab (n=380)	Placebo (n=344)	Mepolizumab (n=841)	
<b>≥150 cells per μL</b>							
n (%)	121 (78%)	346 (75%)	157 (83%)	296 (78%)	278 (81%)	642 (76%)	<b>52%</b>
<u>Exacerbation rate per year</u>	2.47	1.13	1.65	0.78	1.94	0.92	
Rate ratio vs placebo (95% CI)	..	0.46 (0.35-0.60)	..	0.47 (0.35-0.63)	..	<b>0.48</b> (0.39-0.58)	
<b>≥300 cells per μL</b>							
n (%)	86 (55%)	216 (47%)	106 (56%)	202 (53%)	192 (56%)	418 (50%)	<b>59%</b>
Exacerbation rate per year	2.66	1.11	1.98	0.78	2.19	0.89	
Rate ratio vs placebo (95% CI)	..	0.42 (0.31-0.56)	..	0.39 (0.28-0.55)	..	<b>0.41</b> (0.33-0.51)	
<b>≥400 cells per μL</b>							
n (%)	64 (41%)	149 (32%)	87 (46%)	161 (42%)	151 (44%)	310 (37%)	<b>66%</b>
Exacerbation rate per year	3.12	1.03	2.06	0.66	2.36	0.81	
Rate ratio vs placebo (95% CI)	..	0.32 (0.23-0.46)	..	0.32 (0.22-0.46)	..	<b>0.34</b> (0.27-0.44)	
<b>≥500 cells per μL</b>							
n (%)	50 (32%)	114 (25%)	66 (35%)	124 (33%)	116 (34%)	238 (28%)	<b>70%</b>
Exacerbation rate per year	3.34	0.92	2.11	0.58	2.49	0.75	
Rate ratio vs placebo (95% CI)	..	0.27 (0.19-0.39)	..	0.27 (0.18-0.41)	..	<b>0.30</b> (0.23-0.40)	

## Overall rate of mean exacerbations per person per year

- 1.91(placebo) → 1.91(mepolizumab): [RR] **0.53** (95% CI 0.44-0.62) **47%**

Lancet Respir Med 2016;4:549-56



**Figure: Predicted rate of clinically significant exacerbations per year against baseline blood eosinophil counts**

Lancet Respir Med 2016;4:549-56

Outcome	Placebo (N=66)	Mepolizumab (N=69)	Odds Ratio (95% CI)*	P Value
Reduction in oral glucocorticoid dose at 20 to 24 wk: primary outcome — no. (%)†			2.39 (1.25–4.56)	0.008
90 to 100%	7 (11)	16 (23)	Mepolizumab에 의한 OCS 용량 감소는 위약보다 <b>2.39배</b> 높다.	
75 to <90%	5 (8)	12 (17)		
50 to <75%	10 (15)	9 (13)		
>0 to <50%	7 (11)	7 (10)		
No decrease in oral glucocorticoid dose, a lack of asthma control, or withdrawal from treatment	37 (56)	25 (36)	평균적으로 OCS 처음 사용량의 <b>50% 감소</b>	
Secondary outcomes				
Reduction in daily oral glucocorticoid dose of ≥50% — no. (%)‡	22 (33)	37 (54)	2.26 (1.10–4.65)	0.03
Reduction in daily oral glucocorticoid dose to a level ≤5 mg — no. (%)‡	21 (32)	37 (54)	2.45 (1.12– 5.37)	0.02
Reduction of 100% in oral glucocorticoid dose — no. (%)‡	5 (8)	10 (14)	1.67 (0.49–5.75)	0.41
Median percent reduction from baseline in daily oral glucocorticoid dose (95% CI)§	0.0 (–20.0 to 33.3)	50.0 (20.0 to 75.0)	NA	0.007

## SIRIUS study

N Engl J Med 2014;371:1189-97

# Reslizumab

Cinqair<sup>®</sup>, 3 mg/kg IV q4w (2016)

**BREATH** Lancet Respir Med 2015, **3 mg/kg IV**, 52 weeks

## Reslizumab for inadequately controlled asthma with elevated blood eosinophil counts: results from two multicentre, parallel, double-blind, randomised, placebo-controlled, phase 3 trials

*Mario Castro, James Zangrilli, Michael E Wechsler, Eric D Bateman, Guy G Brusselle, Philip Bardin, Kevin Murphy, Jorge F Maspero, Christopher O'Brien, Stephanie Korn*

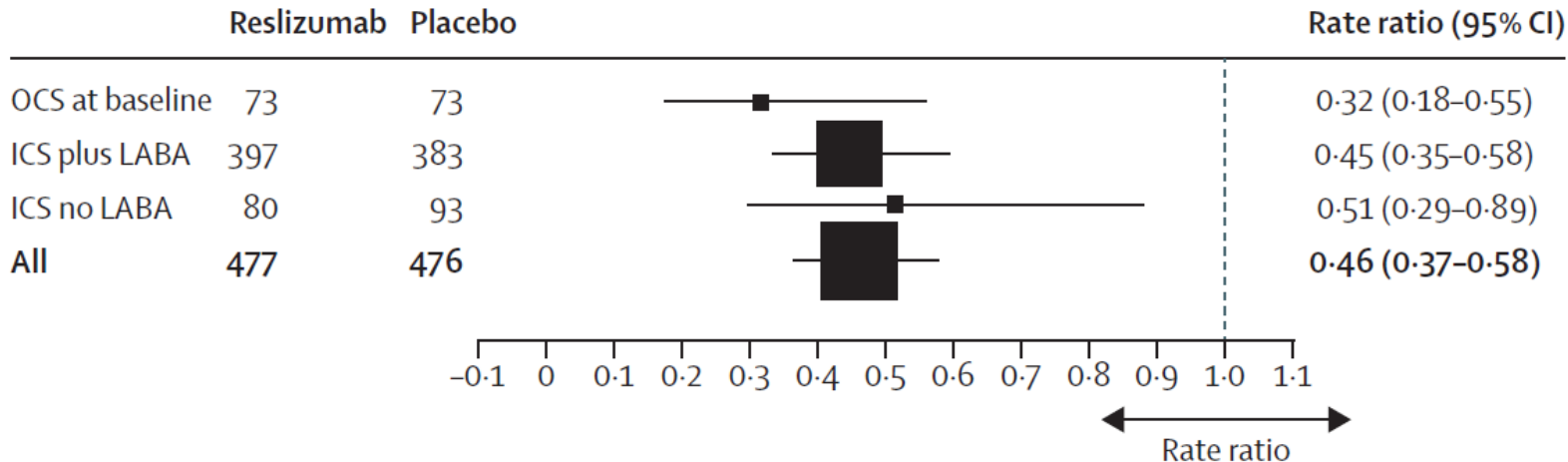
### Summary

**Background** Elevated numbers of blood eosinophils are a risk factor for asthma exacerbations. Reslizumab is a humanised anti-interleukin 5 monoclonal antibody that disrupts eosinophil maturation and promotes programmed cell death. We aimed to assess the efficacy and safety of reslizumab in patients with inadequately controlled, moderate-to-severe asthma.

**Methods** We did two duplicate, multicentre, double-blind, parallel-group, randomised, placebo-controlled phase 3 trials. Both trials enrolled patients with asthma aged 12–75 years (from 128 clinical research centres in study 1 and 104 centres

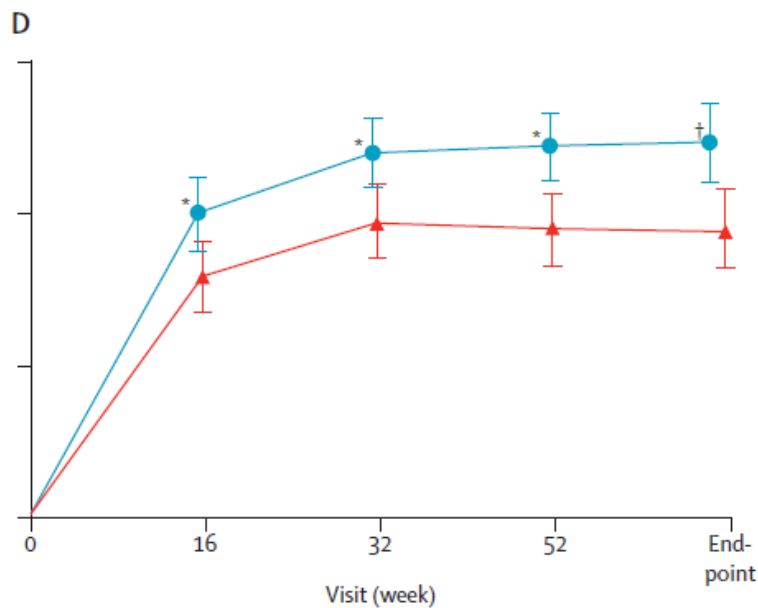
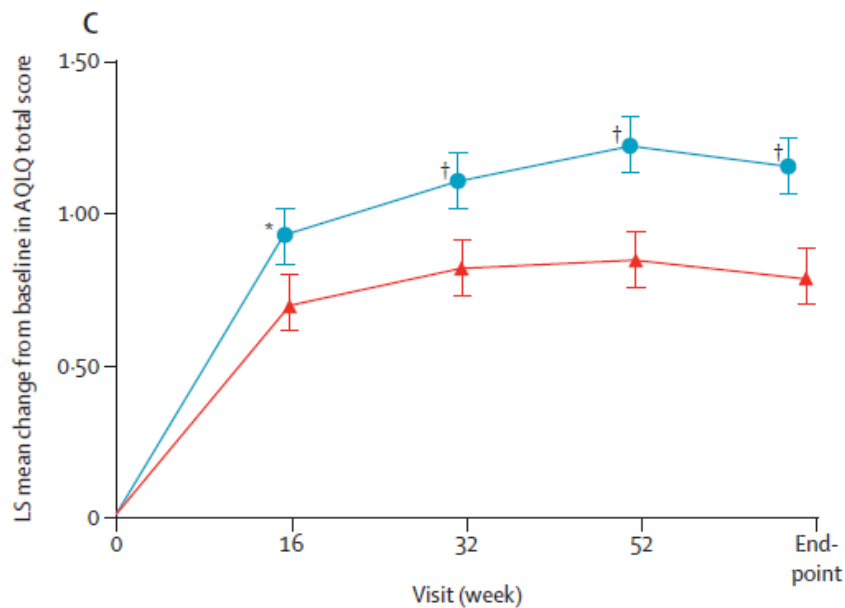
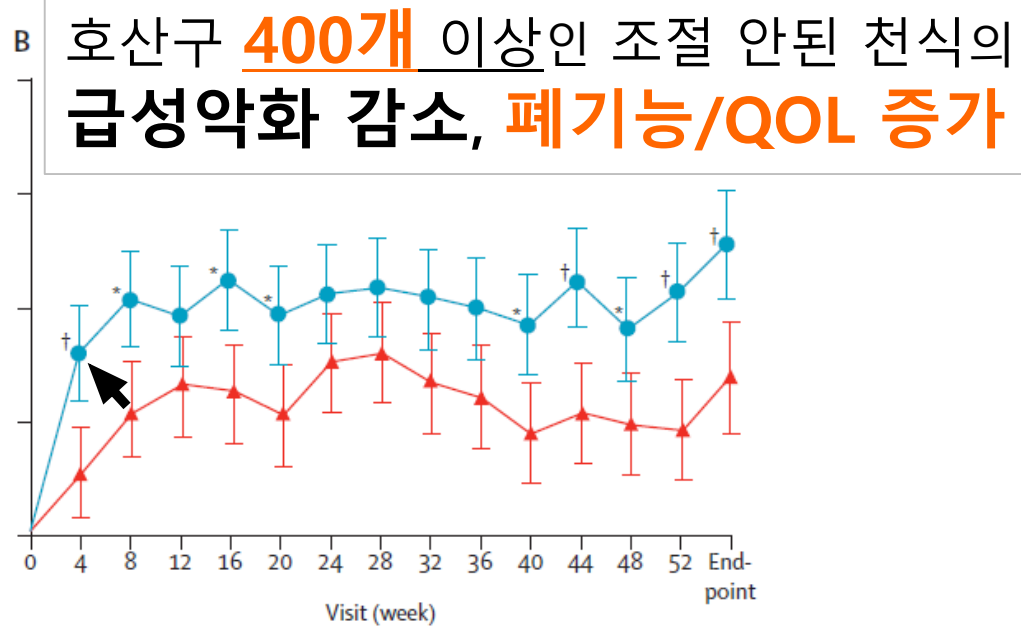
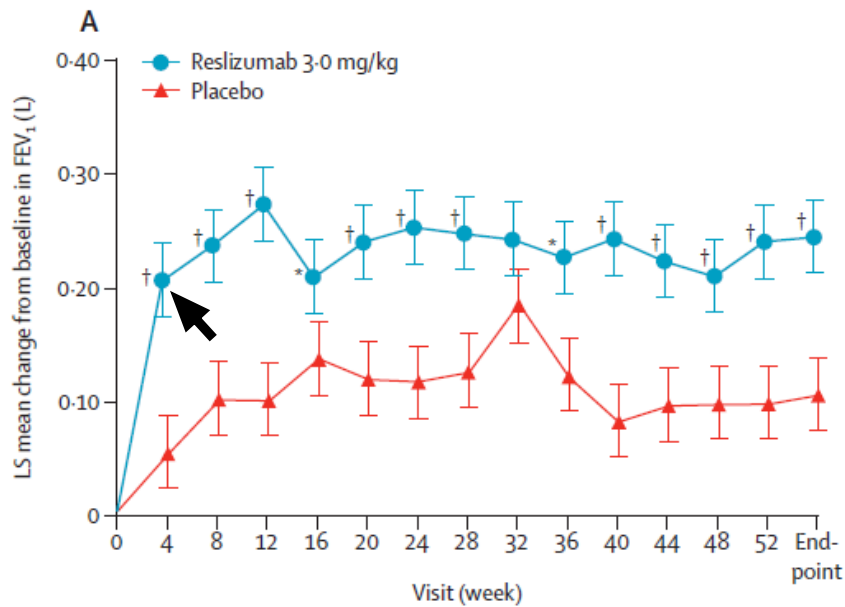
	Study 1 (Study 3082)				Study 2 (Study 3083)				Pooled data			
	Placebo (n=244)	Reslizumab (n=245)	Rate ratio (95% CI)*	p value	Placebo (n=232)	Reslizumab (n=232)	Rate ratio (95% CI)*	p value	Placebo (n=476)	Reslizumab (n=477)	Rate ratio (95% CI)*	p value
<b>Primary endpoint</b>												
Frequency of CAEs												
Patients with ≥1 CAE	132 (54%)	92 (38%)	<b>50% 감소</b>	..	105 (45%)	59 (25%)	<b>59% 감소</b>	..	237 (50%)	151 (32%)	..	..
Adjudicated CAE rate (events per patient per year)												
All episodes	1.80	0.90	<b>0.50</b> (0.37 to 0.67)	<0.0001	2.11	0.86	<b>0.41</b> (0.28 to 0.59)	<0.0001	1.81	0.84	<b>0.46</b> (0.37 to 0.58)	<0.0001
Episodes requiring systemic corticosteroids for ≥3 days	1.60	0.72	0.45 (0.33 to 0.62)	<0.0001	1.66	0.65	0.39 (0.26 to 0.58)	<0.0001	1.54	0.66	0.43 (0.33 to 0.55)	<0.0001
Episodes requiring hospital admission or ER treatment	0.21	0.14	0.66 (0.32 to 1.36)	0.257	0.05	0.03	0.69 (0.29 to 1.65)	0.402	0.12	0.077	0.66 (0.38 to 1.16)	0.510

## Annual rate of Clinical Asthma Exacerbation : **57% 감소**



Major background treatment에 상관없이 CAE 감소

Lancet Respir Med 2015;3:355-66



Lancet Respir Med 2015;3:355-66

# Benralizumab

Fasenra<sup>®</sup>, 30 mg SQ q4→8w (2017)

**CALIMA** Lancet 2016, 30 mg q4w/8w SQ, 56 weeks

**SIROCCO** Lancet 2016, 30 mg q4w/8w SQ, 56 weeks

**ZONDA** NEJM 2017, 30 mg q4w/8w SQ, 28 weeks

## Depletion of **EOSINOPHILS**

**Mepolizumab:** humanized monoclonal antibody against **IL-5**

**Reslizumab:** humanized monoclonal antibody against **IL-5**

**Benralizumab:** humanized anti-**IL-5 receptor  $\alpha$**  monoclonal Ab

→ antibody-dependent cell-mediated cytotoxicity  
eosinophil apoptosis by natural killer cells

# Benralizumab, an anti-interleukin-5 receptor $\alpha$ monoclonal antibody, as add-on treatment for patients with severe, uncontrolled, eosinophilic asthma (CALIMA): a randomised, double-blind, placebo-controlled phase 3 trial

*J Mark FitzGerald, Eugene R Bleeker, Parameswaran Nair, Stephanie Korn, Ken Ohta, Marek Lommatzsch, Gary T Ferguson, William W Busse, Peter Barker, Stephanie Sproule, Geoffrey Gilmartin, Viktoria Werkström, Magnus Aurivillius, Mitchell Goldman, on behalf of the CALIMA study investigators\**

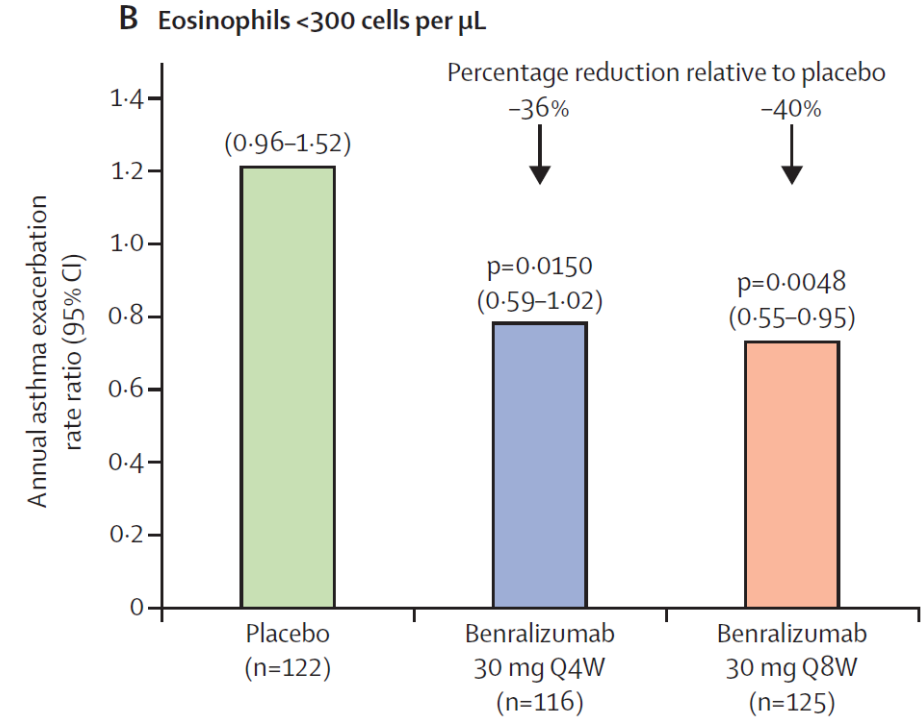
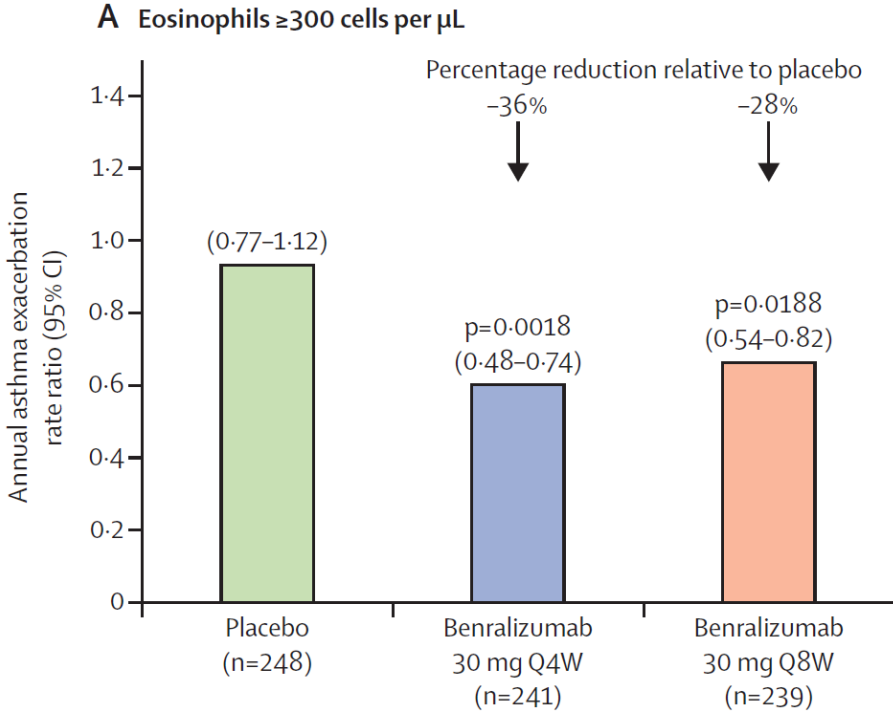
Severe asthma uncontrolled by **high-dose ICS** plus LABA  
Baseline blood eosinophils **300 cells per  $\mu\text{L}$  or greater**  
**Two or more asthma exacerbations** in the 12 months before  
Pre-bronchodilator **FEV<sub>1</sub> of less than 80%**

**Q4W:** benralizumab 30 mg once every 4 weeks

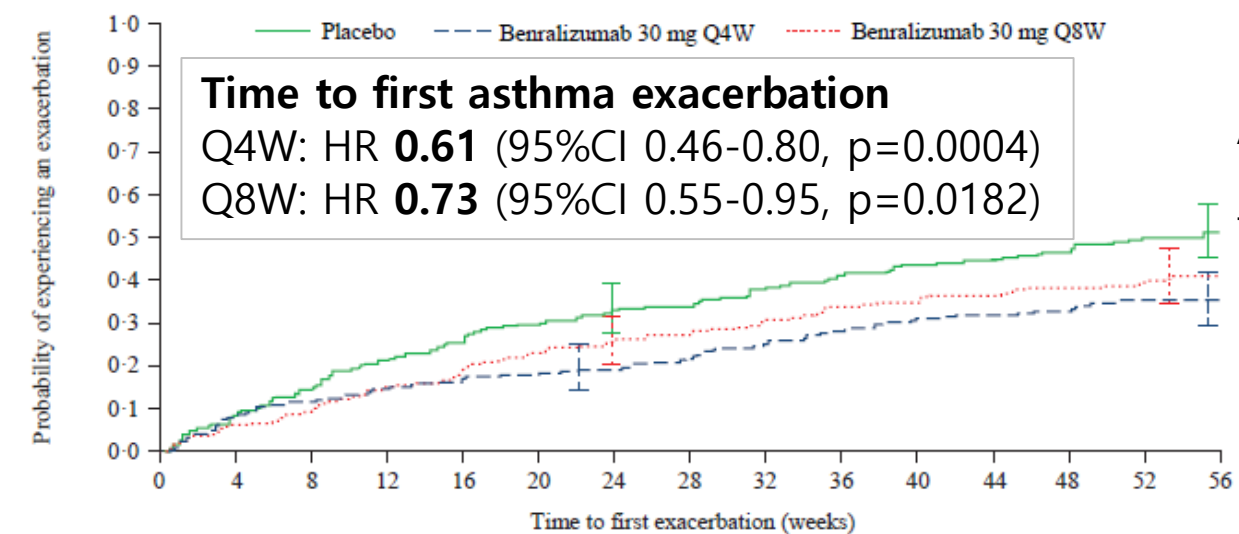
**Q8W:** once every 4 weeks for the first three doses  $\rightarrow$  once every 8 weeks for the remainder of the treatment period

Lancet 2016;388:2128-41

	All patients (n=1306)			High-dosage ICS plus LABA with baseline blood eosinophils $\geq 300$ cells per $\mu\text{L}$ (n=728)			High-dosage ICS plus LABA with baseline blood eosinophils $< 300$ cells per $\mu\text{L}$ (n=363)		
	Placebo (n=440)	Benralizumab 30 mg Q4W (n=425)	Benralizumab 30 mg Q8W (n=441)	Placebo (n=248)	Benralizumab 30 mg Q4W (n=241)	Benralizumab 30 mg Q8W (n=239)	Placebo (n=122)	Benralizumab 30 mg Q4W (n=116)	Benralizumab 30 mg Q8W (n=125)
Age (years)	48.8 (15.1)	50.0 (13.6)	49.0 (14.3)	48.5 (14.1)	50.1 (13.1)	49.6 (13.0)	52.4 (14.4)	51.9 (12.2)	51.1 (13.8)
Local eosinophil count (cells per $\mu\text{L}$ )†	371 (0-4494)	370 (20-2420)	400 (0-2600)	510 (300-4494)	500 (300-2420)	500 (300-2600)	190 (0-298)	160 (20-293)	180 (0-295)
Missing data	7	7	6	1	4	3	2	0	2
Central eosinophil count (cells per $\mu\text{L}$ )†	370 (0-4150)	350 (0-2800)	350 (0-2260)	490 (30-4150)	470 (0-2800)	475 (10-2260)	170 (0-700)	150 (10-880)	140 (0-440)
Missing data	11	9	9	8	4	5	3	5	2
Prebronchodilator FEV <sub>1</sub> (L)†	1.771 (0.645)	1.757 (0.602)	1.759 (0.641)	1.815 (0.648)	1.75 (0.570)	1.758 (0.622)	1.639 (0.615)	1.717 (0.626)	1.665 (0.616)
Missing data	6	5	1	3	2	0	3	2	1
Prebronchodilator FEV <sub>1</sub> (% predicted normal)†	58.0% (14.9)	58.9% (14.8)	57.9% (14.9)	58.2% (13.9)	59.1% (13.7)	57.0% (14.2)	56.1% (16.3)	57.4% (16.2)	56.7% (15.2)
Missing data	6	5	1	3	2	0	3	2	1
Number of exacerbations in the past 12 months	2.7 (1.6)	2.7 (1.9)	2.7 (1.4)	2.8 (1.7)	2.8 (1.7)	2.7 (1.3)	2.7 (1.9)	2.6 (1.6)	2.7 (1.7)
Number resulting in emergency department visit	0.3 (1.2)	0.3 (0.8)	0.2 (0.7)	0.4 (1.4)	0.3 (0.9)	0.2 (0.6)	0.2 (0.8)	0.2 (0.5)	0.2 (0.6)
Patients with $\geq 1$ exacerbations resulting in emergency department visit	62 (14%)	60 (14%)	56 (13%)	36 (15%)	35 (15%)	31 (13%)	18 (15%)	15 (13%)	13 (10%)
Number resulting in hospital admission	0.3 (0.8)	0.2 (0.5)	0.3 (0.7)	0.3 (0.7)	0.2 (0.5)	0.3 (0.6)	0.3 (1.0)	0.3 (0.6)	0.2 (0.6)
Patients with $\geq 1$ exacerbations resulting in hospital admission	72 (16%)	65 (15%)	78 (18%)	44 (18%)	42 (17%)	43 (18%)	21 (17%)	20 (17%)	18 (14%)



A. Eosinophils  $\geq 300$  cells/ $\mu\text{L}$



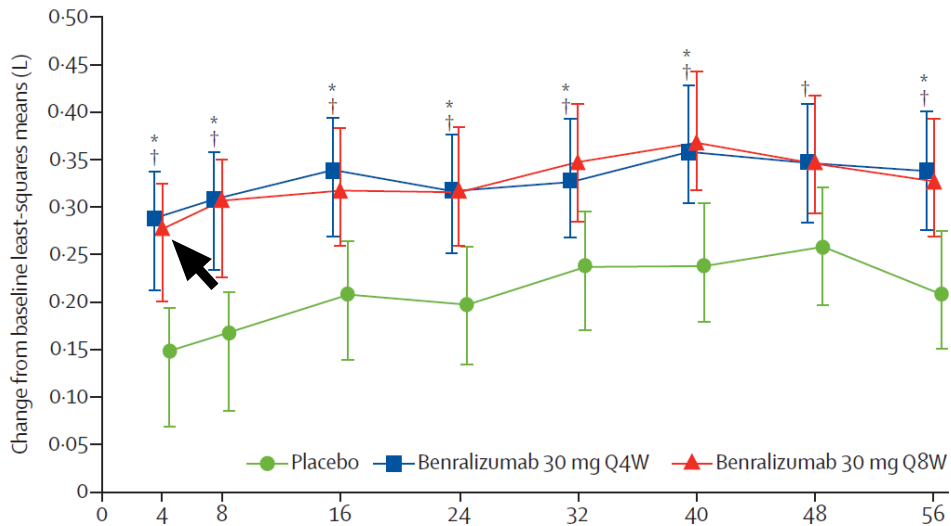
Q4W (n=)	241	220	210	203	198	194	191	185	175	168	161	158	153	147	129
Q8W (n=)	239	223	213	197	188	177	170	165	158	150	148	144	140	134	124
Placebo (n=)	248	226	211	194	184	172	163	161	150	142	136	134	128	117	98

# 천식 급성악화

Annual exacerbation rates: **36%** ↓

Time to first exacerbation: **39%** ↓

**A Eosinophils  $\geq 300$  cells per  $\mu\text{L}$**



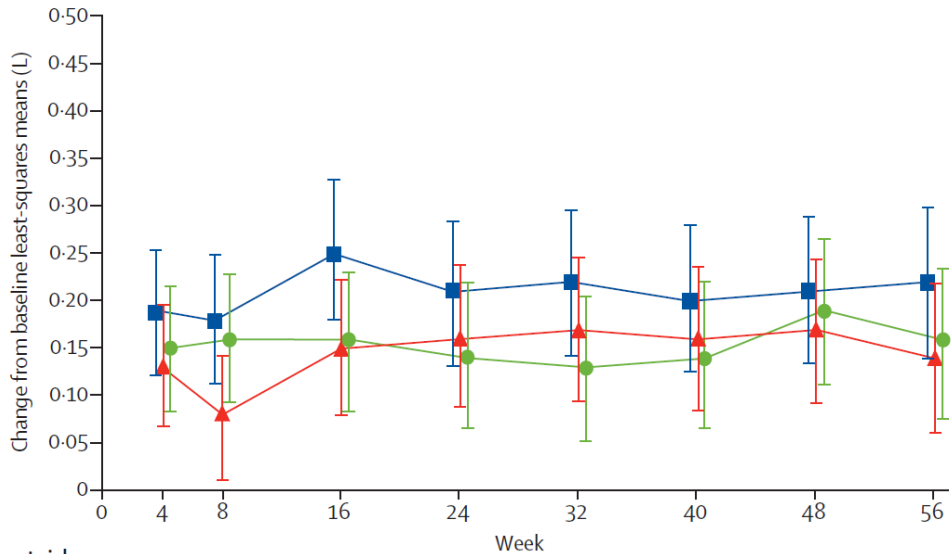
**Number at risk**

Benralizumab Q4W	241	233	231	232	234	228	222	224	216
Benralizumab Q8W	239	232	230	223	222	225	218	217	211
Placebo	248	236	240	240	235	231	224	224	221

# 폐기능 개선

호산구 300개 이상인 경우,  
**4주부터 증가가 관찰되어**  
**56주 치료기간 내내 지속**

**B Eosinophils  $< 300$  cells per  $\mu\text{L}$**



**Number at risk**

Benralizumab Q4W	116	112	111	108	106	106	105	101	101
Benralizumab Q8W	125	120	115	116	110	105	105	102	98
Placebo	122	107	112	110	100	105	102	102	99

High-dosage ICS plus LABA with baseline blood eosinophils  $\geq 300$  cells per  $\mu\text{L}$

High-dosage ICS plus LABA with baseline blood eosinophils  $< 300$  cells per  $\mu\text{L}$

Placebo (n=248)

Benralizumab 30 mg Q4W (n=241)

Benralizumab 30 mg Q8W (n=239)

Placebo (n=122)

Benralizumab 30 mg Q4W (n=116)

Benralizumab 30 mg Q8W (n=125)

Total asthma symptom score<sup>††</sup>

Number of patients analysed (baseline and at least one post-baseline assessment)

247

241

237

122

115

124

LS mean change $\S$

-1.16; 187

-1.28; 184

-1.40; 185

-0.95; 89

-1.11; 88

-0.95; 85

LS mean difference vs placebo

..

-0.12  
(-0.32 to 0.07)

-0.23  
(-0.43 to -0.04)

..

-0.16  
(-0.44 to 0.13)

0.01  
(-0.28 to 0.29)

p value vs placebo

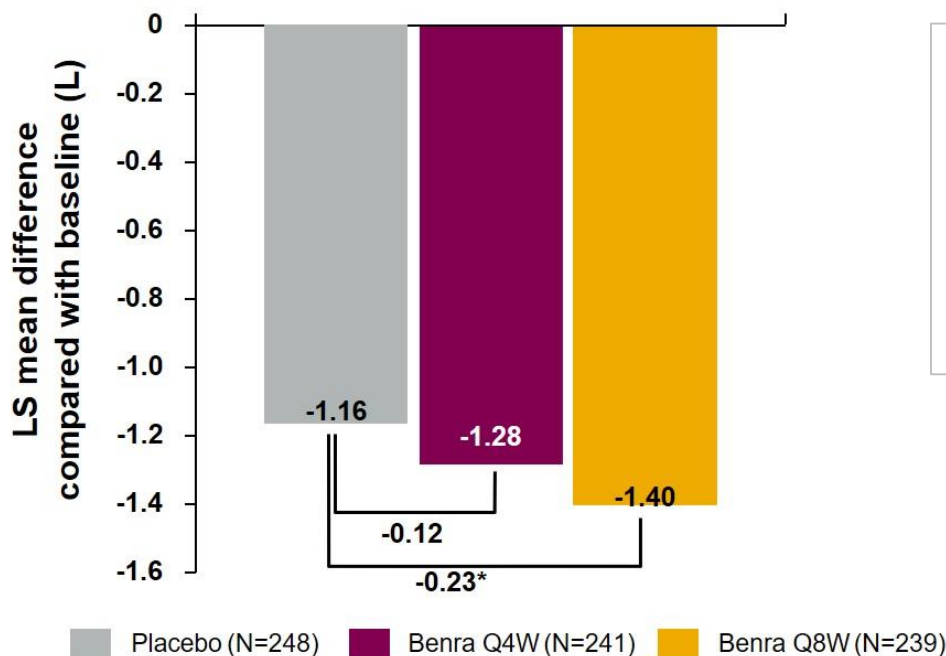
..

0.2241

0.0186

0.2868

0.9663



**천식증상 점수**  
 호산구 300개 이상인 경우,  
**Q8W에서 의미 있는 개선 관찰**

Lancet 2016;388:2128-41

High-dosage ICS/LABA + baseline blood eosinophils  $\geq 300$  cells/ $\mu$ L

	Placebo (n=248)	Benralizumab 30 mg Q4W (n=241)	Benralizumab 30 mg Q8W (n=239)
Baseline blood eosinophil count (cells/ $\mu$ L)	470 (340-695); 248	470 (320-720); 241	480 (350-700); 239
Week 4 blood eosinophil count (cells/ $\mu$ L)	430 (290-620); 238	0 (0-10); 234	0 (0-10); 231-97.1%
LS mean change	7.9%	-96.2%	-105.0% (-115.1 to -95.0)
LS means difference vs placebo	-	-104.2% (-114.2 to -94.2)	<0.0001
P-value vs placebo	-	<0.0001	
Week 56 blood eosinophil count (cells/ $\mu$ L)	390 (265-570); 200	0 (0-10); 203	0 (0-10); 193
LS mean change	17.7%	-94.5%	-89.0%
LS means difference vs placebo	-	-112.3% (-155.0 to -69.5)	-106.8% (-149.7 to -63.9)
P-value vs placebo	-	<0.0001	<0.0001

High-dosage ICS/LABA + baseline blood eosinophils <300 cells/ $\mu$ L

	Placebo (n=122)	Benralizumab 30 mg Q4W (n=116)	Benralizumab 30 mg Q8W (n=125)
Baseline blood eosinophil count (cells/ $\mu$ L)	170 (110-240); 122	150 (95-230); 116	150 (90-230); 125
Week 4 blood eosinophil count (cells/ $\mu$ L)	180 (120-270); 117	0 (0-10); 110	0 (0-10); 117
LS mean change	34.2%	-95.8%	-90.1%
LS means difference vs placebo	-	-129.9% (-148.3 to -111.5)	-124.2% (-142.3 to -106.1)
P-value vs placebo	-	<0.0001	<0.0001
Week 56 blood eosinophil count (cells/ $\mu$ L)	180 (110-260); 95	0 (0-10); 85	0 (0-10); 84
LS mean change	229.5%	-98.3%	-100.1%
LS means difference vs placebo	-	-327.8% (-635.1 to -20.5)	-329.6% (-636.6 to -22.7)
P-value vs placebo	-	0.0366	0.0354

## 호산구 수치

치료 4주부터 감소

(470 → 0개)되어

56주 치료완료 때까지

감소되어 유지

Lancet 2016;388:2128-41 (Supplimentary Appendix)

	CALIMA		SIROCCO <sup>28</sup>	
	Benralizumab Q4W	Benralizumab Q8W	Benralizumab Q4W	Benralizumab Q8W
Annual rate of exacerbations	↓ 36%	↓ 28%	↓ 45%	↓ 51%
Prebronchodilator FEV <sub>1</sub> (L)	↑ 0.125	↑ 0.116	↑ 0.106	↑ 0.159
Total asthma symptom score (score 0–6)‡	↓ 0.12§	↓ 0.23	↓ 0.08§	↓ 0.25

FEV<sub>1</sub>=forced expiratory volume in 1 s. Q4W=once every 4 weeks. Q8W=once every 8 weeks (first three doses Q4W).

\*See Bleecker and colleagues.<sup>28</sup> †All results are differences from placebo; week 56 results presented for CALIMA and week 48 results presented for SIROCCO. ‡Reduced score indicates improvement. §Non-significant.

**Table 5: Efficacy results for patients receiving high-dosage ICS plus LABA with baseline blood eosinophils  $\geq 300$  cells per  $\mu\text{L}$  in the CALIMA and SIROCCO studies\*†**

**CALIMA:** USA, Canada, Germany, Sweden, Poland, Romania, Ukraine, Argentina, Chile, Japan, Philippines / 2013.8.21- 2015.3.16

**SIROCCO:** Australia, Brazil, Bulgaria, Czech Republic, France, Italy, Mexico, Peru, Poland, Russia, South Africa, **South Korea**, Spain, Turkey, UK, USA, Vietnam / 2013.9.19- 2015.3.16

Lancet 2016;388:2128-41

# Oral Glucocorticoid–Sparing Effect of Benralizumab in Severe Asthma

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**Medium to high-dose ICS + LABA** for at least 12 months

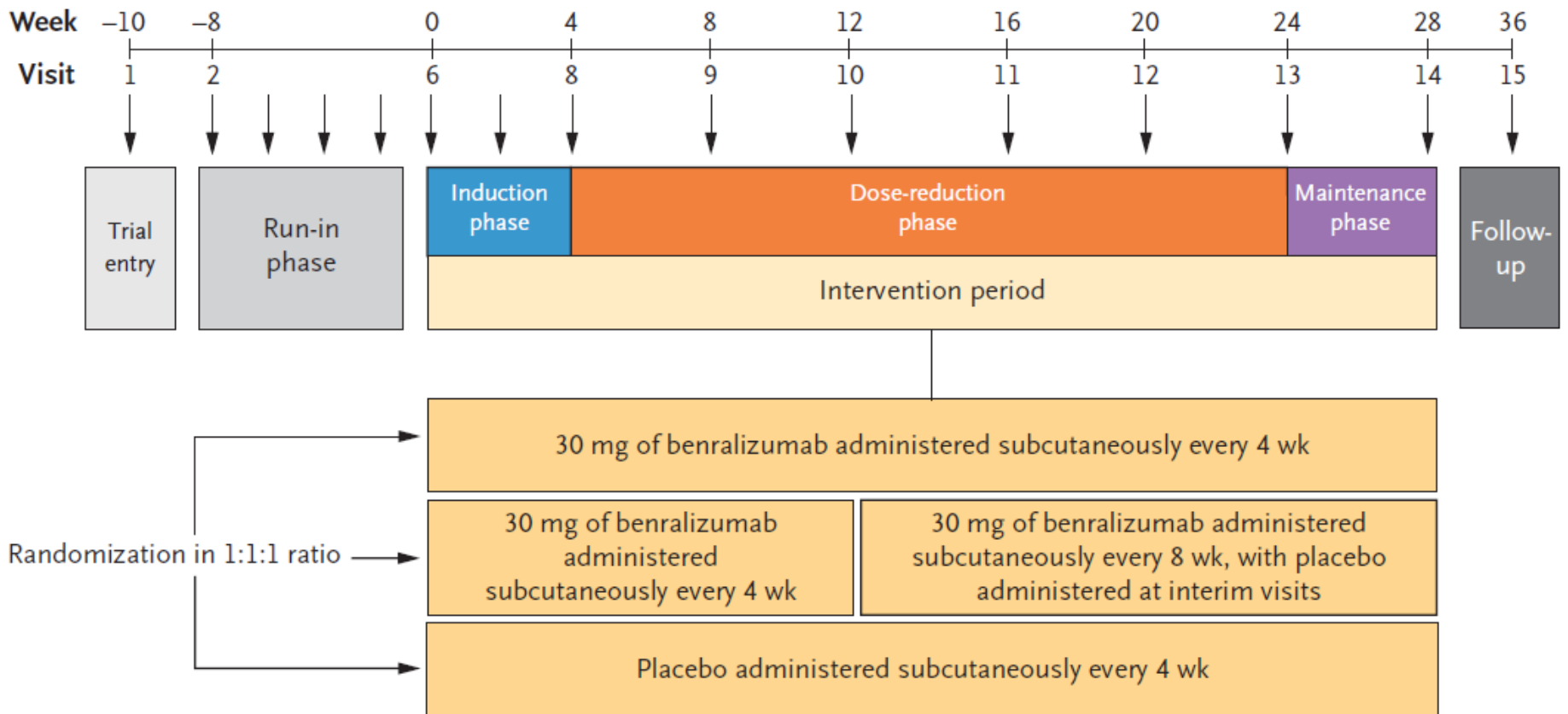
Chronic **OCS** therapy (**7.5–40 mg/day** of prednisolone/prednisone equivalents) for **≥6 continuous months**

Baseline blood eosinophils **150 cells per  $\mu$ L or greater**

**One or more asthma exacerbations** in the 12 months before

Pre-bronchodilator **FEV<sub>1</sub> of less than 80%**

N Engl J Med 2017;376:2448-58



**Optimization**

**2주마다** 확인

OCS 감량: **2.5-5.0 mg/day**

**Treatment period reduction**

**4주마다** 확인/ 24주까지

OCS 감량: **2.5-5.0 mg/day**

**ZONDA study**

N Engl J Med 2017;376:2448-58

Outcome	Placebo (N=75)	Benralizumab, Every 4 Wk (N=72)	Benralizumab, Every 8 Wk (N=73)
<b>Primary outcome</b>			
Median oral glucocorticoid dose (range) — mg/day*			
At baseline	10.0 (7.5 to 40.0)	10.0 (7.5 to 40.0)	10.0 (7.5 to 40.0)
At final visit	10.0 (0.0 to 40.0)	5.0 (0.0 to 45.0)	5.0 (0.0 to 30.0)
Median reduction from baseline (range) — % of baseline value†	25.0 (–150 to 100)	75.0 (–100 to 100)	75.0 (–50 to 100)
P value†	—	<0.001	<0.001
Reduction from baseline in final oral glucocorticoid dose — no. (%)			
≥90%	9 (12)	24 (33)	27 (37)
≥75%	15 (20)	38 (53)	37 (51)
≥50%	28 (37)	48 (67)	48 (66)
>0%	40 (53)	55 (76)	58 (79)
Any increase or no change in dose	35 (47)	17 (24)	15 (21)
Analysis of percentage reduction from baseline in oral glucocorticoid dose			
Odds ratio (95% CI)	—	4.09 (2.22 to 7.57)	4.12 (2.22 to 7.63)
P value	—	<0.001	<0.001

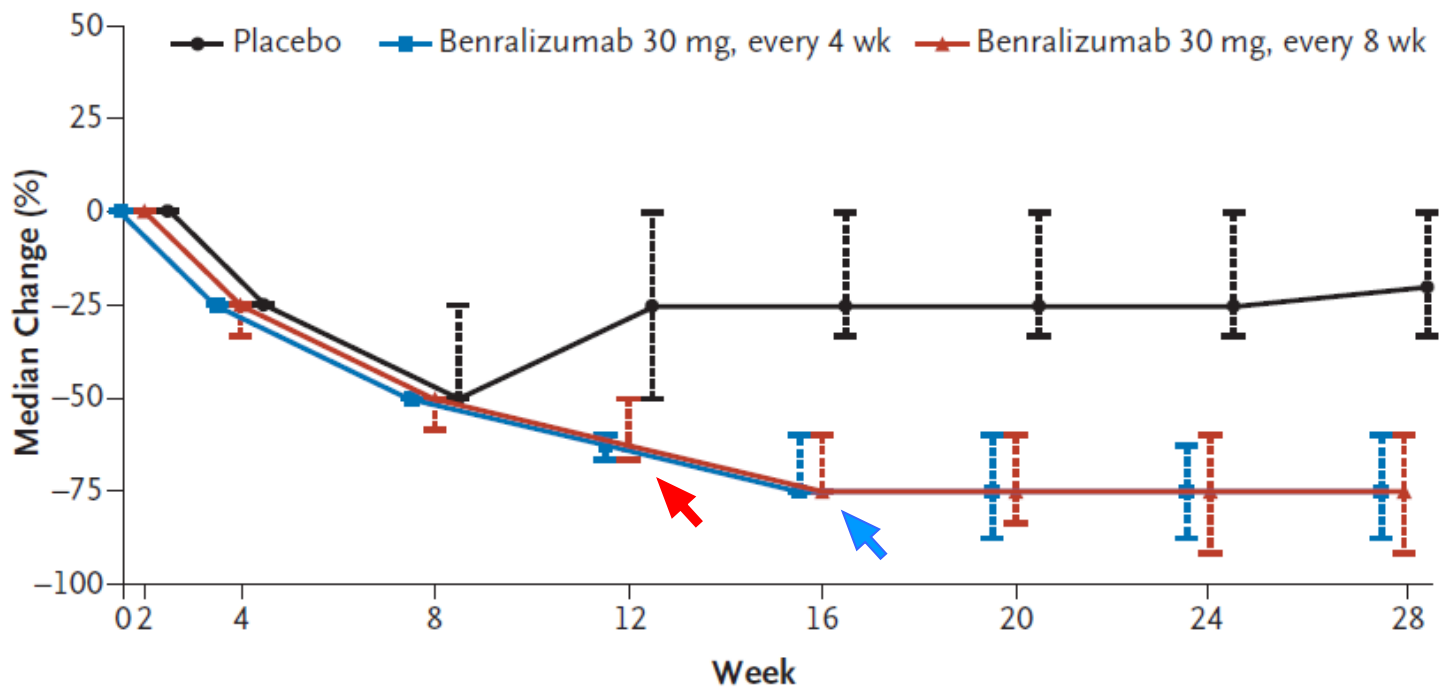
\* The baseline oral glucocorticoid dose was the daily dose at which the patient's asthma was stabilized at randomization (after the run-in phase), and the final oral glucocorticoid dose was the final daily dose at week 28.

† Negative values indicate an increase in the final oral glucocorticoid dose from baseline. The P values were calculated with the use of a Wilcoxon rank-sum test.

Benralizumab은 위약에 비하여  
**OCS 용량 감소가 4배** 높다.

N Engl J Med 2017;376:2448-58

### Change from Baseline in Oral Glucocorticoid Dose



#### No. at Risk

Benralizumab 30 mg, every 4 wk	72	70	70	69	69	68	66	68
Benralizumab 30 mg, every 8 wk	70	72	67	69	69	66	69	68
Placebo	74	75	73	74	74	73	73	72

Benralizumab사용으로  
 Q8W은 OCS 사용 **12주부터**  
 Q4W은 **16주부터** OCS 사용 용량의 감소

처음 사용량의 평균 **75% 감소**

N Engl J Med 2017;376:2448-58

Outcome	Placebo (N=75)	Benralizumab, Every 4 Wk (N=72)	Benralizumab, Every 8 Wk (N=73)
<b>Secondary outcomes</b>			
Reduction from baseline in final oral glucocorticoid dose, according to percentage reduction			
100% Reduction — no./total no. (%)‡	8/42 (19)	22/39 (56)	22/42 (52)
Odds ratio (95% CI)	—	5.23 (1.92 to 14.21)	4.19 (1.58 to 11.12)
P value	—	<0.001	0.002
≥50% Reduction — no. (%)	28 (37)	48 (67)	48 (66)
Odds ratio (95% CI)	—	3.59 (1.79 to 7.22)	3.03 (1.57 to 5.86)
P value	—	<0.001	<0.001
≥25% Reduction — no. (%)	38 (51)	54 (75)	57 (78)
Odds ratio (95% CI)	—	2.89 (1.45 to 5.79)	3.25 (1.62 to 6.52)
P value	—	0.002	<0.001
Final oral glucocorticoid dose of ≤5.0 mg/day — no. (%)§	25 (33)	44 (61)	43 (59)
Odds ratio (95% CI)	—	3.16 (1.60 to 6.23)	2.74 (1.41 to 5.31)
P value	—	<0.001	0.002

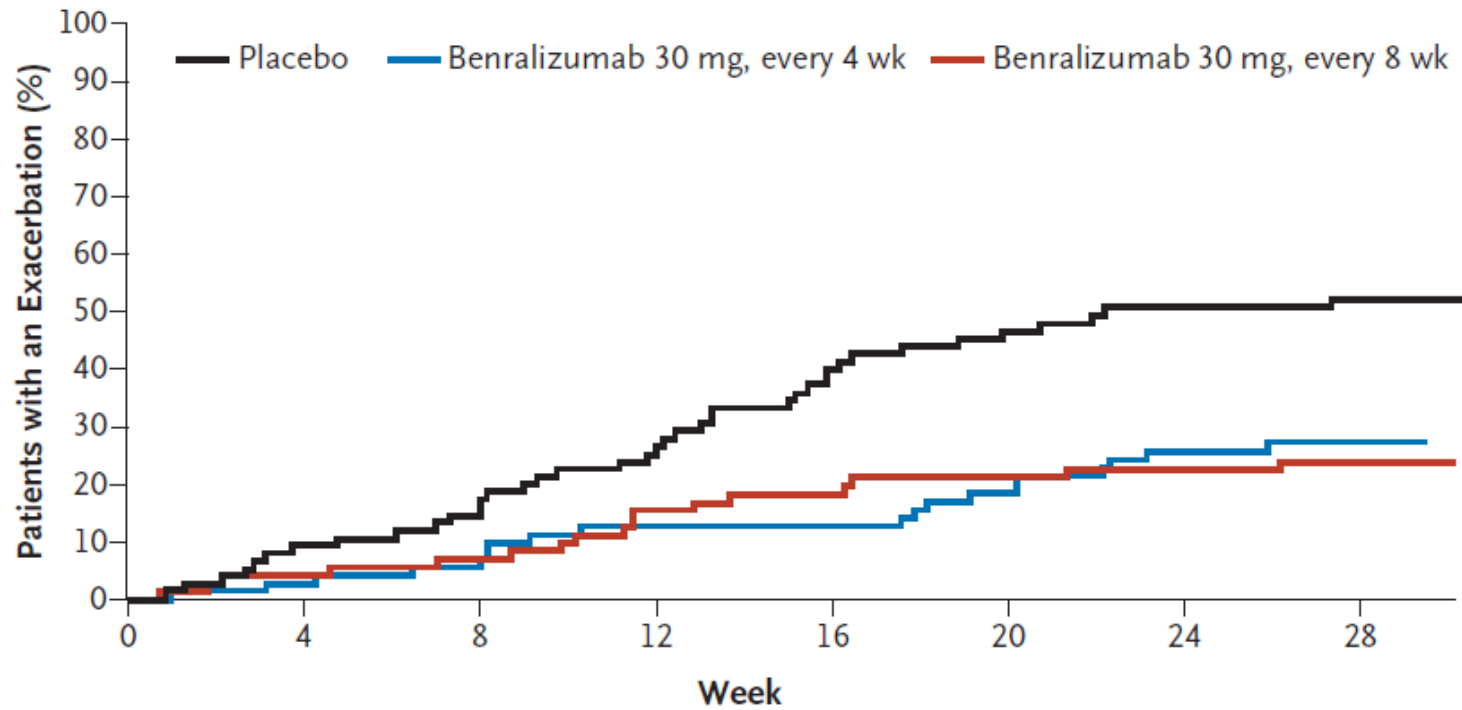
‡ Patients with a baseline oral glucocorticoid dose of 12.5 mg or less per day at the end of the run-in phase were eligible for a 100% dose reduction (discontinuation of oral glucocorticoid therapy).

§ All the patients with a final oral glucocorticoid dose of 5.0 mg or less per day also had a reduction of at least 25% from baseline in the final oral glucocorticoid dose.

**OCS 12.5 mg 이하 사용인 환자중에서,  
완전히 끊을 수 있는 환자: 52-56%**

N Engl J Med 2017;376:2448-58

## Time to First Asthma Exacerbation



### No. at Risk

Benralizumab 30 mg, every 4 wk	72	69	67	62	61	56	51	45
Benralizumab 30 mg, every 8 wk	73	68	66	60	58	56	55	51
Placebo	75	68	64	56	45	40	37	31

Benralizumab 사용으로

Q4W은 천식악화를 **78%**, Q8W은 **68%**를 감소시킴

N Engl J Med 2017;376:2448-58

# Dupilumab

Human monoclonal antibody against **IL-4 receptor  $\alpha$  subunit**  
→ inhibits both **IL-4** and **IL-13** signaling

Dupixent<sup>®</sup>, Atopic dermatitis (2017)

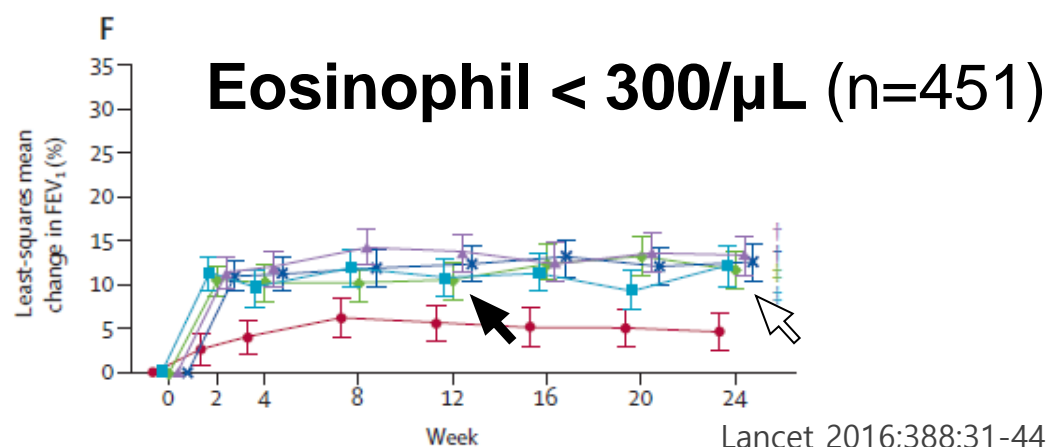
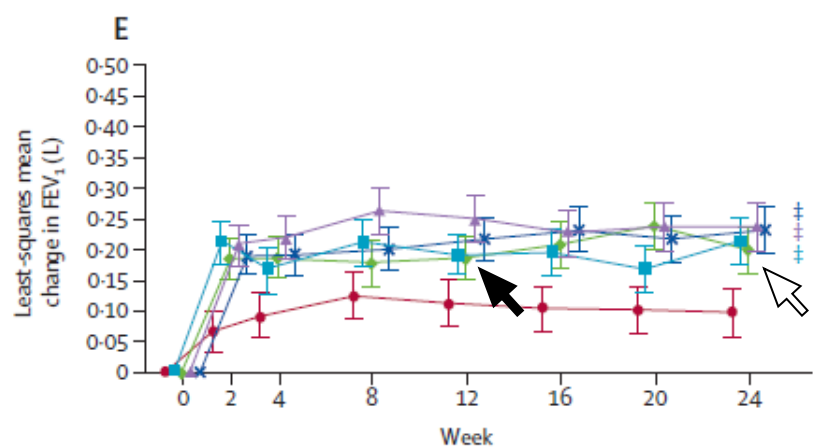
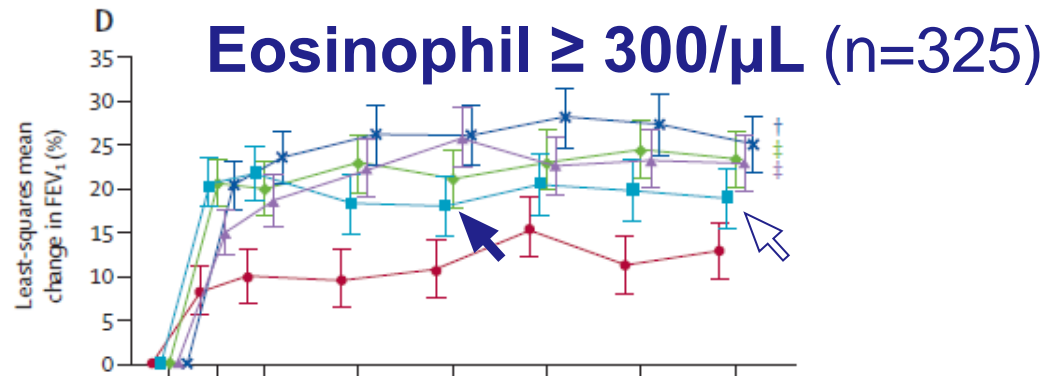
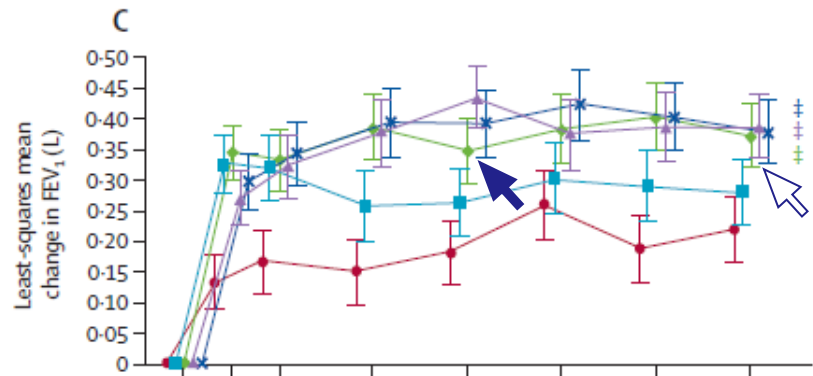
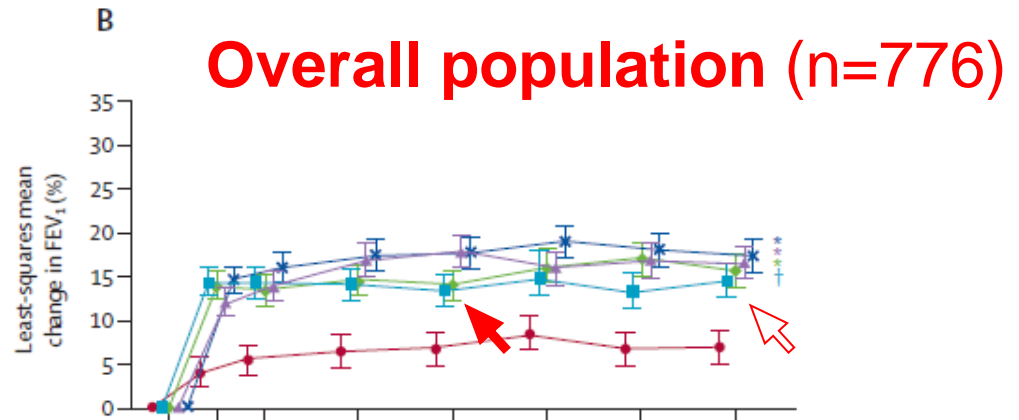
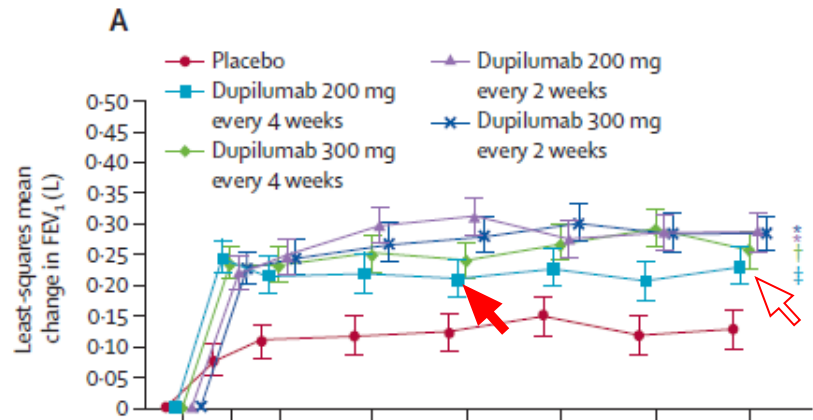
**Phase 2b** Lancet 2016, 200/300 mg, Q2W/4W SQ, 24 weeks

**Dupilumab efficacy and safety in adults with uncontrolled persistent asthma despite use of medium-to-high-dose inhaled corticosteroids plus a long-acting  $\beta_2$  agonist: a randomised double-blind placebo-controlled pivotal phase 2b dose-ranging trial**

*Sally Wenzel, Mario Castro, Jonathan Corren, Jorge Maspero, Lin Wang, Bingzhi Zhang, Gianluca Pirozzi, E Rand Sutherland, Robert R Evans, Vijay N Joish, Laurent Eckert, Neil M H Graham, Neil Stahl, George D Yancopoulos, Mariana Louis-Tisserand, Ariel Teper*

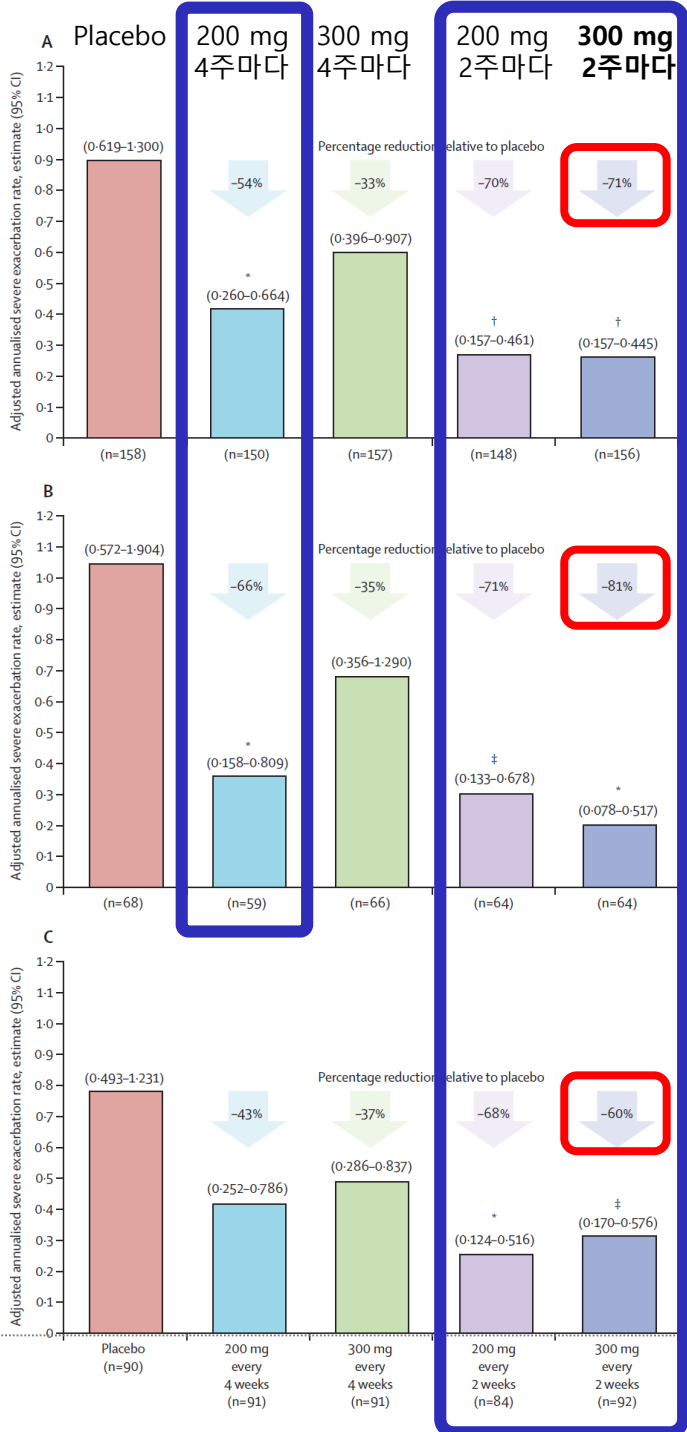
## Summary

**Background** Dupilumab, a fully human anti-interleukin-4 receptor  $\alpha$  monoclonal antibody, inhibits interleukin-4 and interleukin-13 signalling, key drivers of type-2-mediated inflammation. Adults with uncontrolled persistent asthma who are receiving medium-to-high-dose inhaled corticosteroids plus a long-acting  $\beta_2$  agonist require additional treatment options as add-on therapy. We aimed to assess the efficacy and safety of dupilumab as add-on therapy in patients with uncontrolled persistent asthma on medium-to-high-dose inhaled corticosteroids plus a long-acting  $\beta_2$  agonist, irrespective of baseline eosinophil count.



Lancet 2016;388:31-44

1° endpoint: 12주 사용 후 FEV<sub>1</sub> 변화, Eos ≥ 300/μL



**Overall population**

**Eosinophil ≥ 300/μL**

**Eosinophil < 300/μL**

**Dupilumab**는  
 medium-high dose  
 ICS + LABA  
 사용으로 조절되지  
 않는 천식에  
 추가 사용하여  
**폐기능의 개선과  
 급성악화 감소**

**60-80% 감소**

Lancet 2016;388:31-44

# Tezepelumab

70/210 mg q4w, 280 mg q2w SQ

## PATHWAY

N Engl J Med **2017**, 70/210 mg q4w, 280 mg q2w SQ, 52 weeks

**TLSP:** an epithelial-cell-derived cytokine

**Tezepelumab:** human IgG2 monoclonal antibody against TSLP

## Tezepelumab in Adults with Uncontrolled Asthma

Jonathan Corren, M.D., Jane R. Parnes, M.D., Liangwei Wang, Ph.D.,  
May Mo, M.S., Stephanie L. Roseti, A.P.N., M.S.N., Janet M. Griffiths, Ph.D.,  
and René van der Merwe, M.B., Ch.B.

## Phase 2 trial

Uncontrolled by **medium or high-dose ICS** plus LABA

**Two or more asthma exacerbations** in the 6 months before  
Pre-bronchodilator **FEV<sub>1</sub> of 40~80%**

Characteristic	Placebo (N=148)	Low-Dose Tezepelumab (N=145)	Medium-Dose Tezepelumab (N=145)	High-Dose Tezepelumab (N=146)	Total Tezepelumab (N=436)
Age — yr	52.2±11.5	50.6±12.4	52.6±12.5	50.1±12.2	51.1±12.4
Blood eosinophil count — cells/ $\mu$ l					
Mean	366±323	345±284	359±347	378±423	361±356
Median (range)	270 (0–1870)	270 (10–1600)	275 (0–3180)	255 (0–3990)	270 (0–3990)
Total serum IgE — IU/ml					
Mean	447±1232	314±870	464±1366	344±579	374±992
Median (range)	135 (4–11,860)	109 (2–7423)	135 (2–11,430)	138 (2–3814)	127 (2–11,430)
FENO					
No. of patients evaluated	146	144	143	141	428
Mean — ppb	36.3±38.9	34.5±46.9	30.4±29.4	32.6±33.9	32.5±37.5
Median (range) — ppb	21.5 (3.5–276.3)	22.0 (2.5–349.0)	20.5 (4.0–152.5)	19.7 (2.0–217.5)	21.0 (2.0–349.0)

N Engl J Med 2017;377:936-46

Variable	Placebo (N=148)	Low-Dose Tezepelumab (N=145)	Medium-Dose Tezepelumab (N=145)	High-Dose Tezepelumab (N=146)
Annualized rate of asthma exacerbations through wk 52 — events per patient-yr (90% CI)	0.67 (0.57 to 0.80)	0.26 (0.19 to 0.34)	0.19 (0.13 to 0.27)	0.22 (0.16 to 0.30)
Relative reduction vs. placebo — % (90% CI)	—	61 (39 to 75)	71 (53 to 82)	66 (47 to 79)
P value	—	<0.001	<0.001	<0.001
FEV <sub>1</sub> before bronchodilation				
No. of patients evaluated	141	137	128	125
Least-squares mean change from base-line at wk 52 — % of predicted value	-0.99	7.11	7.27	9.37
Difference vs. placebo (95% CI)	—	8.11 (2.39 to 13.82)	8.26 (2.50 to 14.03)	10.36 (4.60 to 16.13)
P value*	—	0.006	0.005	<0.001
Least-squares mean change from base-line at wk 52 — liters	-0.05	0.07	0.06	0.11
Difference vs. placebo (95% CI)	—	0.12 (0.02 to 0.21)	0.11 (0.02 to 0.20)	0.15 (0.06 to 0.25)
P value*	—	0.01	0.02	0.002

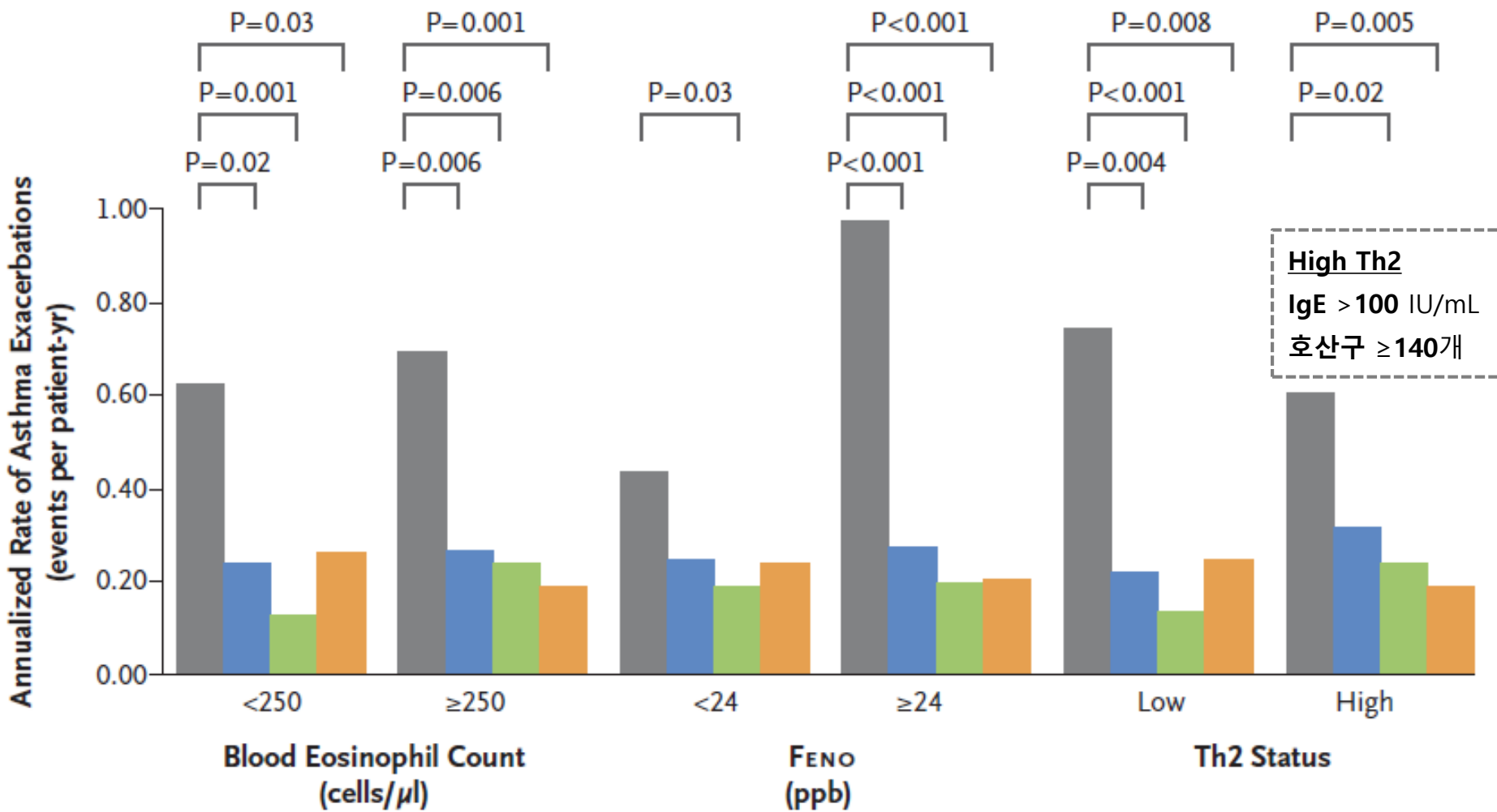
Annual rate of Clinical Asthma Exacerbation : **61-71% 감소**

PreFEV<sub>1</sub> at week 52 : **110-150 mL 증가**

N Engl J Med 2017;377:936-46

# Subpopulation Analysis

■ Placebo   
 ■ Low-dose tezepelumab (70 mg every 4 wk)   
 ■ Medium-dose tezepelumab (210 mg every 4 wk)   
 ■ High-dose tezepelumab (280 mg every 2 wk)



**“Broader physiological effects”**

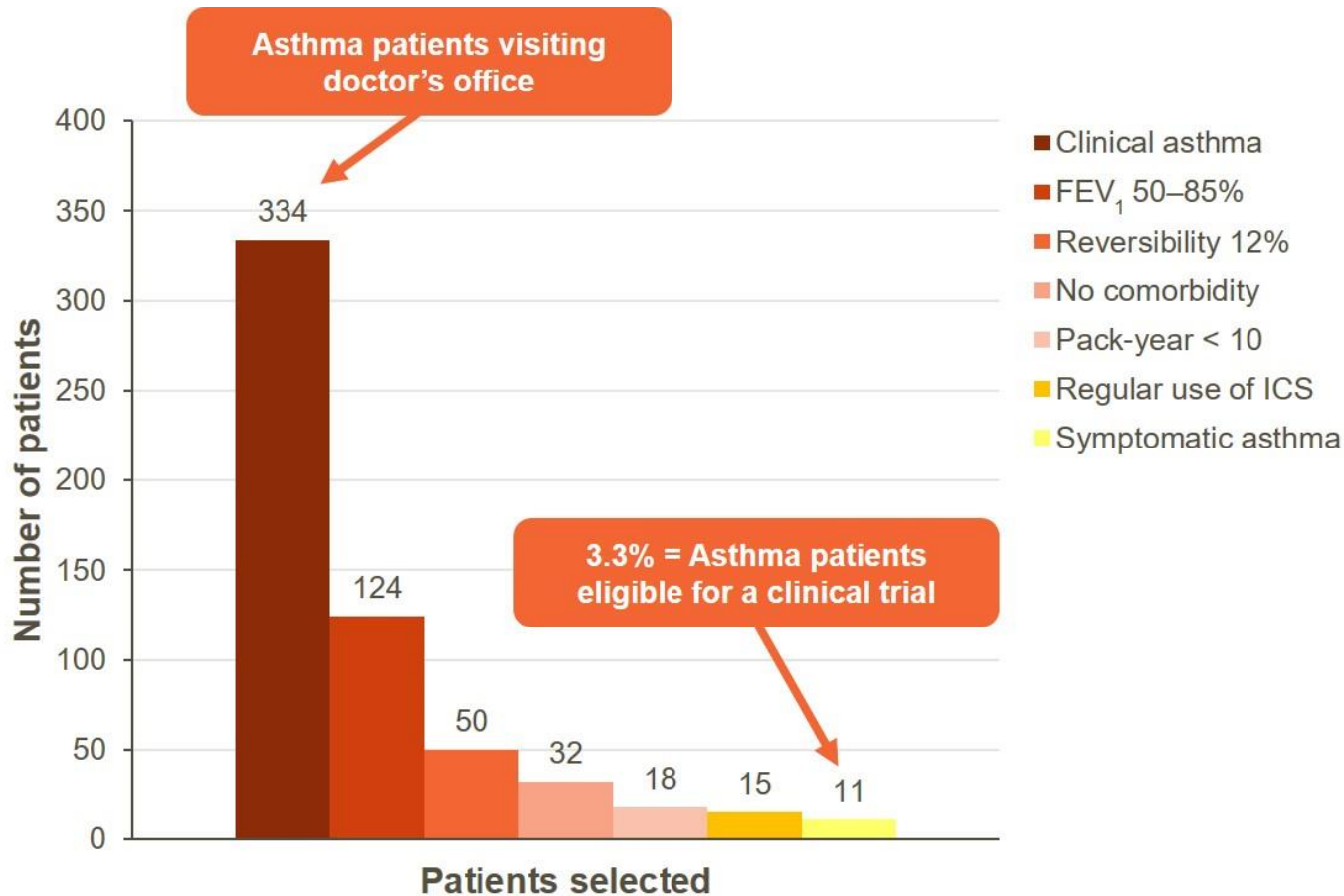
N Engl J Med 2017;377:936-46

# Real-World

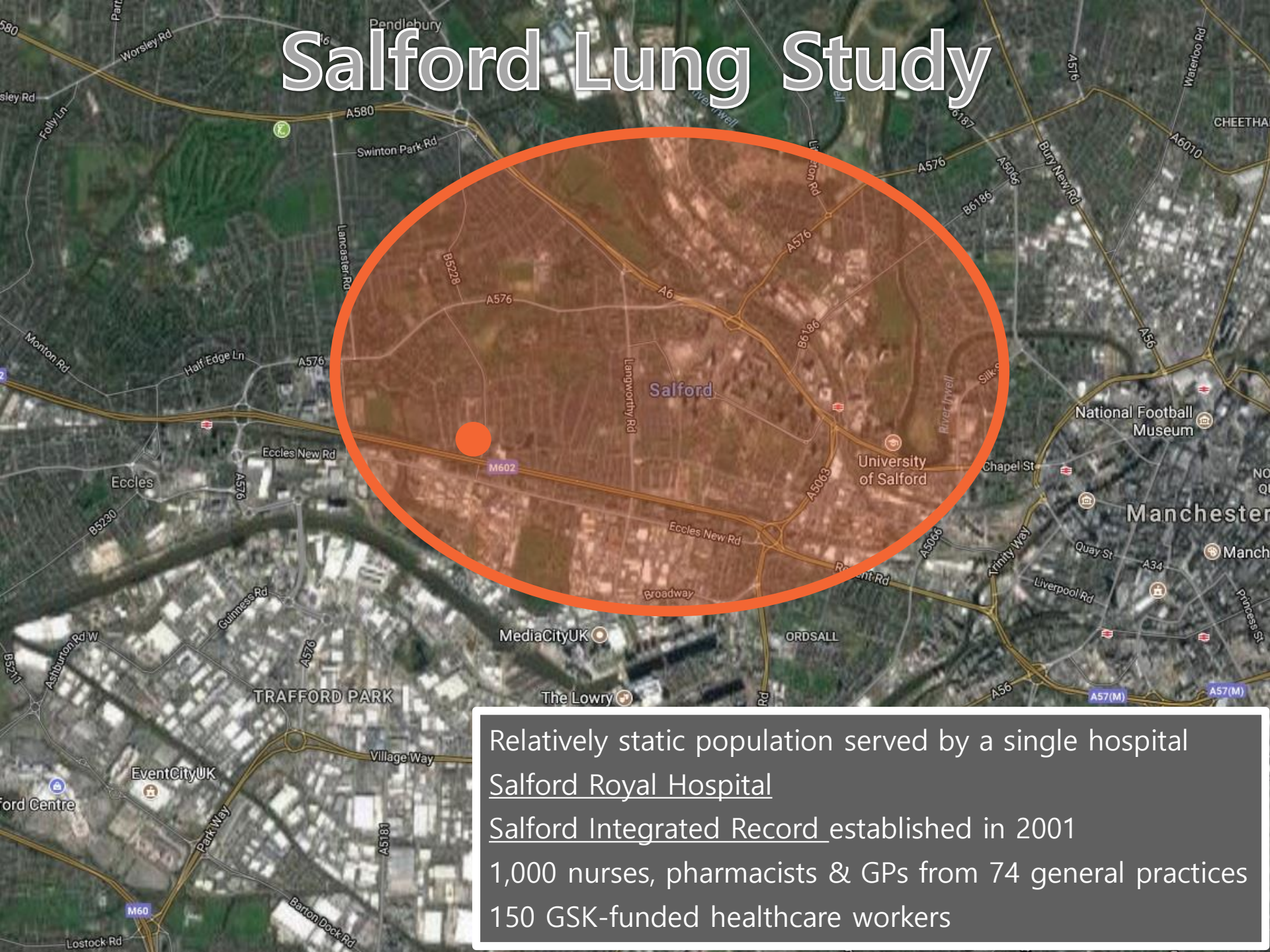
Effectiveness analysis, 12 months

## SALFORD Lung Study

Lancet 2017



# Salford Lung Study



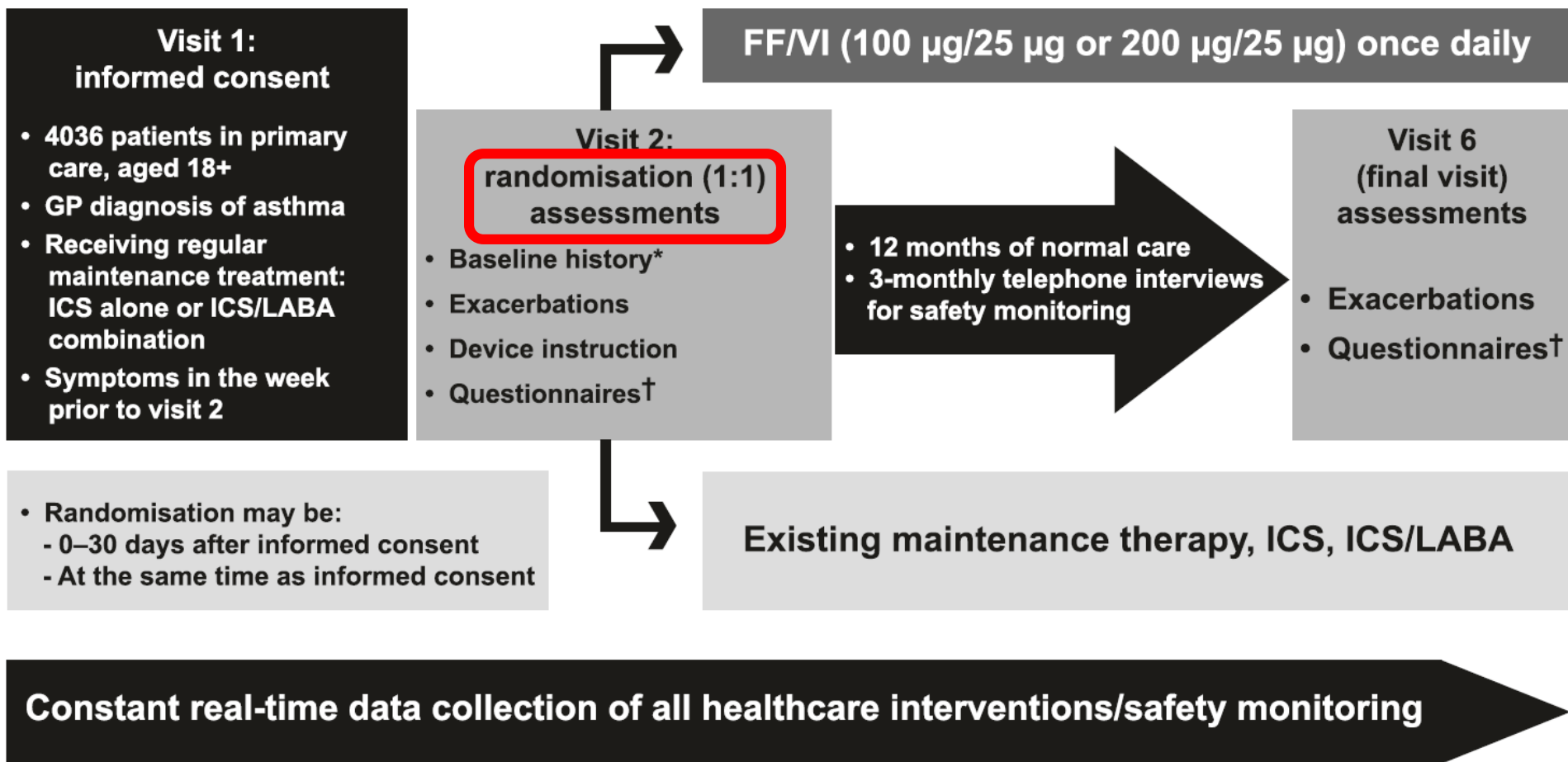
Relatively static population served by a single hospital  
Salford Royal Hospital

Salford Integrated Record established in 2001

1,000 nurses, pharmacists & GPs from 74 general practices

150 GSK-funded healthcare workers

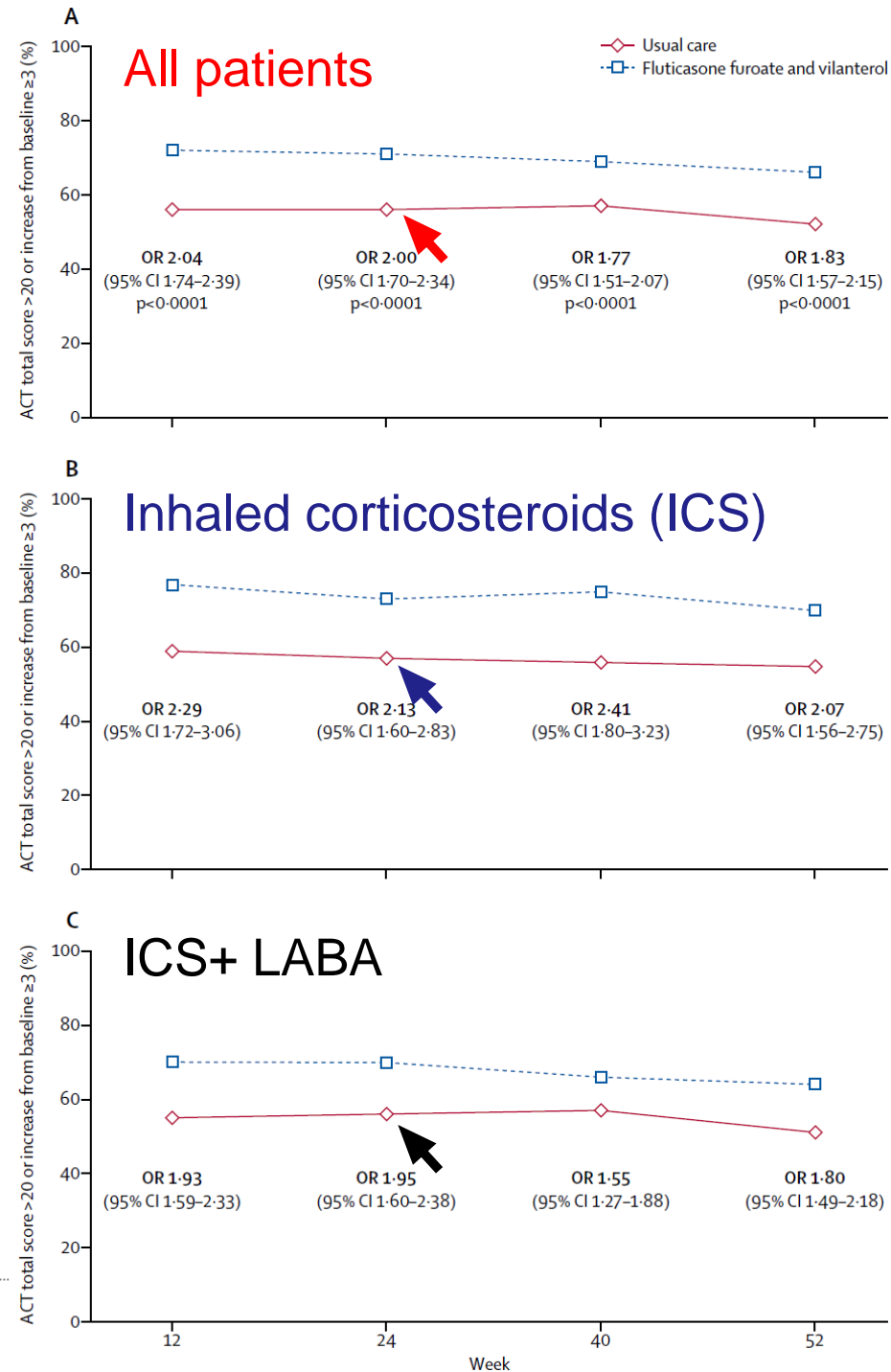
# Effectiveness of fluticasone furoate plus vilanterol on asthma control in clinical practice: an open-label, parallel group, randomised controlled trial

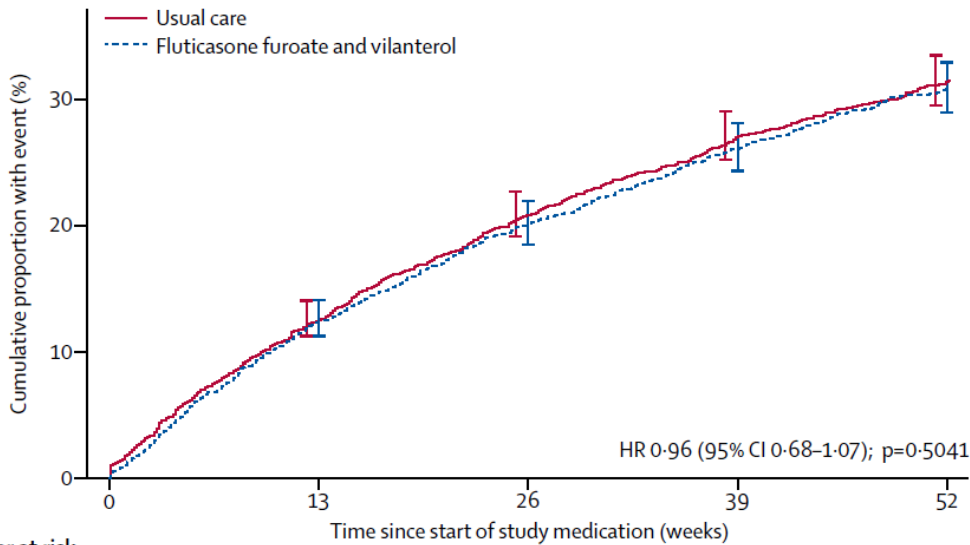


**Fig. 1** Study design. \*Cardiovascular risk factors collected. †Comprises: Asthma Control Test; Asthma Quality of Life Questionnaire(s); EuroQol questionnaire; Medication Adherence Report Scale for Asthma; Work Productivity and Activity Impairment Questionnaire: Asthma. FF fluticasone furoate; GP general practitioner; ICS inhaled corticosteroid; LABA long-acting  $\beta_2$ -agonist; VI vilanterol

	Usual care (n=2119)	Fluticasone furoate and vilanterol (n=2114)
Age, years	50 (17)	50 (16)
Female	1241 (59%)	1257 (59%)
Body-mass index >30 kg/m <sup>2</sup>	903 (43%)	870 (42%)
Current smokers	429 (20%)	420 (20%)
Asthma control test score at baseline		
≥20	<b>n=1,514</b> 605 (29%)	601 (28%) <b>1,512</b>
16-19	653 (31%)	655 (31%)
<15	861 (41%)	857 (41%)
Duration of asthma ≥5 years	1844 (87%)	1819 (86%)
Daytime symptoms more than twice per week	1926 (91%)	1904 (90%)
Nocturnal symptoms in past week	1053 (50%)	1064 (50%)
Number of exacerbations 12 months before randomisation		
0	1314 (62%)	2692 (65%)
1	501 (24%)	973 (22%)
>1	304 (14%)	568 (12%)
Comorbidities		
Any	812 (38%)	813 (38%)
Cardiac	164 (8%)	182 (9%)
Vascular	559 (26%)	540 (26%)
Diabetes	201 (9%)	205 (10%)

Lancet 2017;390:2247-55





Number at risk		0	13	26	39	52
Usual care	2119		1844	1646	1488	1027
Fluticasone furoate and vilanterol	2114		1834	1637	1478	1013

	Usual care	Fluticasone furoate and vilanterol
Cardiovascular disease	69 (29.6)	42 (23.3)
Asthma and bronchospasm	40 (17.2)	24 (13.3)
<b>Pneumonia</b>	<b>21 (8.4)</b>	<b>21 (10.7)</b>
Lower respiratory tract infection (excluding pneumonia)	8 (3.4)	7 (3.9)
Decreased bone mineral density and associated fractures	52 (22.3)	35 (19.4)
Effects on glucose	22 (9.4)	18 (10.0)
Hypersensitivity	5 (2.1)	7 (3.9)
Effects on potassium	1 (0.4)	4 (2.2)
Corticosteroid-associated eye disease	7 (3.0)	9 (5.0)
Adrenal suppression	1 (0.4)	0
Local steroid effects	0	1 (0.6)
Tremors	0	0

**천식조절(ACT socre) 개선: FF+vilanterol이 2배 높다**

**급성악화: 두 군간에 차이가 없다**

**폐렴발생: FF+vilanterol이 높은 경향이나 통계적 차이 없다**

# 요약

Phenotypes → **Endotypes**

## Precision

**Mepolizumab**

**Reslizumab**

**Benralizumab**

**Duplimab**

**Tezepelumab**

- *Asthma Exacerbation* -
- *Steroid Sparing* -
- *Uncontrolled Asthma* -

Efficacy → **Effectiveness**

## Real-World

SALFORD LUNG STUDY

- *Asthma Control* -
- *Nonallergic, Smoking, Virus,..* -



2018년

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