

Application of Stereotactic Radiotherapy

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Fractionation

Conventional fractionation: 1.8-2.0 Gy/fx

- In the 1930's, splitting radiation dose into a number of small fractions yielded better outcomes than a single exposure
- **The Four Rs of radiobiology**
 - **Repair** of sublethal damage
 - **Repopulation**
 - **Reassortment** of cells within the cell cycle
 - **Reoxygenation**



FIGURE 23.1 Conventional multifraction radiotherapy was based on experiments performed in Paris in the 1920s and in the 1930s. Rams could not be sterilized with a single dose of x-rays without extensive skin damage, whereas if the radiation were delivered in daily fractions over a period of time, sterilization was possible without skin damage. The testes were regarded as a model of a growing tumor and skin as dose-limiting normal tissue.

Hypofractionation

Smaller number of larger dose fractions

- Shorten the overall treatment time to **enhance local control**
- Development of treatment delivery technique (3D-CRT, IMRT...) enables improved dose distributions with **normal tissue sparing**.
- **BED** (biologically effective dose, $\alpha/\beta=10$)
 - 60 Gy in 30 fractions: 72 Gy₁₀
 - 60 Gy in 20 fractions: 78 Gy₁₀
 - 60 Gy in 15 fractions: 84 Gy₁₀ → 60-75% local control
 - 60 Gy in 8 fractions: 105 Gy₁₀ → 115.2 Gy₁₀ for 64 Gy/8fx
 - 60 Gy in 4 fractions (SBRT): 150 Gy₁₀

SBRT for Early Stage NSCLC

Delivers very high, ablative dose ($\geq 100 \text{ Gy}_{10}$) in 1-10 fractions

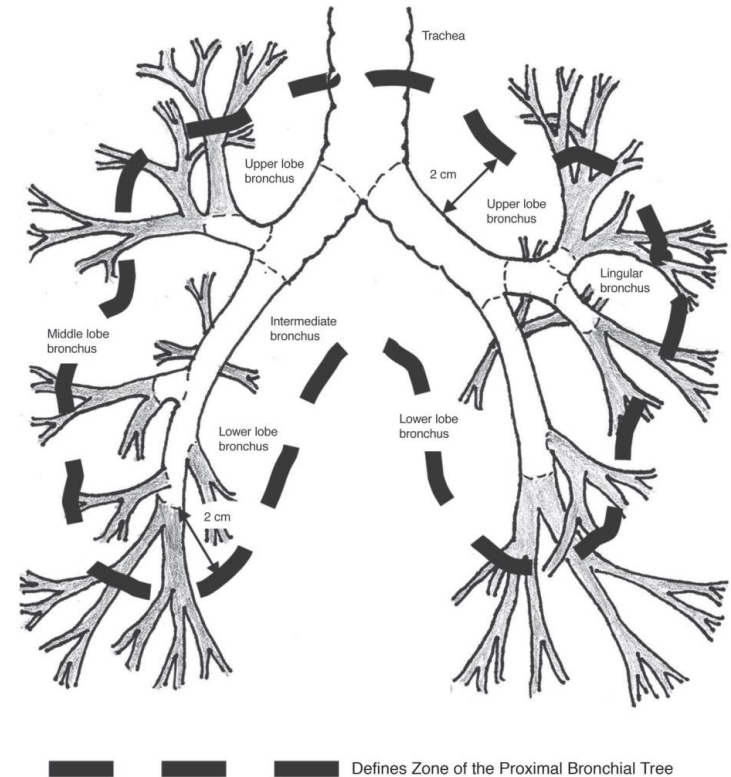
| SBRT workflow or equipment items | Mandatory (minimum) requirements | Recommended for best practice |
|--|---|---|
| Equipment | C-arm linear accelerator with volumetric in-room image guidance Respiration correlated 4D-CT | Dedicated C-arm stereotactic linear accelerator (more advanced IGRT, more precise accuracy) High-resolution MLC <10 mm |
| Staff teaching, training and credentialing | Written departmental protocols Multi-disciplinary project team for SBRT implementation and application Structured follow-up for clinical outcome assessment | Participation in dedicated SBRT teaching course (e.g. ESTRO) Participation in Vendor-organized dedicated SBRT training Hands-on training at SBRT-experienced center Supervision of first SBRT treatments by SBRT-experienced colleague |
| Patient selection for SBRT | Discussion in interdisciplinary tumor board Minimum ECOG 3 Minimum life expectancy of 1 year | Biopsy confirmation of malignancy |
| Treatment planning | 3D conformal treatment planning Type B algorithms Respiration correlated 4D-CT imaging ITV based motion management strategy | |
| Dose and fractionation | Risk adapted fractionation schemes for peripheral and central tumors, and for tumors with broad chest wall contact | |
| Inter- and intra-fraction image guidance | Daily pre-treatment volumetric image-guidance | |



SBRT for Early Stage NSCLC

Prospective phase II study by Timmerman et al.

- 70 patients with cT1-2N0 NSCLC (2002-
- Radiation dose: **60-66 Gy in 3 fractions**
- Median F/U: 17.5 (0.6-44.2) months
- **2Y LC 95%, Median OS 32.6 months**
- **Tumor location** (hilar/pericentral vs. peripheral) predictor of $gr \geq 3$ toxicity ($p = 0.004$) → > toxicity in patients with perihilar/central vs. peripheral locations



SBRT for Early Stage NSCLC

RTOG 0236 (Phase II multicenter study)

- 55 patients with peripheral cT1-2N0 NSCLC (<5 cm)
- Radiation dose: 54 Gy in 3 fractions
- Median F/U: 34.3 (4.8-49.9) months
- 3Y primary tumor control: 97.6%
 - 3Y primary tumor+involved lobe (local) control: 90.6%
 - 3Y OS: 55.8%
- Grade 3/4 adverse events: 7 (12.7%) / 2 (3.6%)

SBRT for Centrally Located NSCLC

Prospective database at VU University Medical Center

- 63 patients with stage I NSCLC in high-risk locations
 - 37 central hilar location (proximal bronchial tree)
 - 26 abutting pericardium (11) or mediastinal structure
- Radiation dose: 60 Gy in 8 fractions
- Median F/U: 35 (1-55.7) months
- **2Y LC, OS: 92.6%, 69.0%**
- Grade 3 toxicity: 4 (6%)

SBRT for Centrally Located NSCLC

Systemic review for centrally located primary or metastatic lung tumors

- 563 tumors including 315 early stage NSCLC
- $BED \geq 100 \text{ Gy}_{10}$ is important for local control
- All treatment-related mortality: 2.8% (16/563)
 - 3.6% ($BED > 210 \text{ Gy}_3$) vs. 1.0% ($BED \leq 210 \text{ Gy}_3$)
- Grade 3-4 toxicity: 8.6% of central tumors

| Author (year) | BED ₁₀ | Overall survival | Cause-specific survival | Local control |
|-------------------------|-------------------|-------------------------------|-------------------------------|----------------------------|
| Chang [26] (2008) | 113 | - | - | Crude rate 89% |
| Song [36] (2009) | 106 | 50% at 2 years | - | 89% at 2 years |
| Milano [27] (2009) | 100 | 72% at 2 years | - | 73% at 2 years |
| Fakiris [24] (2009) | 180 | Median 24 months | - | - |
| Unger [28] (2010) | 72 | - | - | 63% at 1 year |
| Oshiro [29] (2010) | 80 | - | - | 60% at 2 years |
| Baba [35] (2010) | 90 | 72% at 3 years | 82% at 3 years | 66% at 3 years |
| Bradley [32] (2010) | 86 | 75% at 2 years ^{a,b} | 90% at 2 years ^{a,b} | 86% at 2 years |
| Andratschke [34] (2011) | 60 | 29% at 3 years | - | 64% at 3 years |
| Haasbeek [32] (2011) | 105 | 64% at 3 years | - | 93% at 3 years |
| Bral [23] (2011) | 150 | - | - | Crude rate 94% |
| Olsen [38] (2011) | 100 | - | - | 100% at 2 years |
| Rowe [37] (2012) | 114 | - | - | 94% at 2 years |
| Nuyttens [30] (2012) | 132 | 53% at 3 years ^b | 3 years 80% | 76% at 2 years |
| Janssen [31] (2012) | 77 | - | - | 87% at 1 year ^d |

SBRT for Early Stage NSCLC

Which is the optimal BED?

- Meta-analysis for 2587 patients (34 studies)
- 4 BED groups: <83.2 / 83.2-106 / 106-146 / >146 Gy₁₀
- 2Y OS: 62.3% / 76.1% / 68.3% / 55.9%
- Higher OS for medium or medium-high BED (p≤0.004)
- BED 83.2-146 Gy₁₀ for SBRT may currently more beneficial and reasonable in stage I NSCLC

| | 2-year LCR (18–20, 22, 23, 26, 35, 36, 38, 44, 46, 51)* | p value | | |
|----------------|---|---------|----------------|-------|
| | | Medium | Medium to High | High |
| Low | 0.942 (0.871–1.000) | 0.164 | 0.874 | 0.751 |
| Medium | 0.874 (0.818–0.930) | | 0.028 | 0.031 |
| Medium to High | 0.942 (0.901–0.982) | | | 0.453 |
| High | 0.928 (0.908–0.947) | | | |
| Total | 0.923 (0.907–0.940) | | | |

SBRT for Early Stage NSCLC

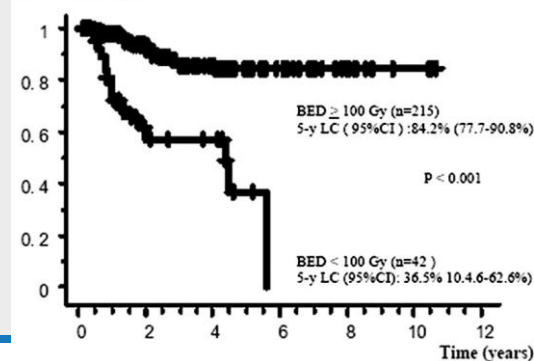
Japanese Multi-institutional retrospective study

- 257 patients with cT1-2N0 NSCLC
- Median BED: 111 (57-180) Gy₁₀
- Median F/U: 38 (2-128) months
- Better local control and survival with **BED ≥ 100 Gy₁₀**

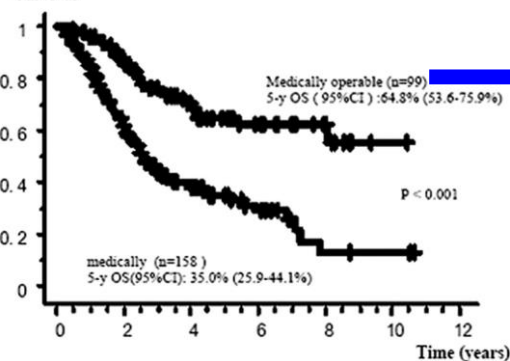
TABLE 2. Recurrence Rate According to the BED and Stage

| | Total cases | BED <100 Gy | BED ≥100 Gy | <i>p</i> | Stage IA | Stage IB | <i>p</i> |
|---------------------------|----------------|---------------|----------------|----------|----------------|---------------|----------|
| Local tumor | 36/257 (14.0%) | 18/42 (42.9%) | 18/215 (8.4%) | <0.01 | 20/164 (12.2%) | 16/93 (17.2%) | 0.21 |
| Regional nodal metastasis | 29/257 (11.3%) | 9/42 (21.4%) | 20/215 (9.3%) | <0.05 | 17/164 (10.4%) | 12/93 (12.9%) | 0.54 |
| Distant metastasis | 51/257 (19.8%) | 11/42 (26.2%) | 40/215 (18.6%) | 0.3 | 32/164 (19.5%) | 19/93 (20.4%) | 0.87 |

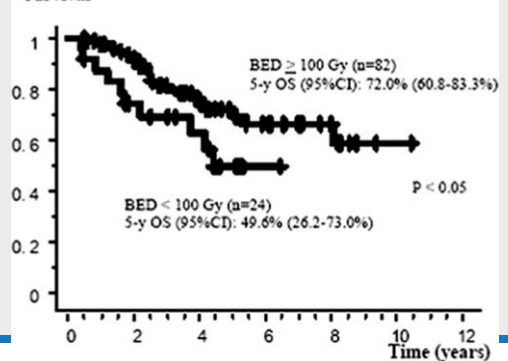
Local control rate



Survival



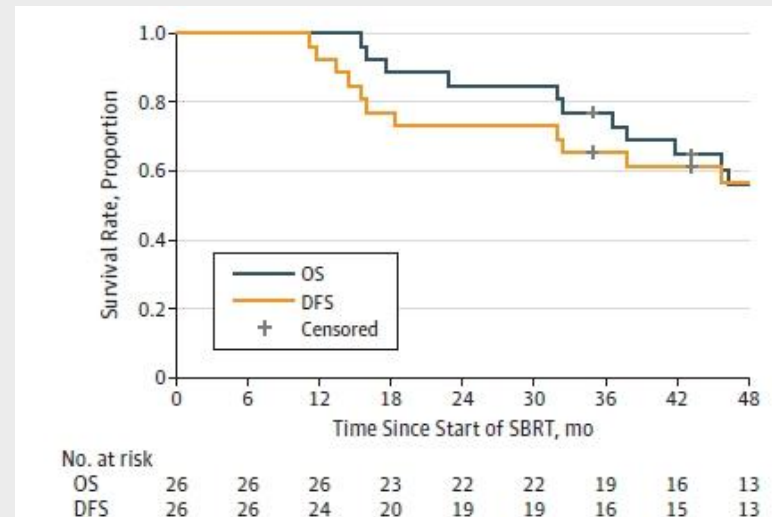
Survival



SBRT for Operable Stage I NSCLC

RTOG 0618 study

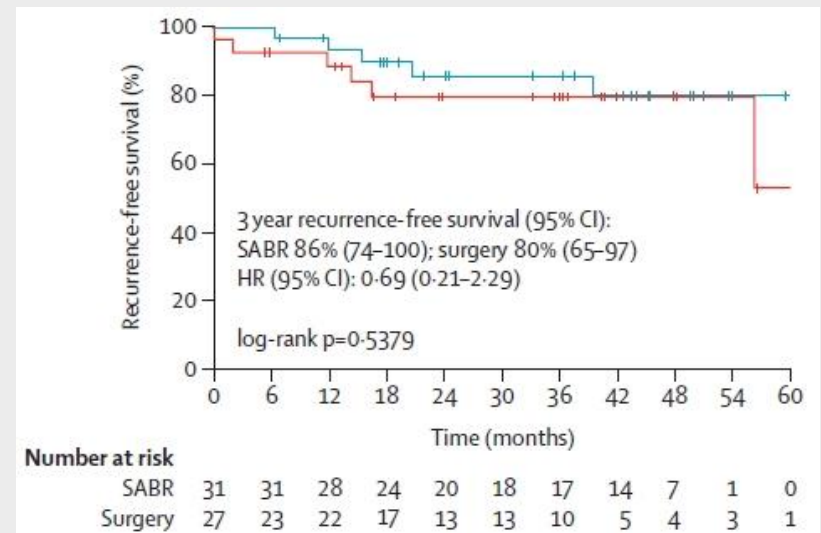
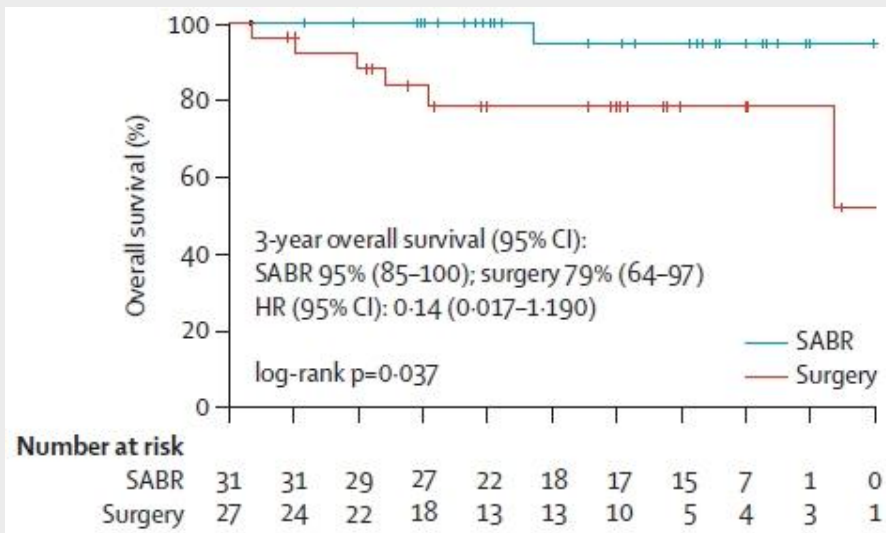
- Single-arm phase 2 study
- **Operable** biopsy-proven peripheral T1-2N0M0 NSCLC <5 cm
- SBRT: 54 Gy in 3 fractions
- Primary endpoint: Primary tumor control → 2Y 96%
- Secondary endpoint: Toxicity, DFS, OS
 - 4Y DFS: 57%
 - 4Y OS: 56%
 - Regional failures in 3 patients
 - Distant failures in 5 patients



SBRT for Operable Stage I NSCLC

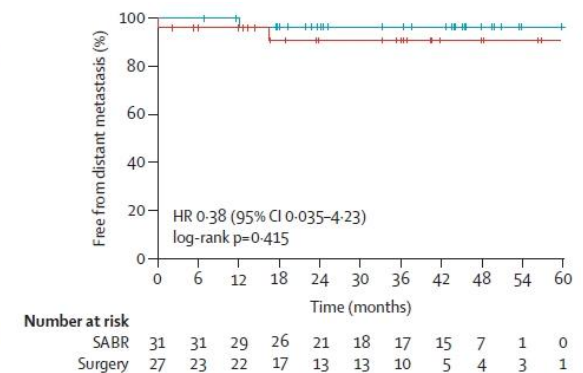
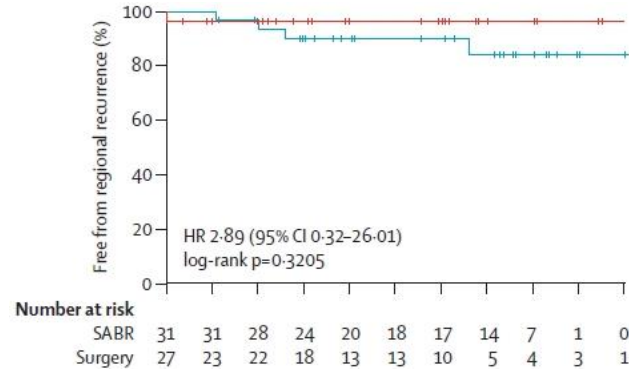
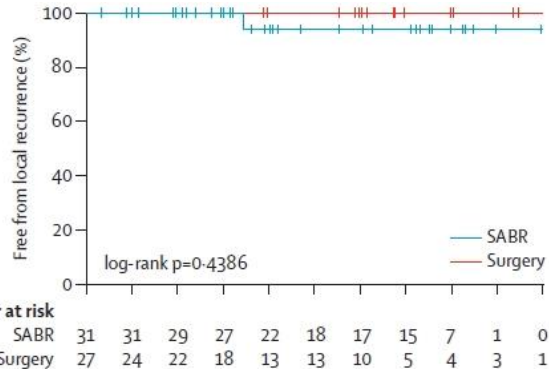
Pooled analysis of 2 randomized trials (STARS + ROSEL)

- Operable cT1-2a (<4 cm) NSCLC
 - Randomly assigned in 1:1 ratio to SABR or Lobectomy
- Pooled analysis in the ITT population using OS as primary endpoint
- Median F/U: 40.2 months



SBRT for Operable Stage I NSCLC

Pooled analysis of 2 randomized trials (STARS + ROSEL)

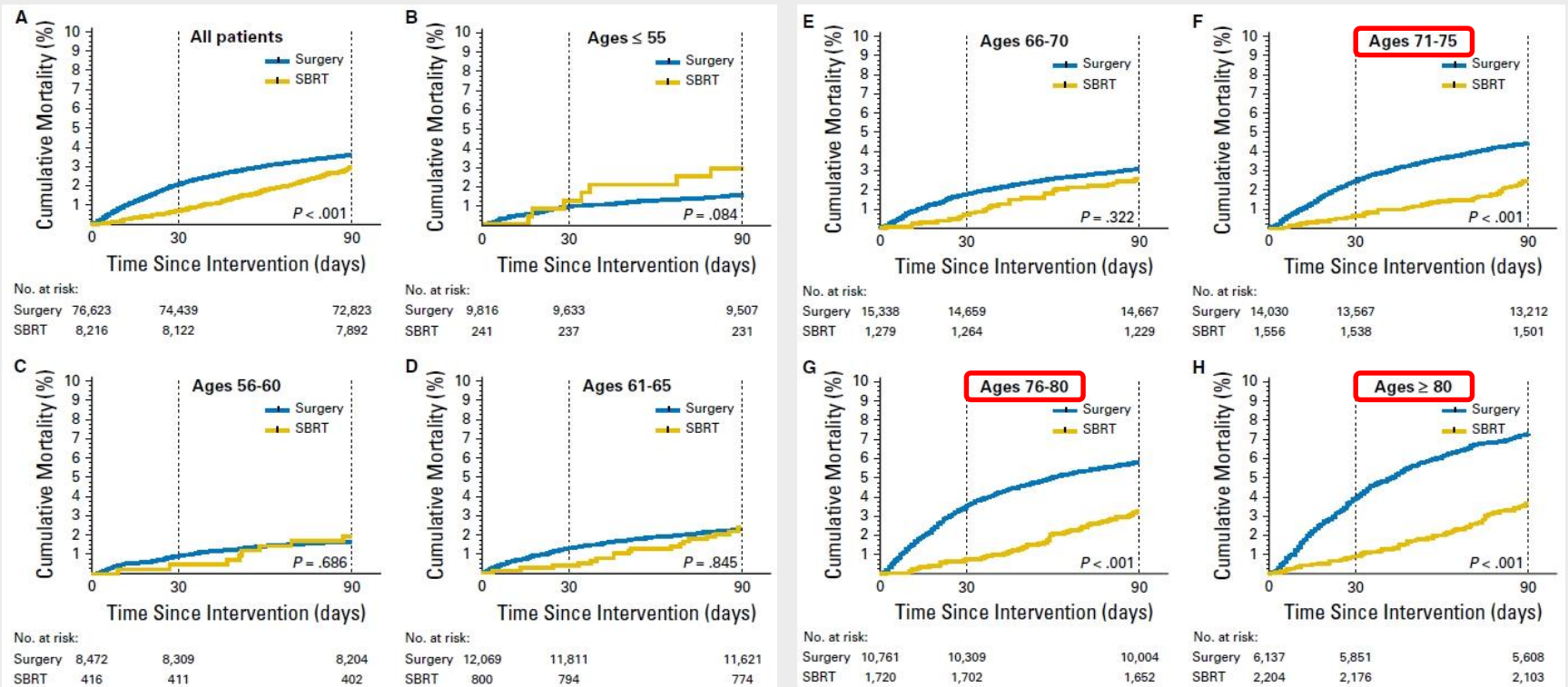


- Local/regional/distant failure: 1/4/1 (SBRT) vs. 0/1/2 (Surgery)
- Grade ≥ 3 adverse events: 10% vs. 44%
- SABR could be an option for treating operable stage I NSCLC.
- Small sample size and short F/U \rightarrow Additional studies are warranted.

SBRT for Early Stage NSCLC

Post-treatment mortality after surgery and SBRT

- 76623 pts with surgery and 8216 pts with SABR for T1-2aN0 NSCLC between 2004-2013 → 30-day and 90-day mortality compared.



SBRT for Early Stage NSCLC

Post-treatment mortality after surgery and SBRT

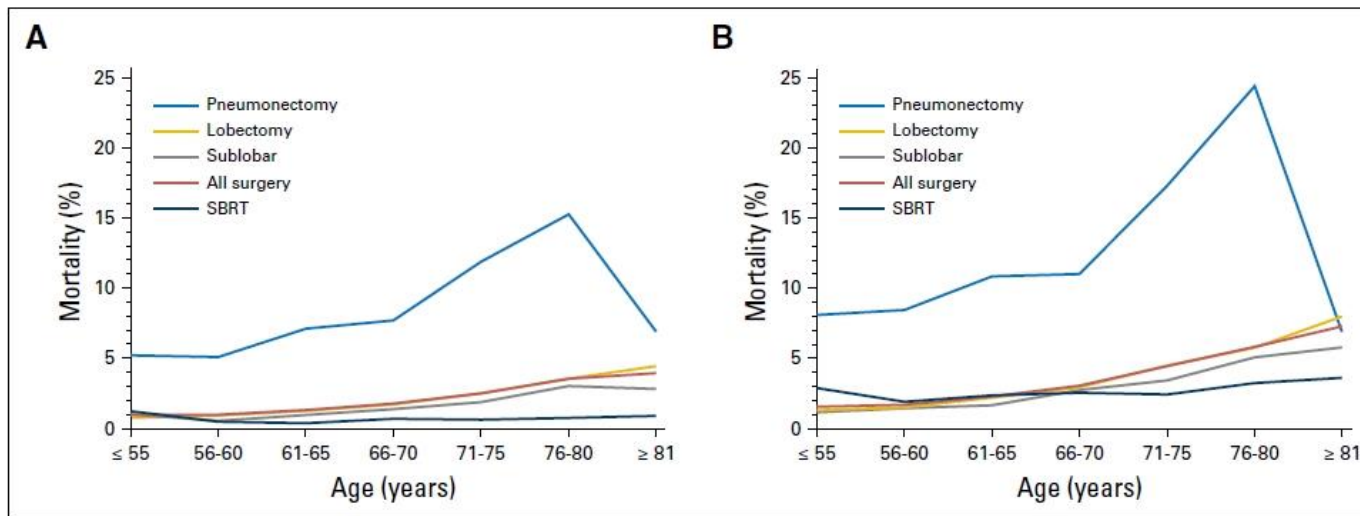


Fig 2. Unadjusted absolute mortality rates at (A) 30 days, and (B) 90 days by intervention type. SBRT, stereotactic body radiotherapy.

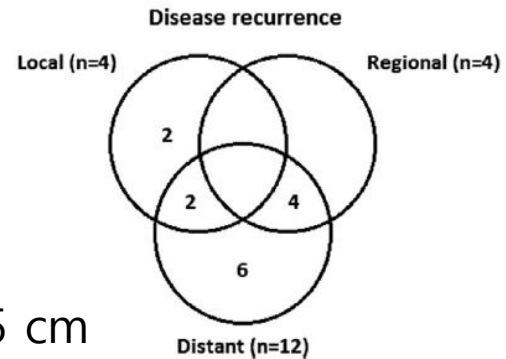
- Differences in 30- and 90-day post-treatment mortality between surgery and SBRT increased as a function of age, with the largest differences in favor of SBRT observed among patients **>70 years**
→ **Informed shared decision-making** in elderly or high-risk patients

SBRT for Early Stage NSCLC

Patterns of failure after SBRT

| Event ^a | Actual Incidence, % |
|---------------------------------|---------------------|
| Local disease recurrence | 7.7 |
| Regional disease recurrence | 12.3 |
| Locoregional disease recurrence | 18.5 |
| Distant metastases | 12.3 |
| Any disease recurrence | 27.7 |

≤5 cm >5 cm



- Regional and distant failures were the dominant patterns of failure.
- Can addition of IO improve outcomes after SABR in early NSCLC?

SBRT + Immunotherapy

iSABR

- Radiation is immunogenic
- SABR pin-point delivers ablative radiation dose to a tumor with minimal toxicity
 - Avoids damaging immune cells in nearby tissue and LNs
 - Expose tumor DNA for “sensing”
 - Sensing activates antigen presenting cells
- Activated T-cells ready to fight cancer elsewhere

RT + Immunotherapy

Radiation-induced immune modulation

Tumor debulking and releasing tumor antigens

Not systemically immunosuppressive

Up-regulation of immunogenic cell surface markers

ICAM-1

MHC-1

Fas

Secretion of danger signals and cytokines

IFN-g

TNF α

IL-1 β

Induction of immunogenic cell death

Calreticulin

HMGB1

Increased homing of immune cells to tumors

Normalization of tumor vasculature

Secretion of chemo-attractants (cxcl16)

Endothelial expression of VCAM-1

Improved T-cell homing to tumors

Improved antigen presentation by APC's

Irradiated tumors prime dendritic cells

Improved antigen presentation via TLR-4

Depletion of immunosuppressive cells

Shifting TAM polarization to M1

Up-regulation of cell surface PD-L1

Chakraborty et al.¹⁶

Formenti et al.¹⁷

Chakraborty et al.¹⁶

Lugade et al.¹⁸

Formenti et al.¹⁷

Formenti et al.¹⁷

Obeid et al.¹⁹

Apetoh et al.¹⁴

Ganss et al.²⁰

Matsumura et al.²¹

Lugade et al.¹⁸

Klug et al.¹²

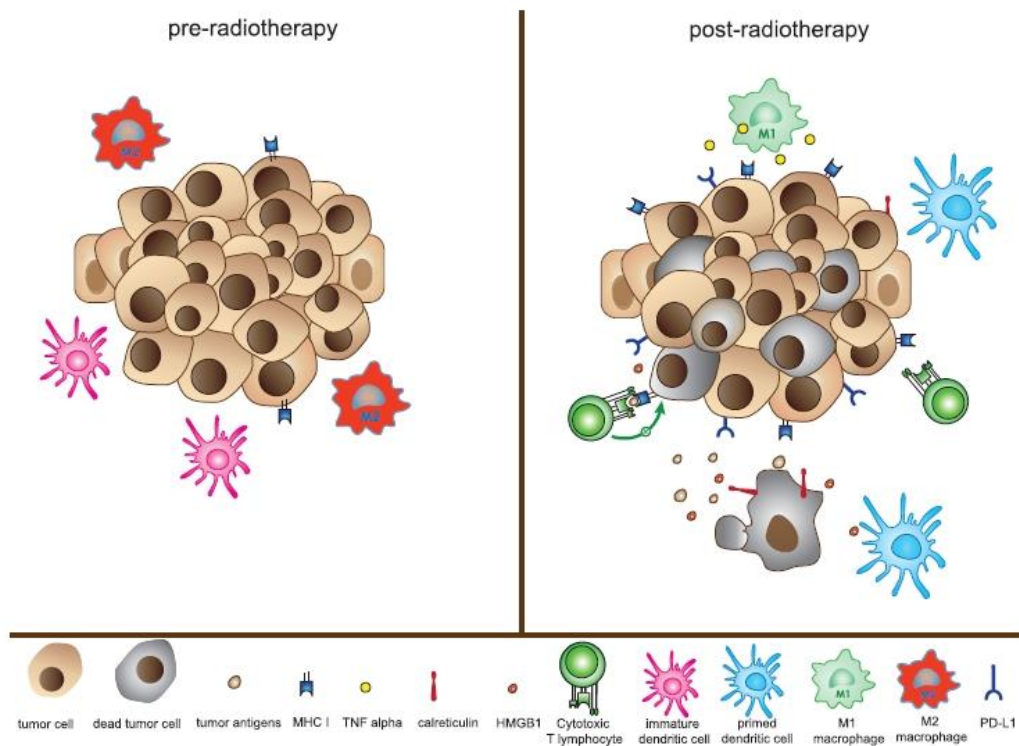
Strome et al.²²

Apetoh et al.¹⁴

Wu et al.¹³

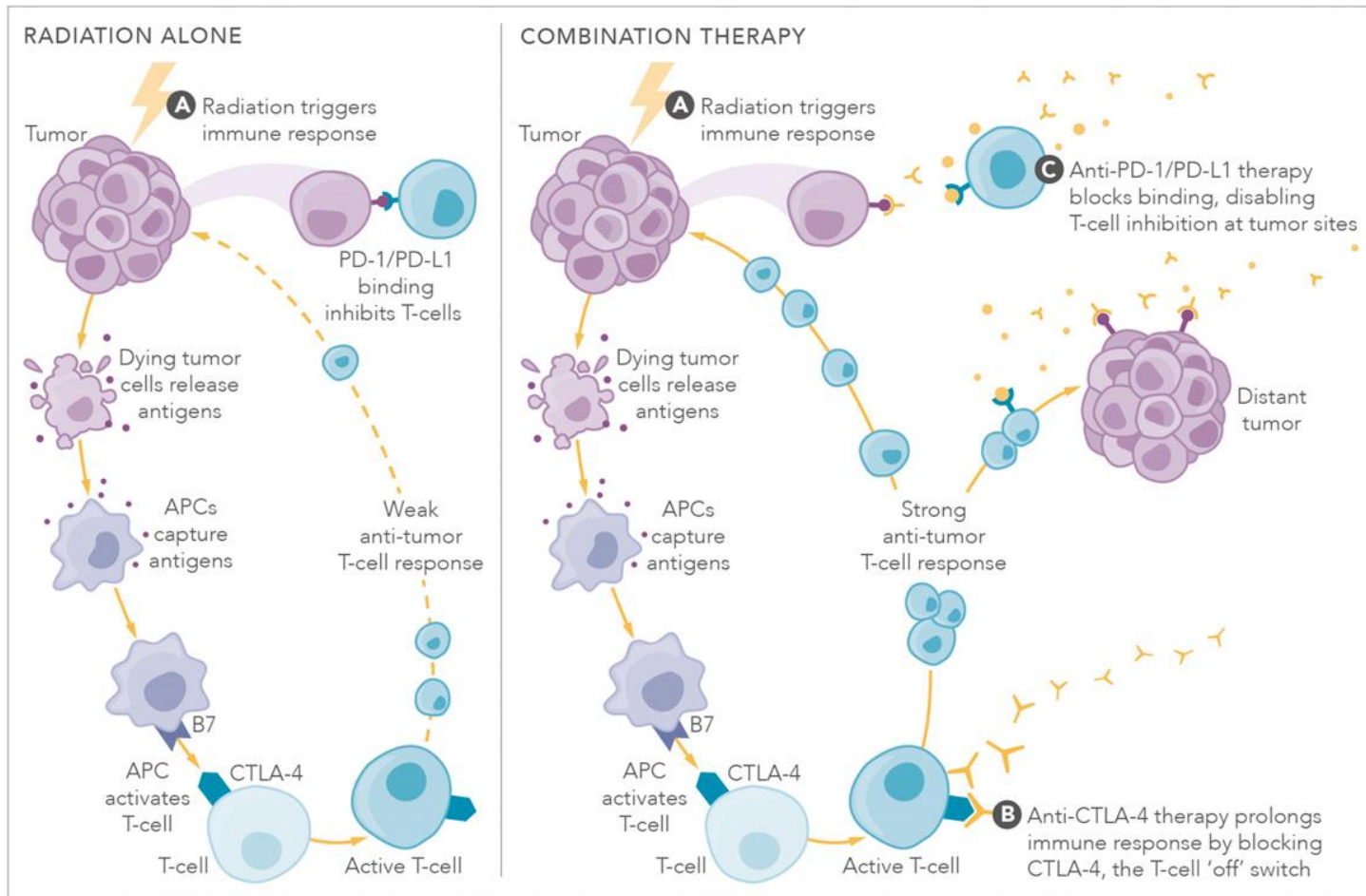
Klug et al.¹²

Dovedi et al.²³



RT + Immunotherapy

RT alone fails to elicit a strong systemic antitumor response



SBRT + Immunotherapy

Ongoing studies

| | NCT03446547 | NCT03110978 | NCT03446911 |
|------------------|-------------------------------------|--|---|
| Site | ASTEROID (Sweden) | I-SABR (MDACC) | VUMC |
| N | 216 | 140 | 20 |
| Primary endpoint | Time to progression | Event-free survival | Toxicity |
| Arm A | SBRT | SBRT | SBRT prior to OP |
| Arm B | SBRT → Durvalumab Q4W for 12M | SBRT → Nivolumab Q2W for 7 doses | SBRT prior to OP + Pembrolizumab #2 |

SBRT for Clinically Diagnosed NSCLC

Japanese multi-institutional retrospective study

- 115 patients
 - Tumors were highly suggestive of primary lung cancer
 - Diagnosed as stage I lung cancer clinically
 - No pathologic diagnosis
- SBRT: 30-70 Gy in 2-10 fractions (Median BED 106 Gy₁₀)

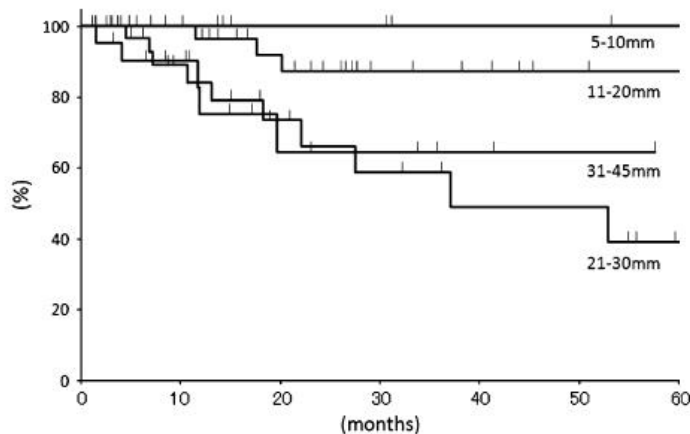


Fig. 1. Kaplan-Meier curve of overall survival rates for the patients with a tumor size (diameter) of 5 to 10 mm ($n = 11$), 11 to 20 mm ($n = 47$), 21 to 30 mm ($n = 35$), and 31 to 45 mm ($n = 22$).

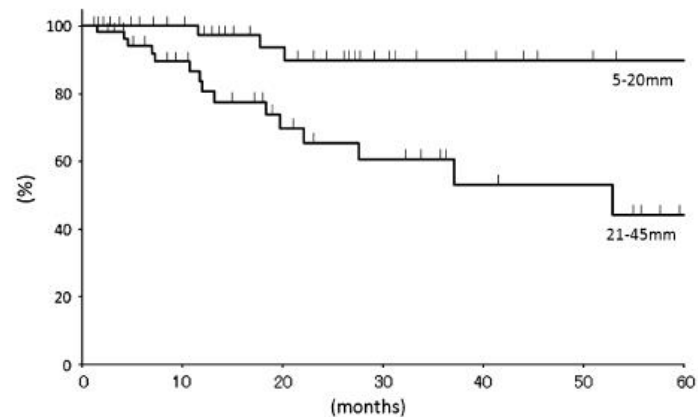


Fig. 2. Kaplan-Meier curve of overall survival rates for the patients with a tumor size (diameter) of 5 to 20 mm ($n = 58$) and 21 to 45 mm ($n = 57$). A statistically significant difference was found ($p < 0.0005$) between the two groups.

SBRT for Clinically Diagnosed NSCLC

Japanese multi-institutional retrospective study

- Tumor size ≤ 20 mm
 - Local progression: 2 (3.4%)
 - Grade 2 pulmonary complication: 2 (3.4%)
- Tumor size > 20 mm
 - Local progression: 3 (5.3%)
 - Grade 2/3/5 toxicity: 5 (8.8%), 3 (5.3%), 1 (1.8%)

SBRT for Clinically Diagnosed NSCLC

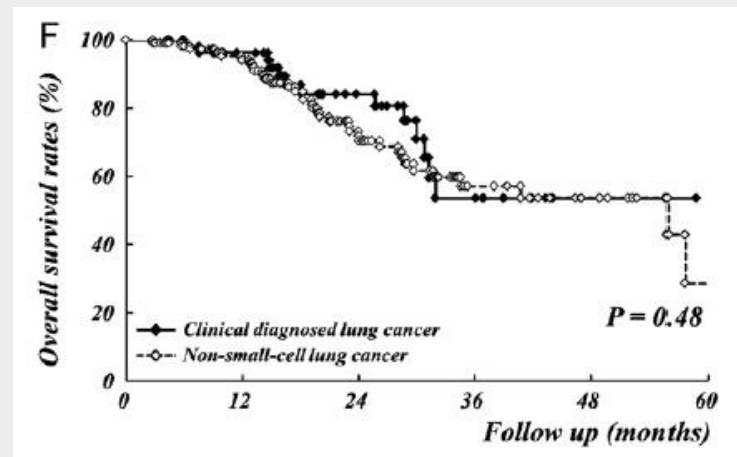
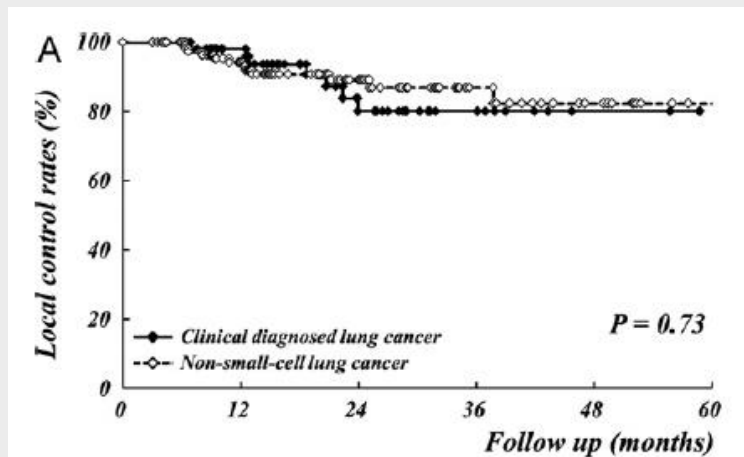
Comparison with histologically-proven NSCLC

| | Pathological NSCLC | Clinical NSCLC | p-Value |
|------------------------------|---------------------|----------------------|----------|
| No. of patients | 115 | 58 | |
| Median follow up (month) | 21.2 (6–63.7) | 20.2 (6–58.8) | n.s. |
| Median age (range) | 78 (55–89) | 79 (65–91) | n.s. |
| Male/female | 90 (78%)/25 (22%) | 35 (60%)/23 (40%) | p < 0.05 |
| Body mass index | 21.13 (14.15–37.56) | 22.18 (14.75–33.43) | n.s. |
| Operability: yes/no | 31 (27%)/84 (73%) | 7 (12%)/51 (88%) | p < 0.01 |
| History of other cancers | 25 (22%) | 13 (22%) | n.s. |
| Median maximum diameter (cm) | 2.8 (0.5–6.2) | 2.65 (1–5.3) | n.s. |
| ITV (ml) | 11.33 (0.47–77.24) | 8.99 (1.74–79.42) | n.s. |
| PTV (ml) | 41.32 (7.33–169.51) | 38.11 (14.08–164.65) | n.s. |
| Location: central/peripheral | 35 (30%)/80 (70%) | 18 (31%)/40 (69%) | n.s. |
| T stage | | | n.s. |
| T1a | 27 (23%) | 20 (34%) | |
| T1b | 38 (33%) | 16 (28%) | |
| T2a | 38 (33%) | 20 (34%) | |
| T2b | 5 (4%) | 1 (2%) | |
| T3 | 2 (2%) | 0 (0%) | |
| T4 (aorta: 5, PA: 1) | 5 (4%) | 1 (2%) | |
| Biopsy attempted | 115 (100%) | 30 (52%) | p < 0.01 |
| Opacity: GGO (+solid)/solid | 12 (10%)/103 (90%) | 5 (9%)/53 (91%) | n.s. |

SBRT for Clinically Diagnosed NSCLC

Comparison with histologically-proven NSCLC

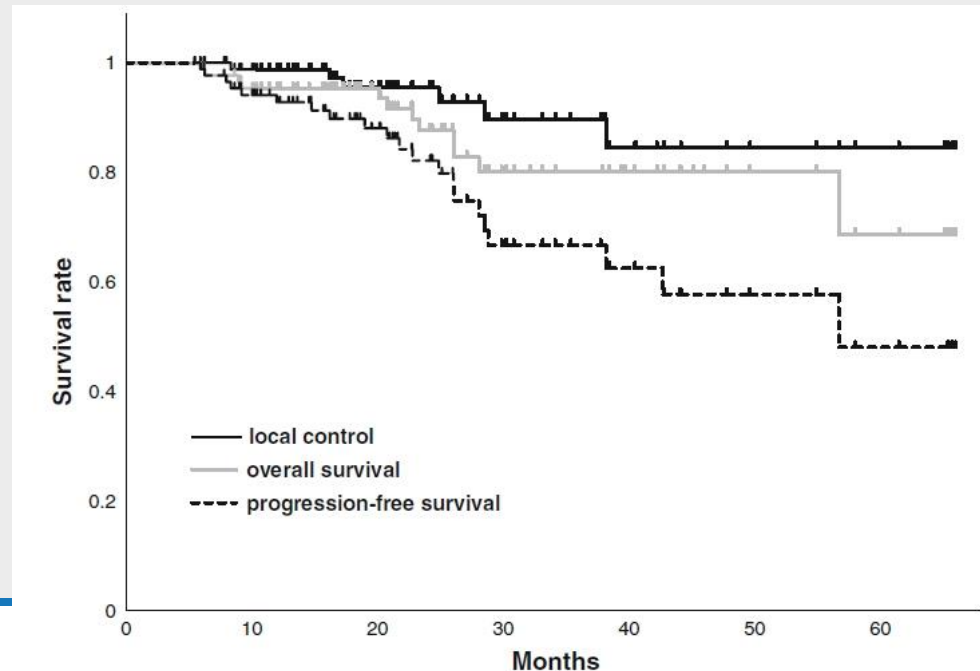
- SBRT: 40-50 Gy in 5 fractions
- No significant differences in treatment outcomes



SBRT for Clinically Diagnosed NSCLC

Single institution retrospective study

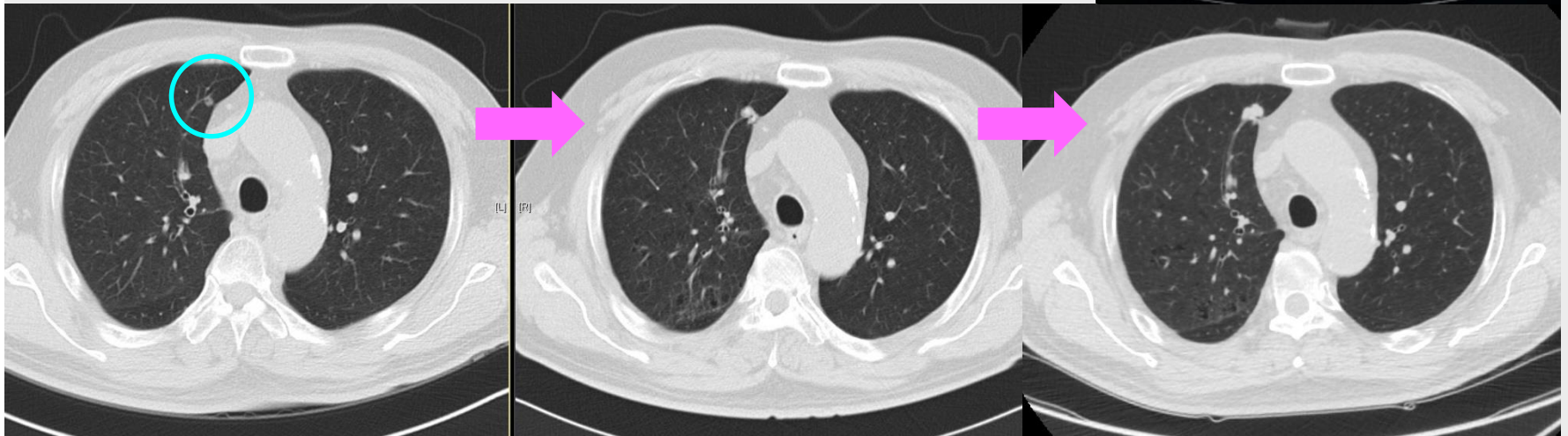
- 88 patients with small lung lesions (8-40 mm, median 19 mm)
- SBRT: 48 Gy in 4 fractions
- 3Y LC, PFS, OS: 90%, 67%, 80%
- Grade 2 toxicity: Pneumonitis 2 (2.3%), rib fractures 6 (6.8%)



SBRT for Clinically Diagnosed NSCLC

M/73

- r/o Lung cancer (RUL, cT1N0)
 - 건강검진 detected RUL nodule (2015.11.20)
 - Increased size (2017.3.21)
 - DM CKD (stage 5), Chronic ischemic stroke
- PFT (2017/8/8): FEV1 2.40L (74%), DLCO 56%



2015.11.20



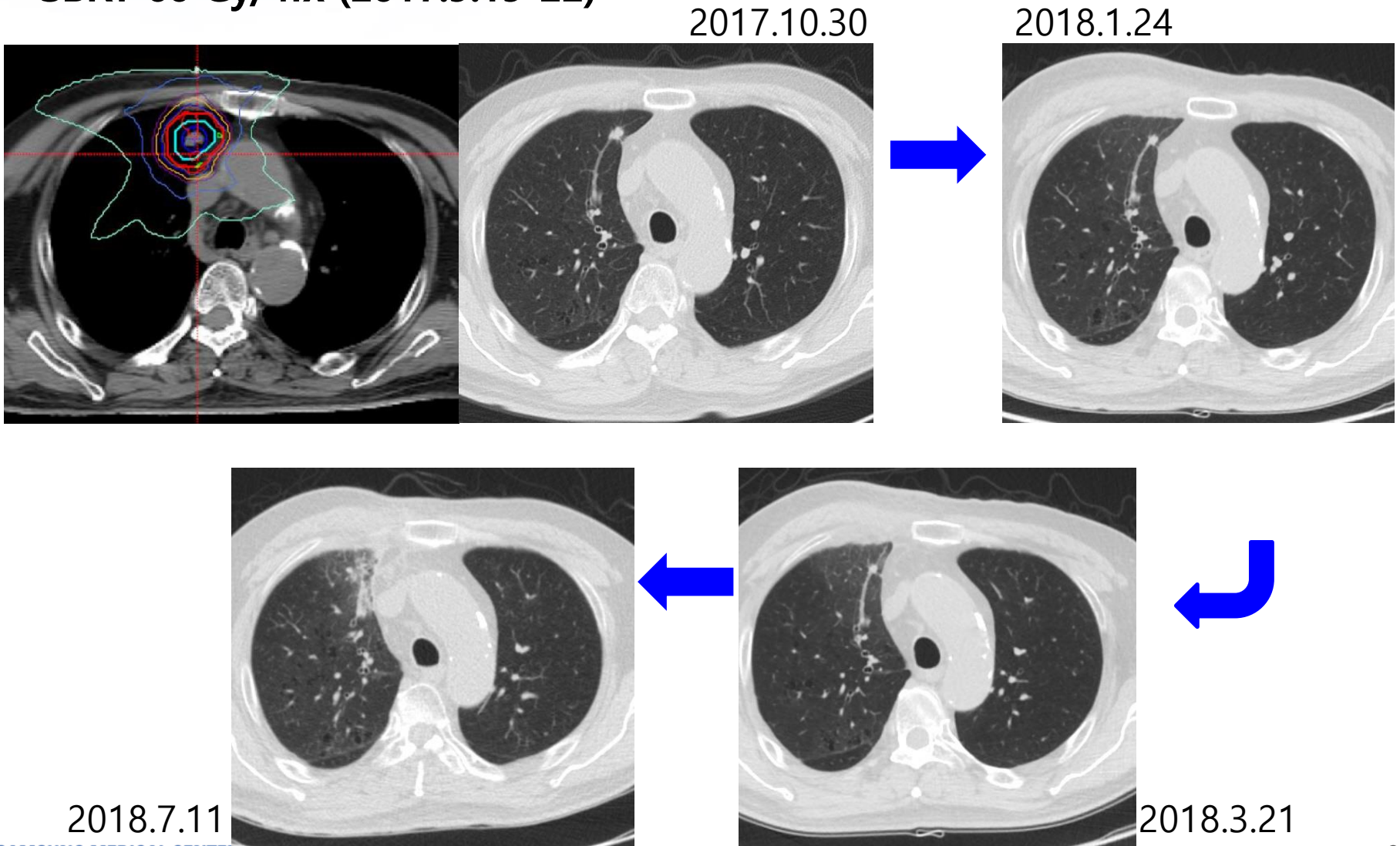
2017.3.21



2017.7.24

SBRT for Clinically Diagnosed NSCLC

SBRT 60 Gy/4fx (2017.9.19-22)



SBRT for Clinically Diagnosed NSCLC

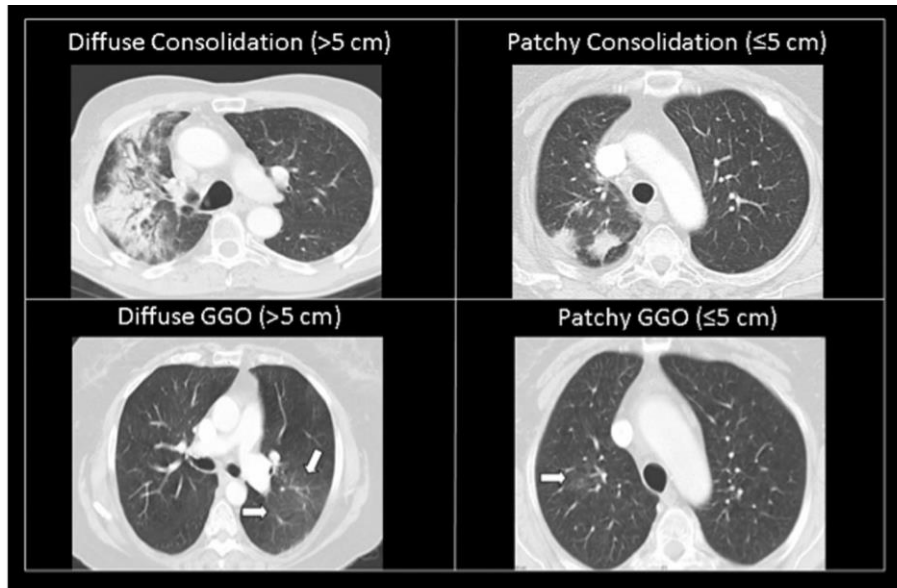
Summary

- **Pathological diagnosis** is necessary in principle.
- Invasive diagnostic procedures will be more frequently impossible because of patient's **severe comorbidity**.
- SBRT should be used with great caution.

Radiologically Change

68 lesions from 61 patients

A



B



TABLE 2. Scoring System for Classifying Acute Radiological Changes After Stereotactic Body Radiotherapy (SBRT)⁸

| Name | Description |
|----------------------------------|---|
| Diffuse consolidation | Consolidation more than 5 cm in largest dimension. The involved region contains more consolidation than aerated lung |
| Patchy consolidation | Consolidation less than 5 cm in largest dimension and/or the involved region contains less consolidation than aerated lung |
| Diffuse GGO | More than 5 cm of GGO, (without consolidation). The involved region contains more GGO than normal lung |
| Patchy GGO | Less than 5 cm of GGO, (without consolidation), and/or the involved region contains less GGO than normal lung |
| No evidence of increased density | No new abnormalities. Includes patients with tumors that are stable, regressing or resolved, or fibrosis in the position of the original tumor that is not larger than the original tumor |

GGO, ground glass opacity.

TABLE 3. Scoring System for Classifying Late Radiological Changes After Stereotactic Body Radiotherapy (SBRT)¹⁰

| Name | Description |
|----------------------------------|--|
| Modified conventional pattern | Consolidation, volume loss, and bronchiectasis similar to, but usually less extensive than, conventional radiation fibrosis. Larger than the original tumor size. Occasionally with associated GGO |
| Mass-like fibrosis | Well-circumscribed focal consolidation limited to area surrounding the tumor. The abnormality must be larger than the original tumor |
| Scar-like fibrosis | Linear opacity in the region of the tumor associated with volume loss |
| No evidence of increased density | No new abnormalities. Includes patients with tumors that are stable, regressing or resolved, or fibrosis in the position of the original tumor that is not larger than the original tumor |

GGO, ground glass opacity.

Radiologically Changes after SBRT

Clinicians should be aware of these radiological findings

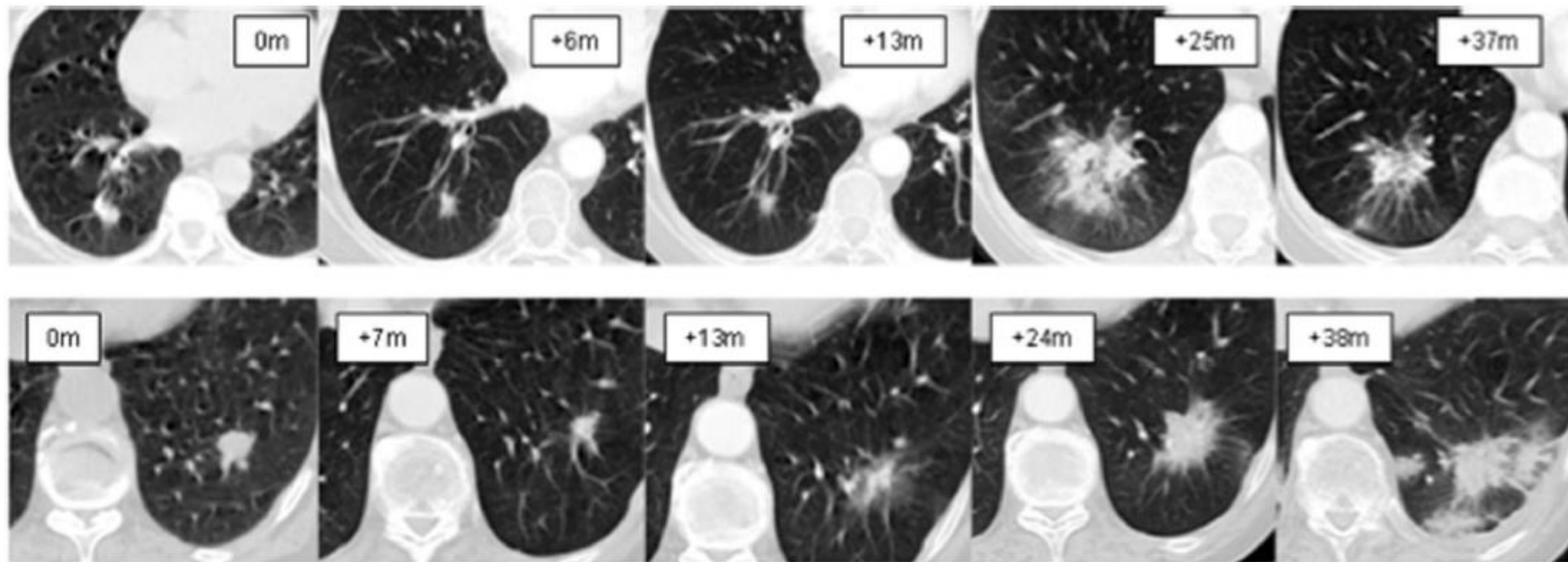


FIGURE 4. These two examples illustrate the dynamic nature of computed tomography (CT) changes after lung stereotactic body radiation therapy (SBRT) 3×20 Gy. In the top panel, the treatment CT is on the left. From left to right: “no increase in density” on CT at +6 and +13 months and then a “modified conventional” pattern first appears at +25 months and is still present at +37 months. In the case illustrated in the bottom panel, the treatment CT is again on the left. From left to right: no increase in density at +7 months changing to modified conventional pattern at +13 months, evolving to “mass-like” change on CT at +24 months post-SBRT and then reverting again to modified conventional at +38 months.

SBRT for Patients with ILD

Impact of pretreatment ILD on radiation pneumonitis

- 157 patients underwent SBRT for stage I NSCLC
- Pretreatment CT images were retrospectively evaluated.
- 20 patients with ILD findings: 11 UIP, 9 non-UIP patterns
- Cumulative incidence of Gr ≥ 2 RP: 18.7% \rightarrow 55.0% vs. 13.3%
- 3Y OS: 53.8% vs. 70.8% (p=0.28)

TABLE 2. Numbers and Rates of Worst Radiation Pneumonitis Grade

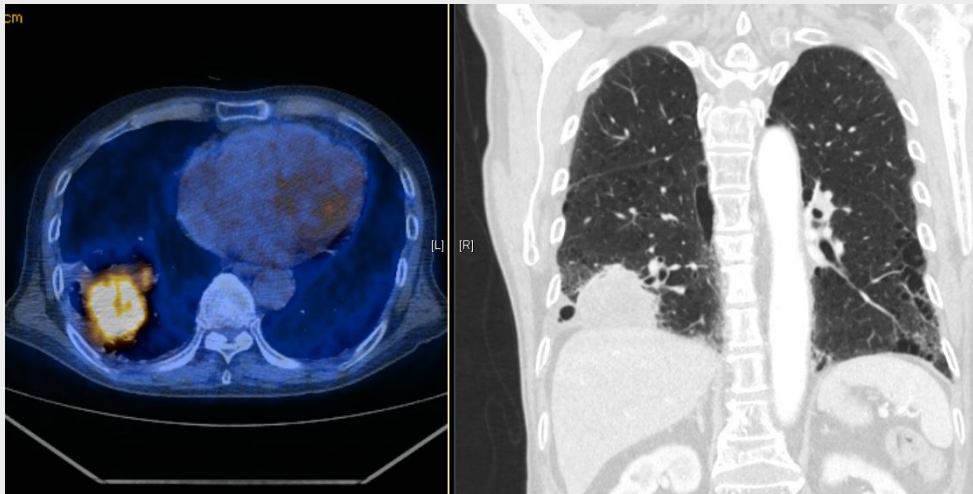
| RP Grade | All | ILD(+) | ILD(-) |
|---------------------|----------------|---------------|----------------|
| No. of Patients (%) | <i>n</i> = 157 | <i>n</i> = 20 | <i>n</i> = 137 |
| None | 19 (12.1%) | 1 (5.0%) | 18 (13.1%) |
| Grade 1 | 109 (69.4%) | 8 (40.0%) | 101 (73.7%) |
| Grade 2 | 25 (15.9%) | 9 (45.0%) | 16 (11.7%) |
| Grade 3 | 1 (0.6%) | 1 (5.0%) | 0 (0%) |
| Grade 4 | 2 (1.3%) | 1 (5.0%) | 1 (0.7%) |
| Grade 5 | 1 (0.6%) | 0 (0%) | 1 (0.7%) |

ILD, interstitial lung disease; RP, radiation pneumonitis.

SBRT for Patients with ILD

M/75

- r/o Lung cancer (RLL, cT2bN0)
 - Primary pathology not proven, EBUS-TBNA #2R/4R/7/11R (-)
 - Underlying ILD (since 2014) with emphysema
 - 건축현장 천장수리 40년
- PFT (2016/5/20): FEV1 2.63L (94%), DLCO 34%



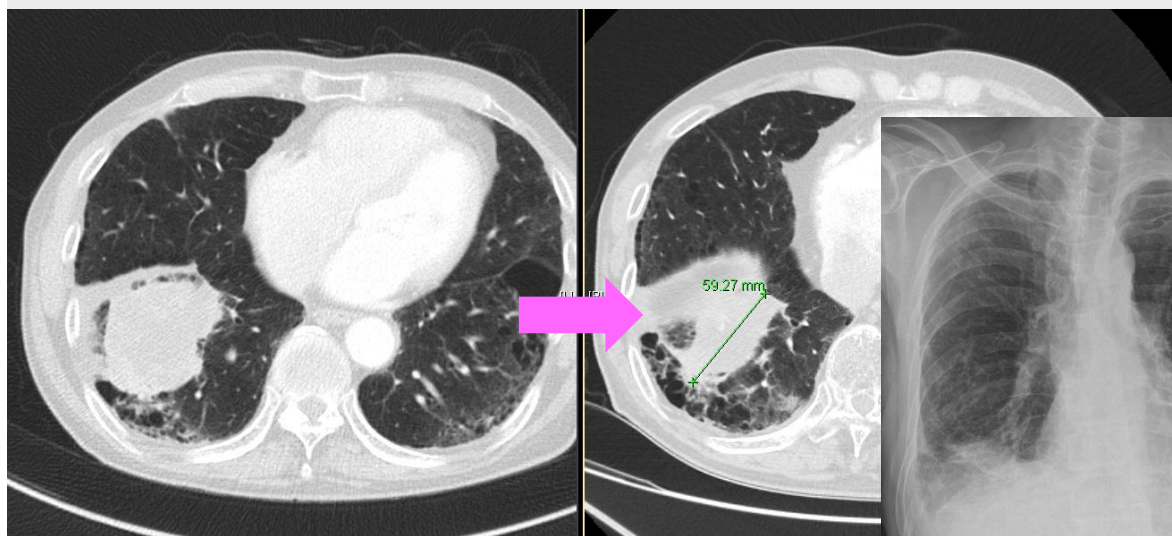
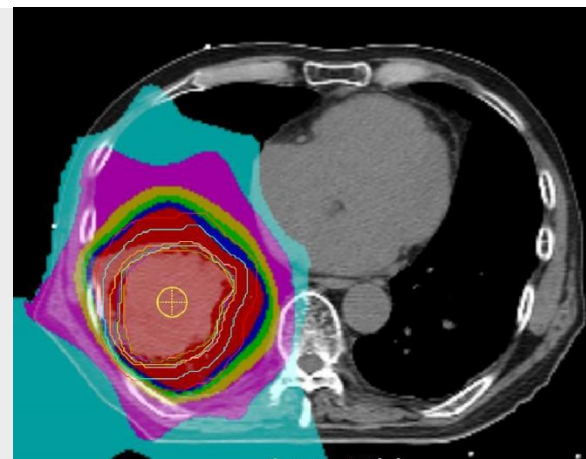
2016.5.26

2016.7.8

SBRT for Patients with ILD

M/75

- Definitive PT 60 CGE/10fx (2016.8.10-25)
- Aggravated dyspnea (2016.11.9)
→ Expired (2016.11.11)



2016.7.8 → 9.28



2016.11.9

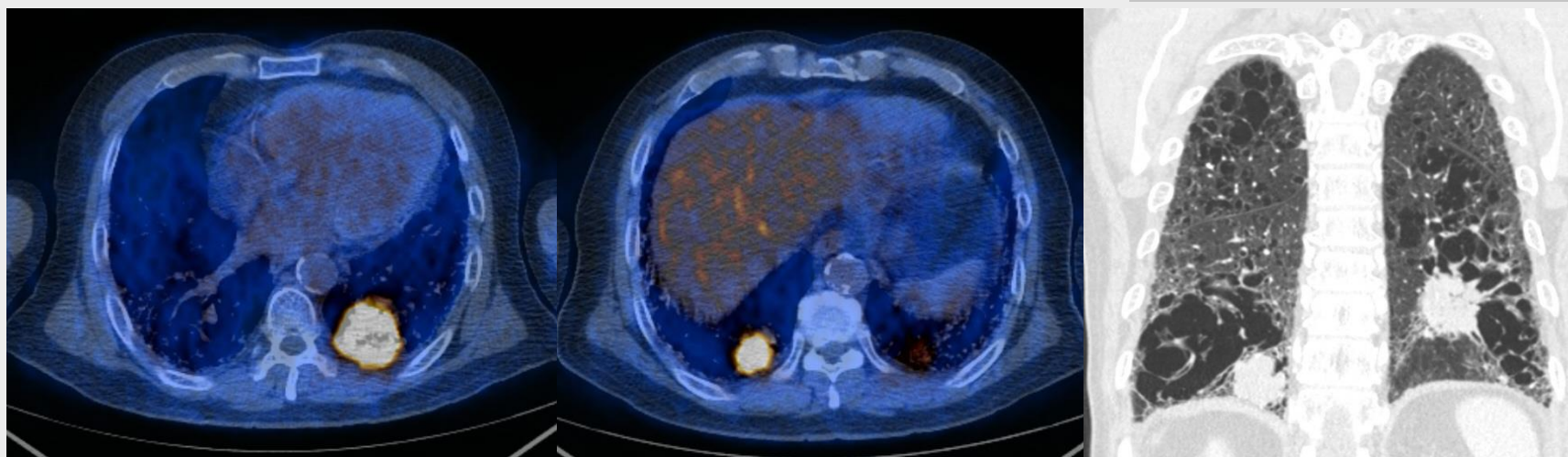
SBRT for Patients with IPF

M/69

- Bilateral lung cancer (LLL AD, RLL carcinoma)
 - Underlying IPF combined emphysema
 - Angina, s/p PCI (2011), s/p CAG (2006)
 - CKD
- PFT (2017/4/13): FEV1 1.99L (78%), DLCO 31%

Lung Perfusion Result

| | | |
|------------|-------|-------|
| (Counts) | Left | Right |
| Upper | 084K | 043K |
| Middle | 125K | 199K |
| Lower | 029K | 063K |
| Total | 238K | 304K |
| (% Ratios) | Left | Right |
| Upper | 15.48 | 7.87 |
| Middle | 23.12 | 36.69 |
| Lower | 5.28 | 11.56 |
| Total | 43.88 | 56.12 |

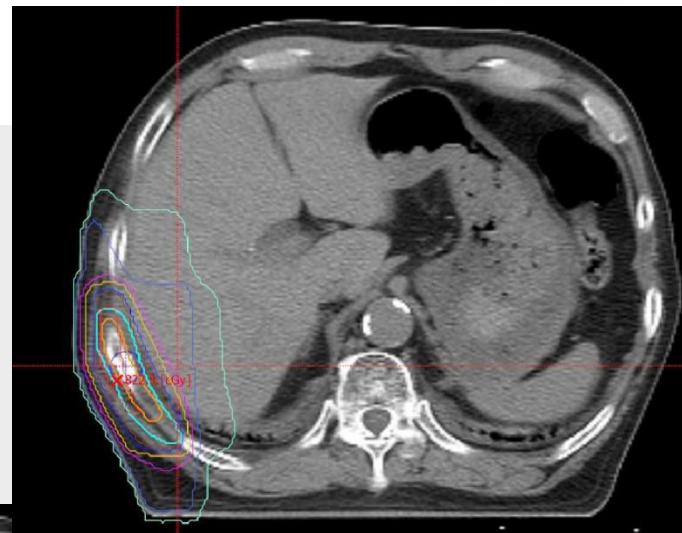
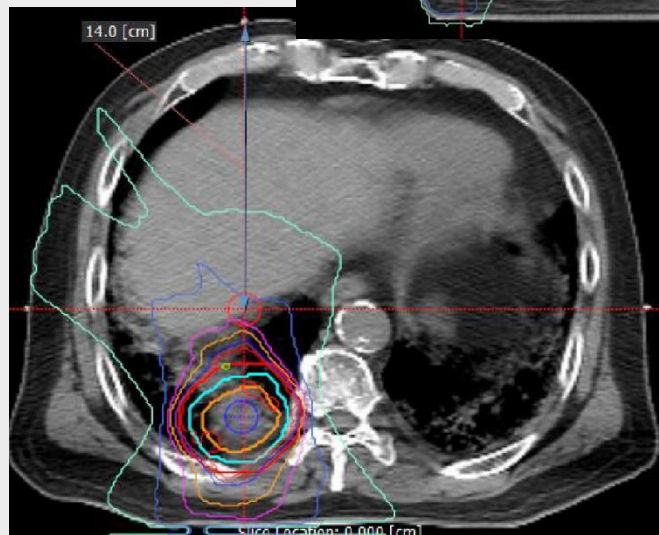
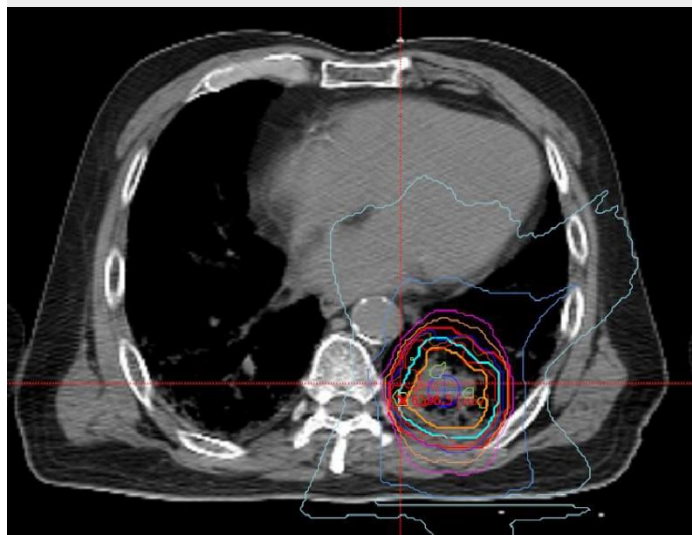


2017.4.13

SBRT for Patients with IPF

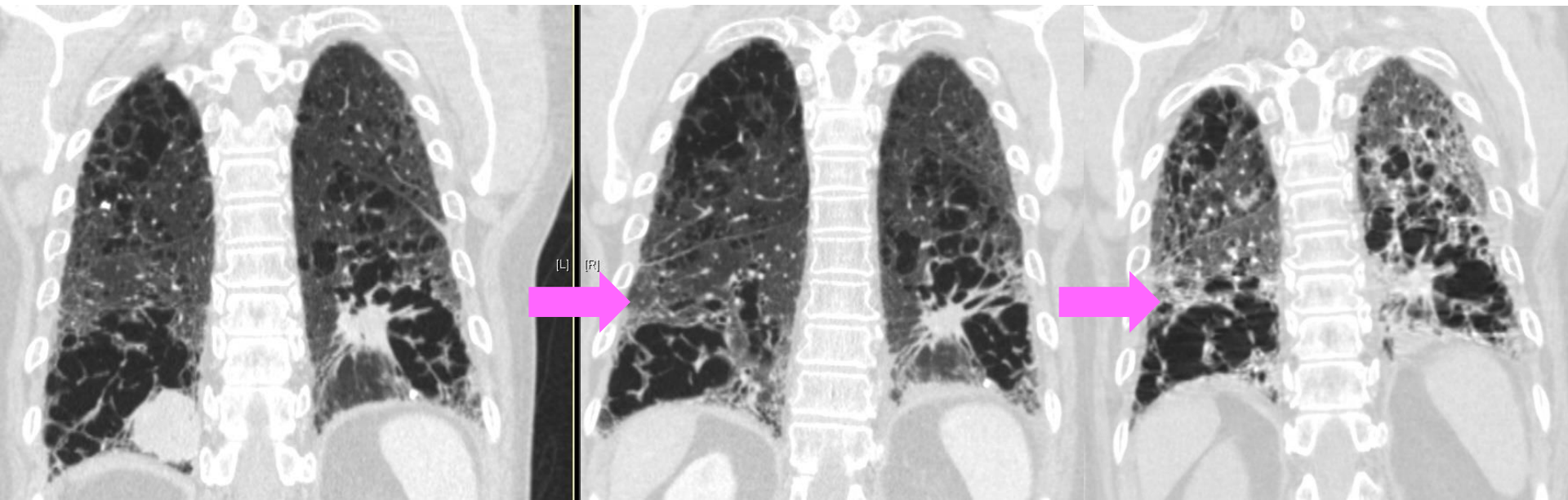
M/69

- SBRT to LLL 60 Gy/4fx (2017.4.25-28)
- SBRT to RLL 60 Gy/4fx (2017.6.5-9)
- Palliative RTx to Rt rib 8 Gy/1fx (2017.9.6)



SBRT for Patients with IPF

2017.10.7 expired d/t IPF AE



2017.6.1



2017.7.10



2017.9.3

Proton Therapy

양성자를 높은 에너지로 가속하여 암 조직을 파괴하는 치료

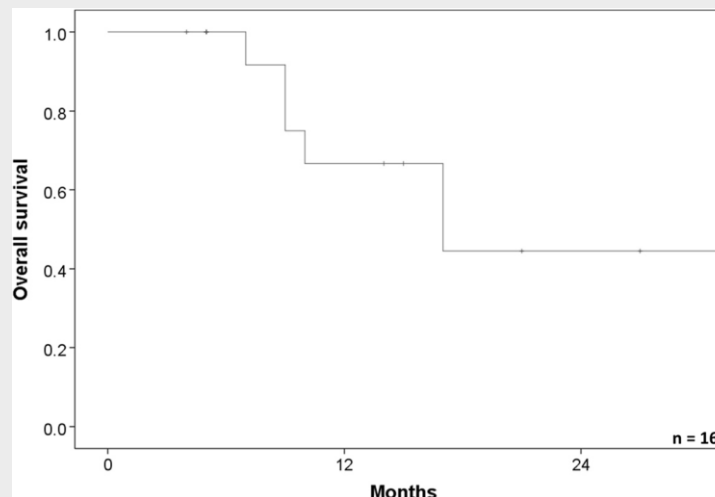
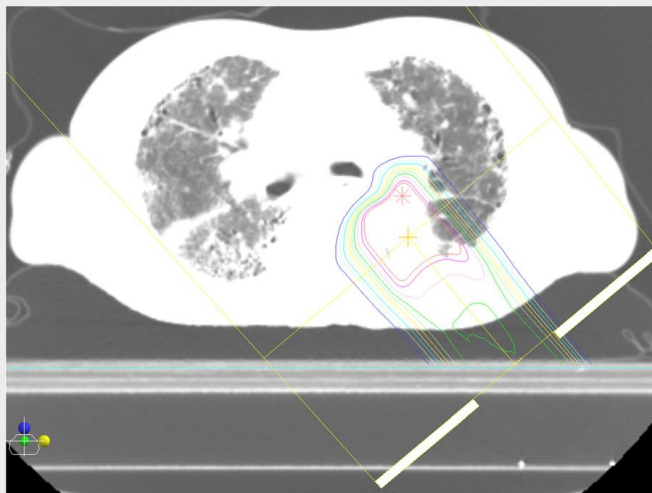
- **Bragg peak**: 일정한 깊이에서 최대의 에너지를 집중
 - Bragg peak 이후에는 전혀 방사선이 남지 않음 (**멈춘다**)
 - X-선에 비해 정상 조직에 조사되는 방사선이 적음
- Potential indication in early stage NSCLC
 - Larger tumors
 - Central tumors
 - Tumors near the brachial plexus
 - Multiple tumors



- Small peripheral lesions: Rarely improves dosimetry in a clinically meaningful way

Proton Therapy for Patients with IPF

- 16 IPF patients received PBT for lung tumors (15 primary)
- Median dose: 80.0 Gy RBE (range, 66.0-86.4 Gy RBE)
- Cumulative incidence of RP: 19.8% (Gr 5 in 1 case)
- 1Y/2Y OS: 69.6%, 44.4%



Proton Therapy for Patients with IPF

M/78

- NSCLC (AD,RLL,cT2aN0)
 - Inoperable d/t IPF, old age (outside hospital)
 - HTN, BPH on medication
- PFT (2017/7/28): FEV1 1.93L (65%), DLCO 89%

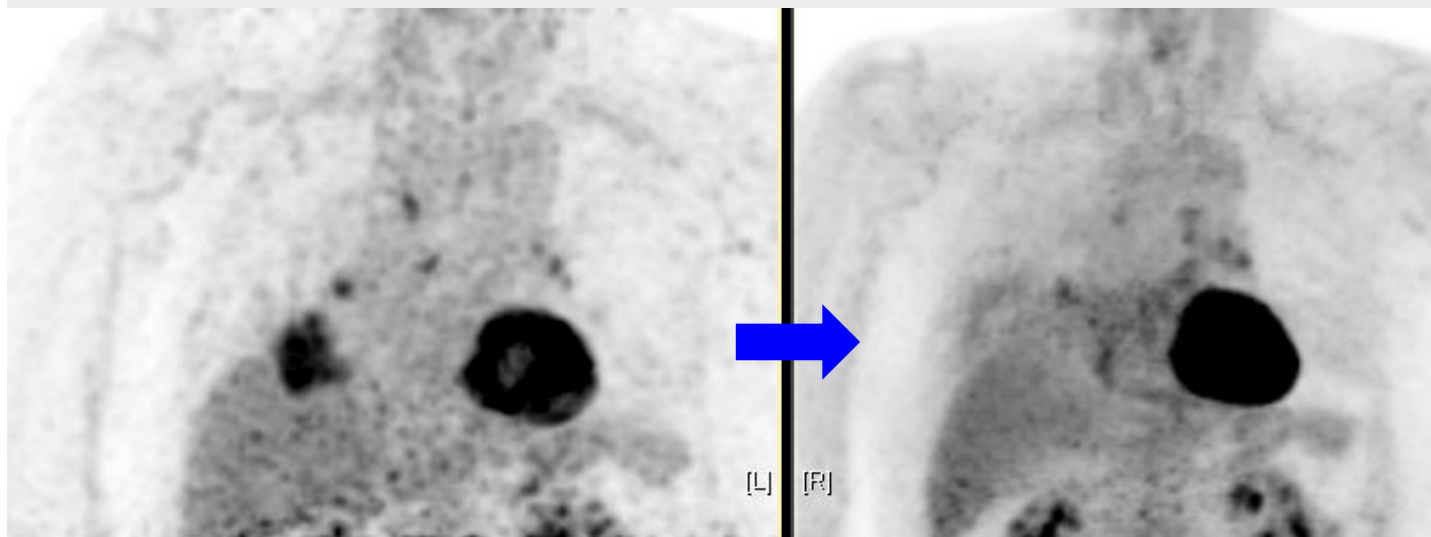
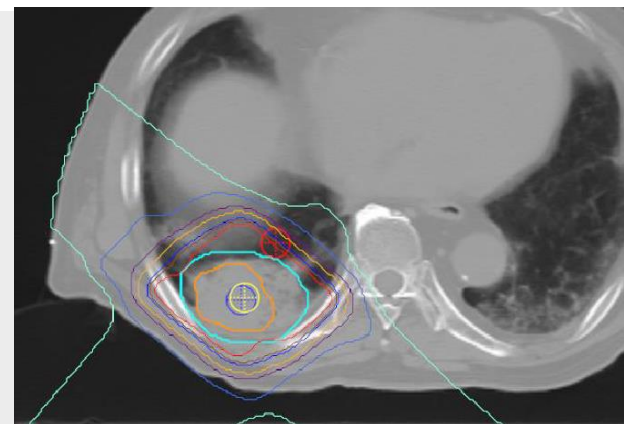


2017.7.28

Proton Therapy for Patients with IPF

M/78

- Definitive PT 64 CGE/8fx (2017.8.31-9.11)
- PFT (2017/10/30): FEV1 2.30L (82%)
- PFT (2018/2/8): FEV1 1.81L (65%)
- PFT (2018/6/4): FEV1 1.99L (68%) DLCO 77%



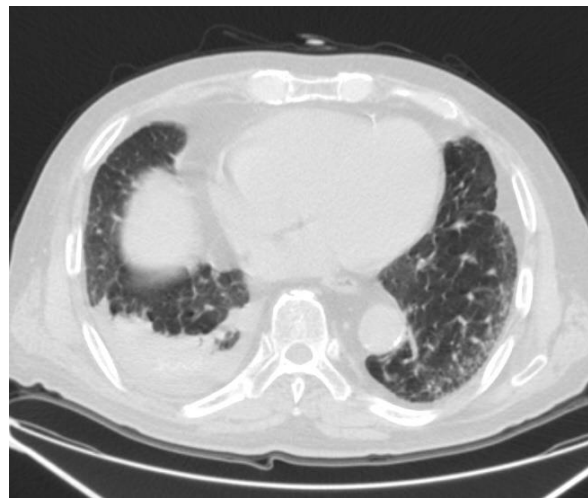
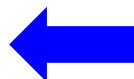
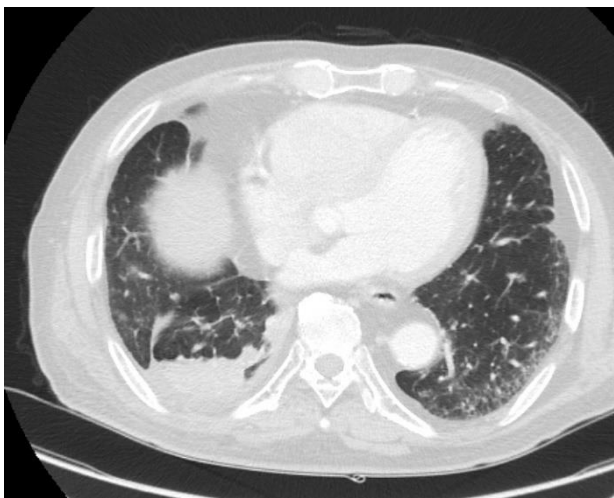
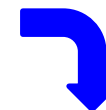
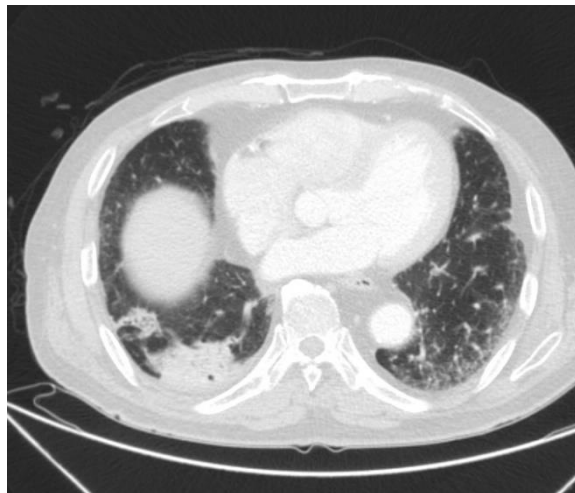
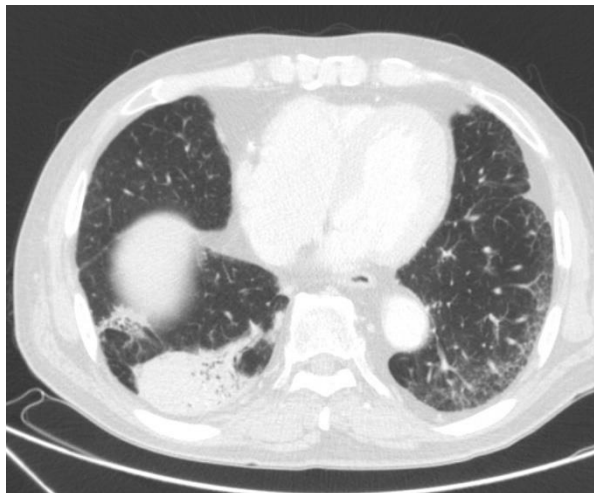
2017.7.6 → 2018.1.29

Proton Therapy for Patients with IPF

M/78

2017.7.28

2017.10.21



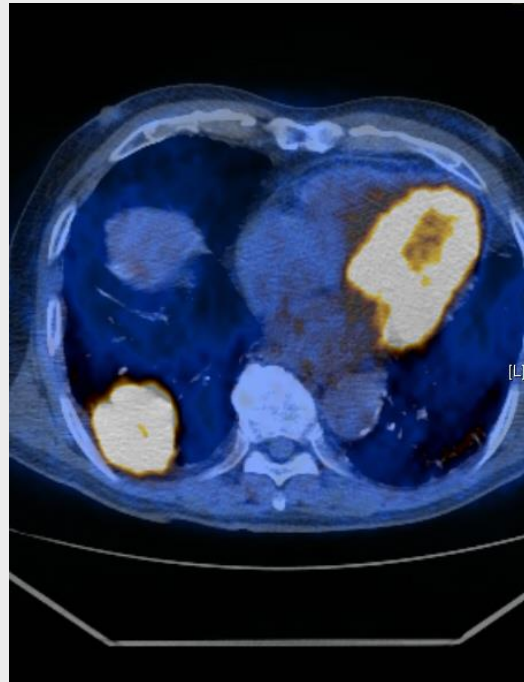
2018.5.4

2018.1.29

Proton Therapy for Patients with IPF

M/86

- NSCLC (SQ,RLL,cT3N0)
 - IPF since 2009
 - CKD
- PFT failed

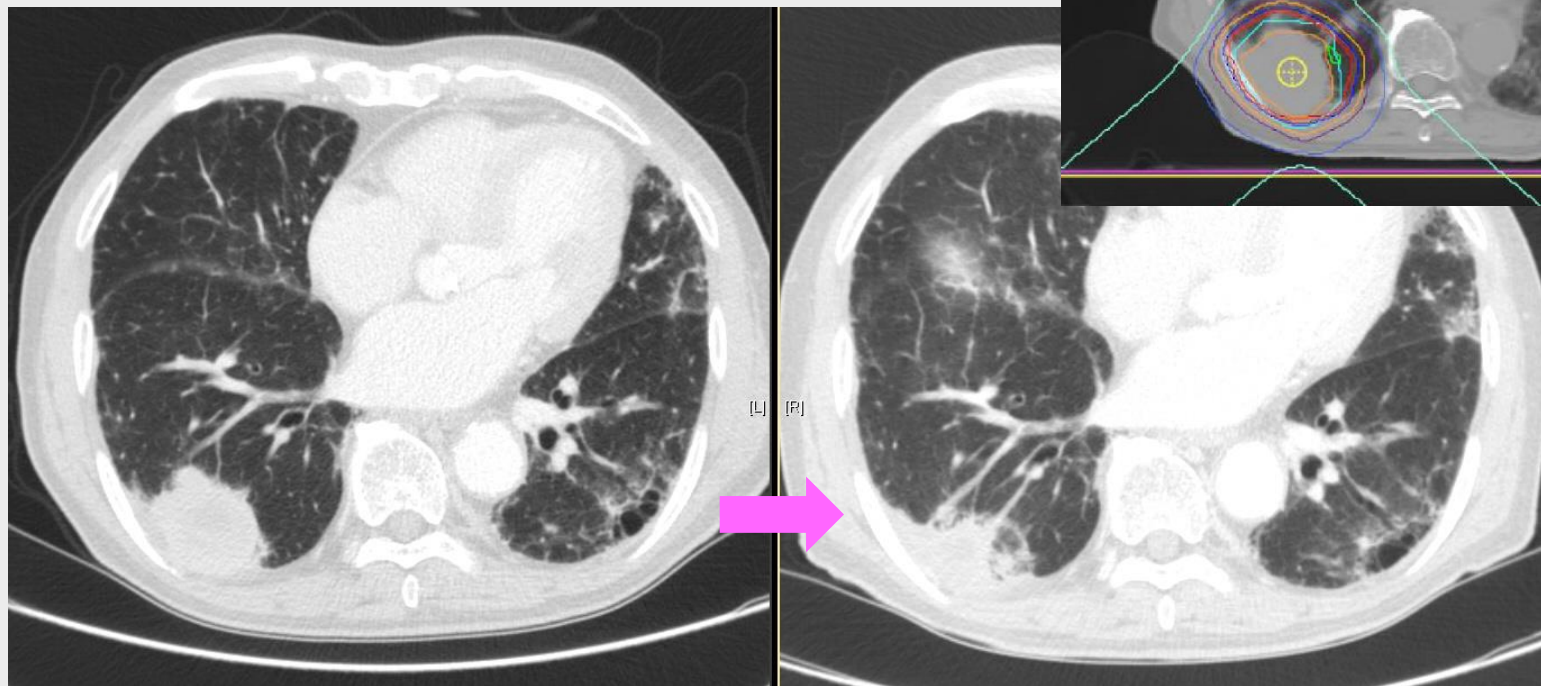


2018.3.8

Proton Therapy for Patients with IPF

M/86

- Definitive PT 64 CGE/8fx (2018.4.4-4.16)



2018.3.8 → 5.11

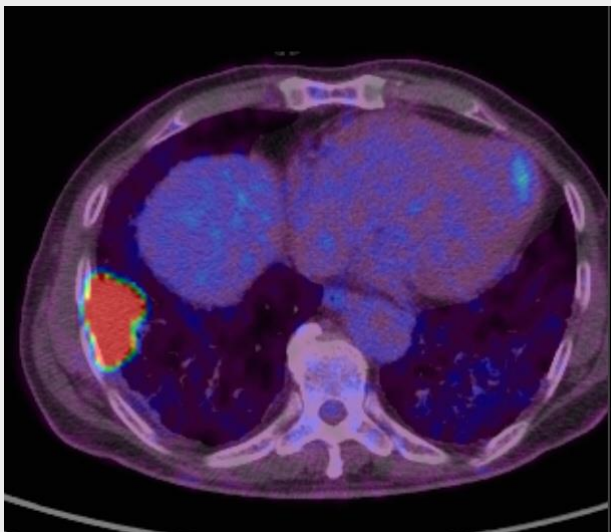
Proton Therapy for Patients with IPF

M/78

- NSCLC (SQ,RLL,cT3N0)
 - Underlying IPF
 - Cerebral infarction (2016.8.15)
- PFT (2017/3/31): FEV1 2.31L (104%) DLCO 56

Lung Perfusion Result

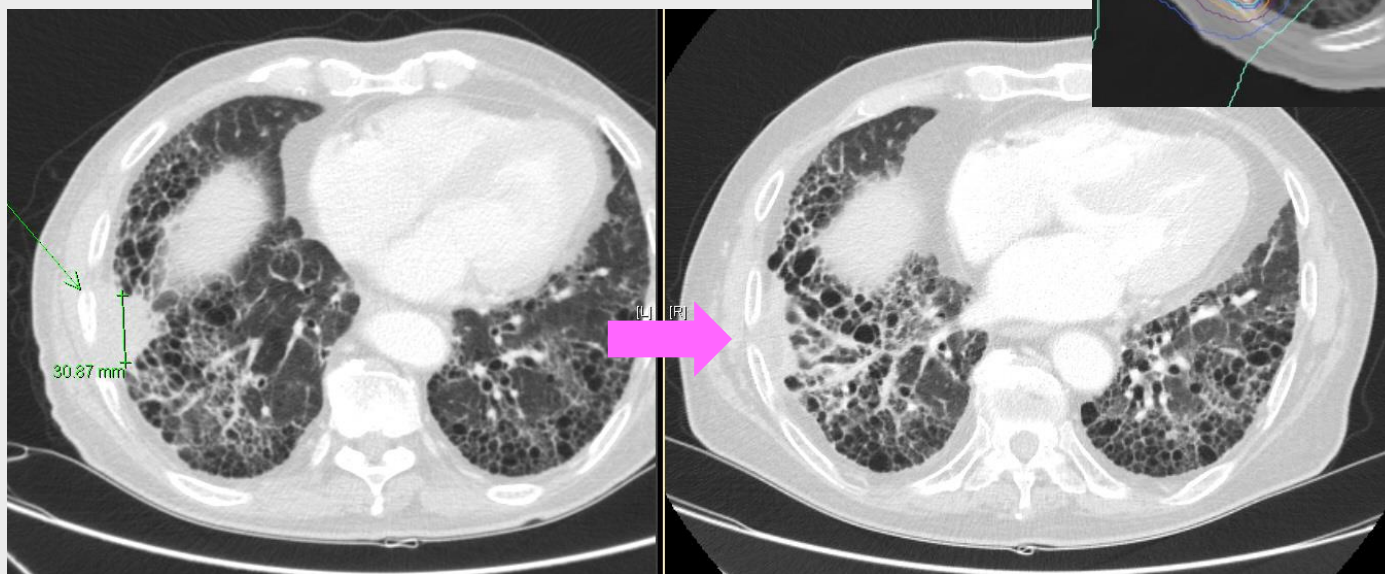
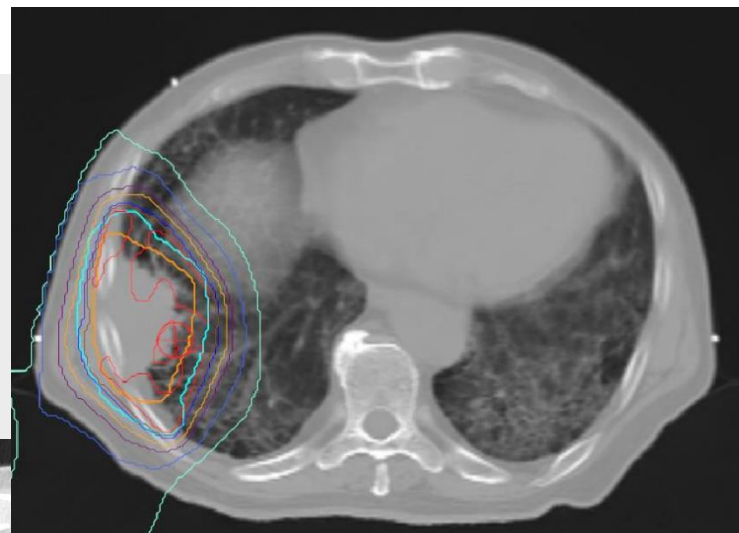
| | | |
|------------|-------|-------|
| (Counts) | Left | Right |
| Upper | 055K | 076K |
| Middle | 108K | 213K |
| Lower | 034K | 065K |
| Total | 197K | 354K |
| (% Ratios) | Left | Right |
| Upper | 9.96 | 13.74 |
| Middle | 19.59 | 38.73 |
| Lower | 6.20 | 11.78 |
| Total | 35.75 | 64.25 |



Proton Therapy for Patients with IPF

M/78

- Definitive PT 60 CGE/10fx (2017.4.19-5.4)
- Admission d/t radiation pneumonitis vs. IPF AE (2017.6.7-22)



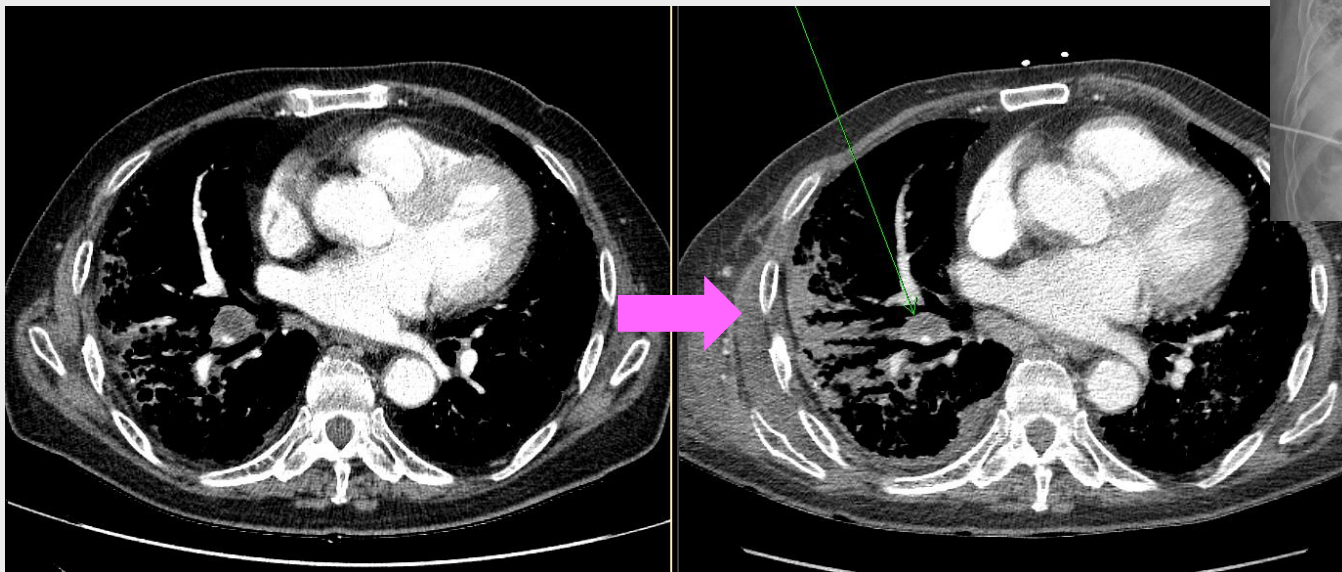
2017.5.31

2017.11.1

Proton Therapy for Patients with IPF

M/78

- PD with 10R LN with bronchopneumonia in both LL
 - GC #2 (2018.1.3-30)
 - Pembrolizumab #2 (2018.2.8-3.20)
- Expired d/t pneumonia (2018.4.21)

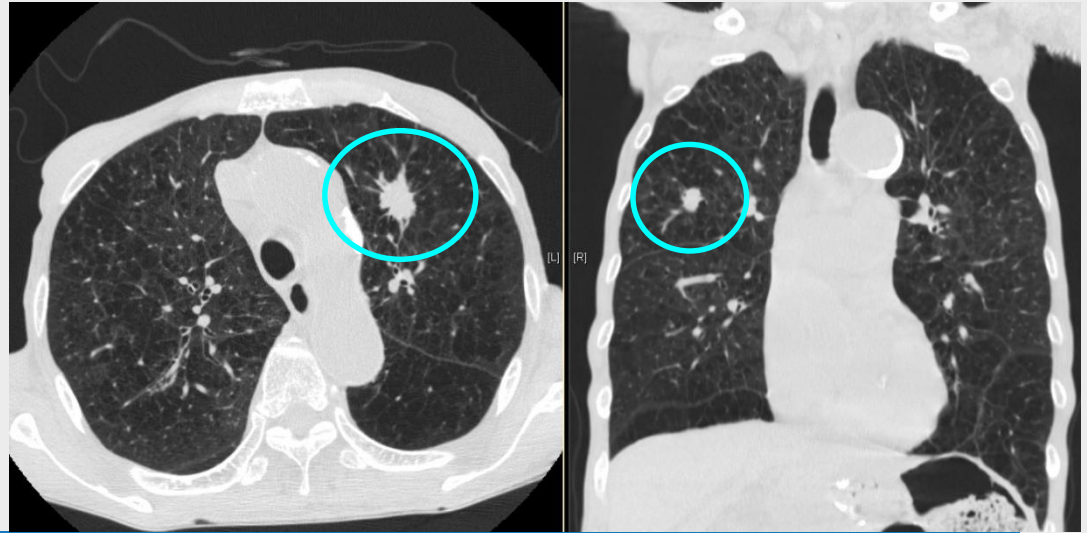


2017.11.1 2018.4.11

Patients with IPF

M/81

- r/o Lung cancer (RUL,LUL)
 - Underlying COPD
 - Both EIA, CFA stenosis
 - Stomach cancer, s/p STG B-I (2005.2.7)
- PFT (2018/1/22): FEV1 0.75L (36%)
- 체중 32 kg



2018.2.1

SBRT for Patients with ILD (IPF)

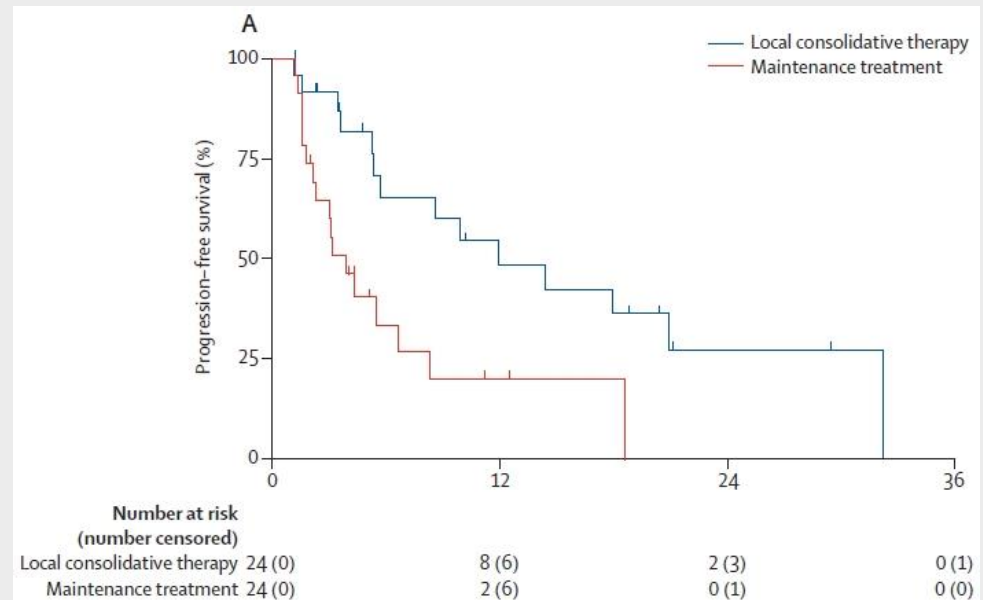
Summary

- SBRT for patients with ILD (IPF) should be used with great caution.
 - Patient selection is very important.
 - **Life expectancy** should be considered.
 - Proton therapy (SBPT) could be an useful option.
- 심한 폐기능 저하, 만성폐쇄성 질환 혹은 폐섬유화증을 가진 폐암 환자에서의 양성자치료 – 전향적 임상 연구
 - 병리학적으로 진단된 원발성 비소세포폐암 환자
 - 폐기능이 **FEV1 \leq 1.0 L or DLCO \leq 50% or PF** 진단 (폐섬유화증 여부는 호흡기내과 진료 확인 필요)

SBRT for Oligo-metastatic NSCLC

Multicentre, randomized, controlled, phase 2 study

- Stage IV NSCLC (≤ 3 metastatic lesions)
- No progression after 1st-line systemic therapy
- Local consolidative therapy vs. Maintenance treatment alone
- Primary endpoint: PFS \rightarrow Median 11.9 vs. 3.9 months ($p=0.0054$)
- Adverse events: Similar



SBRT for Oligo-metastatic NSCLC

Single center phase 2 randomized study

- Stage IV NSCLC (≤ 5 metastatic lesions) without driver mutation
- SD or PR after 4-6 cycles platinum chemotherapy
- SBRT before maintenance treatment
- Primary endpoint: PFS \rightarrow Median 9.7 vs. 3.5 months ($p=0.01$)
- No difference in toxic effect

Table 3. Patterns of Failure by Treatment Assignment^a

| Site of Progression | SAbR Plus Maintenance, No. | Maintenance, No. |
|---------------------|----------------------------|------------------|
| Brain | 1 | 4 |
| Liver | 2 | 0 |
| Lung | 0 | 8 |
| Bone | 1 | 1 |
| Pancreas | 1 | 0 |
| In-field | 0 | 7 |

Abbreviation: SAbR, stereotactic ablative radiotherapy.

^a Patients treated with SAbR had no failure within the treated field.

