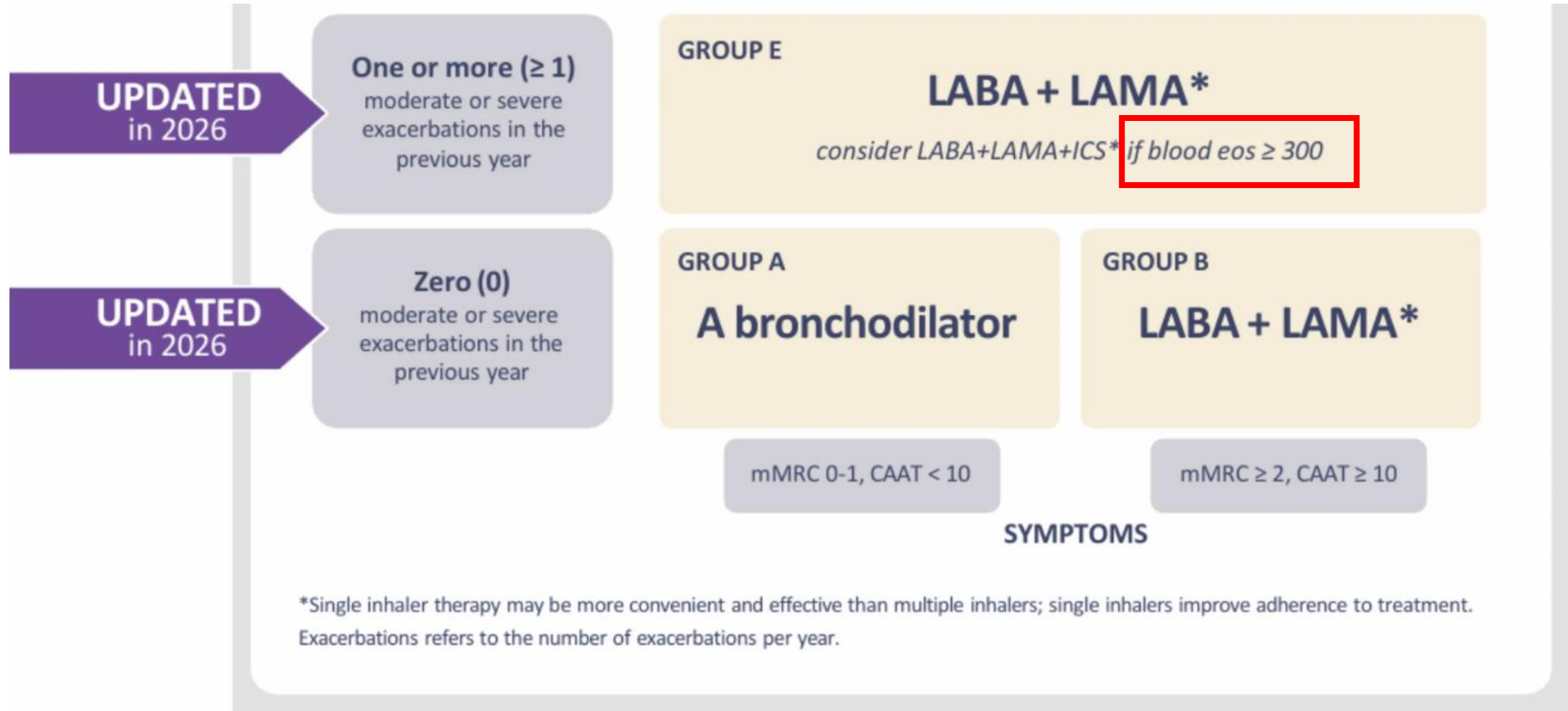


Eosinophilic COPD: Endotyping and Comprehensive Treatment Strategies

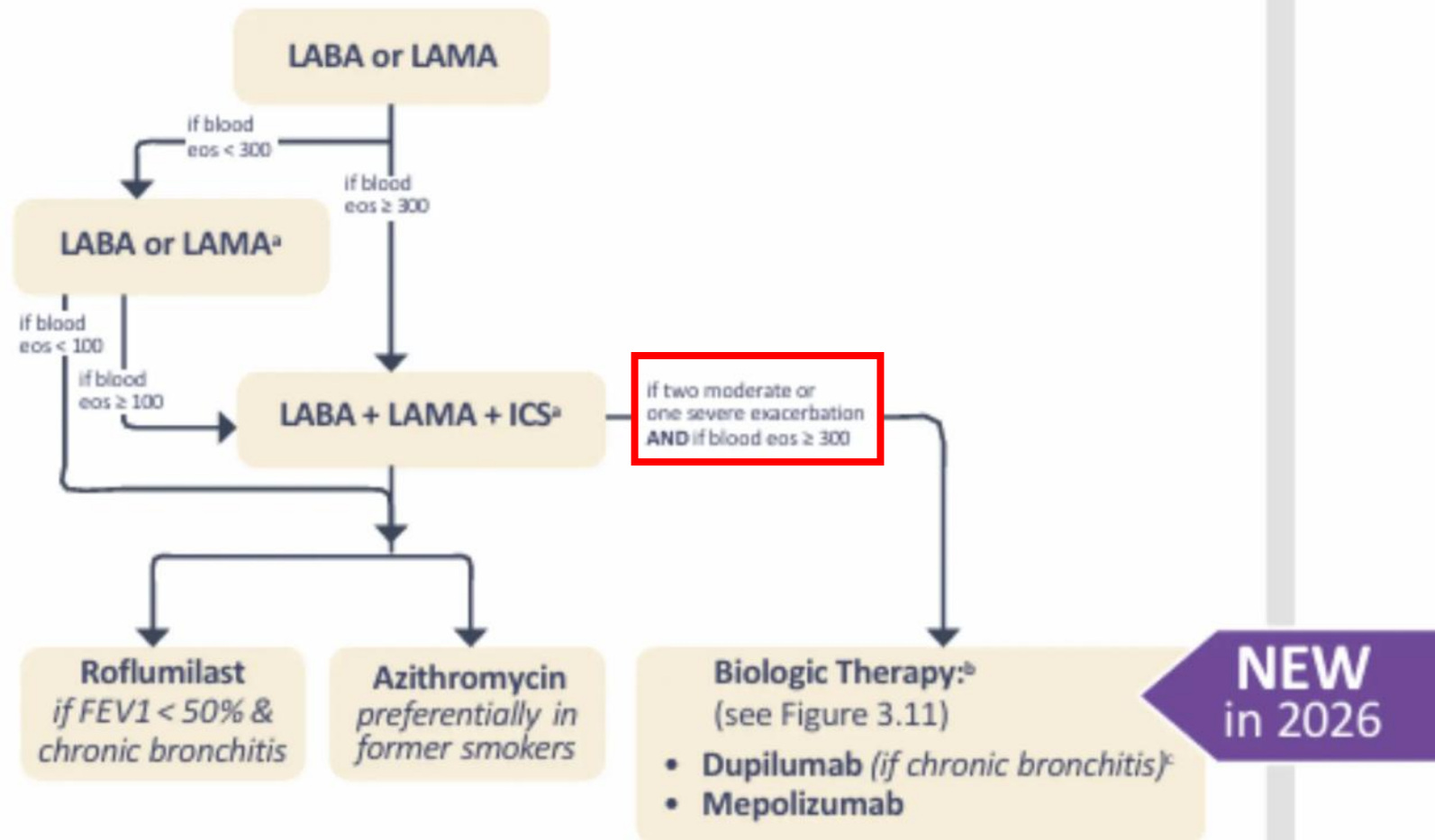
고려대학교구로병원
김상혁

Eosinophil in COPD



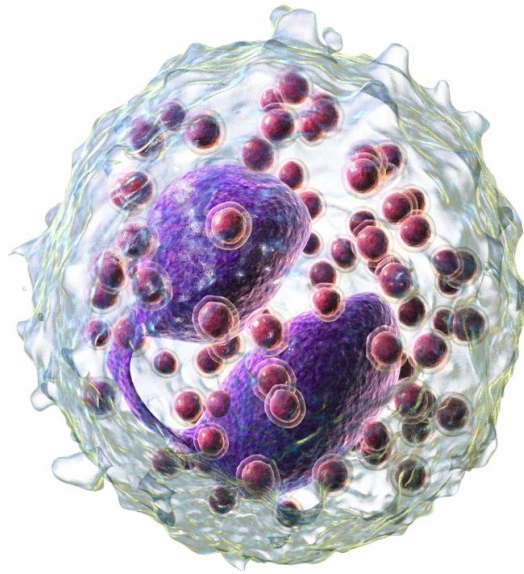
Eosinophil in COPD

● IF ONE OR MORE MODERATE OR SEVERE EXACERBATION



**Difference with
eosinophil in asthma**

Biological characteristics



Endotyping and Treatment

Eosinophilic COPD is present

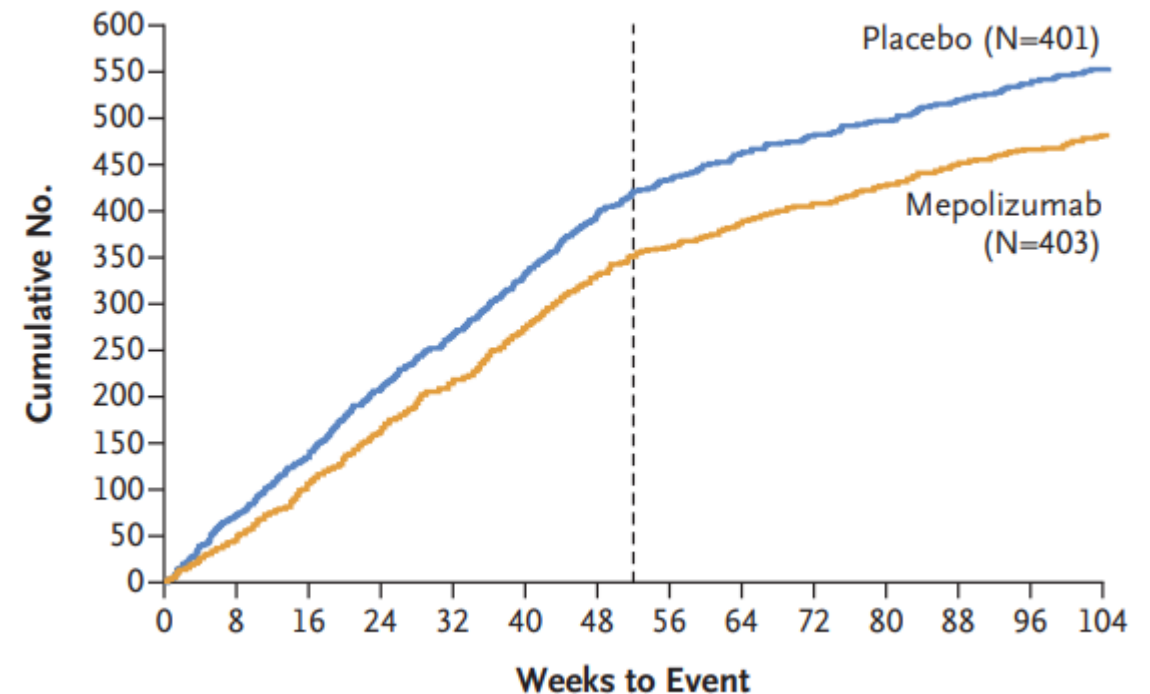
ORIGINAL ARTICLE

Mepolizumab to Prevent Exacerbations of COPD with an Eosinophilic Phenotype

F.C. Scurba,¹ G.J. Criner,² S.A. Christenson,³ F.J. Martinez,⁴ A. Papi,⁵ N. Roche,⁶ J. Bourbeau,⁷ S. Korn,⁸ M. Bafadhel,⁹ M.L.K. Han,¹⁰ S. Kolterer,¹¹ K. Miller,¹² D. Mouneimne,¹³ J. Fletcher,¹³ B. Mayer,¹⁴ J. Min,¹⁵ and I.D. Pavord,¹⁶
for the MATINEE Study Investigators*

All the patients were current or former smokers with a smoking history of at least 10 pack-years. Patients with concurrent or previous asthma (including childhood asthma) were excluded.

Moderate or Severe Exacerbations

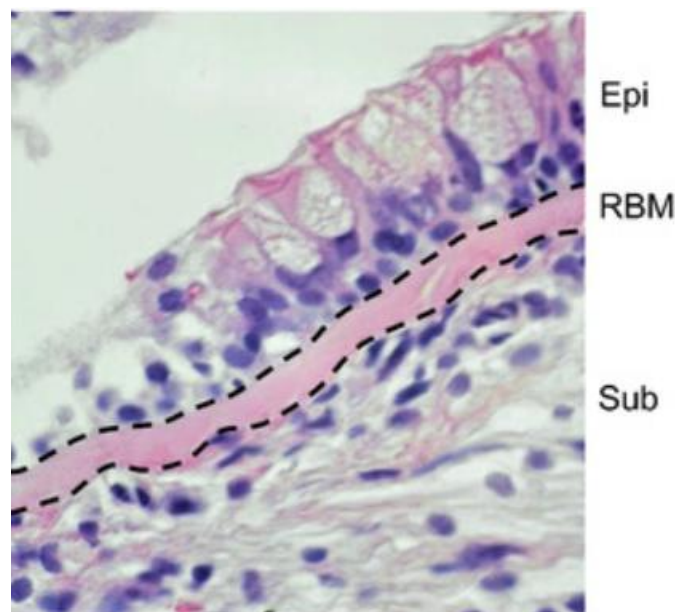


Histopathology studies

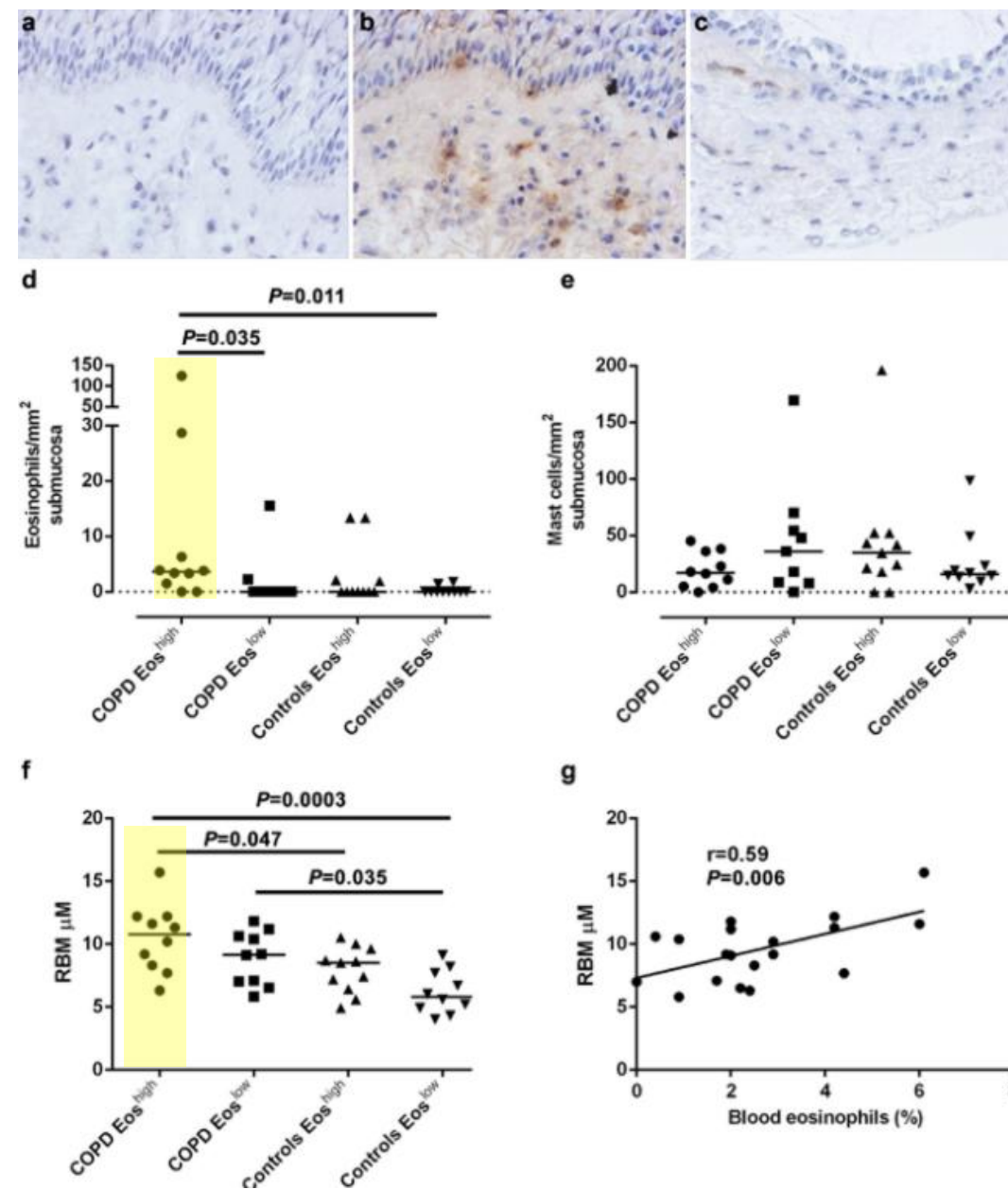
Study (chronological order)	Staining method	Subject groups	Between-group difference	Area of quantification	Additional comments
Large airway studies					
Lacoste et al. 1993 ³⁶	EG2	COPD vs NS	↑	Subepithelium	Minimal degranulation in COPD All ex-smokers
DiStefano et al. 1998 ³⁷	Eosin	COPD vs S	=	Subepithelium	
Pesci et al. 1998 ³⁸	Eosin	COPD vs S	↑	Subepithelium	
Rutgers et al. 2000 ³⁵	EG2	COPD vs S	↑	Subepithelium	
Lofdahl et al. 2008 ³⁹	EG2	COPD vs S and NS	=	Intraepithelium	
Eltboli et al. 2015 ⁴⁰	MBP	COPD eos ^{high} vs COPD eos ^{low}	↑	Subepithelium	Correlation with blood eosinophils
Kolsum et al. 2017 ⁴¹	Luna	COPD eos ^{high} vs COPD eos ^{low}	↑	Subepithelium	
Dey et al. 2023 ⁴²	ECP	COPD vs S and NS	↓ vs NS = vs S	Subepithelium	
Small airway studies					
Hogg et al. 2002 ⁶	Hansel's	COPD vs S	=	Number of airways positive	
Turato et al. 2018 ⁴³	EG2	COPD vs S	=	Subepithelium	No correlation with blood eosinophils
Jogdand et al. 2020 ⁴⁴	ECP	^a COPD vs S ^b GOLD 4 vs GOLD2/3	^a = ^b ↑	Intra- and subepithelium	T2-rich neighborhoods
Maetani et al. 2023 ⁴⁵	MBP	COPD vs S	=	Subepithelium	Correlation with blood eosinophils
Beech et al. 2023 ⁴⁶	Luna	COPD vs S	↑	Intraepithelium	Effect of current smoking

Relationship between blood and bronchial submucosal eosinophilia and reticular basement membrane thickening in chronic obstructive pulmonary disease

[Osama Eltboli](#), [Vijay Mistry](#), [Bethan Barker](#), [Chris E. Brightling](#) ✉



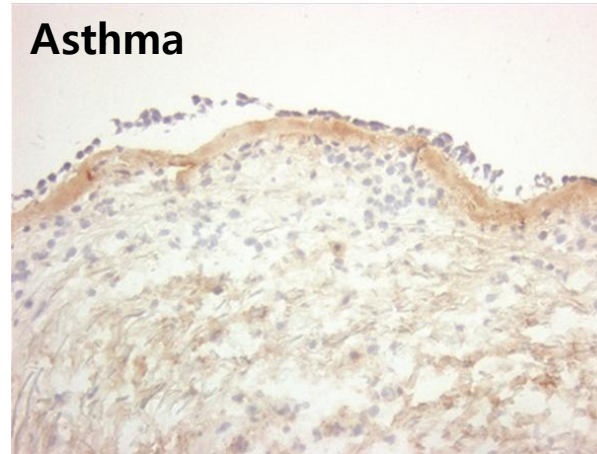
BEC provides histopathological evidence of submucosal eosinophilia and remodeling



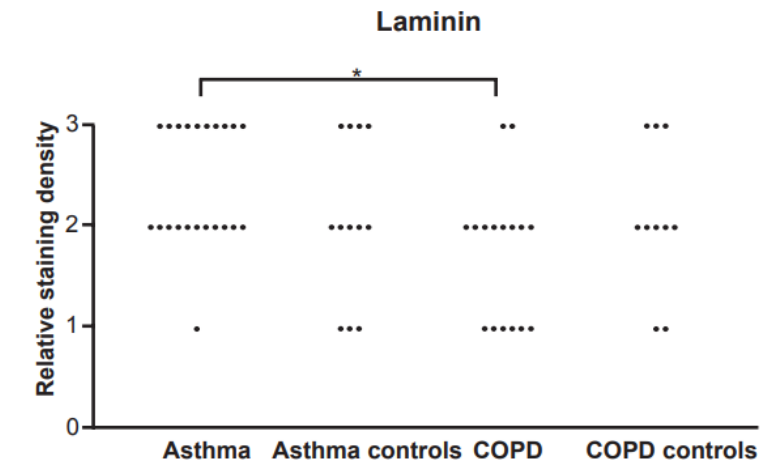
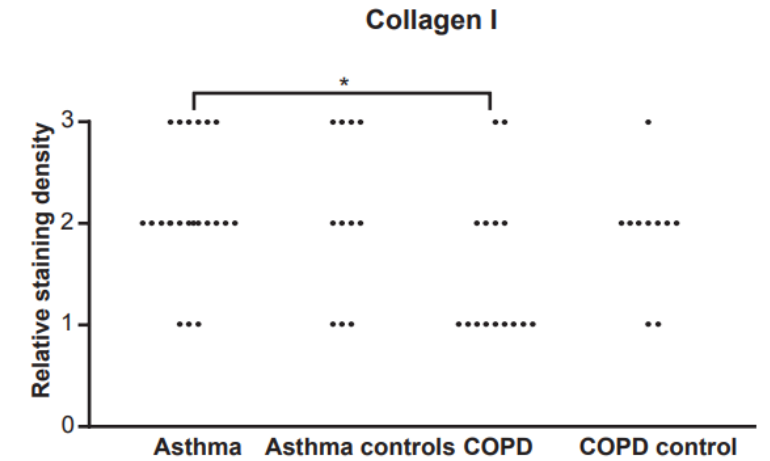
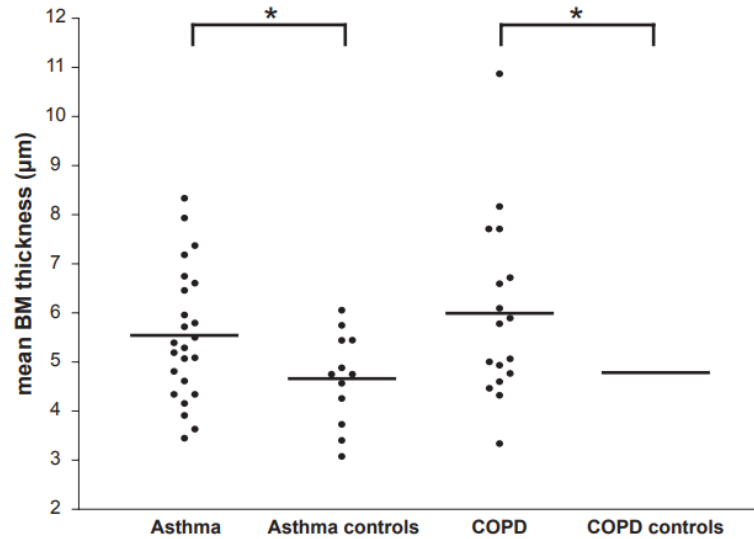
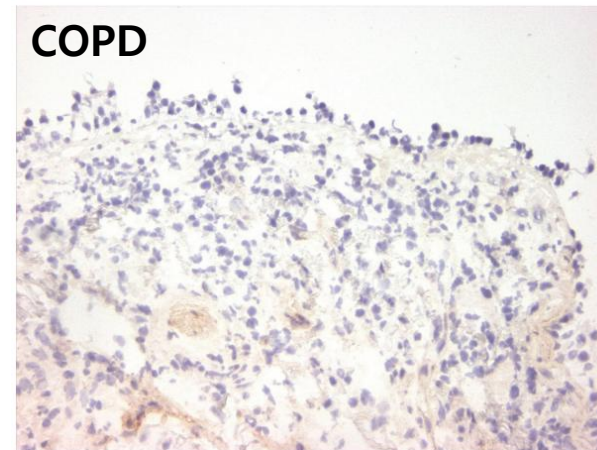
Reticular basement membrane in asthma and COPD: Similar thickness, yet different composition

Collagen I staining

Asthma



COPD



Asthma: Hyper-repairing

- Tissue-level fibrogenesis

COPD: Chronic injury & impaired repair

- Tissue destruction & Incomplete synthesis

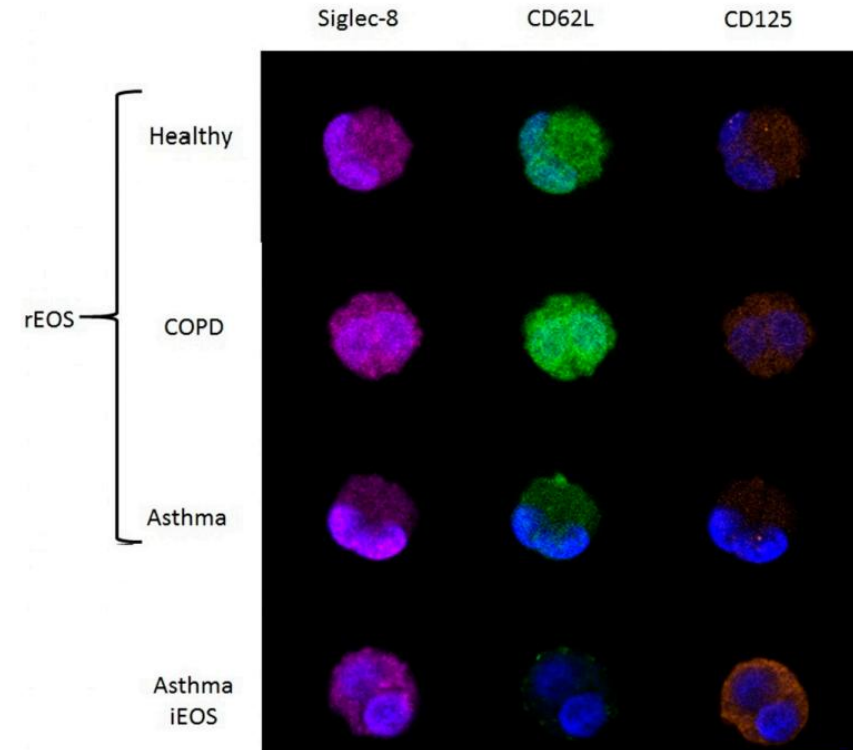
Differences in Eosinophil Subtypes

ORIGINAL ARTICLE

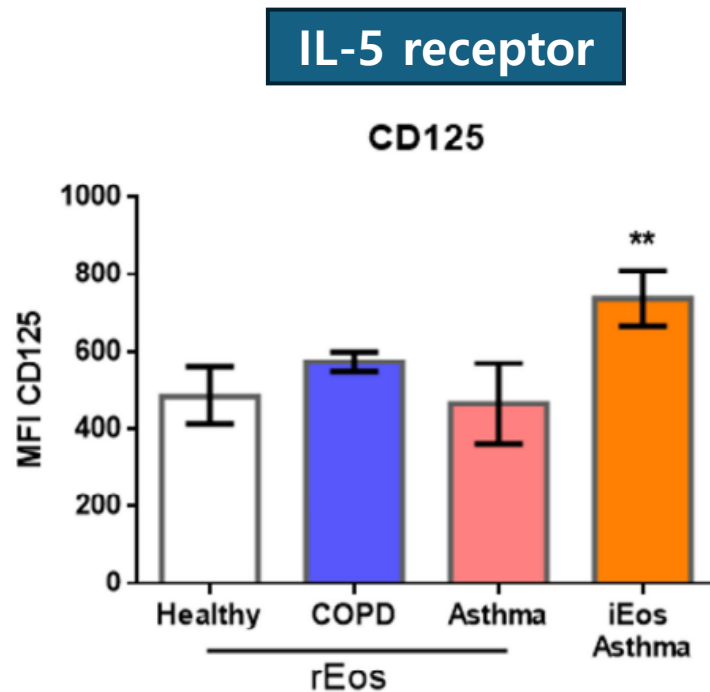
Eosinophil Subtypes in Adults with Asthma and Adults with Chronic Obstructive Pulmonary Disease

Carlos Cabrera López¹, Alejandra Sánchez Santos², Angelina Lemes Castellano³, Sara Cazorla Rivero^{2,4}, Joaquín Breña Atienza⁵, Enrique González Dávila⁶, Bartolomé Celli⁷, and Ciro Casanova Macario⁸

	Group			
	COPD Matched Group (n = 10)	Smokers without COPD (n = 10)	Patients with Asthma (n = 10)	Healthy Subjects (n = 10)
Eosinophils, cells/ μ l	200 $\pm$ 98	192 $\pm$ 135	607 $\pm$ 429	203 $\pm$ 92
≤150	3 (30)	4 (40)	—	3 (30)
150–299	6 (60)	5 (50)	5 (50)	6 (60)
300–499	1 (10)	—	—	1 (10)
≥500	—	1 (10)	5 (50)	—
Eosinophils, %	2.7 $\pm$ 1.3	2.6 $\pm$ 1.8	8.4 $\pm$ 7.5	3.0 $\pm$ 1.8
rEos, %*	99.3 $\pm$ 1.1	99.9 $\pm$ 0.2	74.4 $\pm$ 15.4	99.3 $\pm$ 1.7
iEos, %*	0.70 $\pm$ 1.10	0.14 $\pm$ 0.24	25.59 $\pm$ 15.38	0.67 $\pm$ 1.72



Differences in Eosinophil Subtypes



✓ These results tell us why IL-5 treatment responses are different between asthma and COPD

✓ However, some COPD patients were responded to IL-5 treatment

✓ Stable status, blood flow cytometry, phenotypic plasticity...

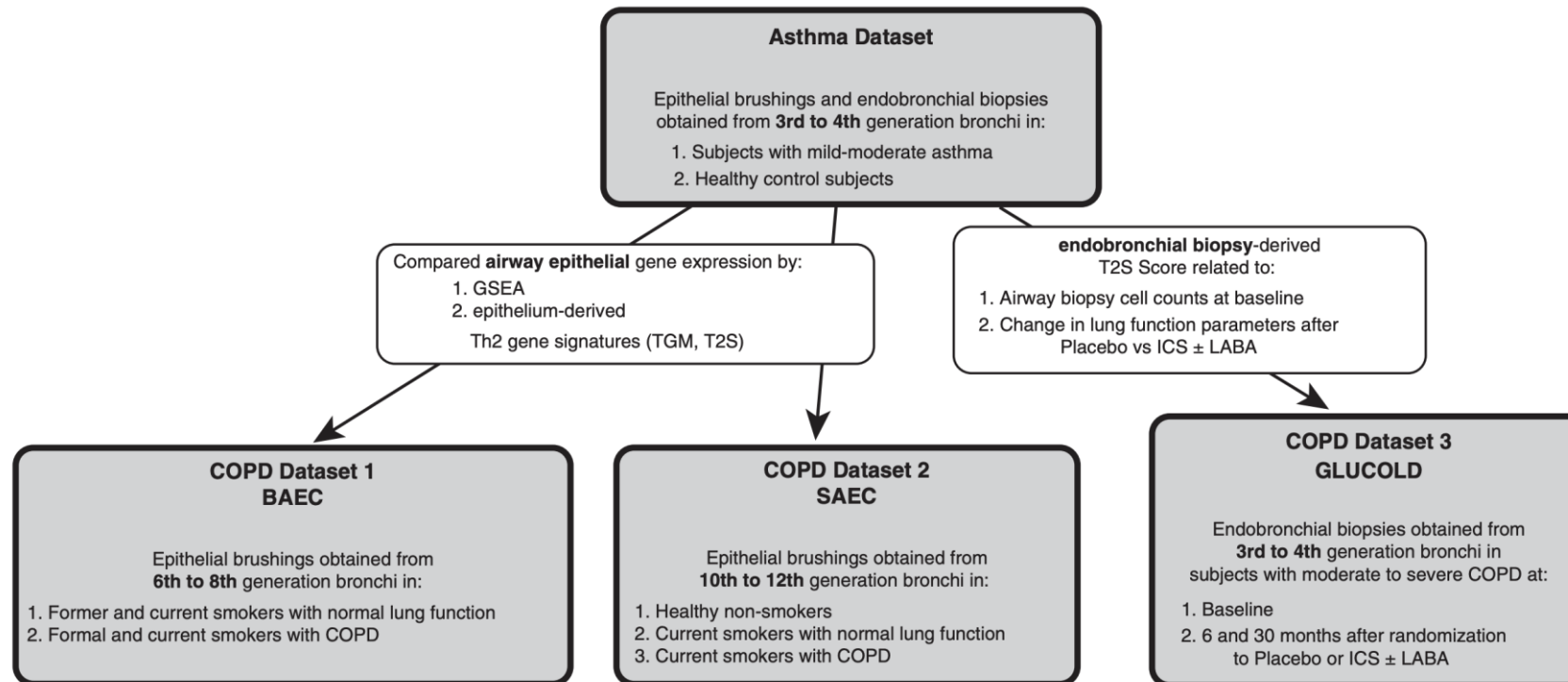
Gene and Transcriptome

ORIGINAL ARTICLE

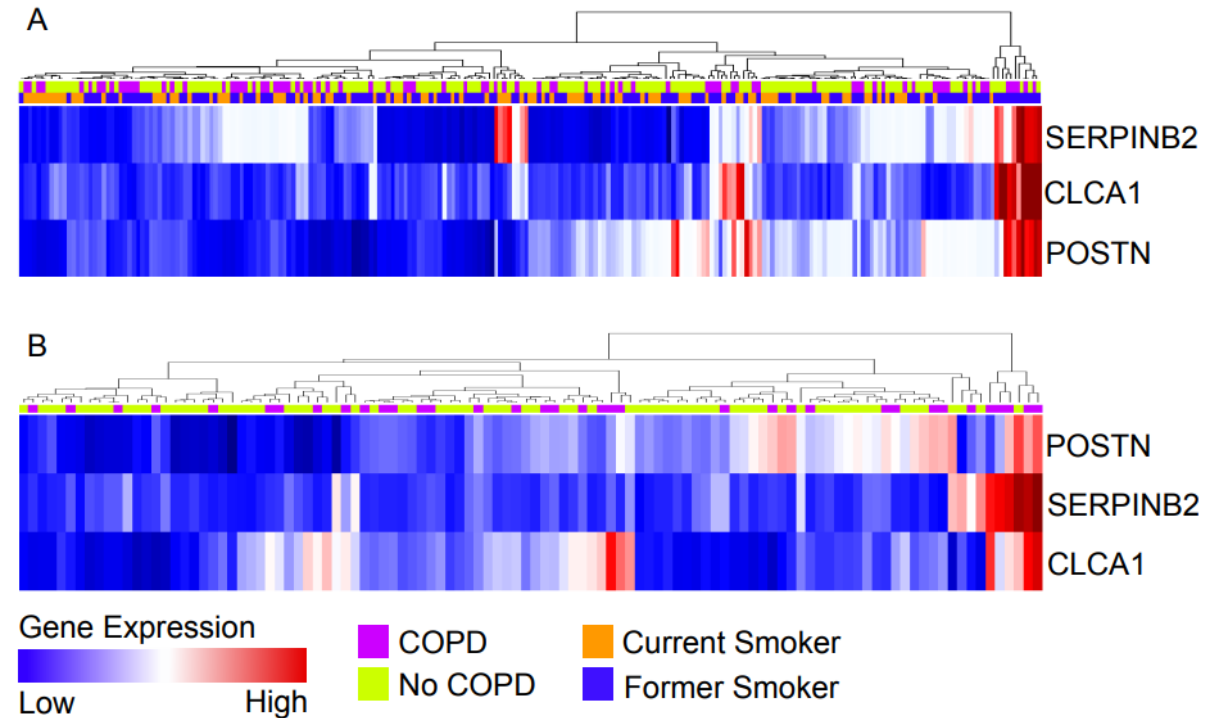
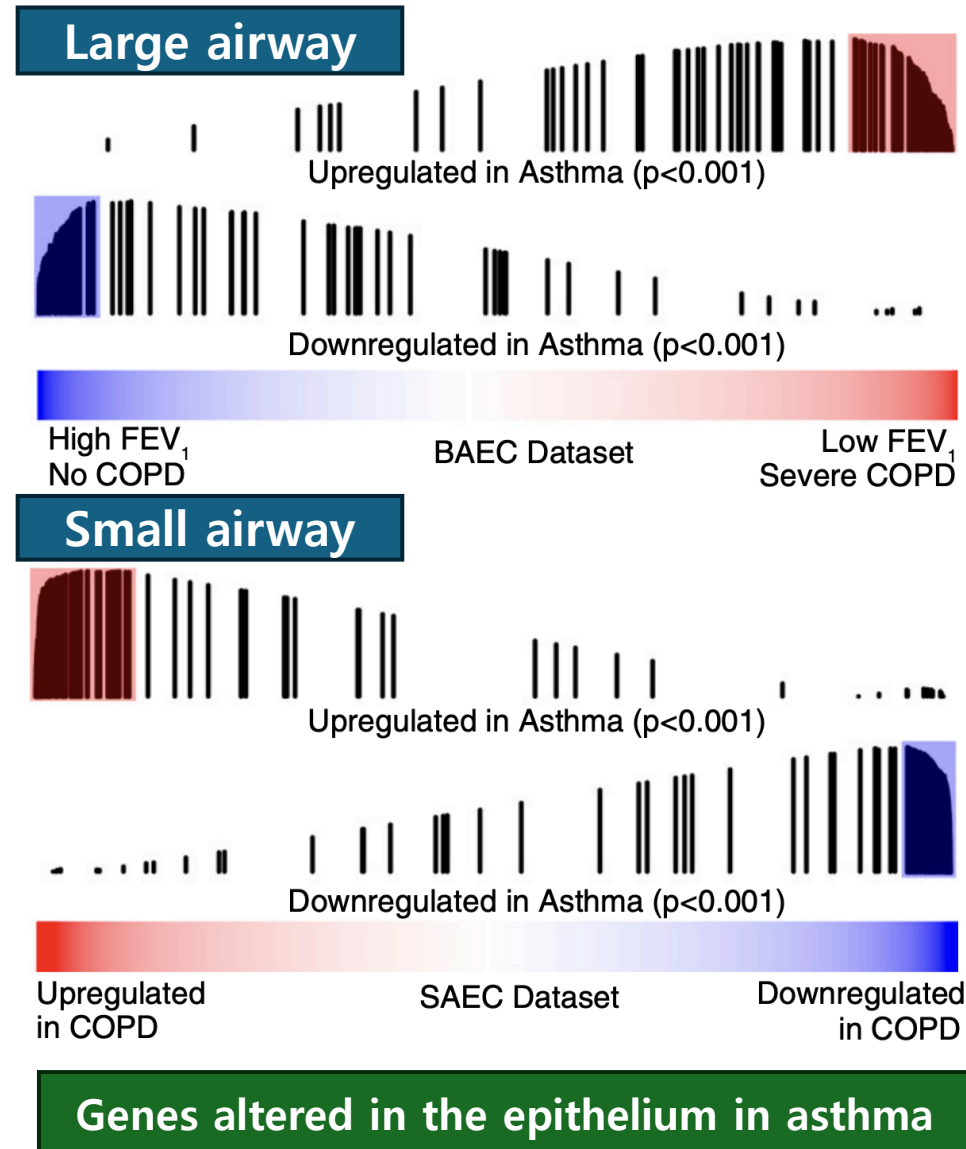
Asthma–COPD Overlap

Clinical Relevance of Genomic Signatures of Type 2 Inflammation in Chronic Obstructive Pulmonary Disease

Stephanie A. Christenson^{1,2}, Katrina Steiling^{3,4}, Maarten van den Berge^{5,6}, Kahkeshan Hijazi⁷, Pieter S. Hiemstra⁸, Dirkje S. Postma^{5,6}, Marc E. Lenburg^{3,4,9}, Avrum Spira^{3,4,9}, and Prescott G. Woodruff^{1,2}



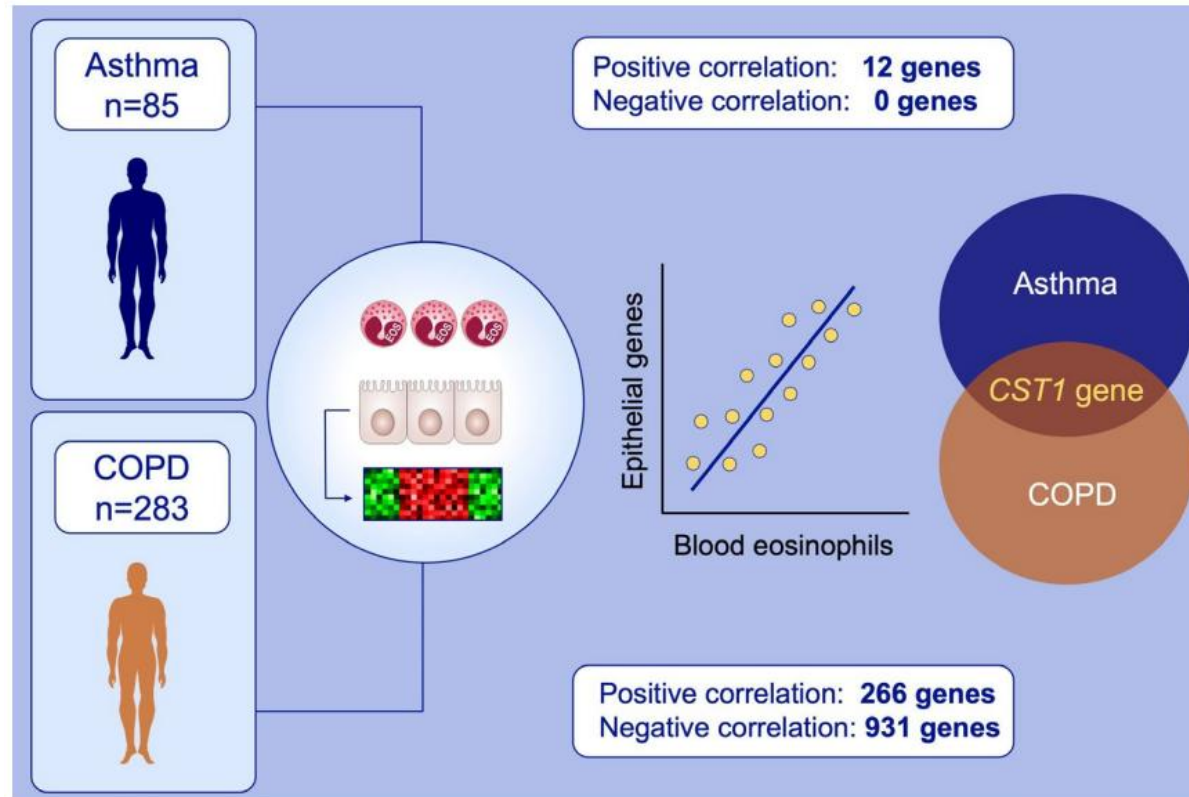
Gene and Transcriptome



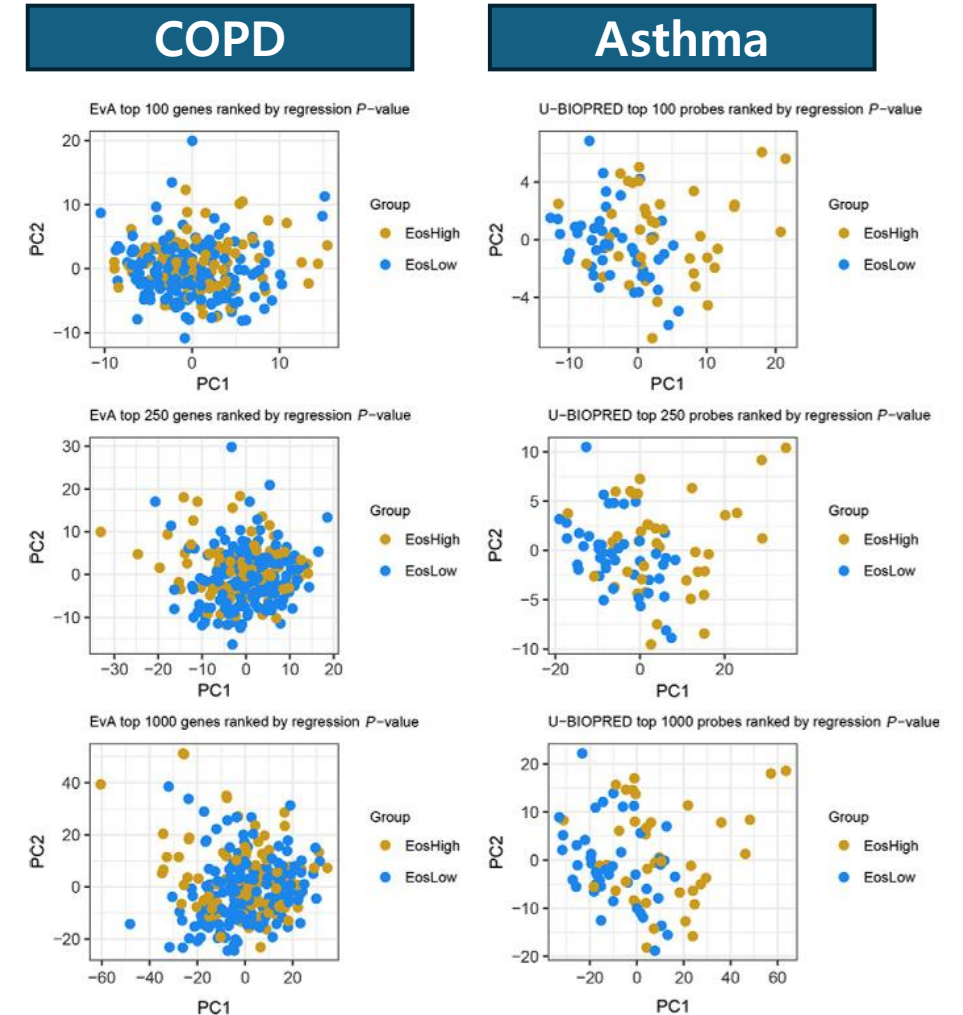
✓ T2-related gene expression was associated with worse COPD.

✓ However, some typical asthma-related genes (like SERPINB2) were repressed by active smoking in these patients.

Gene and Transcriptome

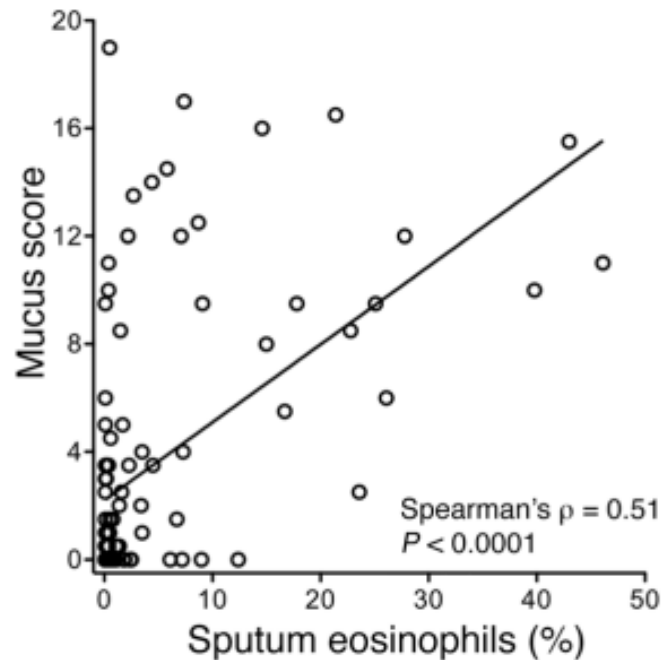


Unlike in asthma, elevated blood eosinophils in COPD did not show significant differences in the airway epithelial transcriptome



Mucus plug and Eosinophil

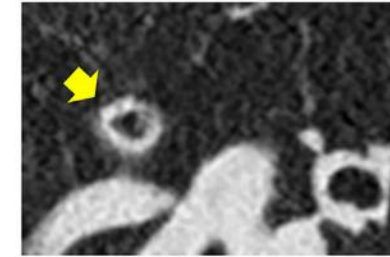
Asthma



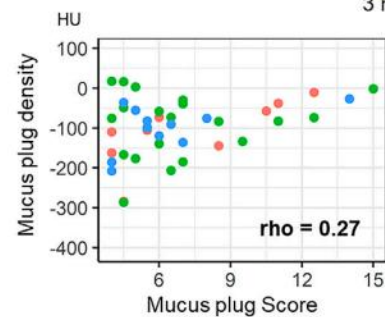
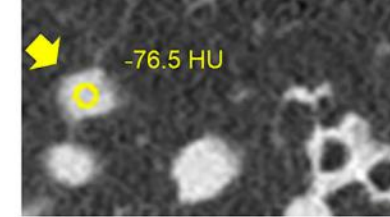
COPD

Among the 400 smokers, 127 had data for neutrophil percentage and eosinophil percentage in induced sputum. The median [interquartile range] sputum neutrophil percentage was higher in patients with a high mucus plug score than in those with a low score (86% [71–94%] vs. 72% [52–83%]; $P < 0.001$). The median [interquartile range] sputum neutrophil number ($\times 10^6/\text{ml}$) was also higher in patients with a high mucus plug score than in those with a low score (1.12 [0.27–3.62] vs. 0.24 [0.09–0.59]; $P = 0.0002$). The sputum eosinophil percentage was similar in both subgroups (0.1 [0–1.1] vs. 0.3% [0–1.0]; $P = 0.55$), and the sputum eosinophil number was also similar (data not shown).

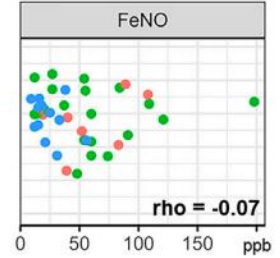
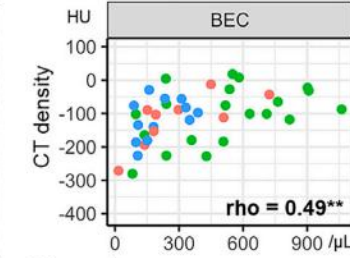
Measurement of CT density



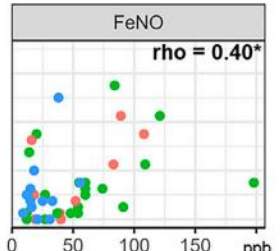
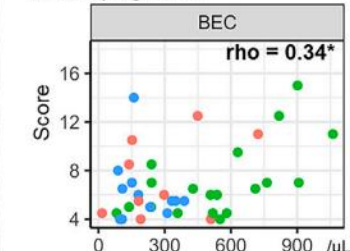
Mucus plug



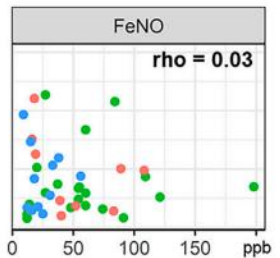
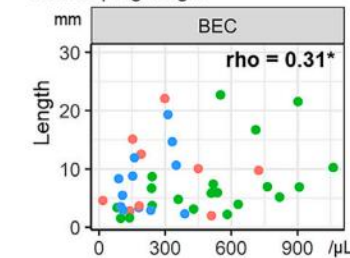
Mucus plug density



Mucus plug score



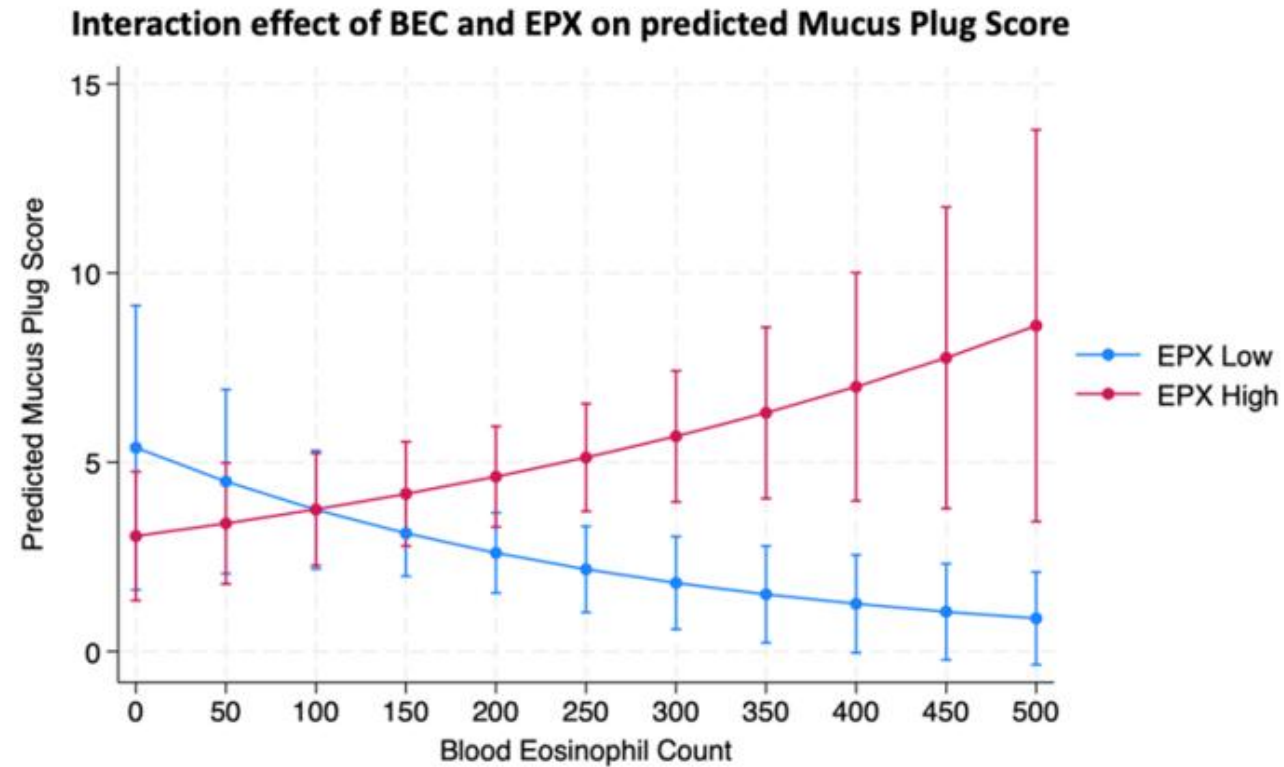
Mucus plug length



ACO asthma COPD

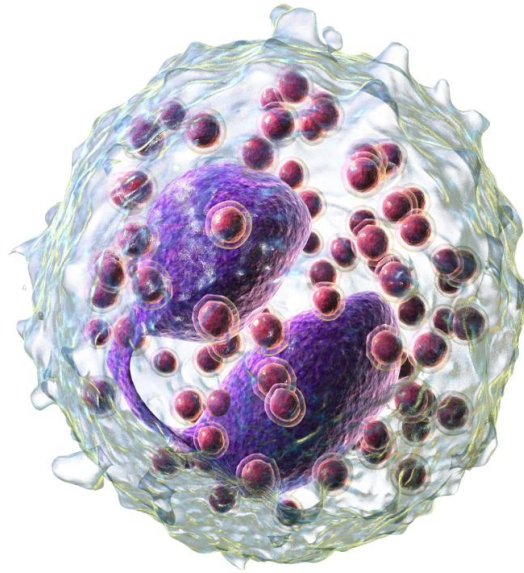
Mucus Plug Formation is Associated with Eosinophilic Activation in Chronic Obstructive Pulmonary Disease

Federico Baraldi^{1,2}, Jordina S Y Mah¹, Abdulrahman Almuhanha¹, Aaron Braddy-Green¹, Sam Bartlett-Pestell¹, Mairi A MacLeod¹, Chloe I Bloom¹, Andrew I Ritchie^{1,3}, Dexter J Wiseman^{1,4}, James P Allinson¹, Eric A Hoffman⁵, Alberto Papi², Jadwiga A Wedzicha¹, Lydia J Finney¹



**Difference with
eosinophil in asthma**

Biological characteristics



Endotyping and Treatment

Pulmonary eosinophils

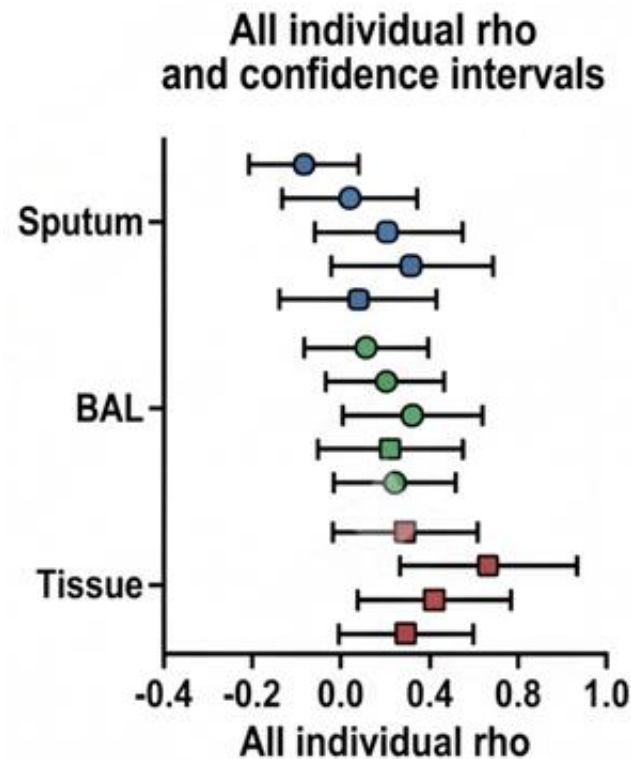
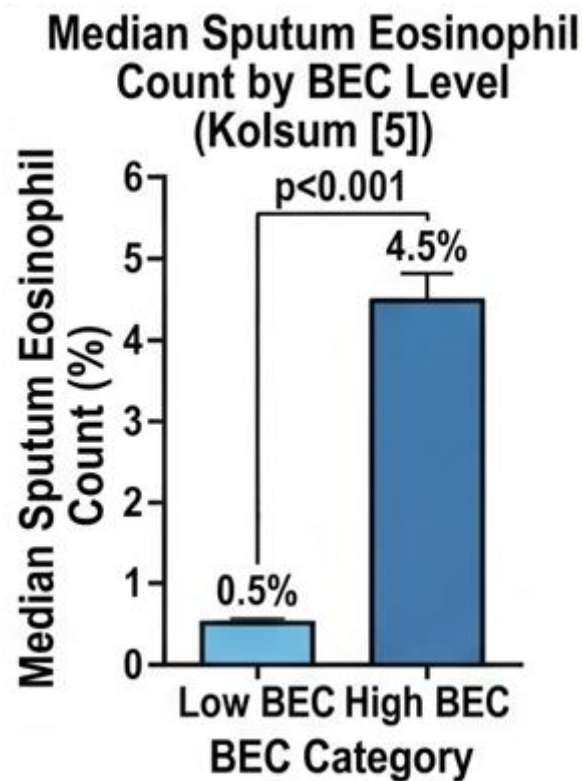
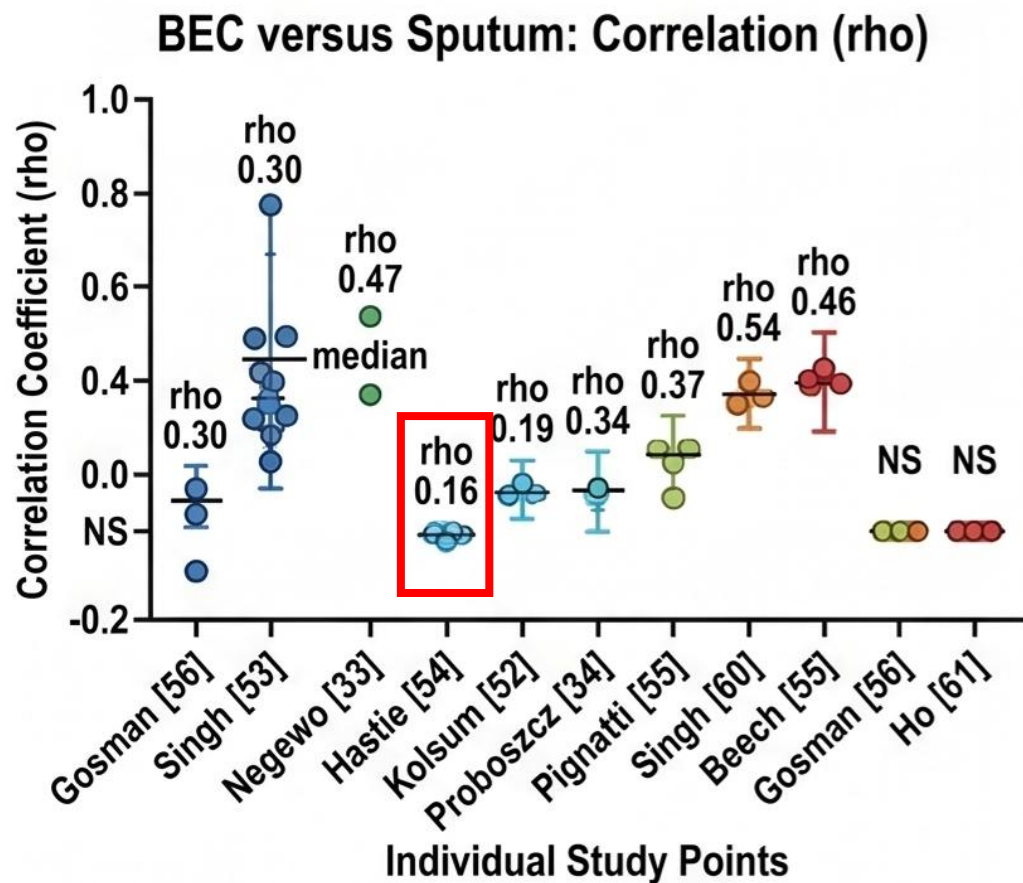


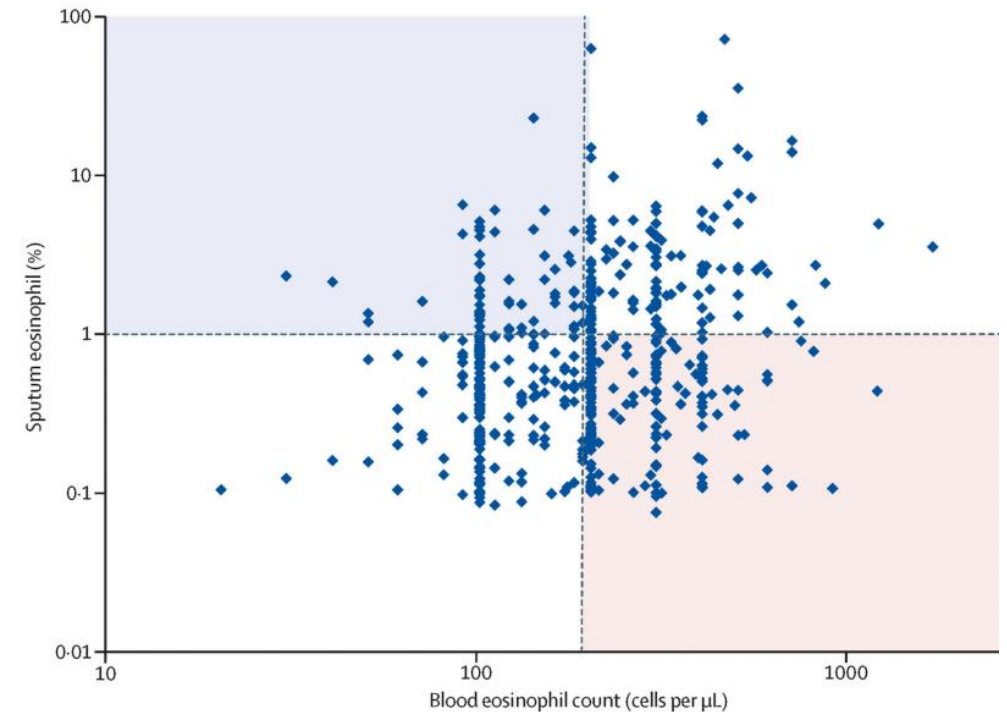
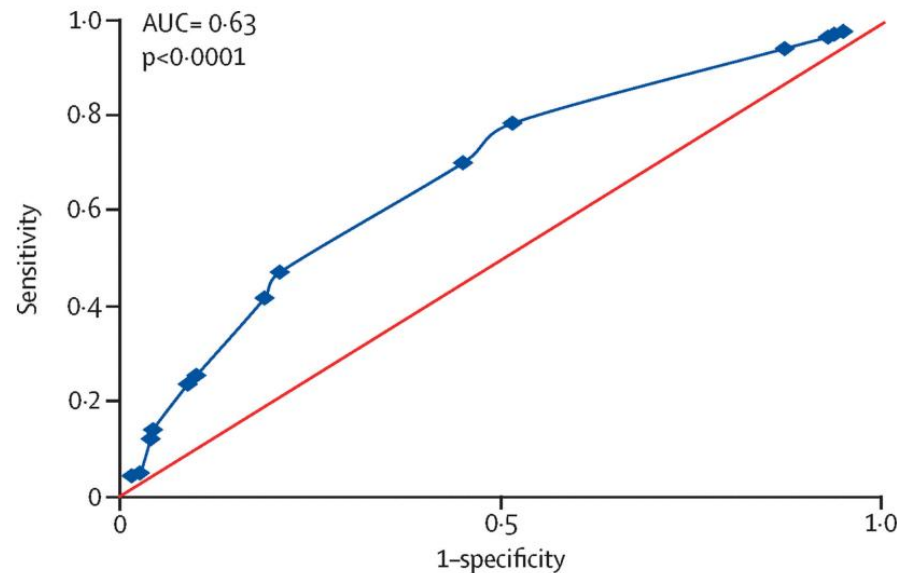
Image was generated by Gemini from Table 1
Beech A et al. ERS monograph 2025

BEC vs. Sputum eosinophil in COPD

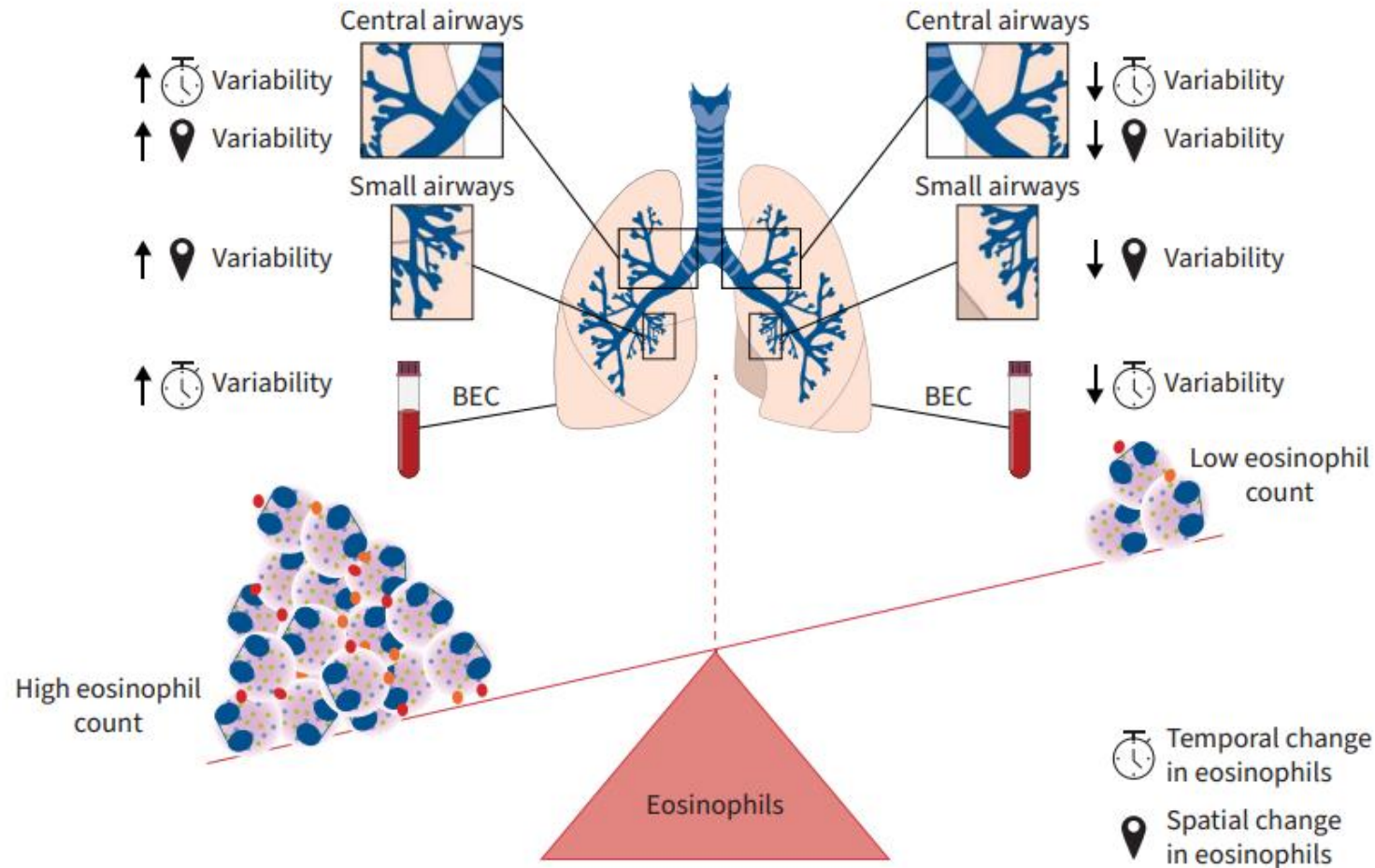


Association of sputum and blood eosinophil concentrations with clinical measures of COPD severity: an analysis of the SPIROMICS cohort

Annette T Hastie, Fernando J Martinez, Jeffrey L Curtis, Claire M Doerschuk, Nadia N Hansel, Stephanie Christenson, Nirupama Putcha, Victor E Ortega, Xingnan Li, R Graham Barr, Elizabeth E Carretta, David J Couper, Christopher B Cooper, Eric A Hoffman, Richard E Kanner, Eric Kleerup, Wanda K O'Neal, Richard Paine III, Stephen P Peters, Neil E Alexis, Prescott G Woodruff, MeiLan K Han, Deborah A Meyers, Eugene R Bleeker, for the SPIROMICS investigators*



Variability in eosinophil count in COPD



Microbiome: association with eosinophil

STABLE



Article

Airway Bacteria Quantification Using Polymerase Chain Reaction Combined with Neutrophil and Eosinophil Counts Identifies Distinct COPD Endotypes

Augusta Beech ^{1,2,*}, Simon Lea ¹, Jian Li ¹, Natalie Jackson ², Alex Mulvanny ^{1,2} and Dave Singh ^{1,2}

	Sputum Eos Persistently $\geq 3\%$ ($n = 7$)		Sputum Eos $\geq 3\%$ at One Visit Only ($n = 8$)		Sputum Eos $< 3\%$ at Both Visits ($n = 33$)	
	Baseline	6 months	Baseline	6 months	Baseline	6 months
No PPM	6	6	6	6	12	11
HI	0	0	1	1	7	7
PA	0	0	0	0	1	0
SP	0	0	0	0	0	1
MC	0	1	0	1	0	1
^a >1 PPM	0	0	0	0	1	2
Any bacterial colonisation	0/6 (0.0%)	1/7 (14.3%)	1/7 (14.3%)	2/8 (25.0%)	9/21 (42.9%)	11/22 (50.0%)
* No data	1	0	1	0	12	11

Microbiome: association with eosinophil

STABLE



biomedicines



Article

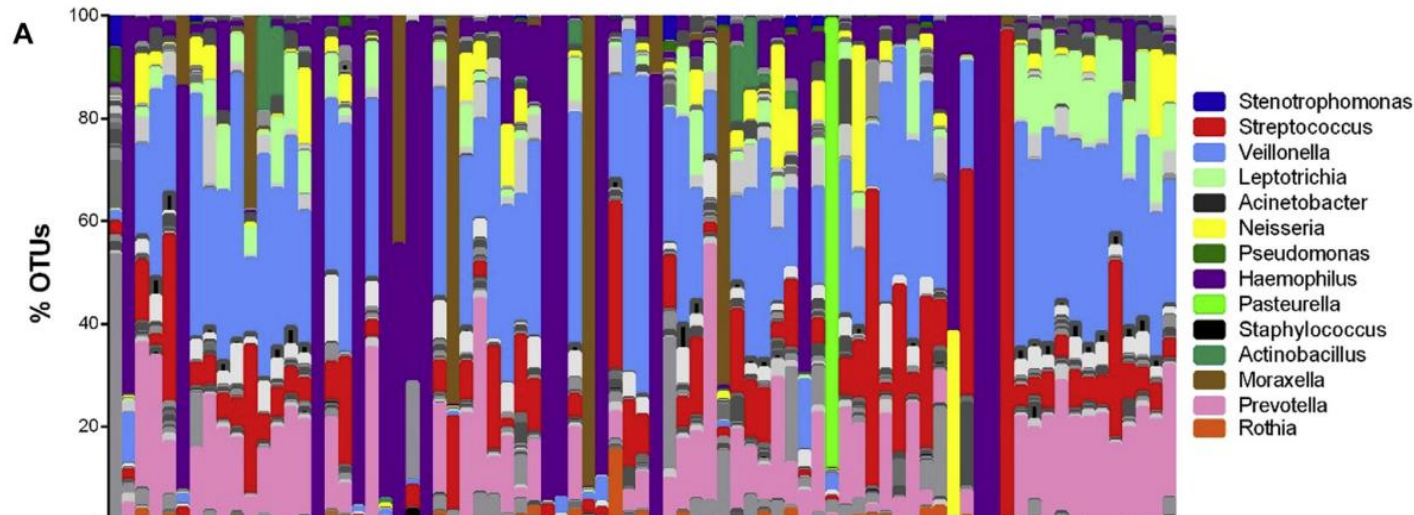
Identification of COPD Inflammatory Endotypes Using Repeated Sputum Eosinophil Counts

Augusta Beech ^{1,2,*}, Natalie Jackson ² and Dave Singh ¹

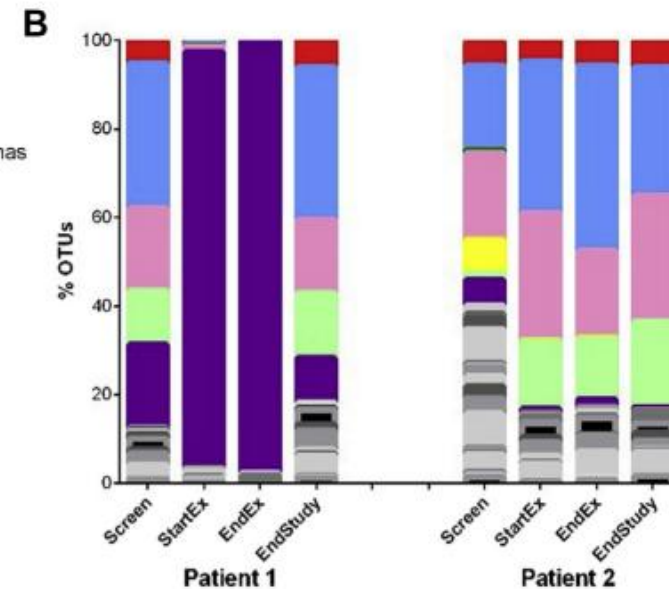
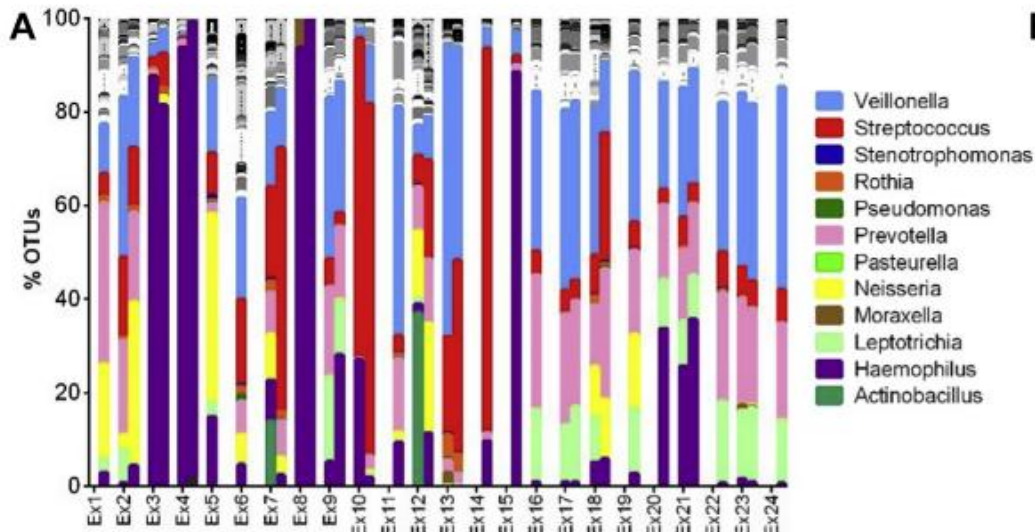
Baseline sputum characteristic	Eosinophil ^{LOW} n=13	Eosinophil ^{INT} n=12	Eosinophil ^{HIGH} n=9	P-value
Total PPM Load (genome copies/ml)	8.12E+05 [0.00E+00-9.25E+07]	2.03E+05 [2.48E+02-1.58E+08]	8.73E+03 [0.00E+00-5.12E+06]	0.25
<i>H.influenzae</i> Load (genome copies/ml)	2.67E+04 [0.00E+00-9.05E+07]	4.12E+03 [0.00E+00-1.58E+08]	*2.75E+02 [0.00E+00-1.63E+04]	0.03
<i>S.pneumoniae</i> Load (genome copies/ml)	2.42E+05 [0.00E+00-2.02E+06]	2.81E+04 [0.00-1.25E+06]	8.53E+03 [0.00E+00-5.12E+06]	0.99
<i>M.catarrhalis</i> Load (genome copies/ml)	0.00E+00 [0.00E+00-5.63E+02]	0.00E+00 [0.00E+00-1.34E+04]	0.00E+00 [0.00E+00-3.27E+02]	0.30
<i>P.aeruginosa</i> Load (genome copies/ml)	0.00E+00 [0.00E+00-5.88E+06]	0.00E+00 [0.00E+00-0.00E+00]	0.00E+00 [0.00E+00-0.00E+00]	0.46
No colonisation (% of patients)	53.8	66.7	100.0	0.06

Hemophilus colonization-neutrophilic subtype

STABLE

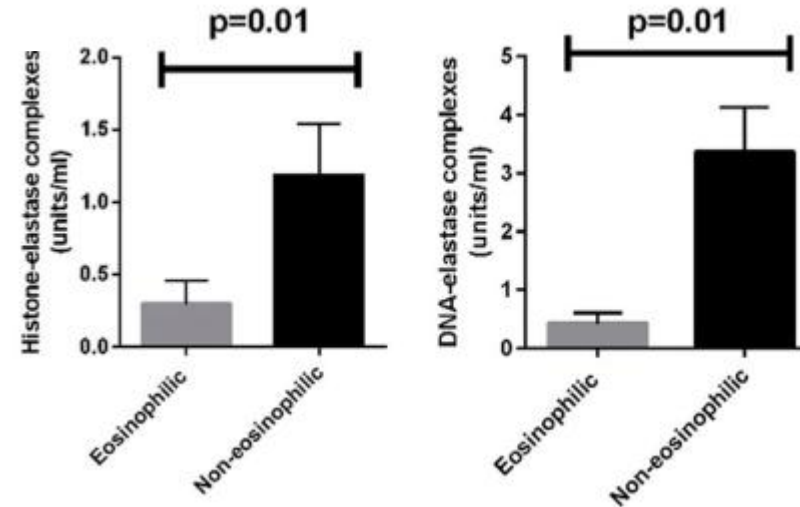


Exacerbation

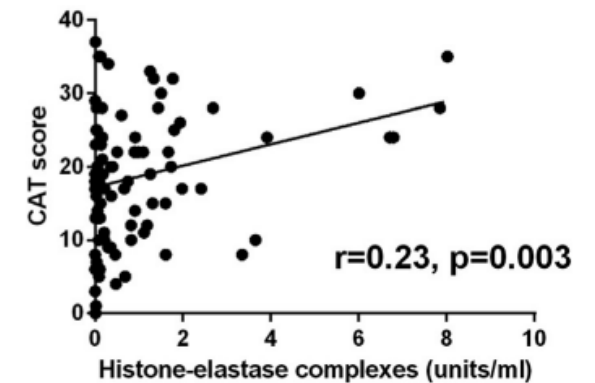
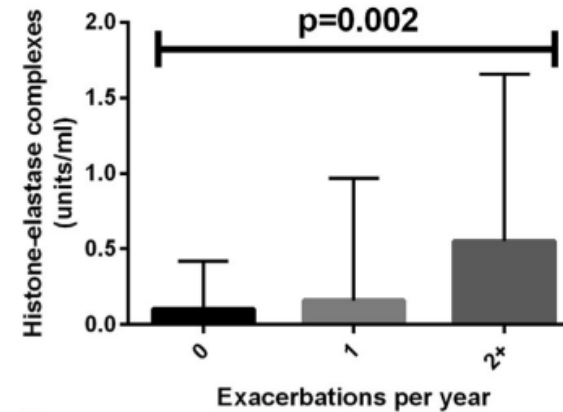
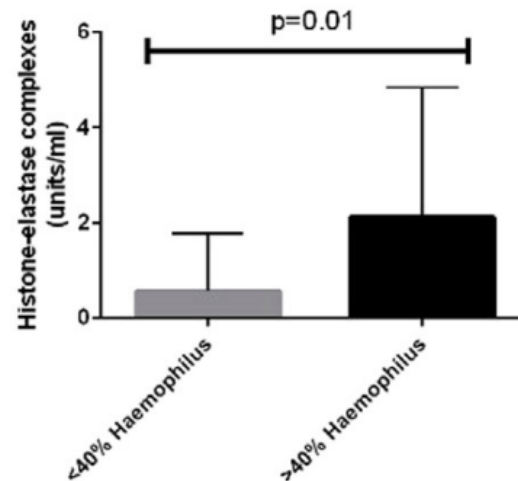


Hemophilus colonization-neutrophilic subtype

NET / BEC

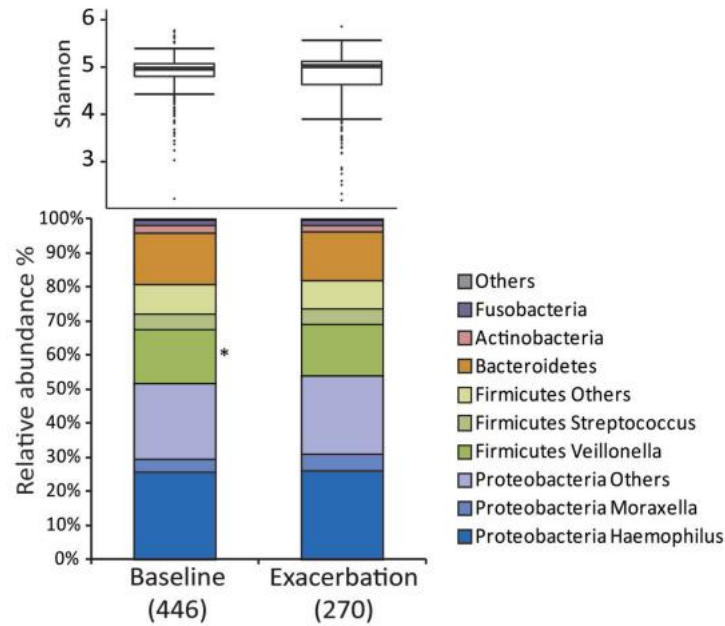


NET /
Hemophilus,
Exacerbation,
CAT

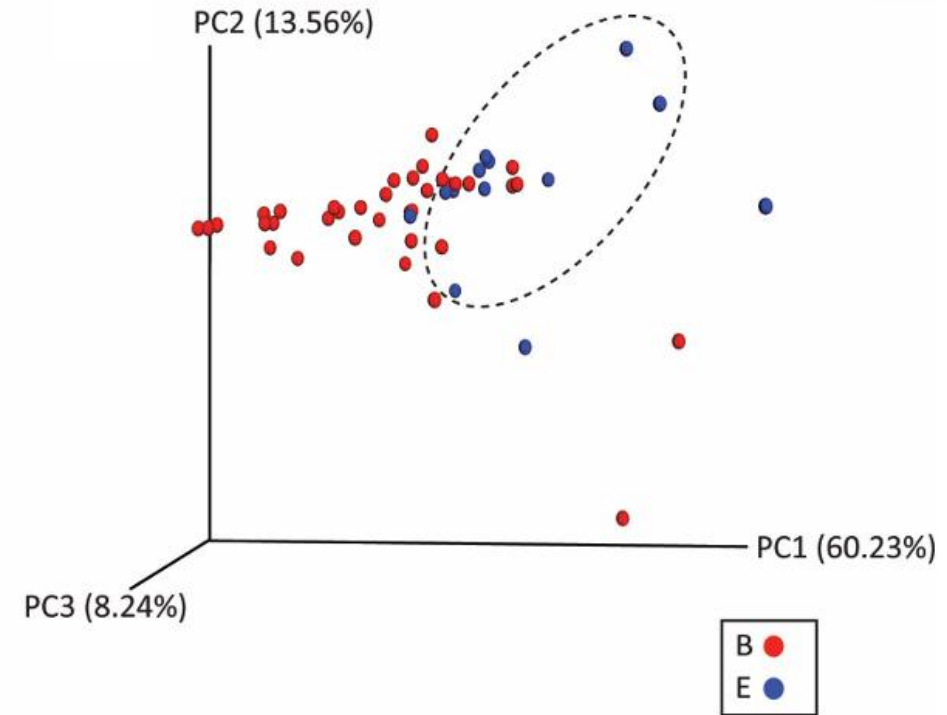
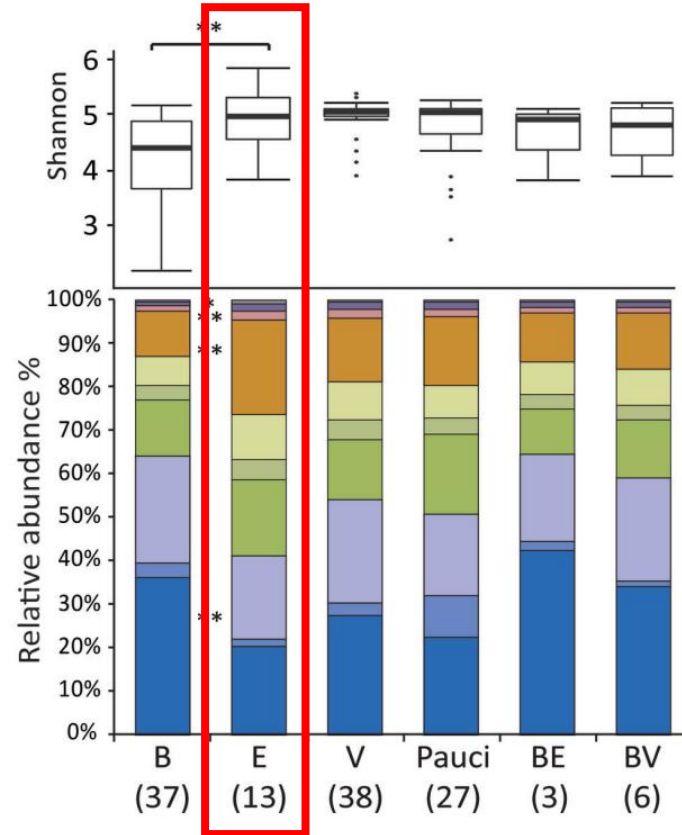


Microbiome: association with eosinophil

Exacerbation

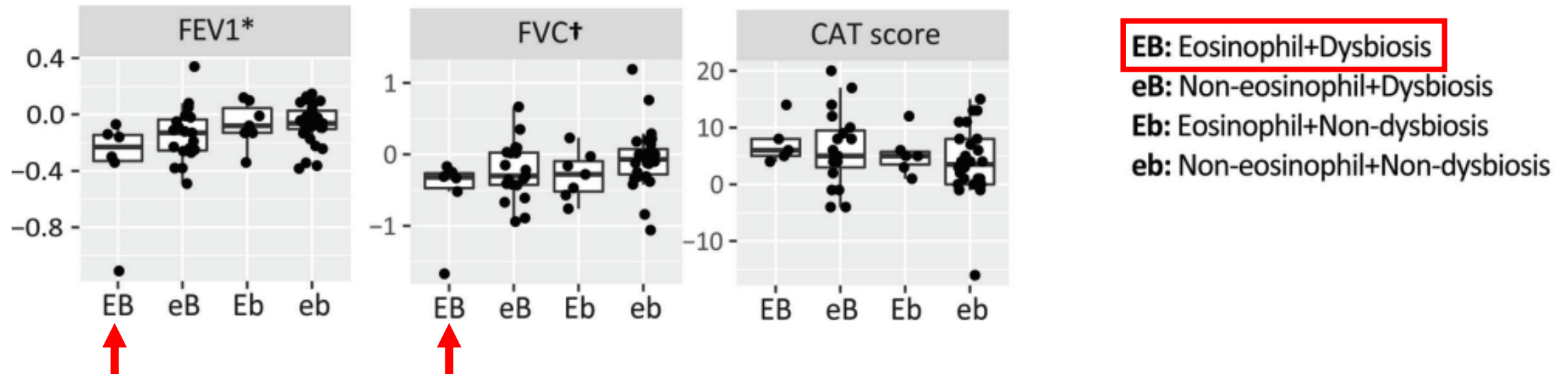


B vs. E

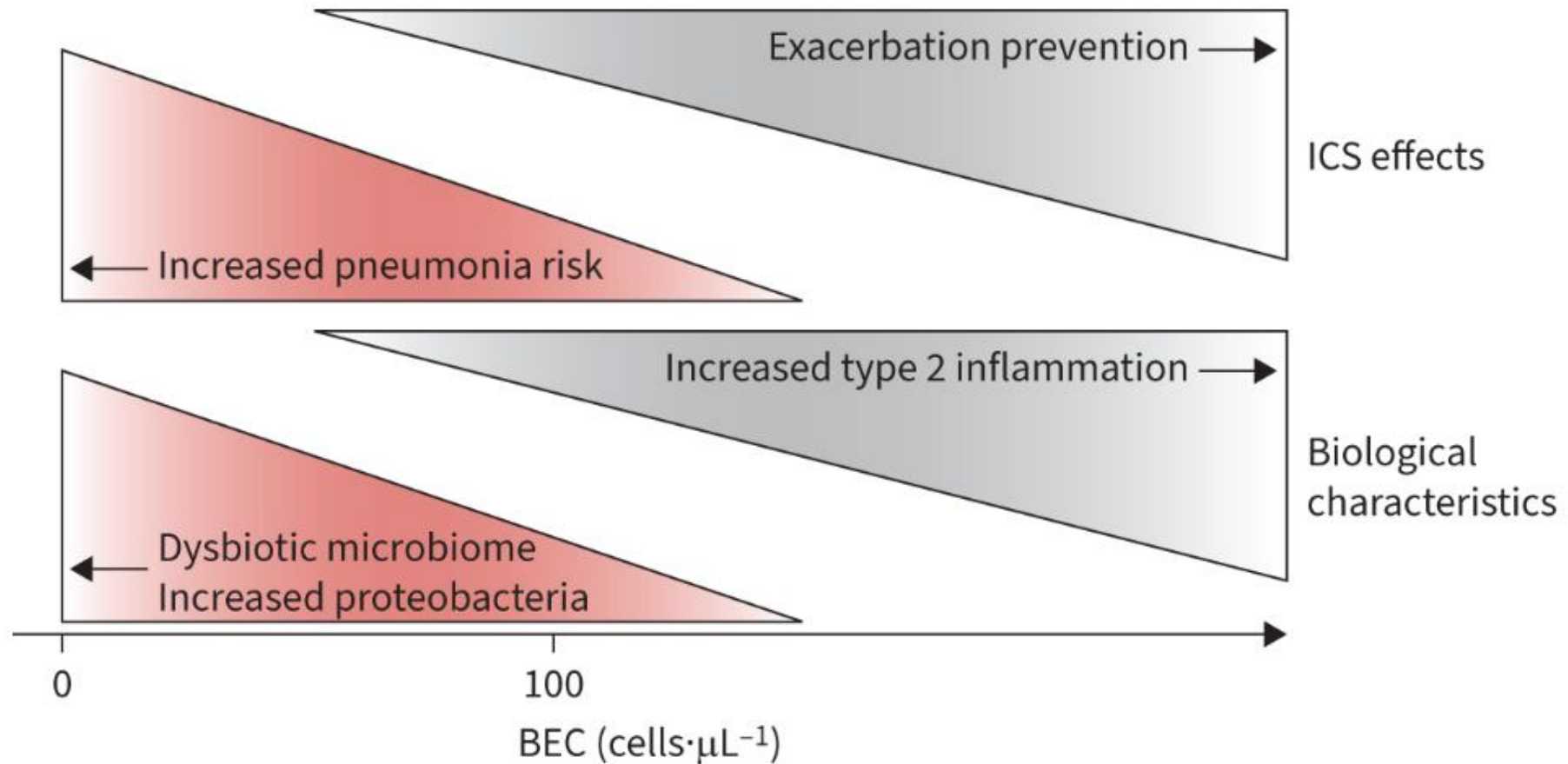


Microbiome: association with eosinophil

Exacerbation

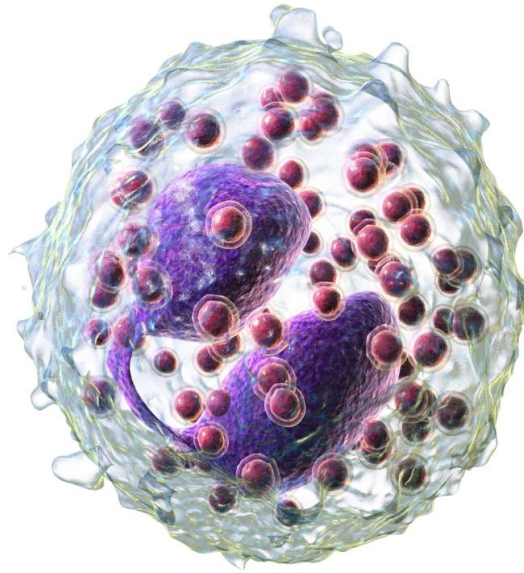


Relationships between BECs and ICS effects and biological characteristics



**Difference with
eosinophil in asthma**

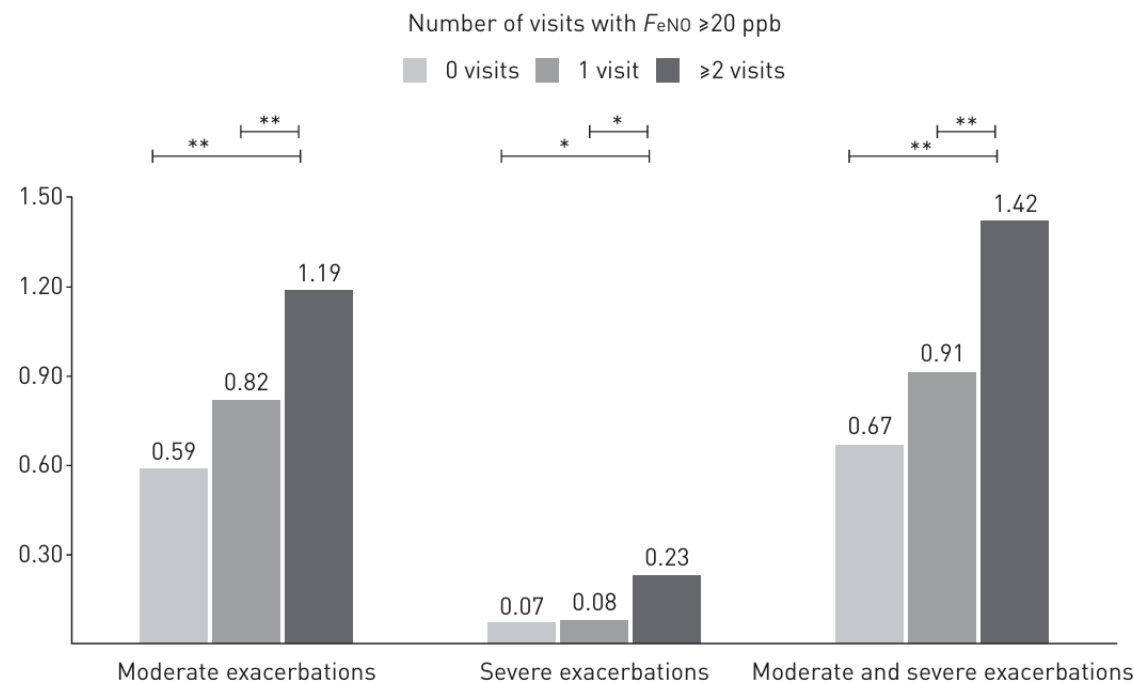
Biological characteristics



Endotyping and Treatment

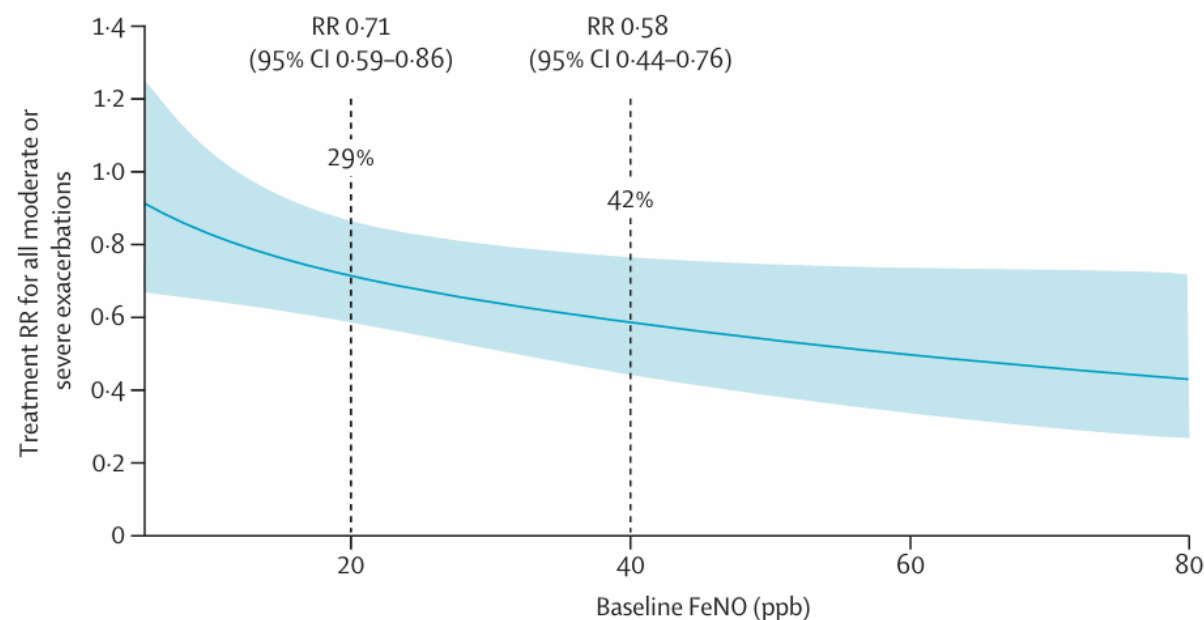
Persistently elevated exhaled nitric oxide fraction is associated with increased risk of exacerbation in COPD

Bernardino Alcázar-Navarrete ^{1,2,3}, Oliverio Ruiz Rodríguez¹, Pablo Conde Baena⁴, Pedro José Romero Palacios² and Alvar Agustí^{3,5,6}



Type 2 inflammation biomarkers and their association with response to dupilumab in COPD (BOREAS): an analysis of a randomised, placebo-controlled, phase 3 trial

Stephanie A Christenson, Nicola A Hanania, Surya P Bhatt, Mona Bafadhel, Klaus F Rabe, Claus F Vogelmeier, Alberto Papi, Dave Singh, Elizabeth Laws, Paula Dakin, Ashish Bansal, Xin Lu, Deborah Bauer, Jennifer Maloney, Lacey B Robinson, Raolat M Abdulai



Endotyping: FeNO



Original research

Eosinophilia and fractional exhaled nitric oxide levels in chronic obstructive lung disease

Srinadh Annangi¹,^{*} Snigdha Nutalapati,² Jamie Sturgill,¹ Eric Flenaugh,³ Marilyn Foreman³

Table 2 Prevalence of peripheral eosinophilia among subjects with COPD without asthma history and COPD with asthma history, stratified by gender, race, age groups, smoking status and exhaled FeNO levels

COPD without asthma history (N = 3,655,738) COPD with asthma history (N = 454,976)

Subjects with presence of variables shown to influence FeNO levels were excluded* (N = 3,175,294)

and/or vegetables within 3 hours/have used inhaled, oral corticosteroids within 2 days/have had cough, cold

Non-smoker 26.3% (26.4% to 26.6%) 32.6% (32.3% to 32.9%) <0.001

Unknown smoking status 40.6% (40.5% to 40.7%) 30.7% (30.5% to 30.9%) <0.001

FeNO levels (ppb) (95% CI)

0–24 34.6% (34.6% to 34.7%) 27.6% (27.5% to 27.8%) <0.001

25–50 30.4% (30.3% to 30.6%) 84.4% (84.2% to 84.7%) <0.001

51 and above 42.3% (42.0% to 42.5%) 0% NA

Table 4 Mean exhaled nitric oxide levels, stratified by clinical status and demographics

	Total study population	COPD without asthma history	COPD with asthma history		
cluded* (N = 3,175,294)				Mean FeNO level (SD)	P value
				19.6 (13.2)	<0.001
used inhaled,				16.6 (11.7)	0.7
				21.7 (13.7)	<0.001
had cough, cold				12.4 (3.8)	<0.001
	Current smoker	19.2 (16.5)	18.8 (16.9)	21.8 (12.6)	<0.001
	Non-smoker	18.9 (12.4)	18.7 (11.8)	19.6 (13.9)	<0.001
Unknown smoking status					
Peripheral eosinophil count					
<300 cells/ μ L	14.6 (9.6)	13.9 (8.7)	18.2 (14.6)	<0.001	
$\geq$ 300 cells/ μ L	19.6 (18.1)	19.2 (19.2)	21.7 (10.1)	<0.001	

Endotyping: FeNO



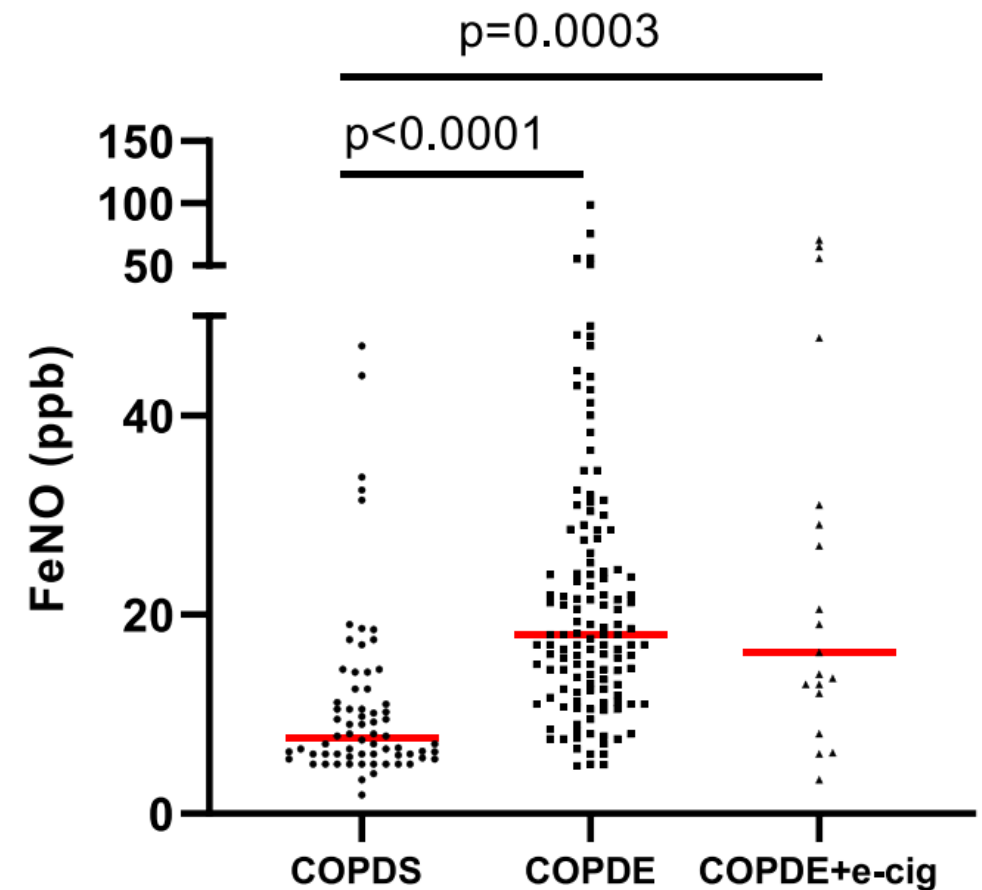
Exhaled nitric oxide levels in COPD patients who use electronic cigarettes

Andrew Higham^{a,*}, Augusta Beech^{a,b}, Dave Singh^{a,b}

^a Division of Immunology, Immunity to Infection and Respiratory Medicine, School of Biological Sciences, Faculty of Biology, Medicine and Health, University of Manchester and Manchester University NHS Foundation Trust, Manchester, UK

^b Medicines Evaluation Unit, The Langley Building, Southmoor Road, Manchester, UK

	COPDS(n=68)	COPDE (n=130)	COPDE+e-cig (n=19)	
ICS users (%)	67	78	76	0.3
FeNO (ppb)	7.6 [1.9–47.0]	18.0 [4.8–99.0] ***	16.2 [3.4–70.5] ***	<0.0001
Blood eosinophil count (x10 ⁹ /L)	0.2 [0.04–0.6]	0.2 [0.02–0.9]	0.2 [0.06–0.4]	0.9
Blood neutrophil count (x10 ⁹ /L)	4.5 [2.2–10.6]	4.0 [2.0–12.8]	3.8 [2.4–9.8]	0.07



Endotyping: FeNO



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Original Article

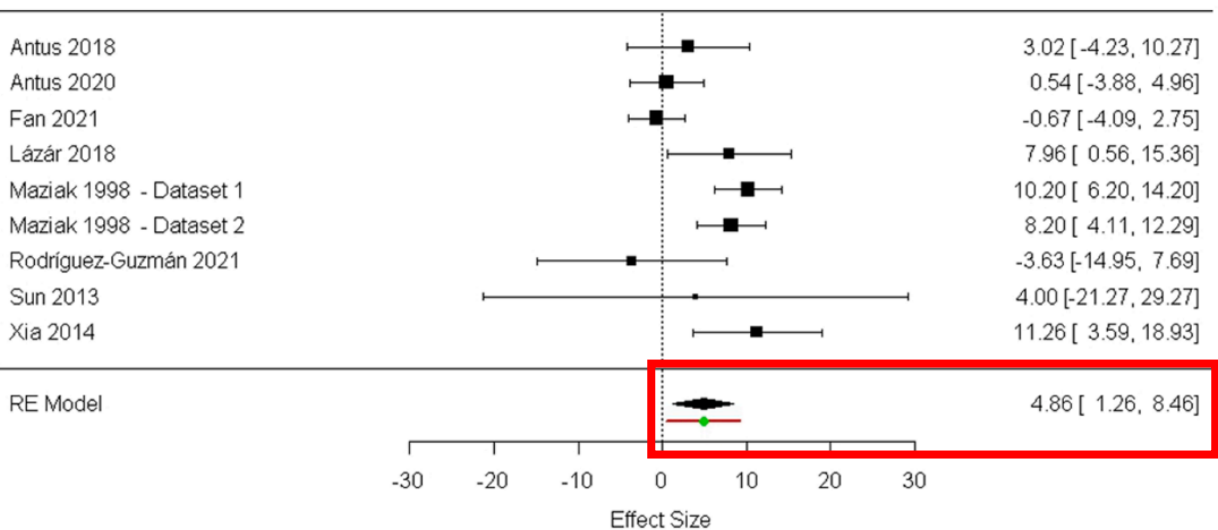
Fractional exhaled nitric oxide in acute exacerbations of chronic obstructive pulmonary disease: A meta-analysis with meta-regressions

Pasquale Ambrosino^{a,1}, Claudio Candia^{b,1}, Stefano Sanduzzi Zamparelli^c,
Giuseppina Marcuccio^d, Fabio Manzo^e, Giorgio Alfredo Spedicato^f, Christian Basile^{g,h},
Costantino Mancusiⁱ, Ennio Lubrano^{d,j}, Guido Grassi^k, Andrea Motta^l,
Mauro Maniscalco^{d,i,*}



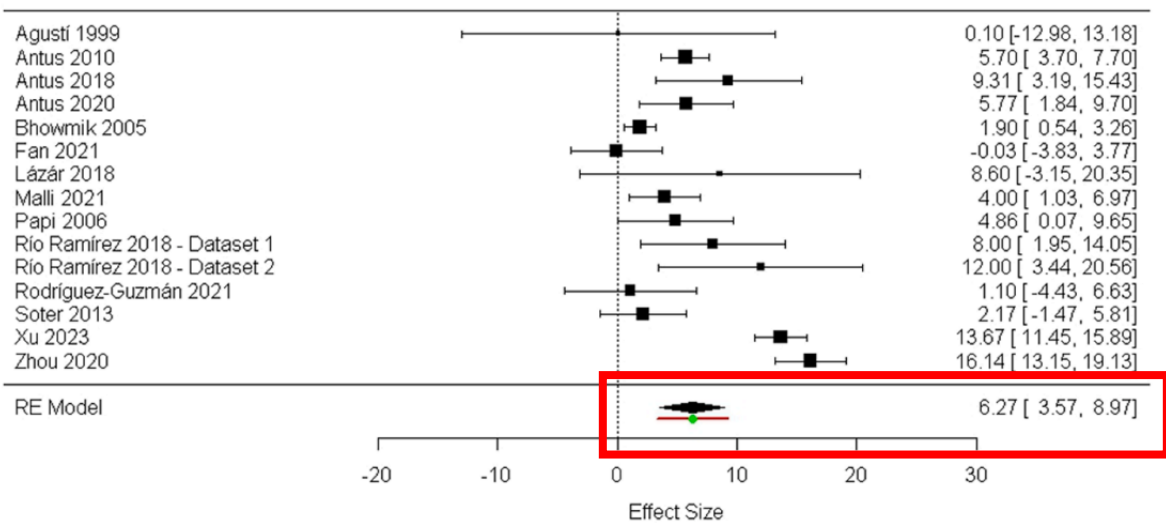
Panel A: AECOPD vs. stable COPD

MD [95%CI]



Panel B: AECOPD vs. stabilized COPD

MD [95%CI]



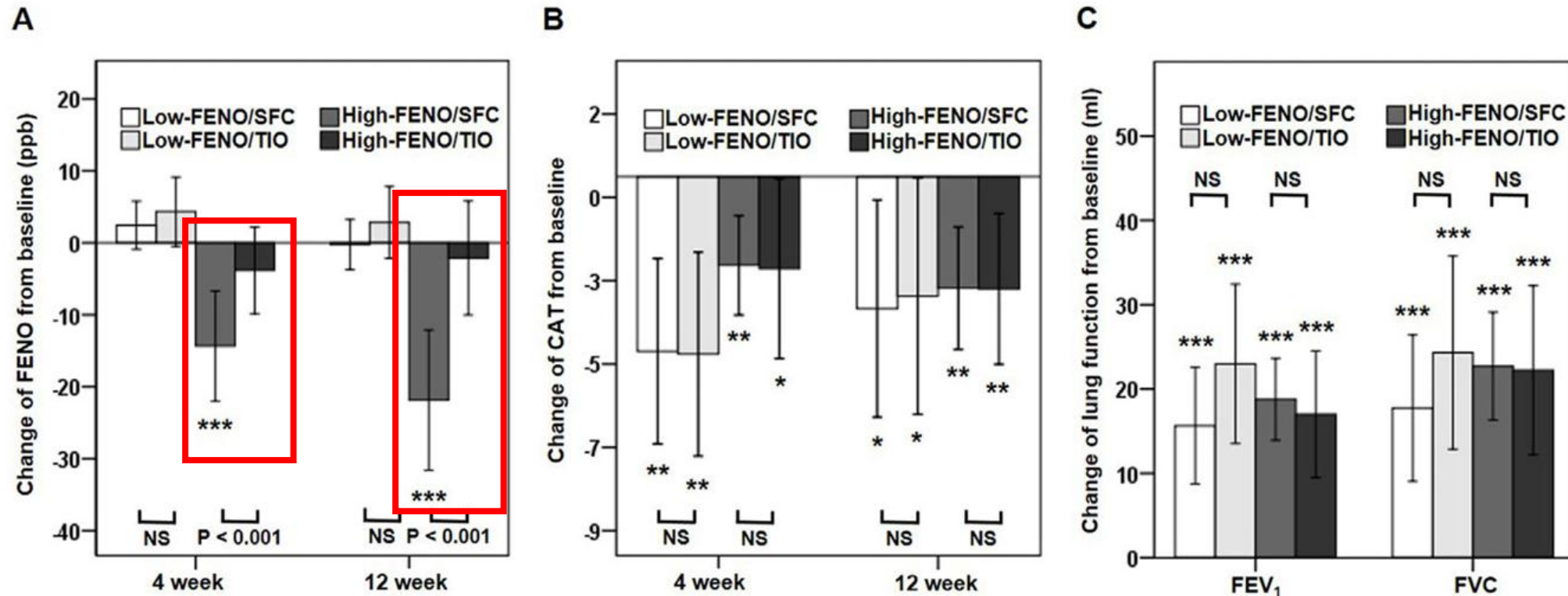
Endotyping: FeNO

Original Article

Fractional Exhaled Nitric Oxide Guided-Therapy in Chronic Obstructive Pulmonary Disease: A Stratified, Randomized, Controlled Trial



Kang-Cheng Su^{a,b,c}, Hsin-Kuo Ko^{a,c}, Yi-Han Hsiao^{a,b,c}, Kun-Ta Chou^{a,b,c}, Yen-Wen Chen^{a,c}, Wen-Kuang Yu^{a,c}, Sheng-Wei Pan^{a,c}, Jia-Yih Feng^{a,c}, Diahn-Warnng Perng^{a,c,*}



Total eosinophils, / μ l	128 (68–202)	117 (59–189)	182 (99–346) [‡]	161 (120–222)	.048
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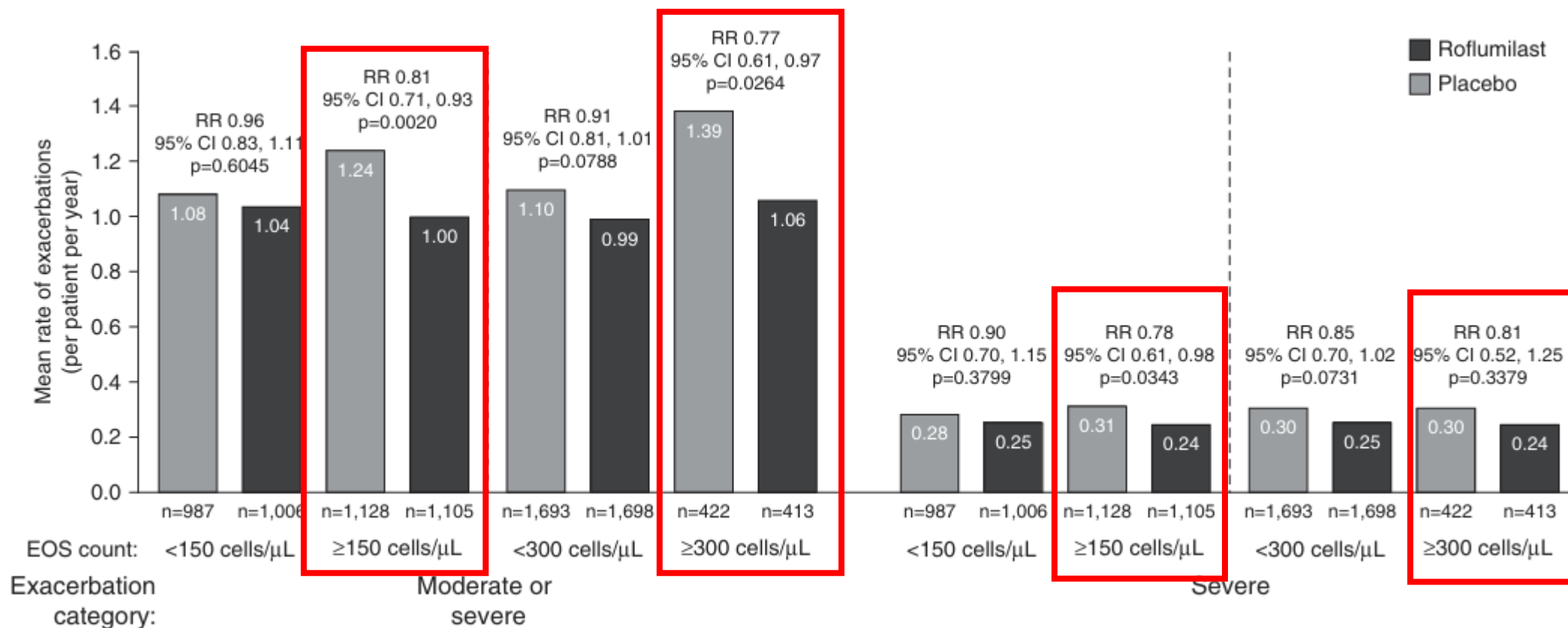
Treatment: PDE4

ORIGINAL ARTICLE

Determinants of Response to Roflumilast in Severe Chronic Obstructive Pulmonary Disease

Pooled Analysis of Two Randomized Trials

Fernando J. Martinez¹, Klaus F. Rabe², Peter M. A. Calverley³, Leonardo M. Fabbri^{4,5}, Sanjay Sethi⁶, Emilio Pizzichini⁷, Andrew McIvor⁸, Antonio Anzueto⁹, Vijay K. T. Alagappan¹⁰, Shahid Siddiqui¹⁰, Colin Reisner¹⁰, Sofia Zetterstrand¹¹, Jonas Román¹¹, Debasree Purkayastha¹², Nitin Bagul¹³, and Stephen I. Rennard^{14,15}



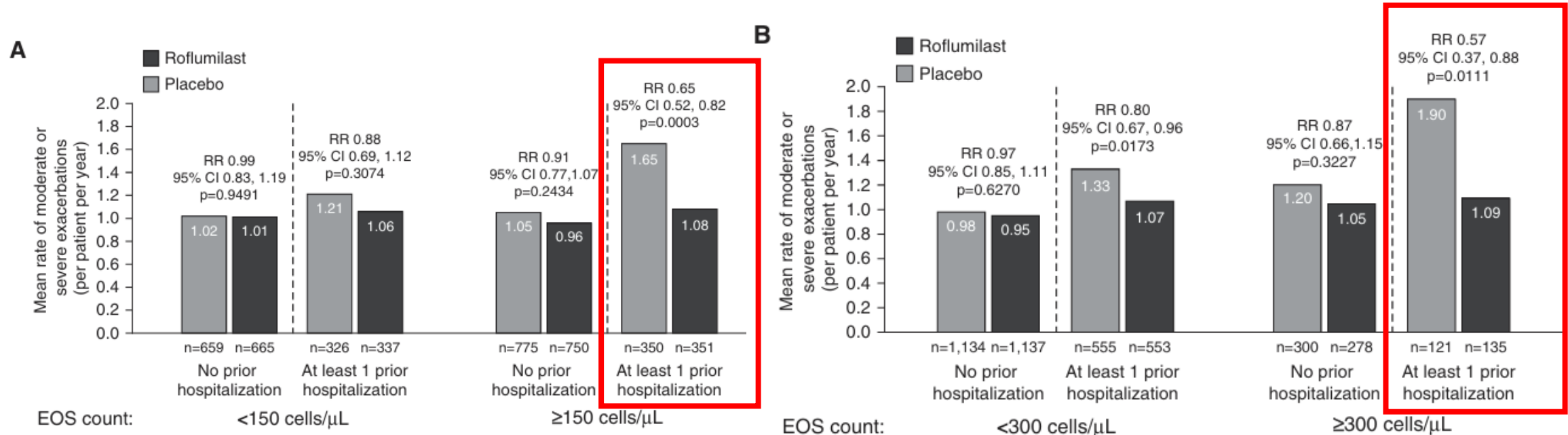
Treatment: PDE4

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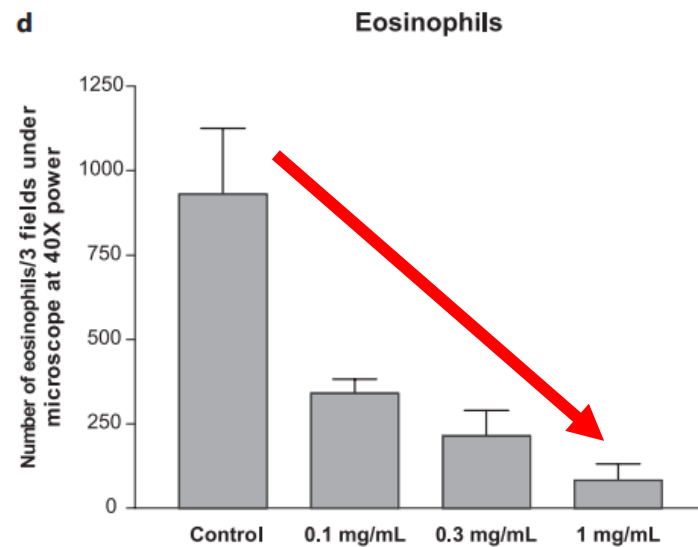
Treatment: Ensifentrine

Anti-Inflammatory Activity of Ensifentrine: A Novel, Selective Dual Inhibitor of Phosphodiesterase 3 and Phosphodiesterase 4

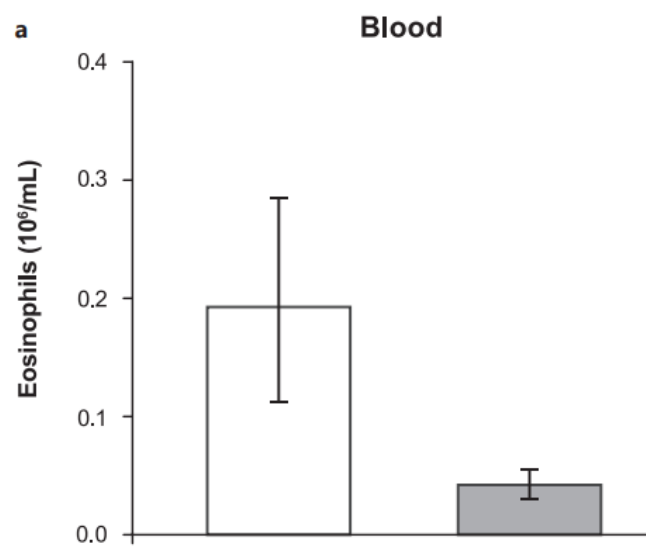
Domenico Spina^a Lui Franciosi^b Radhakrishnan Venkatasamy^{a, c}

David A. Saint^{d, e, f} Margot MacDonald-Berko^g Tara Rheault^g

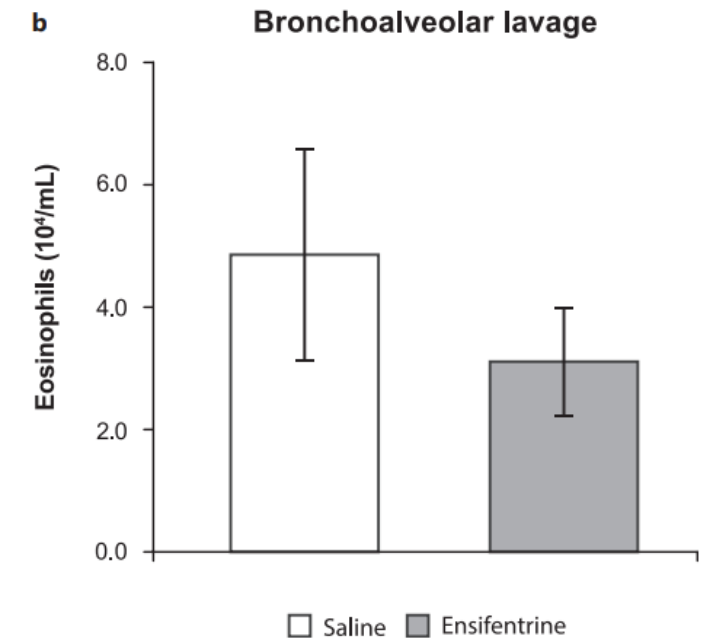
^aInstitute of Pharmaceutical Science, King's College, London, UK; ^bFranciosi Consulting Ltd, Coquitlam, BC, Canada; ^cPharmidex Pharmaceutical Services Limited, London, UK; ^dUniversity of Adelaide, Adelaide, SA, Australia; ^eSouthern Angels Inc., Adelaide, SA, Australia; ^fGamma Vaccines Pty Ltd, Adelaide, SA, Australia; ^gVerona Pharma, Raleigh, NC, USA



Guinea pig



Non-human primates



Effect of Dual Phosphodiesterase 3 and 4 Inhibitor Ensifentrine on Exacerbation Rate and Risk in Patients With Moderate to Severe COPD

Frank C. Sciurba, MD; Stephanie A. Christenson, MD; Tara Rheault, PhD, MPH; Thomas Bengtsson, MSc; Kathleen Rickard, MD; and Igor Z. Barjaktarevic, MD, PhD

Check for updates



Exacerbation

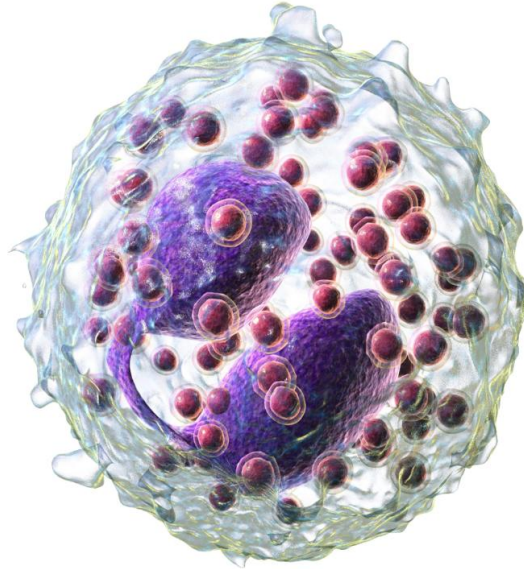
	Ensifentrine		Placebo		HR (95% CI)		P Value
	Events/No	(%)	Events/No	(%)			
Primary analysis							
mITT	84/975	(8.6)	81/574	(14.1)	0.59 (0.44-0.81)	.001	
Baseline eosinophils							
< 100 cell/μL	10/182	(5.5)	11/107	(10.3)	0.52 (0.22-1.24)	.141	
≥ 100 cells/μL	74/791	(9.4)	70/467	(15.0)	0.60 (0.43-0.83)	.002	
< 300 cells/μL	60/745	(8.1)	62/434	(14.3)	0.53 (0.37-0.76)	.001	
≥ 300 cells/μL	24/228	(10.5)	19/140	(13.6)	0.79 (0.43-1.45)	.453	

Dyspnea

Subgroup	Ensifentrine (n = 975) % responders (n/N)	Placebo (n = 574) % responders (n/N)	Week 24 Ensifentrine-Placebo Responder LSM Odds Ratio (95% CI), P value
BEC <300 cells/μL	63.2 (462/731)	43.8 (188/429)	 1.76 (1.34, 2.31), <0.001
BEC ≥300 cells/μL	69.8 (155/222)	47.8 (64/134)	 2.08 (1.26, 3.43), 0.004

SUMMARY

Difference with
eosinophil in asthma:
**iEOS, remodeling, gene,
mucus plug**



Biological characteristics
: **pulmonary eosinophilia,
microbiome**

Endotyping and Treatment
: **FeNO, PDE**