

COPD : Year in Review 2024

COPD 원인과 발병 기전

강원대학교병원 호흡기내과 권오범

Pathobiology and Pathophysiology

- Inflammatory changes
- Structural changes
- Airflow obstruction and gas trapping
- Pulmonary gas exchange abnormalities
- Pulmonary hypertension
- Exacerbations
- Multi-morbidity

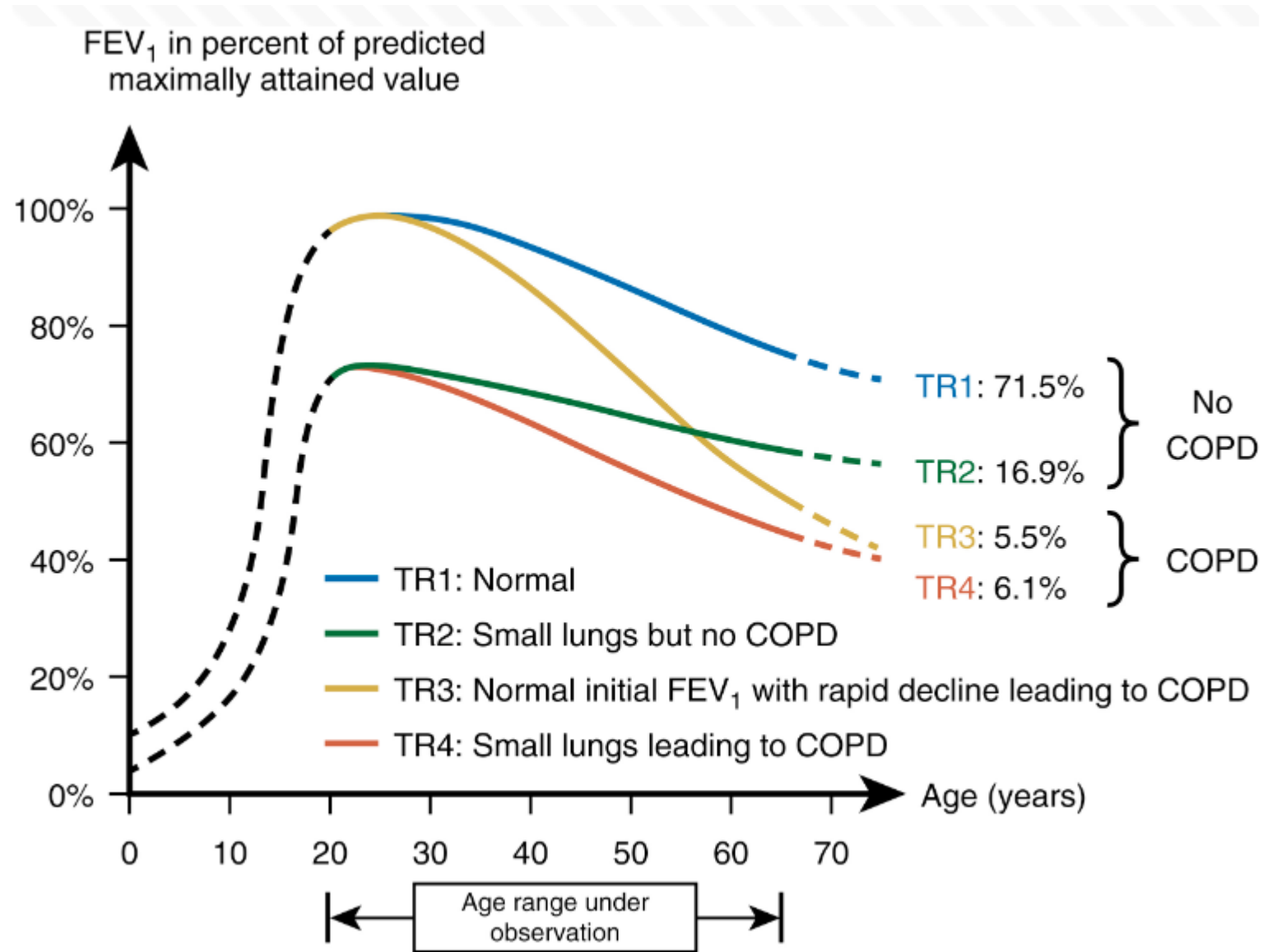
Proposed taxonomy (etiotypes) for COPD

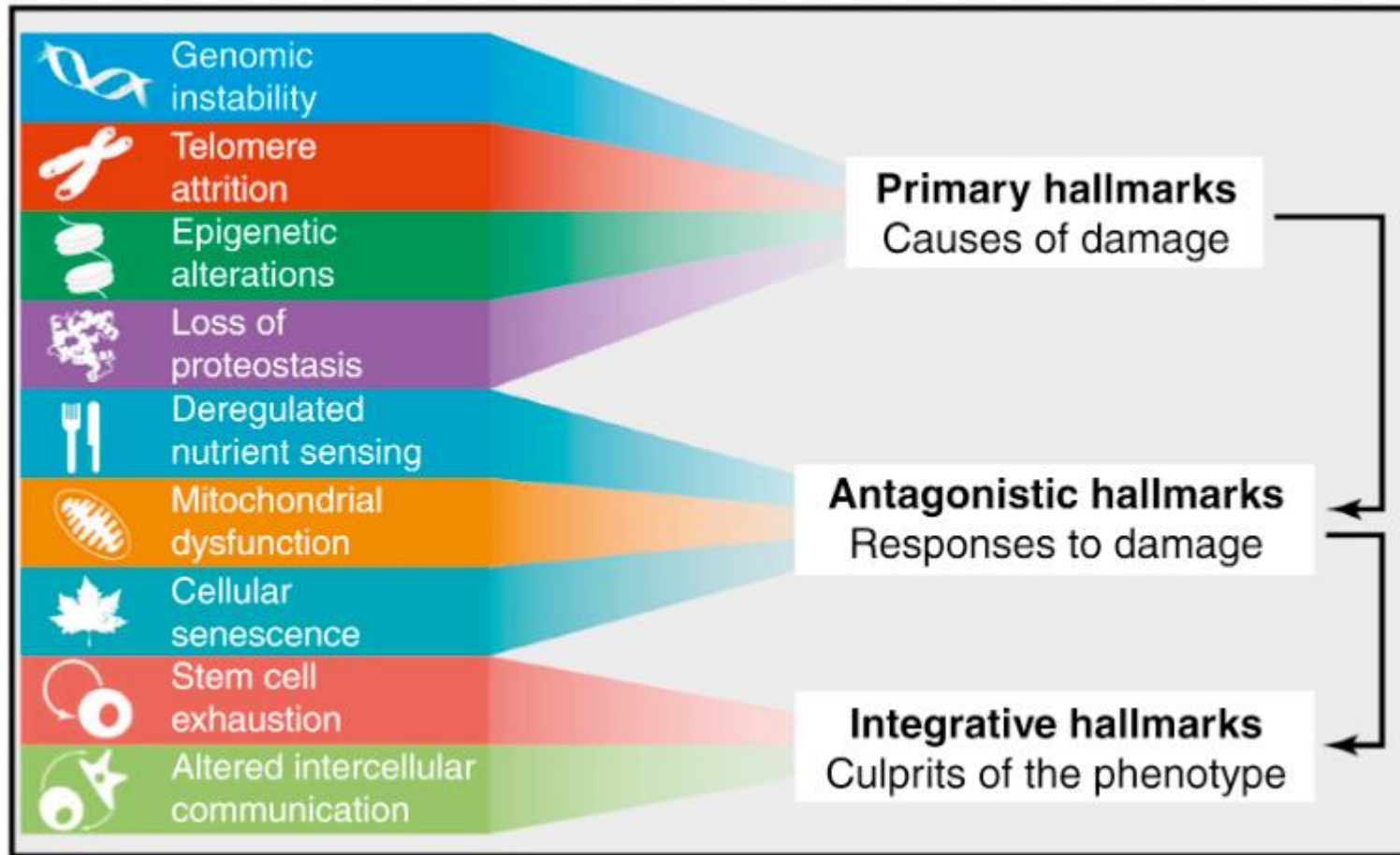
Classification	Description
Genetically determined COPD (COPD-G)	Alpha-1 antitrypsin deficiency (AATD) Other genetic variants with smaller effects acting in combination
COPD due to abnormal lung development (COPD-D)	Early life events, including premature birth and low birthweight, among others
Environmental COPD	
Cigarette smoking COPD (COPD-C)	<ul style="list-style-type: none">• Exposure to tobacco smoke, including <i>in utero</i> or <i>via</i> passive smoking• Vaping or e-cigarette use• Cannabis
Biomass and pollution exposure COPD (COPD-P)	Exposure to household pollution, ambient air pollution, wildfire smoke, occupational hazards
COPD due to infections (COPD-I)	Childhood infections, tuberculosis-associated COPD, HIV-associated COPD
COPD and asthma (COPD-A)	Particularly childhood asthma
COPD of unknown cause (COPD-U)	

Adapted from CELLI *et al.* [2] and STOLZ *et al.* [72].

Pathogenesis

- Mechanisms of Oxidant Injury and Antioxidants
- Smoking-induced Epigenetic Reprogramming of the Airway Epithelium
- Small Airway Remodeling and Matrix Damage
- Proteases/Antiproteases
- Innate Cellular Responses
- Mediators of Inflammation and of its Resolution
- Pulmonary Microvascular Changes Induced by Oxidant Injury
- COPD as a Disease of Accelerated Aging
- Adaptive Immune Inflammation and Autoimmunity





Lopez-Otin C., et al. Cell 2013

Inflammatory changes / Structural changes

Abnormal lung development

Rapid decline

Genetic variants

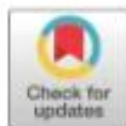


What every clinician should know about inflammation in COPD

Michael E. Wechsler¹ and J. Michael Wells²

¹Division of Pulmonary, Critical Care and Sleep Medicine, National Jewish Health, Denver, CO, USA. ²Division of Pulmonary, Allergy, and Critical Care Medicine, University of Alabama at Birmingham, Birmingham, AL, USA.

Corresponding author: J. Michael Wells (jmwells@uabmc.edu)

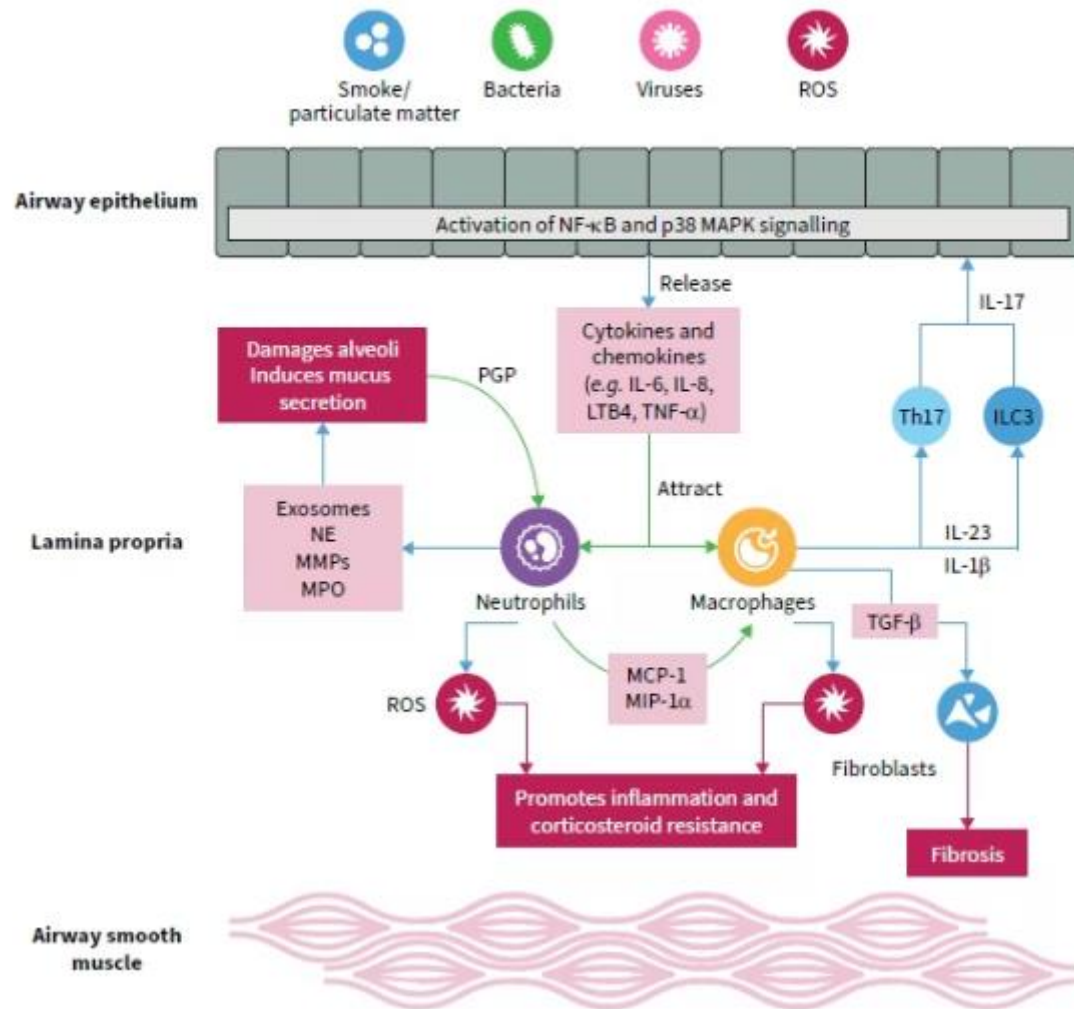


Shareable abstract ([@ERSpublications](#))

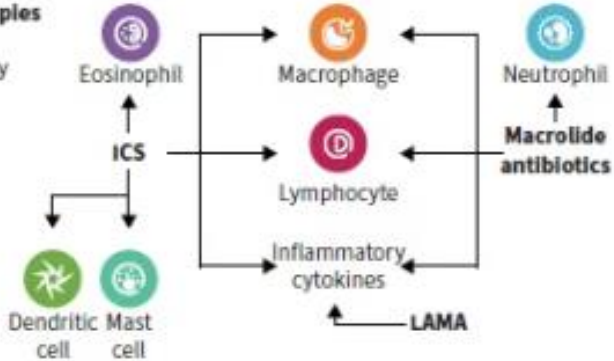
The cellular nuances of inflammation in COPD can cause heterogeneous presentation and treatment response. The novel therapeutics detailed in this review could advance the field closer to precision medicine. <https://bit.ly/4eeEvF0>

Cite this article as: Wechsler ME, Wells JM. What every clinician should know about inflammation in COPD. *ERJ Open Res* 2024; 10: 00177-2024 [DOI: 10.1183/23120541.00177-2024].

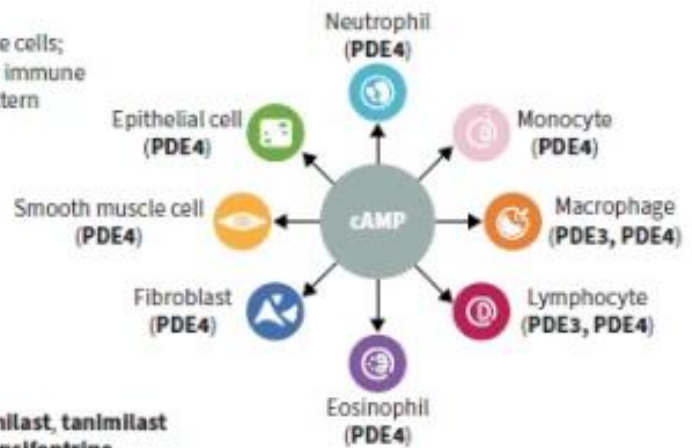
- Exposure to cigarette smoke and other inhaled particles has three major sequelae. – inflammation, protease-antiprotease imbalance and oxidative stress.
- Protease-antiprotease imbalance : Increase in proteases and a decrease in antiprotease activity.
- Pathologic triads – goblet cell hyperplasia, mucus hypersecretion, alveolar wall destruction, and small airway inflammation and fibrosis.
- Structural changes result in increased airway resistance, airway trapping and progressive airflow obstruction.



Non-targeted therapies
Anti-inflammatory mechanisms not fully elucidated

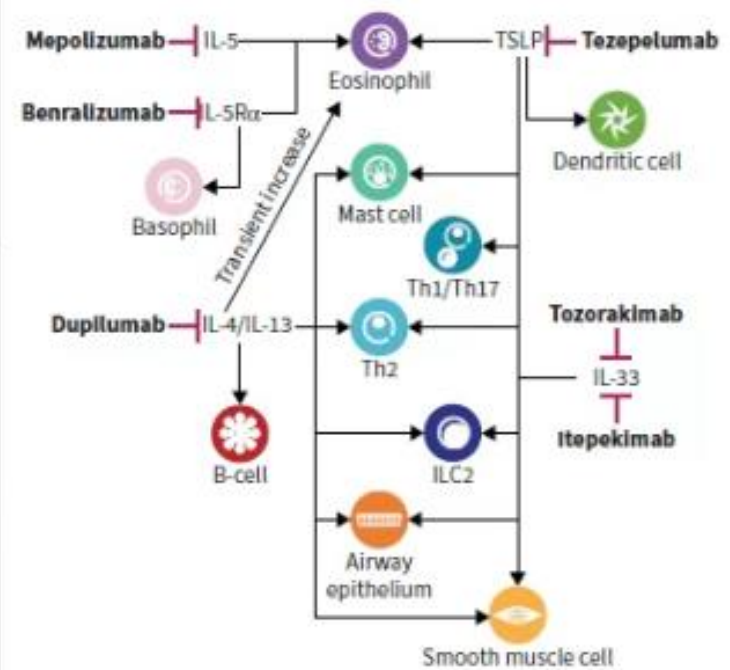


PDE inhibitors
Target multiple immune cells; specificity governed by immune cell PDE expression pattern



PDE4 inhibitors: **roflumilast, tanimilast**
PDE3/PDE4 inhibitor: **ensifentrine**

Biologics
Target-specific signalling pathways, which may affect multiple immune cell types



ORIGINAL ARTICLE

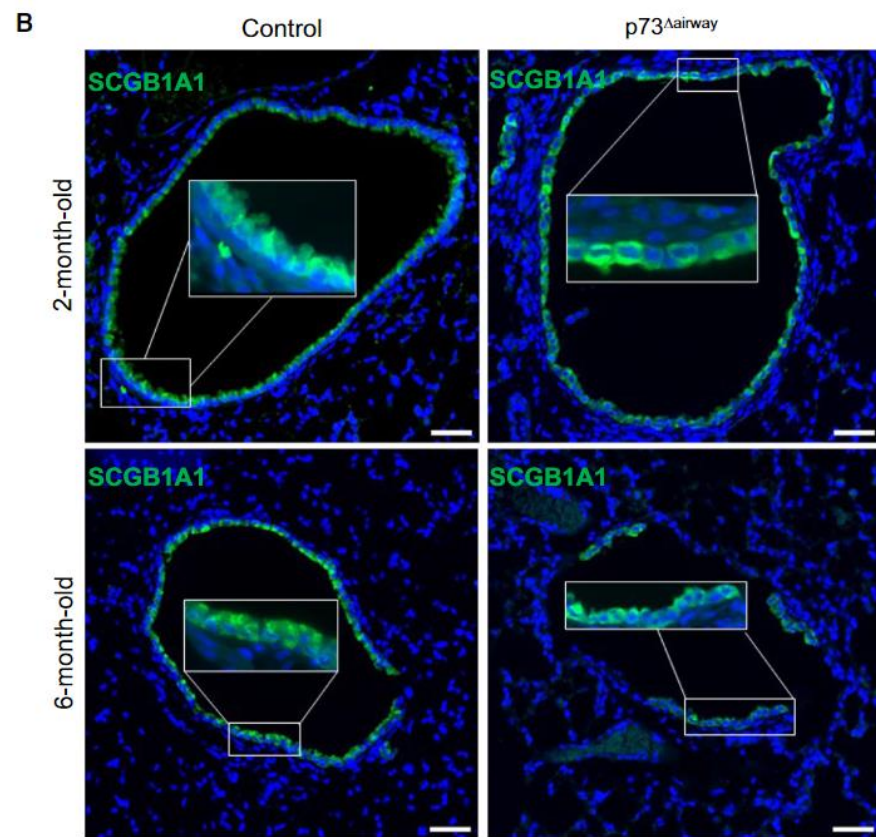
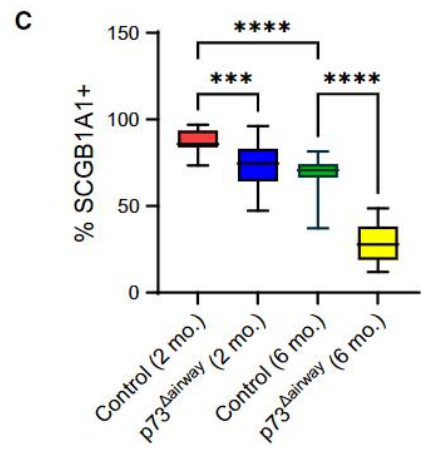
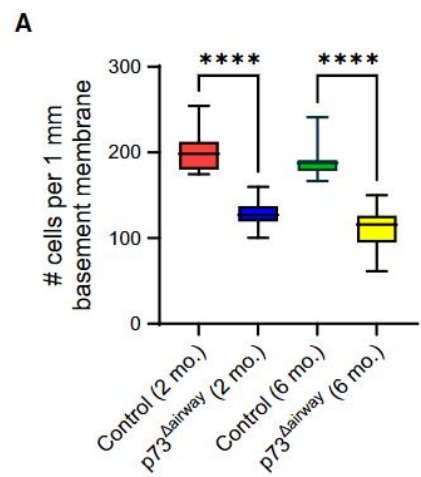
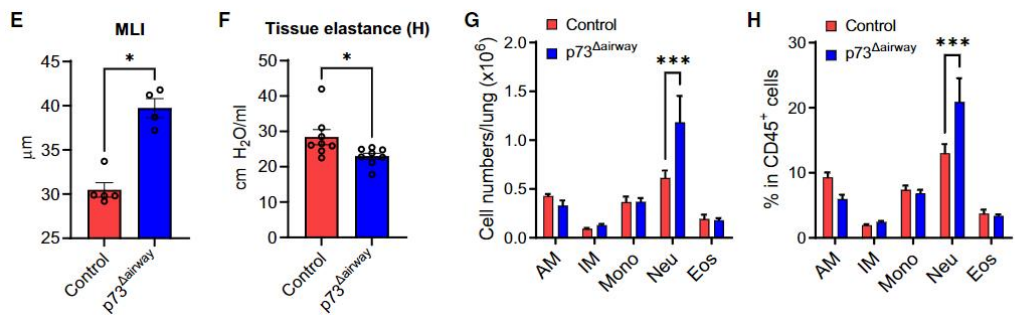
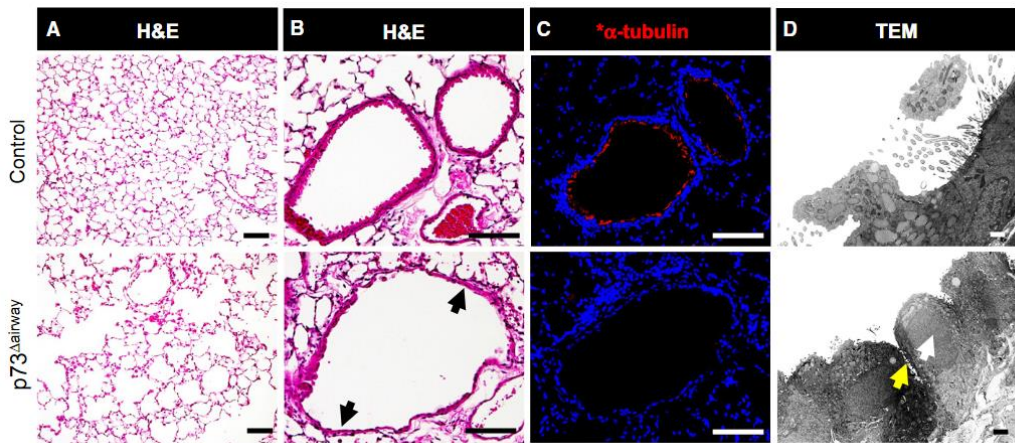
Loss of p73 Expression Contributes to Chronic Obstructive Pulmonary Disease

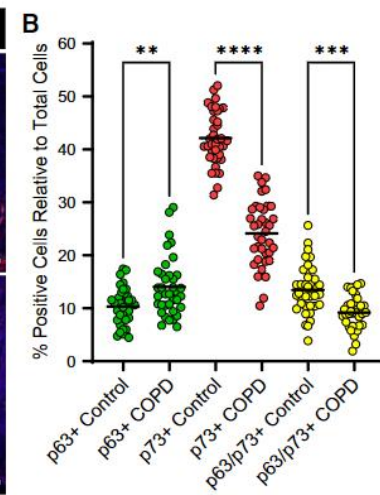
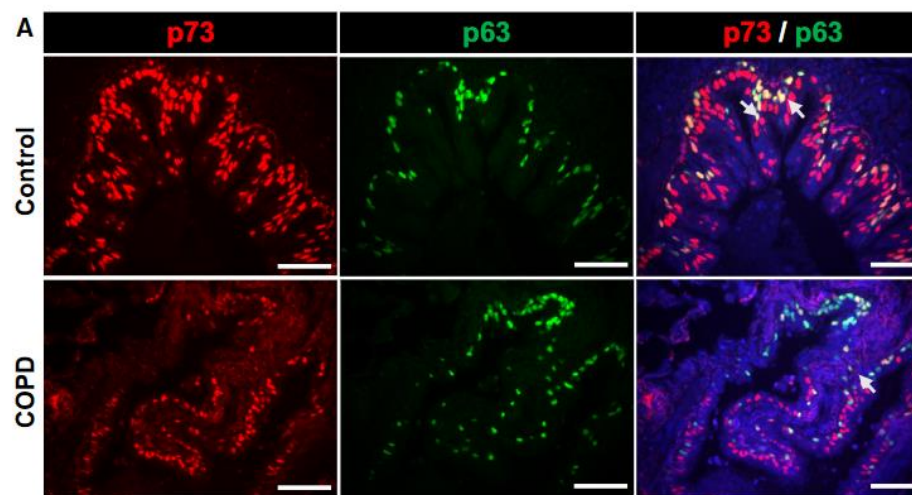
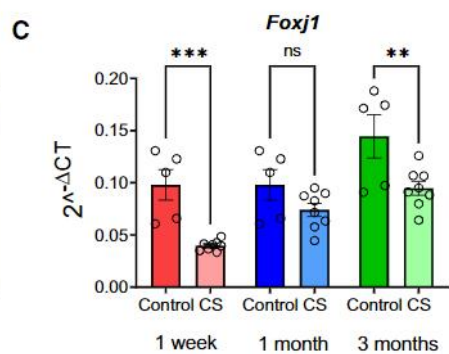
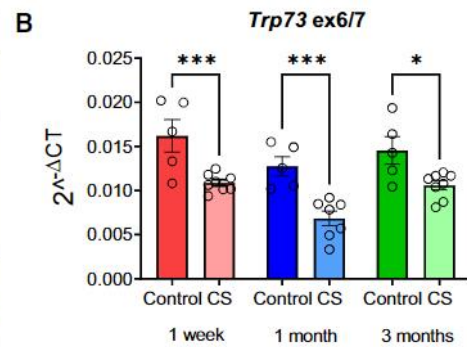
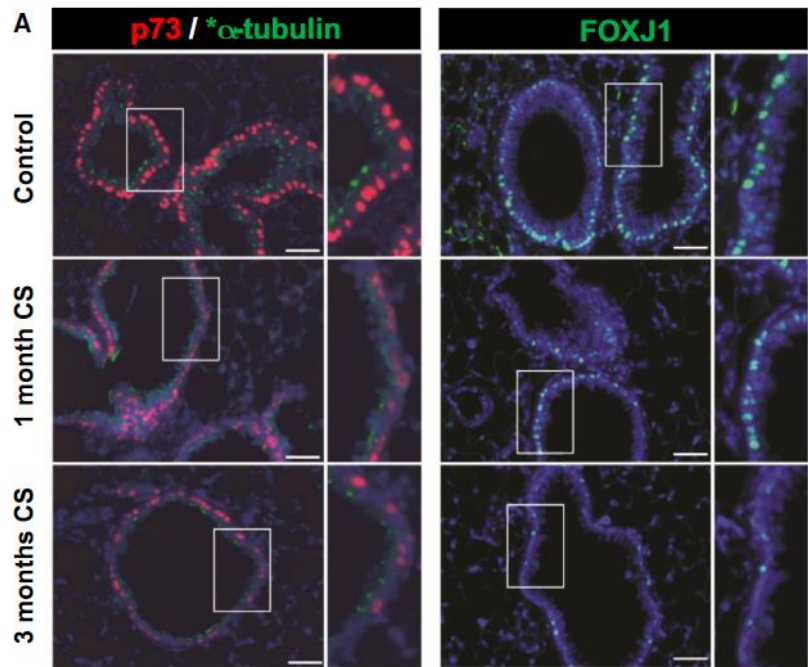
Bradley W. Richmond^{1,2,4*}, Clayton B. Marshall^{3,5*}, Jessica B. Blackburn^{1,2}, Tiffany S. Tufenkjian^{1,2}, Brian D. Lehmann^{3,6}, Wei Han², Dawn Newcomb², Sergey S. Gutor², Raphael P. Hunt^{1,2}, Danielle L. Michell⁶, Kasey C. Vickers⁶, Vasily V. Polosukhin², Timothy S. Blackwell^{1,2,4†}, and Jennifer A. Pietenpol^{3,5†}

¹Department of Veterans Affairs Medical Center, Nashville, Tennessee; ²Division of Allergy, Pulmonary, and Critical Care Medicine, Department of Medicine, and ³Vanderbilt-Ingram Cancer Center, Vanderbilt University Medical Center, Nashville, Tennessee; and ⁴Department of Cell and Developmental Biology, ⁵Department of Biochemistry, and ⁶Department of Medicine, Vanderbilt University, Nashville, Tennessee

Bradley W. Richmond, et al. Am J Respir Crit Care Med. Jan 2024

- Loss or impairment of multi-ciliated cells (MCC) may contribute to inadequate mucociliary clearance and mucus plugging in COPD.
- p73 (tumor protein 73) is expressed in MCCs and is required for MCC development.
- Loss of p73 in the airways results in loss of MCCs, neutrophilic inflammation and emphysema like lung remodeling.
- p73 is suppressed by cigarette smoke and is reduced in the airways of smokers and patients with COPD.
- Loss of secretory cells and secretory cell products is an important contributor to COPD pathology.





Silent Airway Mucus Plugs in COPD and Clinical Implications



Sofia K. Mettler, MD, MPH; Hrudaya P. Nath, MD; Scott Grumley, MD; José L. Orejas, MD; Wojciech R. Dolliver, MD; Pietro Nardelli, PhD; Andrew C. Yen, MD; Seth J. Kligerman, MD; Kathleen Jacobs, MD; Padma P. Manapragada, MD; Mostafa Abozeed, MD, PhD; Muhammad Usman Aziz, MD; Mohd Zahid, MD; Asmaa N. Ahmed, MD; Nina L. Terry, MD, JD; Rim Elalami, BS; Ruben San José Estépar, MS; Sushilkumar Sonavane, MD; Ehab Billatos, MD; Wei Wang, PhD; Raúl San José Estépar, PhD; Jeremy B. Richards, MD; Michael H. Cho, MD, MPH; and Alejandro A. Diaz, MD, MPH



Sofia K.Mettler, et al. CHEST. Nov 2024

- Airway mucus plugs are frequently identified on CT scans of patients with COPD with a smoking history without mucus-related symptoms.
- Risk factors of silent mucus plugs were older age, female, and Black race.
- Silent mucus plugs are associated with worse functional, structural, and clinical measures of disease.
- Participants with silent mucus plugs had greater emphysema, and thicker airway walls and higher odds of having severe exacerbations.

TABLE 3] Associations of Silent Mucus Plugs With Measures of Lung Function, Quality of Life, and Structural Changes on Chest Imaging in Multivariable Models

Outcome	Mucus Plug Score Category (No. of Lung Segments With Mucus Plugs)			
	1-2 vs 0		≥ 3 vs 0	
	Mean Difference (95% CI)	P Value	Mean Difference (95% CI)	P Value
Linear regression models				
6-min walk distance, m	-35.88 (-50.17 to -21.58)	< .001	-61.48 (-78.61 to -44.35)	< .001
Resting SpO ₂ , %	-0.88 (-1.25 to -0.51)	< .001	-0.68 (-1.13 to -0.23)	.003
SGRQ total score	6.48 (4.22 to 8.75)	< .001	10.2 (7.46 to 12.93)	< .001
SGRQ impact score	5.48 (3.42 to 7.53)	< .001	9.01 (6.53 to 11.49)	< .001
SGRQ activity score	8.31 (4.94 to 11.69)	< .001	12.51 (8.43 to 16.58)	< .001
Postbronchodilator FEV ₁ /FVC	-0.05 (-0.07 to -0.04)	< .001	-0.08 (-0.1 to -0.07)	< .001
Postbronchodilator FEV ₁ % predicted	-9.79 (-12.38 to -7.21)	< .001	-16.21 (-19.33 to -13.09)	< .001
Emphysema, % lung volume	4.16 (2.66 to 5.66)	< .001	5.34 (3.52 to 7.17)	< .001
Airway wall thickness (Pi10), mm	0.22 (0.15 to 0.28)	< .001	0.39 (0.31 to 0.47)	< .001
Small airways disease, % lung volume	4.16 (2.72 to 5.6)	< .001	6.53 (4.77 to 8.29)	< .001
Logistic regression models				
Had COPD exacerbation requiring hospitalization in the past 12 mo	1.79 (1.14 to 2.76)	.0101	2.26 (1.38 to 3.62)	< .001

COPD Exposed to Air Pollution

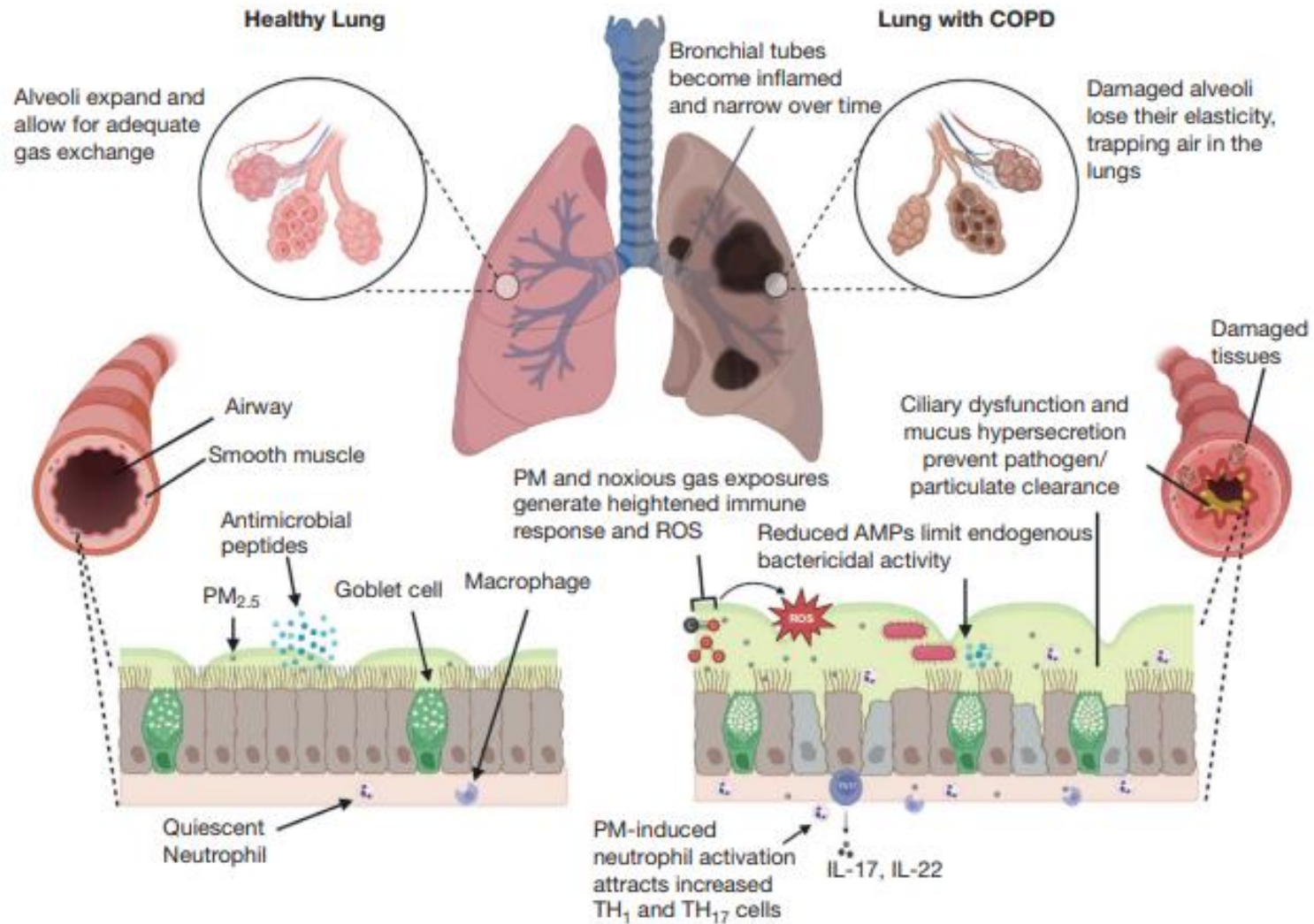
A Path to Understand and Protect a Susceptible Population



Min Hyung Ryu, PhD; Shane Murphy, MD; Madison Hinkley, BSc; and Chris Carlsten, MD, MPH

Min Hyung Ryu, et al. CHEST, Apr 2024

- Increase of PM_{2.5} and NO₂ concentration increases the risk of COPD hospitalization and ED visits.
- Long term exposure to air pollution (PM_{2.5}, NO₂ and ozone) was positively associated with a higher incidence of COPD.
- Exposure to diesel exhaust was associated with an increase in neutrophil extracellular traps (NETs).
- Higher level of daily PM_{2.5} was associated with increased inflammation biomarkers.
- Airway wall thickening and loss of parenchyma elasticity resulted in airflow limitation .



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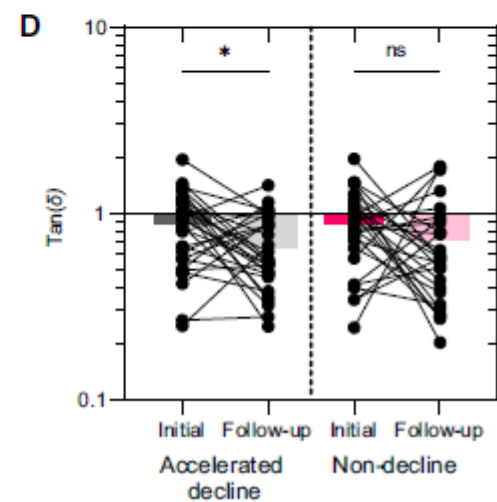
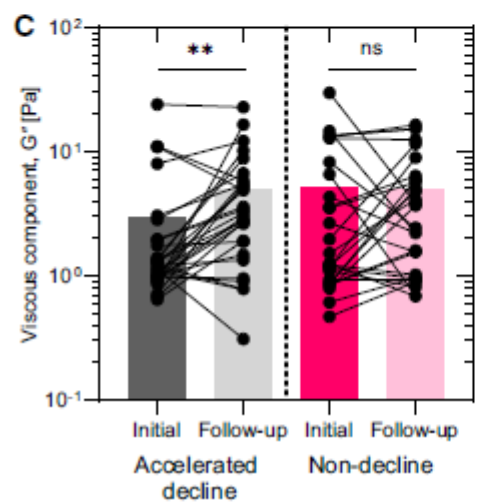
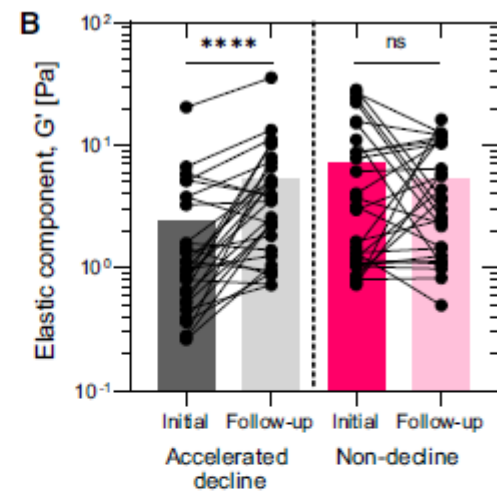
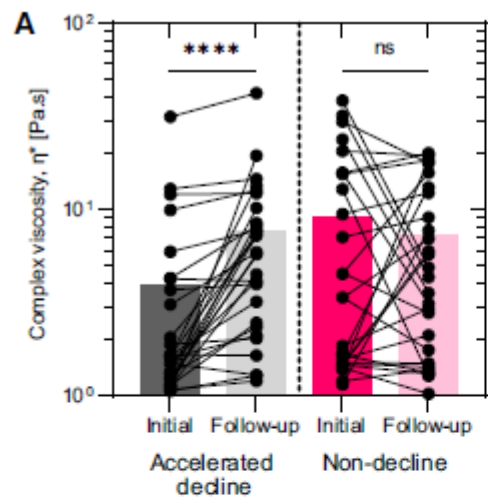
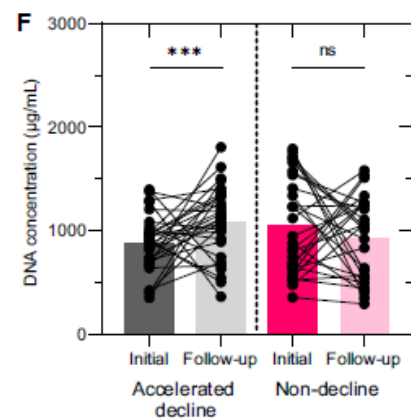
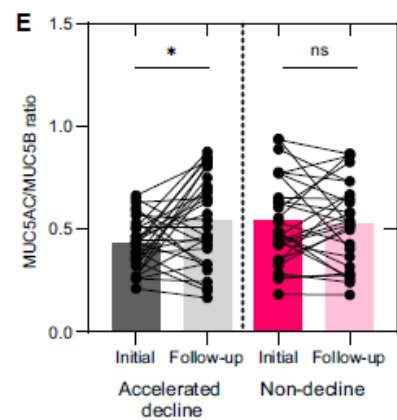
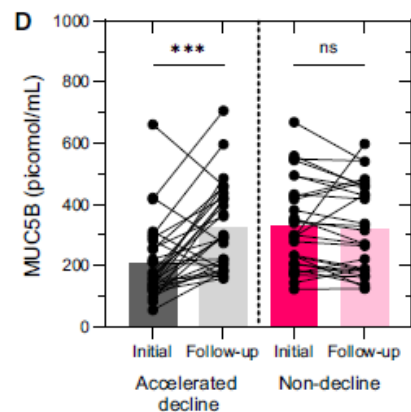
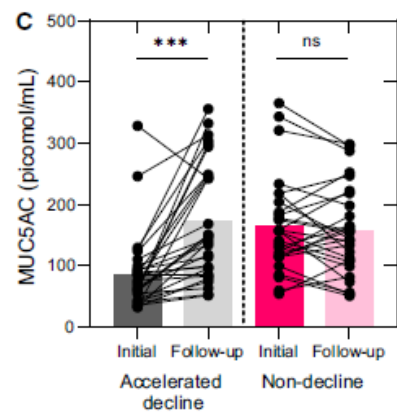
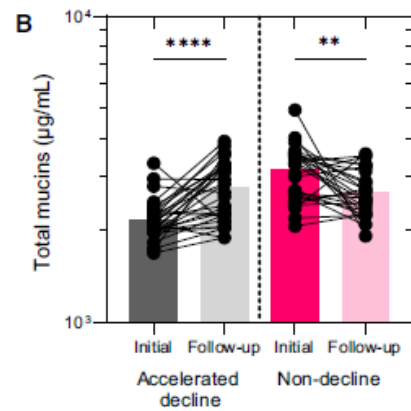
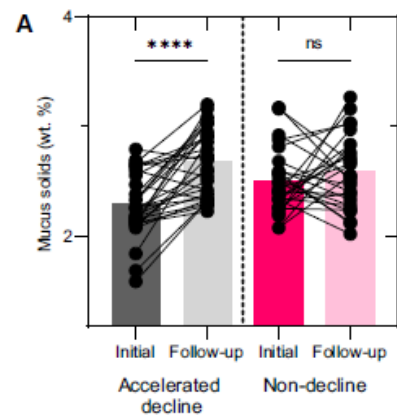
Accelerated Lung Function Decline and Mucus–Microbe Evolution in Chronic Obstructive Pulmonary Disease

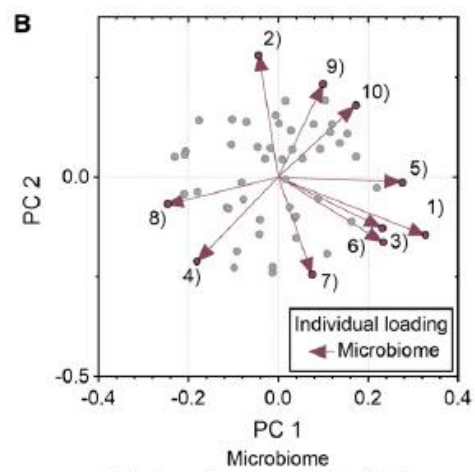
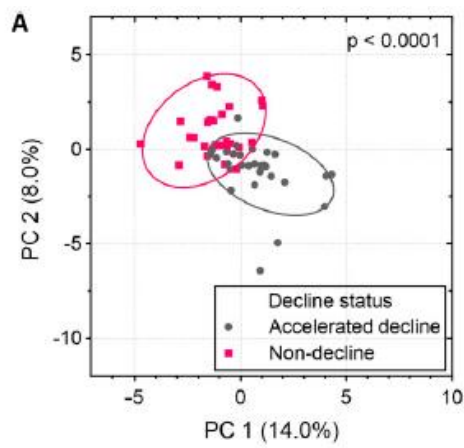
Oliver W. Meldrum¹, Gavin C. Donaldson^{2†}, Jayanth Kumar Narayana¹, Fransiskus Xaverius Ivan¹, Tavleen K. Jaggi¹, Micheál Mac Aogáin¹, Lydia J. Finney², James P. Allinson^{2,3}, Jadwiga A. Wedzicha^{1,2}, and Sanjay H. Chotirmall^{1,4}

¹Lee Kong Chian School of Medicine, Nanyang Technological University, Singapore; ²National Heart and Lung Institute, Imperial College London, London, United Kingdom; ³Royal Brompton Hospital, London, United Kingdom; and ⁴Department of Respiratory and Critical Care Medicine, Tan Tock Seng Hospital, Singapore

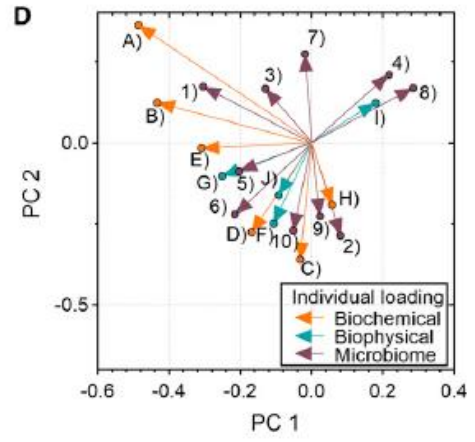
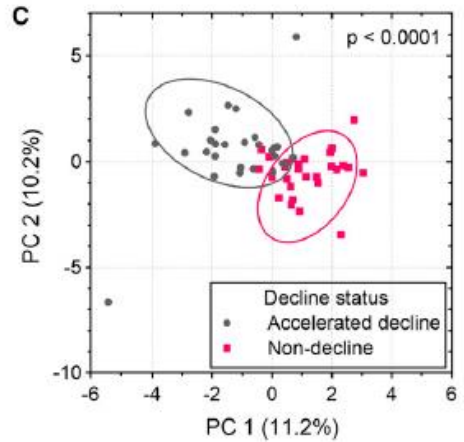
Oliver W. Meldrum, et al. Am J Respir Crit Care Med. Aug 2024

- Mucus hypersecretion and altered inflammation predispose to microbial colonization, infection and exacerbations in COPD.
- MUC5AC (mucin 5AC) and MUC5B (mucin 5B) are elevated in COPD.
- Increases in percentage mucus solids, total mucin concentration, MUC5AC, MUC5B concentration and MUC5AC/MUC5B ratio was observed in the accelerated decline group. None-decline group had much higher baseline values.
- *Achromobacter*, *Klebsiella* and *Bordetella* were increased in the accelerated decline group. *Gemella* and *Veillonella* were elevated in the non-decline group.
- Close links between mucus and microbes in the COPD airway were observed.



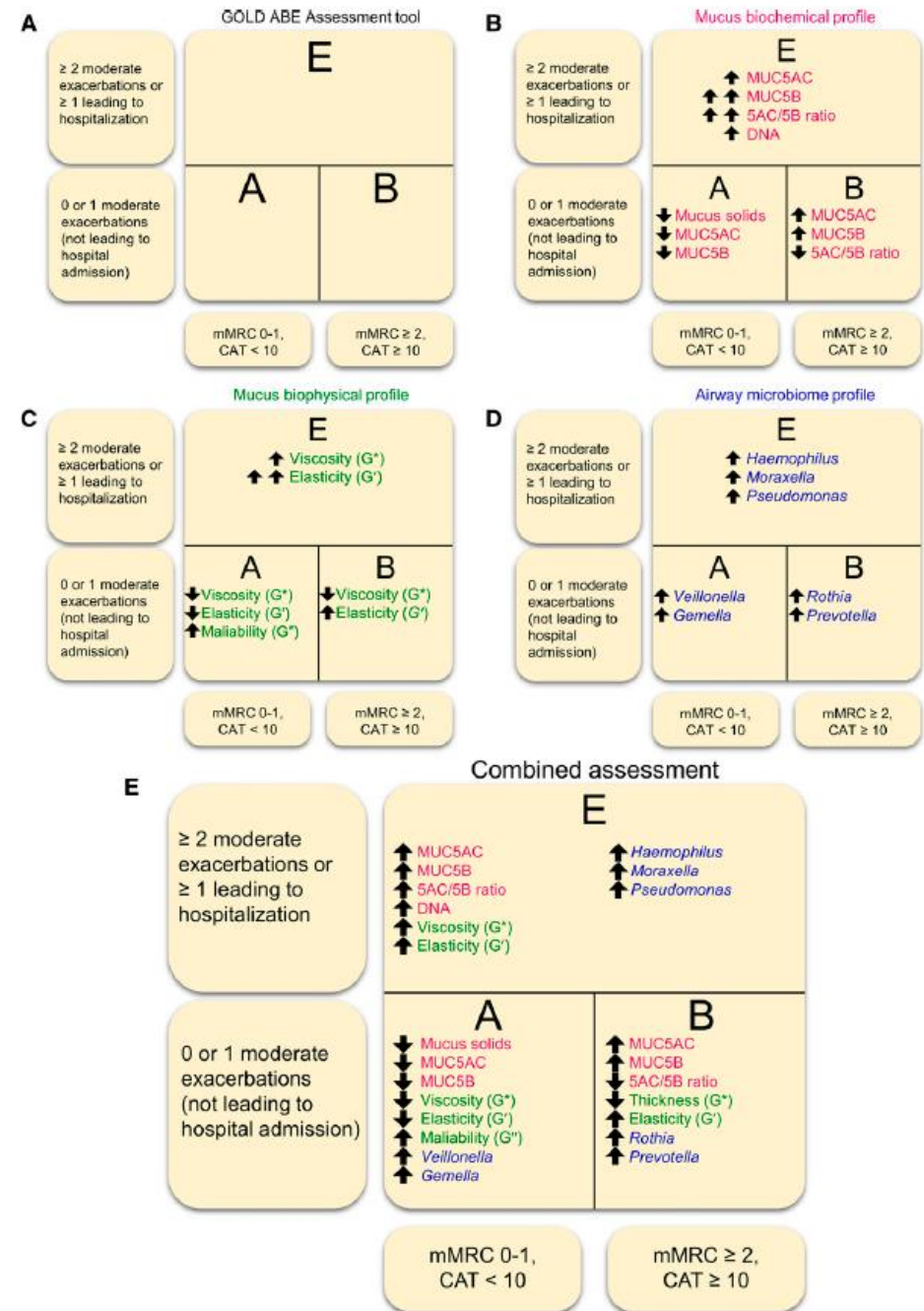


- 1) *Achromobacter* 6) *Bordetella*
 2) *Providencia* 7) *Parvimonas*
 3) *Klebsiella* 8) *Gemella*
 4) *Veillonella* 9) *Brevundimonas*
 5) *Alcaligenes* 10) *Delftia*



- Microbiome
- 1) *Achromobacter* 6) *Bordetella*
 2) *Providencia* 7) *Parvimonas*
 3) *Klebsiella* 8) *Gemella*
 4) *Veillonella* 9) *Brevundimonas*
 5) *Alcaligenes* 10) *Delftia*



- Mucus profile
- A) MUC5B F) Elastic component
 B) MUC5AC G) Complex viscosity
 C) DNA H) 5AC/5B ratio
 D) Mucus solids I) $\tan\delta$
 E) Total mucins J) Viscous component





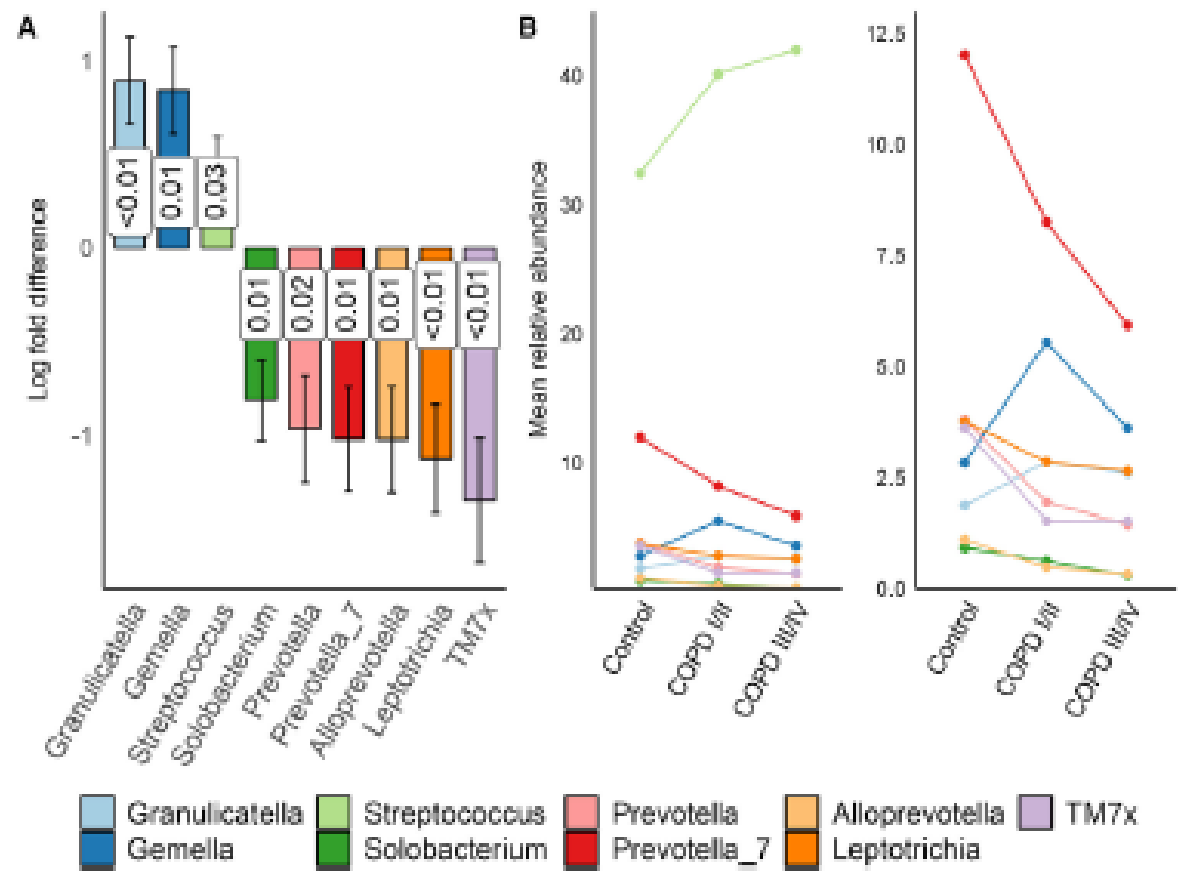
Original research

Lower airway microbiota in COPD and healthy controls

Solveig Tangedal ^{1,2}, Rune Nielsen,^{1,2} Marianne Aanerud,^{1,2} Christine Drengenes,² Gunnar R Husebø,¹ Sverre Lehmann,^{1,2} Kristel S Knudsen,¹ Pieter S Hiemstra ³, Tomas ML Eagan^{1,2}

Tangedal S, et al. Throat Feb 2024

- Lower airway microbiota has been suggested to contribute to the development and progression of several lung diseases.
- Bronchoalveolar lavages samples were paired-end sequenced with the Illumina MiseQ System.
- Alpha-diversity was lower in COPD compared with controls. Beta-diversity did not differ significantly between patients with COPD and controls.
- *Firmicutes* were enriched in patients with COPD while *Bacteroidota* were enriched in controls.
- The lower airway microbiota is equal in richness in patients with COPD to controls, but less even.
- Remodeling in COPD airways can create an environment in which certain bacteria thrive. Overgrowth of pathogenic bacteria could contribute to the remodeling seen in COPD.



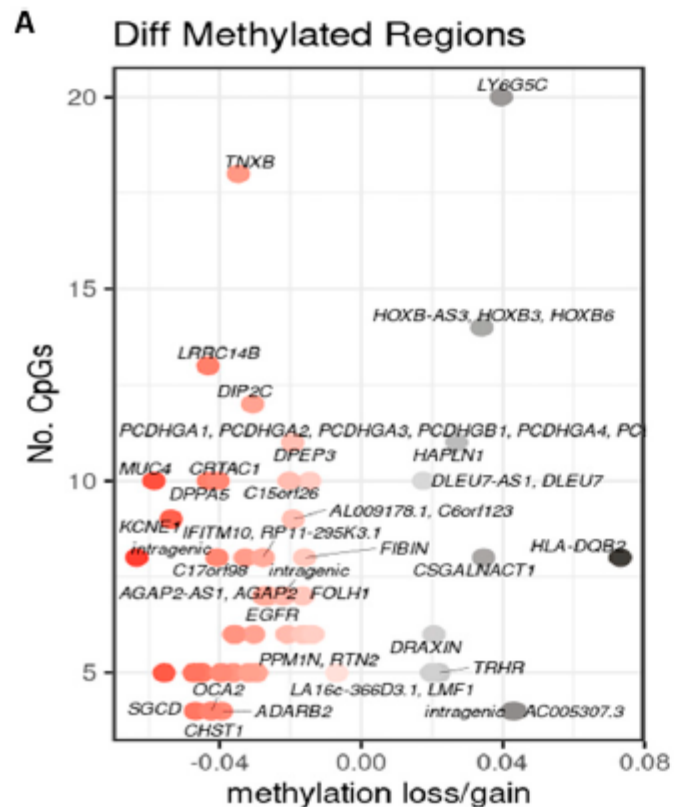
Genetic and Epigenetic Associations with Pre-Chronic Obstructive Pulmonary Disease Lung Function Trajectories

David J. Martino¹, Dinh S. Bu², Shuai Li^{2,3,4,5}, Sabrina Idrose², Jennifer Perret², Adrian J. Lowe^{2,5}, Caroline J. Lodge^{2,5}, Gayan Bowatte², Yuben Moodley⁶, Paul S. Thomas⁷, Graeme Zosky⁸, Philip M. Hansbro⁹, John W. Holloway¹⁰, Cecilie Svanes^{11,12}, Rosa Faner^{13,14,15}, Eugene H. Walters^{2,16,17*}, and Shaymali C. Dharmage^{2,5*}

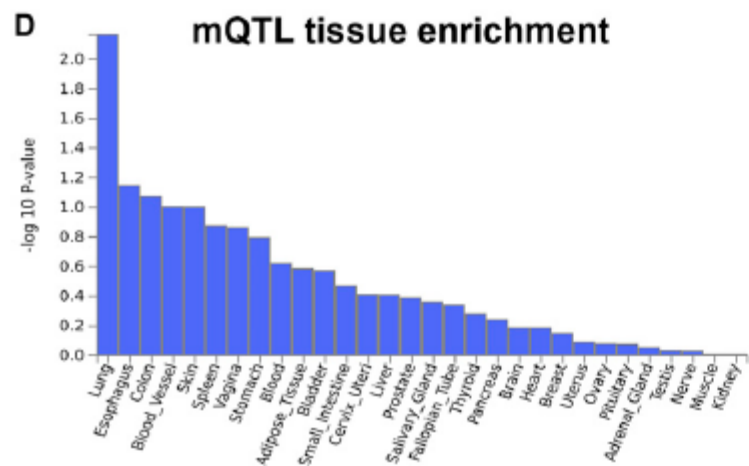
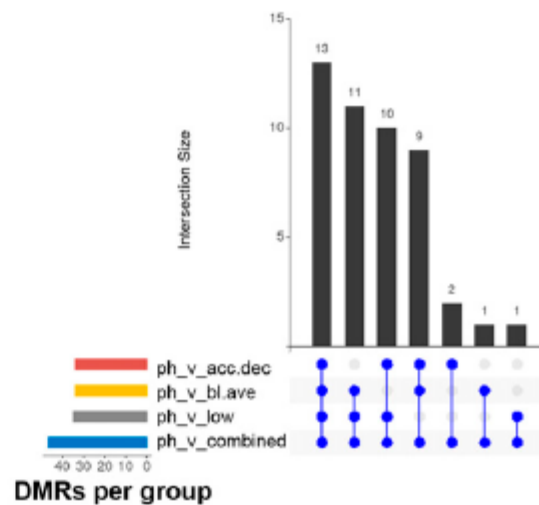
¹Wal-yan Respiratory Research Centre, Telethon Kids Institute, University of Western Australia, West Perth, Western Australia, Australia; ²Allergy and Lung Health Unit, Melbourne School of Population and Global Health, The University of Melbourne, Melbourne, Victoria, Australia; ³Centre for Cancer Genetic Epidemiology, Department of Public Health and Primary Care, University of Cambridge, Cambridge, United Kingdom; ⁴Precision Medicine, School of Clinical Sciences at Monash Health, Monash University, Clayton, Victoria, Australia; ⁵Murdoch Children's Research Institute, Royal Children's Hospital, Parkville, Victoria, Australia; ⁶Department of Respiratory Medicine, Fiona Stanley Hospital, Murdoch, Western Australia, Australia; ⁷Respiratory Medicine, Prince of Wales Hospital and Prince of Wales Clinical School, University of New South Wales, Randwick, New South Wales, Australia; ⁸Menzies Institute for Medical Research, University of Tasmania, Hobart, Tasmania, Australia; ⁹Centre for Inflammation, Centenary Institute and University of Technology Sydney, Faculty of Science, School of Life Sciences, Sydney, New South Wales, Australia; ¹⁰Human Development and Health, Faculty of Medicine, University of Southampton, Southampton, United Kingdom; ¹¹Centre for International Health, Department of Global Public Health and Primary Care, University of Bergen, Bergen, Norway; ¹²Department of Occupational Medicine, Haukeland University Hospital, Bergen, Norway; ¹³Immunology Unit, Biomedicine Department, University of Barcelona, Barcelona, Spain; ¹⁴Institut d'Investigacions Biomediques August Pi i Sunyer-Fundació Clinic Recerca, Barcelona, Spain; ¹⁵Centro de Investigación Biomédica en Red de Enfermedades Respiratorias, Madrid, Spain; ¹⁶School of Medicine, University of Tasmania, Hobart, Tasmania, Australia; and ¹⁷School of Population and Global Health, University of Melbourne, Melbourne, Victoria, Australia

David J. Martino, et al. Am J Respir Crit Care Med. Nov 2023

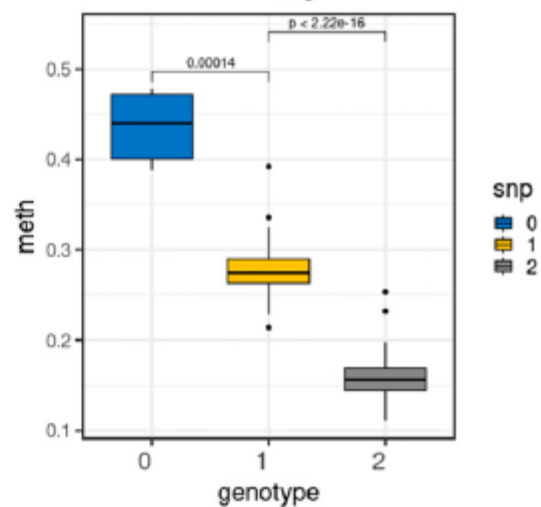
- Quantified 787,111 DNA methylation markers and 4,456,571 SNPs.
- High-risk trajectories were 1) early below-average lung function 2) persistently low and 3) early below-average lung function with accelerated decline.
- DNA methylation changes at 55 differentially methylated regions (DMRs) containing 73 unique genes and 6 non-coding regions between the control group and the high-risk trajectory group.
- Current COPD or current asthma explained 17-30% of methylation differences across the DMRs.
- Molecular risk factors are unique across different lifetime lung function trajectories.



B DMR sharing








C MUC4 mQTL
chr5:82973396;cg16102102



Original Article
Respiratory Diseases &
Critical Care Medicine



Genome-Wide Association Analysis of Rapid Decline in Lung Function: Analysis From the Korean Genome and Epidemiology Study

Sang Hyuk Kim ¹, Hyun Lee ², Yong Suk Jo ³, Jaeun Yoo ⁴ and Joon Young Choi ⁵

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 OPEN ACCESS

Sang Hyuk Kim, et al. J Korean Med Sci. Nov 2024

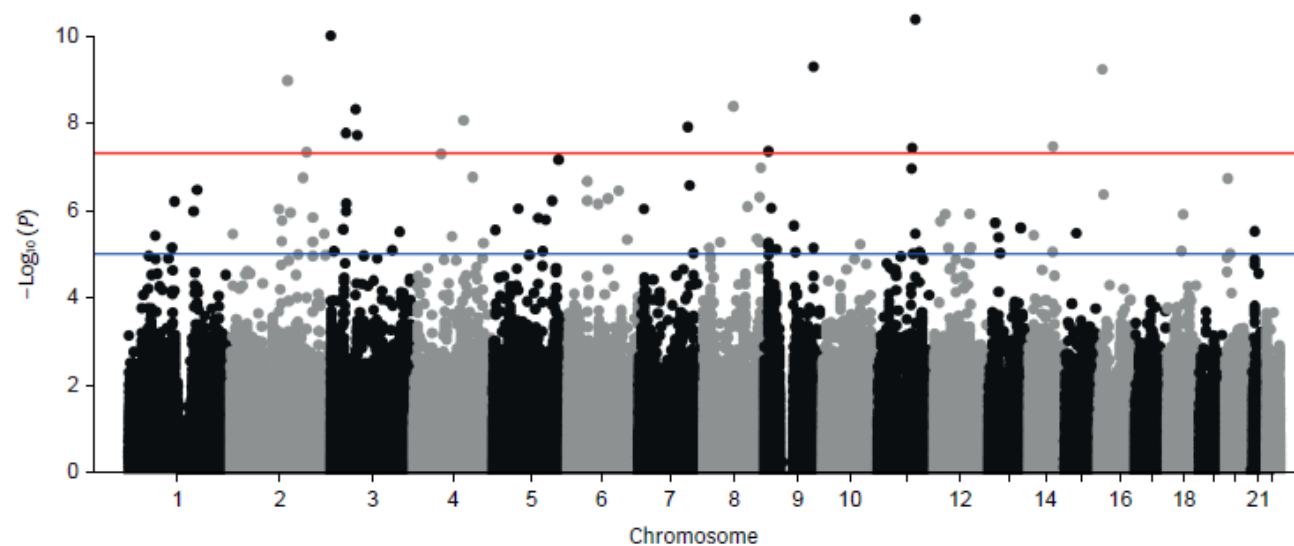
- A genome-wide association analysis of the rapid decline in FEV₁ ($\geq 60\text{mL/year}$) identified 15 associated signals.
- Among the 15 nucleotide variants, rs9833533 and rs1496255 have been previously reported to be associated with lung function development.
- rs16951883 was the most significant SNP associated with rapid decline in FEV₁ among never smokers.
- rs10959478 was the most significant SNP among ever smokers.

Table 2. Identified SNPs from the GWAS analysis



Rank	SNP	CHR	BP	Risk allele	No.	aOR	P	Reported gene and trait
1	rs41476549	11	90617150	C	5,966	2.43	4.35×10^{-11}	No results found
2	rs6805861	3	440476	T	5,985	2.45	1.01×10^{-10}	No results found
3	rs16906215	9	119586079	G	6,137	2.51	5.24×10^{-10}	No results found
4	rs16951883	16	10226280	C	5,982	2.79	6.05×10^{-10}	ATF7IP2, RN7SL493P: Subscapular skinfold thickness ¹²
5	rs16840064	2	138479321	A	5,997	2.40	1.09×10^{-9}	No results found
6	rs1481797	8	72168704	C	5,945	2.15	4.24×10^{-9}	No results found
7	rs9833533	3	60543293	A	6,079	2.30	4.91×10^{-9}	FHIT: Lung function (maximal voluntary ventilation) ⁸
8	rs1496255	4	121823884	G	6,058	2.43	8.93×10^{-9}	PRDM5, MAD2L1-DT: Lung function (maximal voluntary ventilation), Lung function (forced expiratory volume in 1 second), Lung function (forced vital capacity) ⁸
9	rs798912	7	120695721	C	6,120	2.53	1.26×10^{-8}	No results found
10	rs17248901	3	36622465	C	6,043	2.15	1.73×10^{-8}	NBPF21P, STAC: Subscapular skinfold thickness ¹²
11	rs17071575	3	64788208	A	6,037	2.05	1.93×10^{-8}	No results found
12	rs17109716	14	79206598	A	6,093	2.10	3.52×10^{-8}	No results found
13	rs17145229	11	82862073	C	6,029	2.30	3.82×10^{-8}	No results found
14	rs10959478	9	11032142	C	6,153	3.07	4.52×10^{-8}	No results found
15	rs1350110	2	184836188	A	6,114	2.24	4.73×10^{-8}	No results found
Never smoker								
1	rs16951883	16	10226280	C	3,517	3.24	5.87×10^{-8}	ATF7IP2, RN7SL493P: Subscapular skinfold thickness ¹²
2	rs41476549	11	90617150	C	3,500	2.58	3.99×10^{-7}	No results found
3	rs16840064	2	138479321	A	3,532	2.60	2.10×10^{-6}	No results found
4	rs1350110	2	184836188	A	3,604	2.54	2.14×10^{-6}	No results found
Ever smoker								
1	rs10959478	9	11032142	C	2,527	4.74	8.27×10^{-7}	No results found
2	rs6805861	3	440476	T	2,462	2.55	1.60×10^{-6}	No results found
3	rs9833533	3	60543293	A	2,488	2.66	1.77×10^{-6}	FHIT: Lung function (maximal voluntary ventilation) ⁸
4	rs16906215	9	119586079	G	2,526	2.73	2.83×10^{-6}	No results found

Smoking was excluded in the adjusted for the subgroup analysis.

SNP – single-nucleotide polymorphism, GWAS – genome-wide association study, CHR – chromosome, BP – base pair, aOR – adjusted odds ratio.



Clonal Hematopoiesis of Indeterminate Potential Is Associated with Current Smoking Status and History of Exacerbation in Patients with Chronic Obstructive Pulmonary Disease

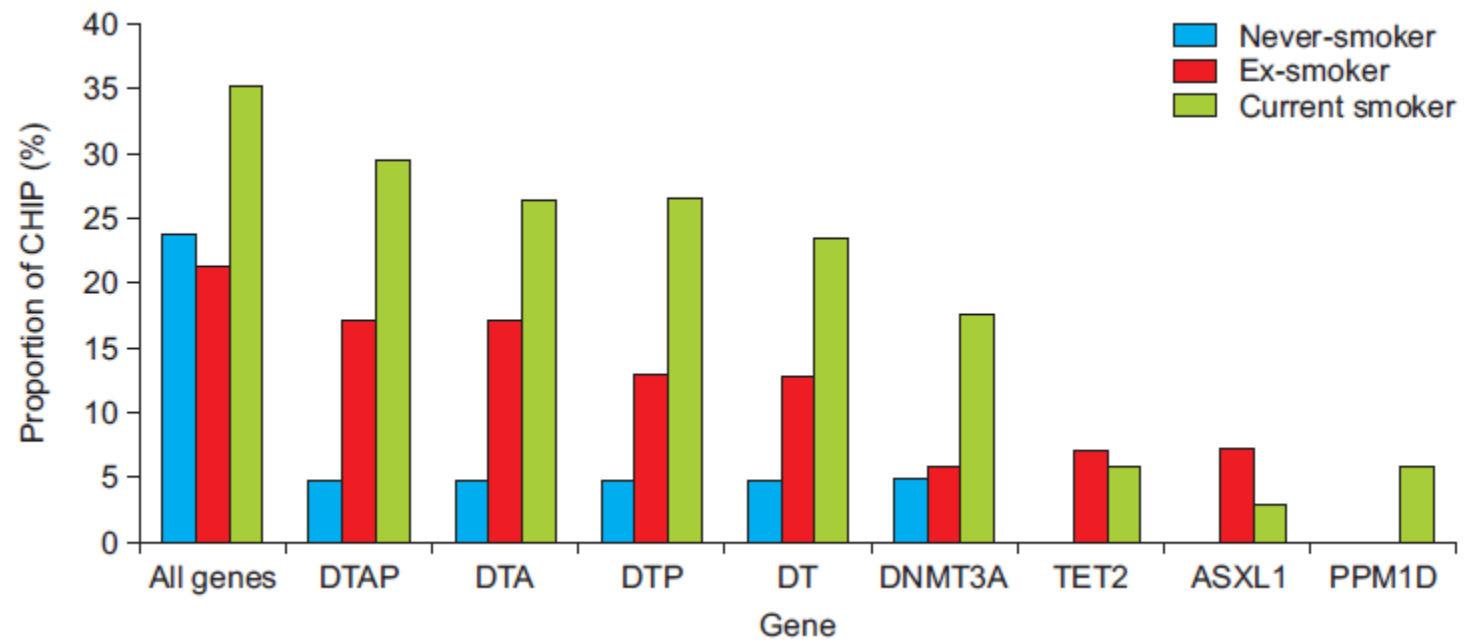
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- Clonal hematopoiesis of indeterminate potential (CHIP) : somatic mutations in hematopoietic stem cells -> clonal outgrowth of a mutant population of blood cells without hematologic malignancy.
- Higher prevalence of CHIP was observed in COPD patients compared to non-COPD patients.
- CHIP in the DTP and DNMT3A genes were significantly associated with current smoking.
- Smoking has a causal association with mosaic chromosomal alterations and this can lead to the subsequent accumulation of other gene mutations.



Summary

- Inflammatory changes
 - loss of p73 expression
 - silent mucus plug
 - Microbiome
 - Microbiome diversity and composition
 - Genetics
 - DNA methylation, SNP and CHIP
- Inflammatory changes / Structural changes
 - Abnormal lung development
 - Rapid decline
 - Genetic variants