

2018.10.5, 1st KATRD TB/NTM international symposium

***M. avium* complex pulmonary disease, update**

Division of Pulmonology
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Asan Medical Center
Kyung-Wook Jo

Natural history of MAC lung disease

Cavitary MAC lung disease

Antimicrobial susceptibility testing

Treatment of refractory MAC lung disease

Environmental sources

Recurrence

Natural history of MAC lung disease

Cavitary MAC lung disease

Antimicrobial susceptibility testing

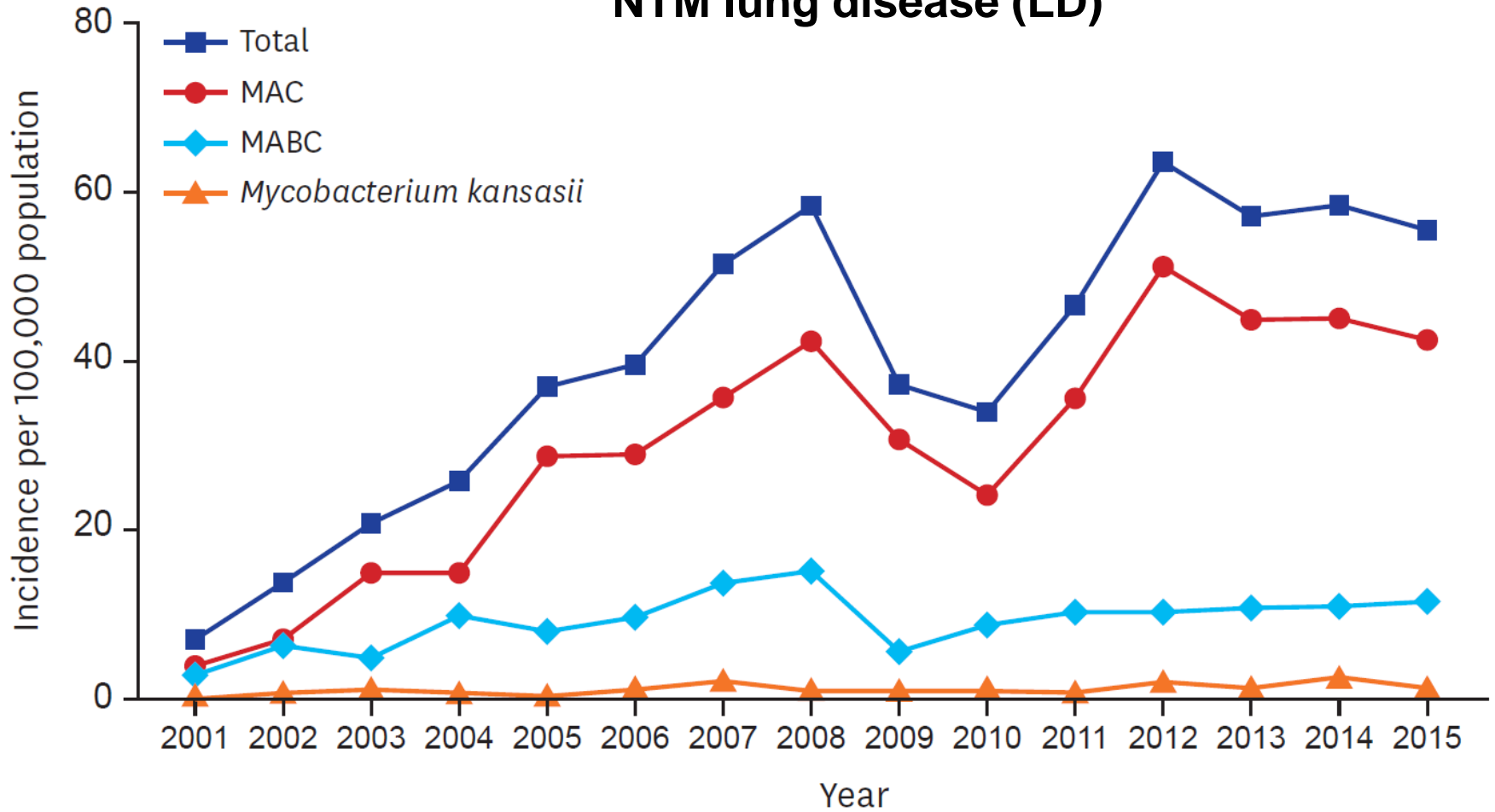
Treatment of refractory MAC lung disease

Environmental sources

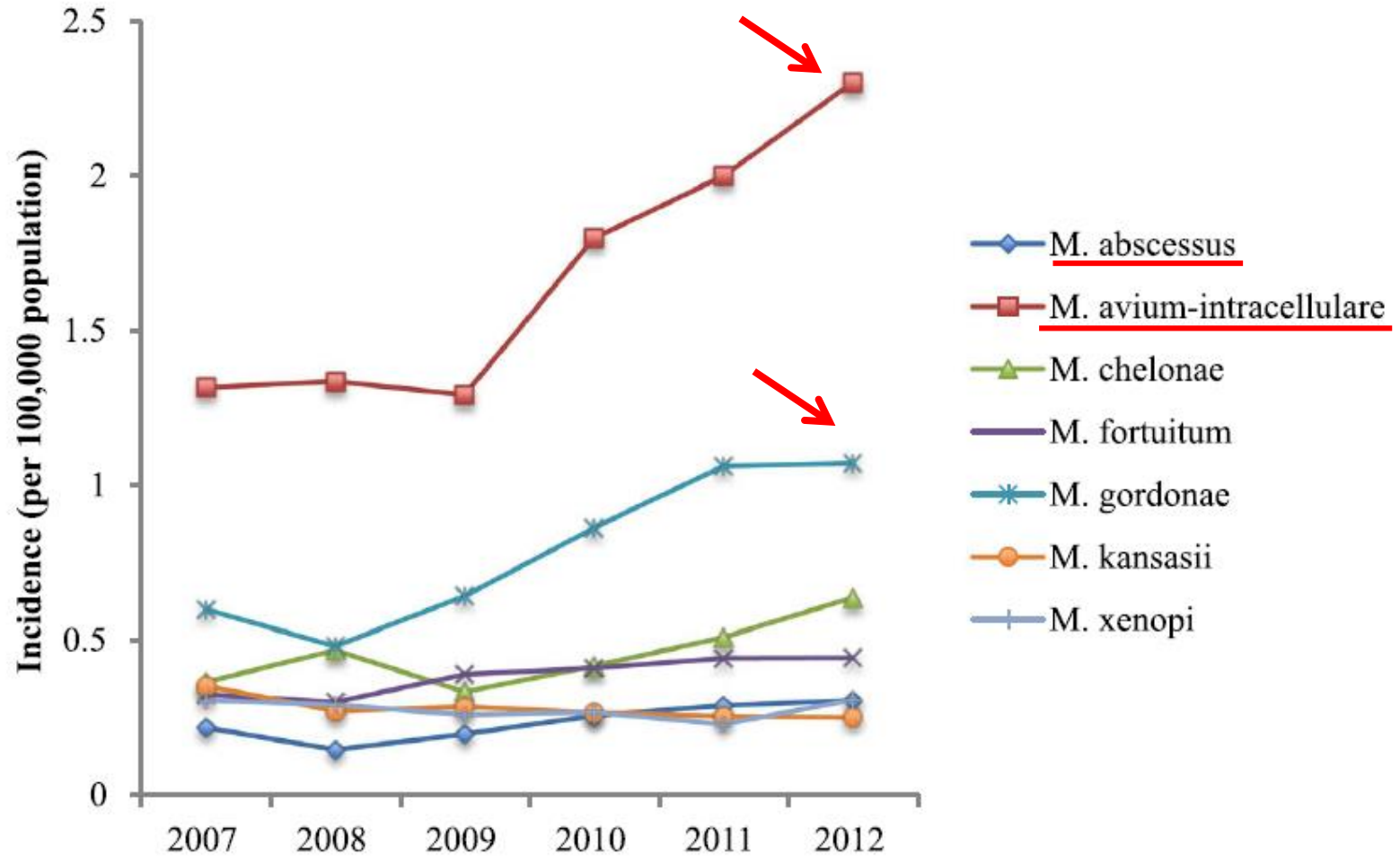
Recurrence

2001-2015, Samsung Medical Center

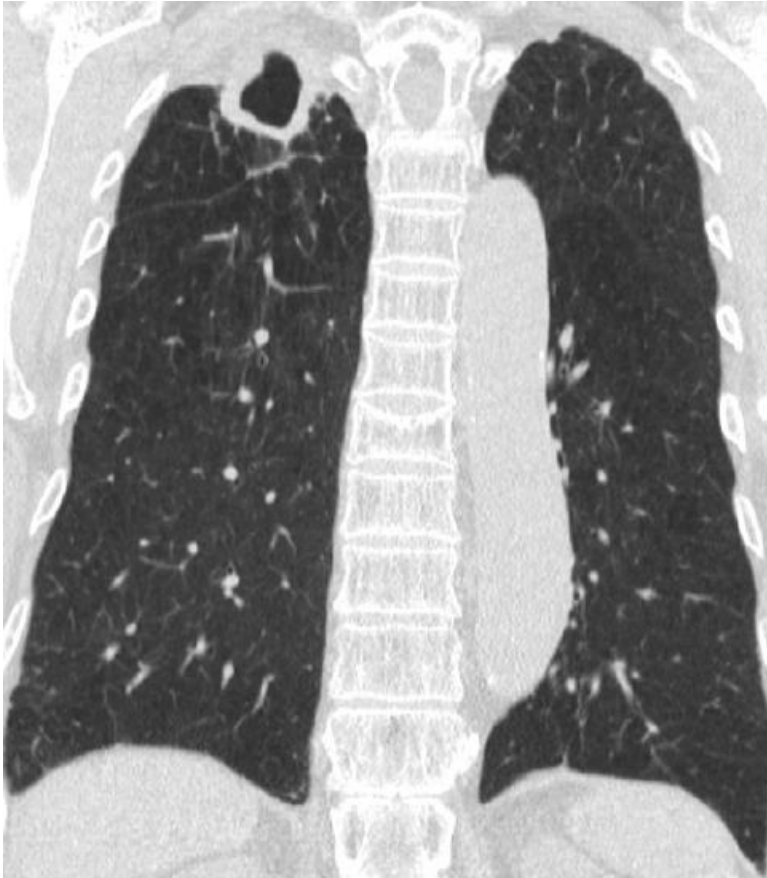
NTM lung disease (LD)



Public Health England, 2007-2012, 21,118 NTM culture positive isolate



The fibrocavitary (FC) form



The nodular bronchiectatic (NB) form



MAC LD patients with FC disease

- : usually require **immediate treatment**
- : rapid progression
- : because cavitory disease is associated with a higher rate of mortality

NB form

: Often progresses slowly

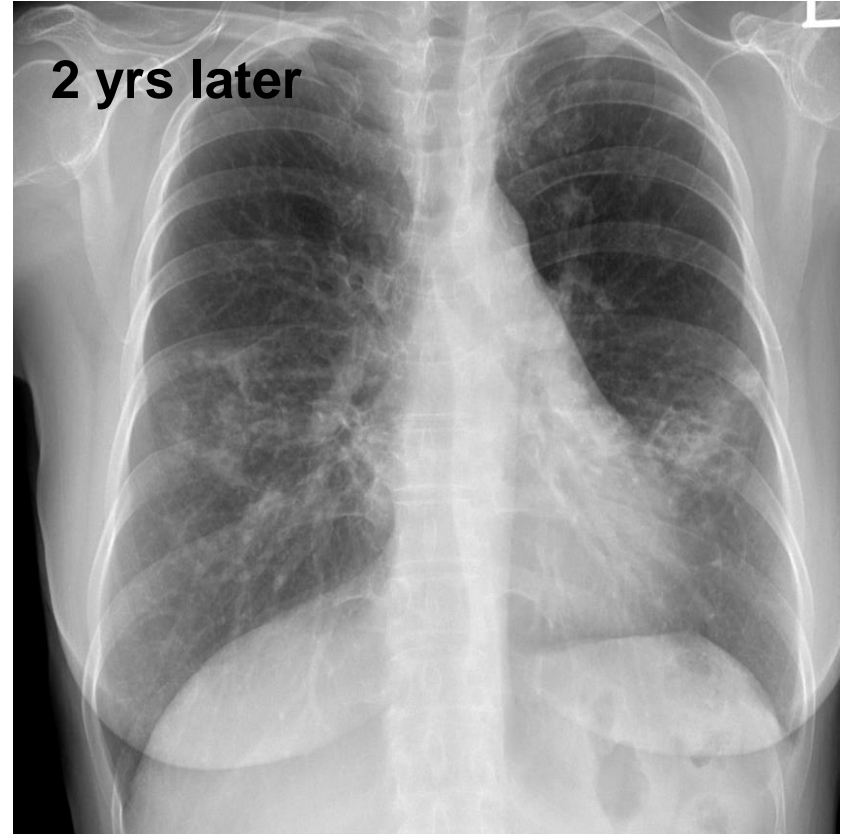
: **Early treatment** of mild and indolent

nodular bronchiectatic disease **may not be advisable**

59/F



Cough with sputum ↑

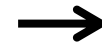


L411906	Sputum, AFB Stain	1-9/10F 2+
L411952	AFB culture, 액체배지	AFB growth
L411953	AFB culture, 고체배지	AFB growth colony : 1+
BNTM	<u>Nontuberculous mycobacterium</u>	Non-yellow pig. 균주번호: 79929
L411905	Broncheal aspirates, AFB Stain	1-9/100F 1+
L411952	AFB culture, 액체배지	AFB growth
L411953	AFB culture, 고체배지	AFB growth colony : 1+
BNTM	<u>Nontuberculous mycobacterium</u>	Non-yellow pig. 균주번호: 79926
L411905	Broncheal aspirates, AFB Stain	1-2/300F +/-
L411952	AFB culture, 액체배지	AFB growth
L411953	AFB culture, 고체배지	AFB growth colony : 5
BNTM	<u>Nontuberculous mycobacterium</u>	Non-yellow pig. 균주번호: 79925

Identification



M. avium



M. avium



M. avium

Natural history of *Mycobacterium avium* complex lung disease in untreated patients with stable course

Ji An Hwang^{1,3}, Sunyoung Kim^{2,3}, Kyung-Wook Jo¹ and Tae Sun Shim¹

Eur Respir J 2017;49:1600537

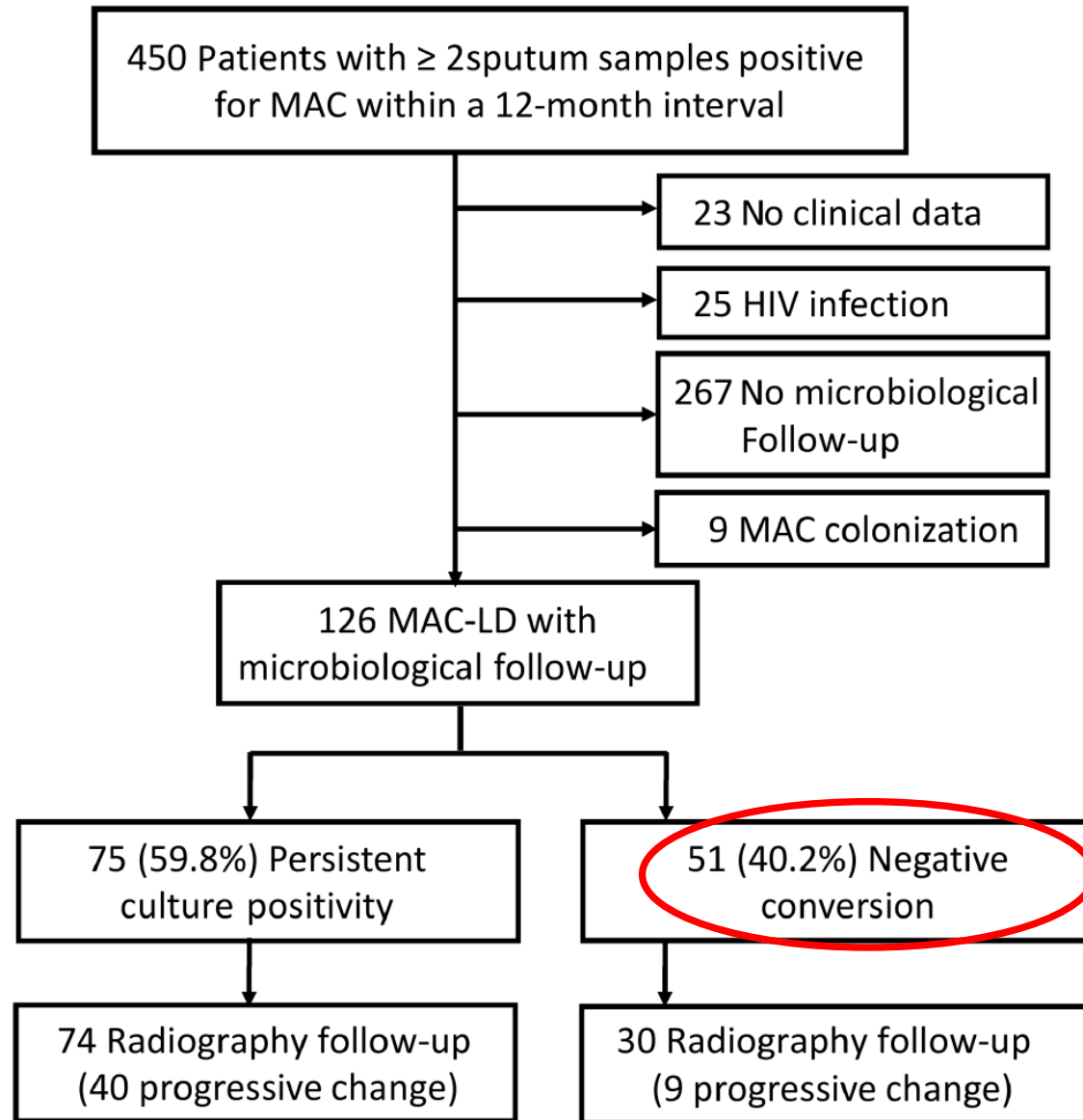
1998-2011, 488 patients with MAC-LD

Of the 93 untreated patients with stable MAC-LD

Spontaneous sputum conversion – 51.6% (48/93)



Taiwan
2011-2016



Natural history of MAC lung disease

Cavitary MAC lung disease

Antimicrobial susceptibility testing

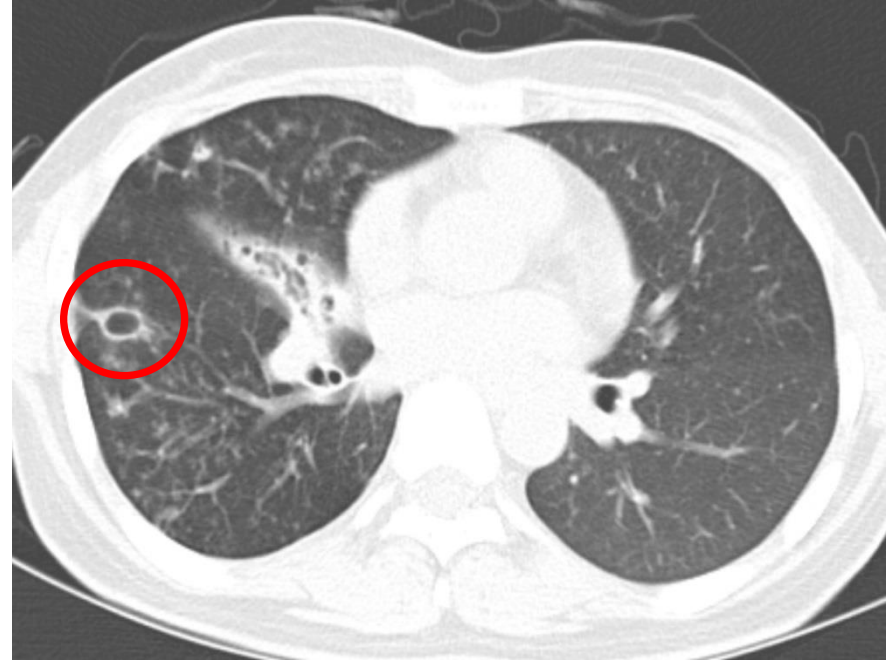
Treatment of refractory MAC lung disease

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NB form



Cavitary NB form

Mycobacterial burden ↑

Outcomes of *Mycobacterium avium* complex lung disease based on clinical phenotype

Won-Jung Koh ^{1,7}, Seong Mi Moon^{1,7}, Su-Young Kim ¹, Min-Ah Woo²,
Seonwoo Kim², Byung Woo Jhun¹, Hye Yun Park¹, Kyeongman Jeon¹,
Hee Jae Huh³, Chang-Seok Ki³, Nam Yong Lee³, Myung Jin Chung⁴,
Kyung Soo Lee⁴, Sung Jae Shin⁵, Charles L. Daley⁶, Hojoong Kim¹ and O Jung Kwon¹

2002-2013, Samsung Medical Center, South Korea

481 MAC-LD who received treatment for ≥ 12 month

- FC form, 25% (n = 123)
- NB form, 75% (n = 358)
 - Cavitory NB form (n = 80)
 - Noncavitory NB form (n = 278)

	Noncavitary NB	Cavitary NB	Fibro-cavitary
Subjects	278 (58)	80 (17)	123 (25)
Time interval between diagnosis and treatment months	7.0 (2.2–23.2)	5.8 (1.5–16.6)	1.5 (0.5–5.4)
Treatment regimen[†]			
Daily	135 (49)	80 (100)	123 (100)
Intermittent	143 (51)	0 (0)	0 (0)
Streptomycin	72 (26)	48 (60)	90 (73)
Duration months	3.0 (2.3–5.1)	3.2 (2.8–5.7)	4.0 (3.0–6.2)
Surgical resection⁺	11 (4)	5 (6)	20 (16)
Time from treatment start to resection months	21.9 (19.6–24.5)	12.7 (11.9–18.3)	12.6 (7.0–18.8)
Treatment duration months	19.7 (15.9–24.1)	24.0 (18.2–24.8)	24.1 (19.6–27.5)
<u>Treatment outcomes</u>			
<u>Favourable</u>	<u>246 (88)</u>	<u>62 (78)</u>	<u>94 (76)</u>
Unfavourable	32 (12)	18 (22)	29 (24)

Treatment regimen for MAC LD

Non-cavitary NB form

Clarithromycin 1000mg or azithromycin 500mg TIW

Ethambutol 25mg/Kg TIW

Rifampin 450-600mg TIW

Cavitary NB or FC form

Clarithromycin 1000mg or azithromycin 250mg daily

Ethambutol 15mg/Kg daily

Rifampin 450-600mg daily

Streptomycin or amikacin 10-15mg/Kg

Treatment regimen for MAC LD

Non-cavitary NB form

Clarithromycin 1000mg or azithromycin 500mg TIW

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British Thoracic Society guideline

M. avium complex-pulmonary disease

Antibiotic regimen

Non-severe MAC-pulmonary disease

(ie, AFB smear-negative respiratory tract samples, no radiological evidence of lung cavitation or severe infection, mild-moderate symptoms, no signs of systemic illness)

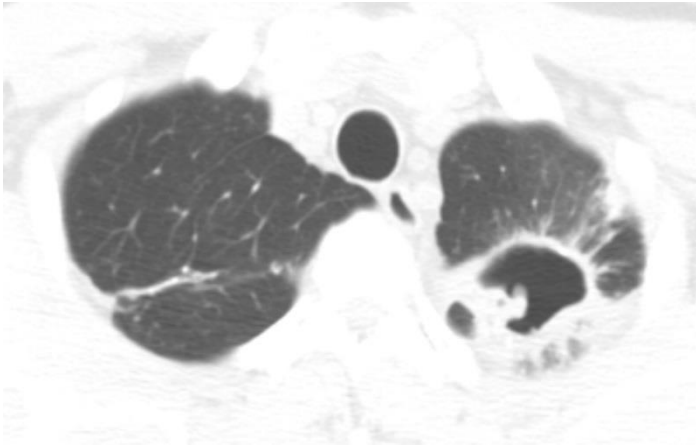
Rifampicin 600 mg 3× per week
and
Ethambutol 25 mg/kg 3× per week
and
Azithromycin 500 mg 3× per week or clarithromycin 1 g in two divided doses 3× per week
Antibiotic treatment should continue for a minimum of 12 months after culture conversion.

Severe MAC-pulmonary disease

(ie, AFB smear-positive respiratory tract samples, radiological evidence of lung cavitation/severe infection, or severe symptoms/signs of systemic illness)

Rifampicin 600 mg daily
and
Ethambutol 15 mg/kg daily
and
Azithromycin 250 mg daily or clarithromycin 500 mg twice daily
and consider intravenous amikacin for up to 3 months or nebulised amikacin
Antibiotic treatment should continue for a minimum of 12 months after culture conversion.

FC form



Cavitary NB form



High mycobacterial burden

Limited drug penetration

Poor blood supply

→ **Aminoglycoside treatment duration,**

longer than recommended?

Duration of aminoglycoside (AG) treatment and outcome of cavitory MAC lung disease

Asan Medical Center, cavitory MAC-LD, 2000-2013

101 patients treated with regimen containing AGs

Median (IQR) duration of AG treatment: 126 (86-196) days

Overall treatment success: 63.4%

AGs for **≥ 3 months** (median duration 164 days): **69.3%**

vs. **< 3 months** (median duration 59 days): **46.2%** ($P = 0.035$)

AG for ≥ 3 months: adjusted OR 3.602 (95% CI 1.249-10.39)

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Antimicrobial susceptibility testing (**AST**) of MAC isolates

Antimicrobial agents	Method (pH)	MIC ($\mu\text{g/mL}$) for category		
		S	I	R
<u>Primary</u>				
Clarithromycin	Broth microdilution	≤ 8	16	≥ 32
	Radiometric method	≤ 16	32	≥ 64
<u>Secondary</u>				
Moxifloxacin	Broth microdilution	≤ 1	2	≥ 4
Linezolid	Broth microdilution	≤ 8	16	≥ 32

CLSI (Clinical and Laboratory Standards Institute) 2011

***In vitro* MIC data for RIF, EMB**

- Poor correlation between the MIC and the outcome
- AST of MAC isolates for RIF and EMB is not recommended


Am J Respir Crit Care Med 2007;175:367–416
Respir Med 2014;108:417–425

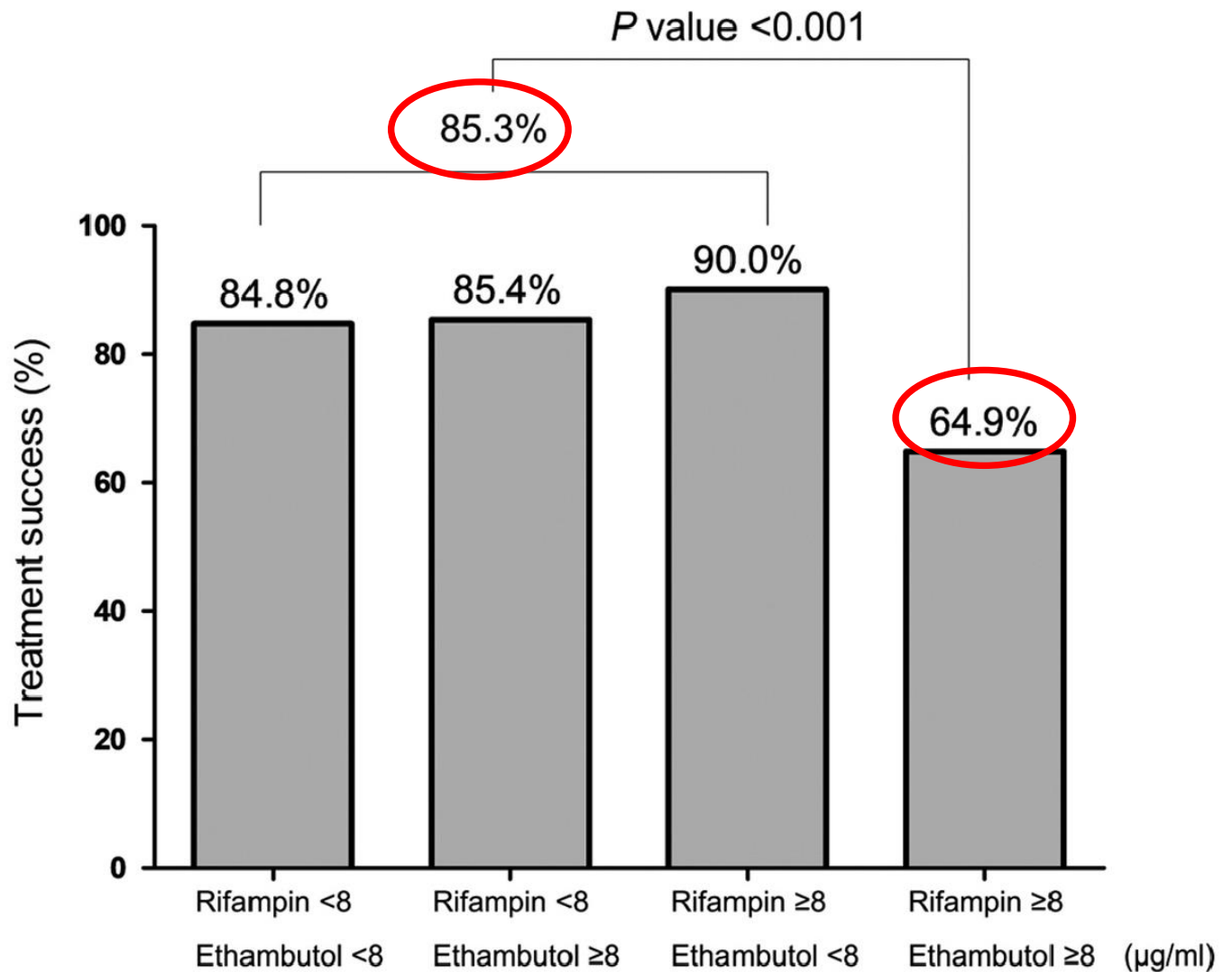
Recommendation based on studies

with a limited number of patients and the adequacy of treatment

2008-2013, 274 MAC isolates, Asan Medical Center

Broth microdilution method using the Sensititre Myco susceptibility plate

MIC ($\mu\text{g/ml}$)	Rifampin	Treatment success rate (%)	Ethambutol	Treatment success rate (%)
	No. (%) of isolates		No. (%) of isolates	
0.25	1 (0.4)	100		
0.5	10 (3.6)	90.0		
1	47 (17.2)	89.4		
2	75 (27.4)	85.3	16 (5.8)	87.5
4	54 (19.7)	79.6	99 (36.1)	84.8
8 	86 (31.4)	67.4	84 (30.7)	77.4
16	1 (0.4)	100	55 (20.1)	74.5
32			20 (7.3)	70.0



Total no. of patients

105

82

10

77

No. of patients treatment success

89

70

9

50

Natural history of MAC lung disease

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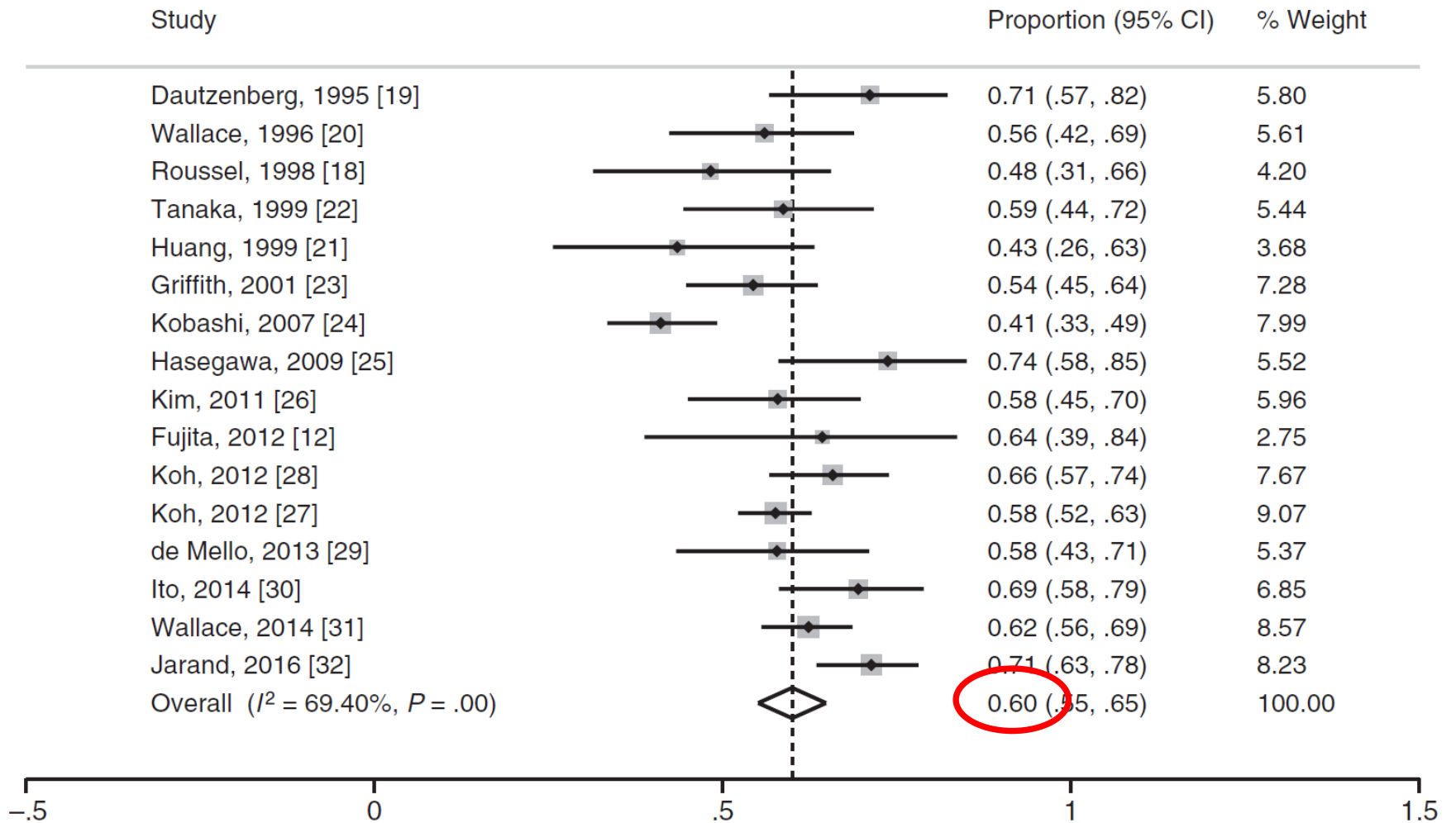
Treatment of refractory MAC lung disease

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Systematic review and meta-analysis, MAC-LD

16 studies involving 1462 patients, **Treatment success rate**



Antimicrobial susceptibility testing (AST) of MAC isolates

Antimicrobial agents	Method (pH)	MIC ($\mu\text{g/mL}$) for category		
		S	I	R
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Linezolid	Broth microdilution	≤ 8	16	≥ 32

CLSI (Clinical and Laboratory Standards Institute) 2011

Germany, a tertiary referral center, 2002-2012
***in vitro* MIC of linezolid (LZD) against 148 *M. tuberculosis* isolates**

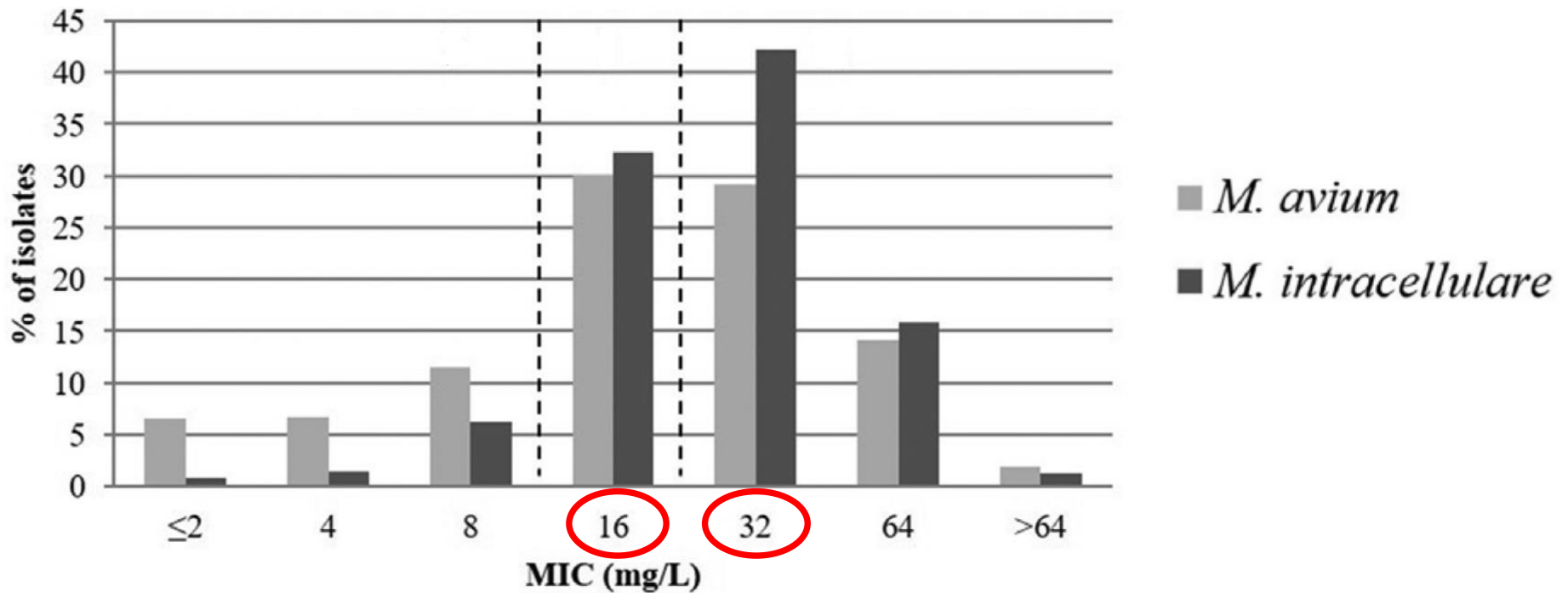
TABLE 1 Minimal inhibitory concentrations (MIC) for the multidrug-resistant (MDR) tuberculosis (TB) and non-MDR-TB strains found in the study

Bacterial strain	Patients	MIC $\mu\text{g}\cdot\text{L}^{-1}$			
		0.125	0.25	0.5	1.0
MDR-TB	18	0	10	8	0
Non-MDR-TB	130	4	121	5	0

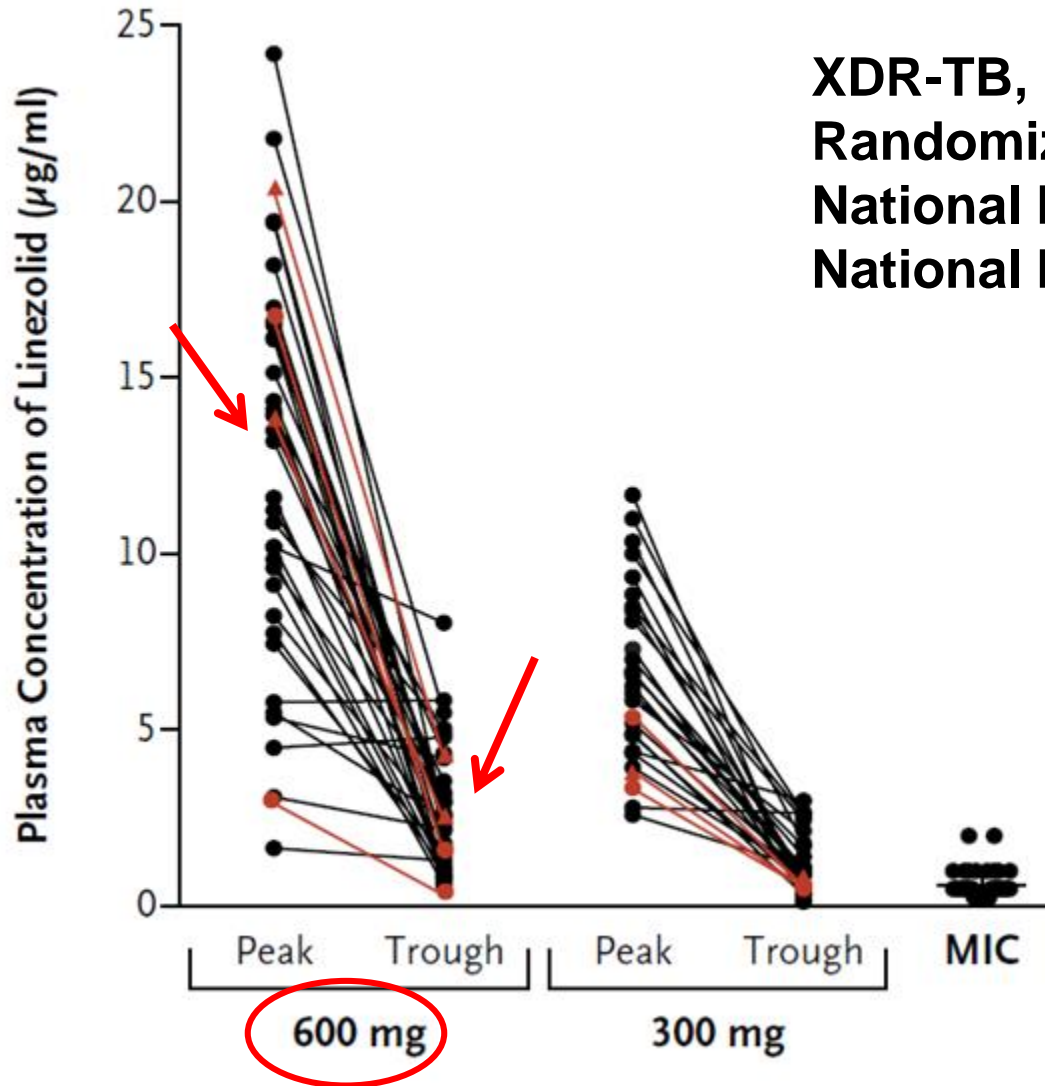
Data are presented as n.

Samsung Medical Center, 2011–2016
1060 *M. avium*, 823 *M. intracellulare* isolates
MIC, broth microdilution method

Linezolid



Pharmacokinetics and MICs of Isolates



**XDR-TB, Linezolid,
Randomized trial, South Korea
National Masan Hospital and
National Medical Center**

The tolerability of linezolid in the treatment of nontuberculous mycobacterial disease

Kevin L. Winthrop¹, Jennifer H. Ku¹, Theodore K. Marras², David E. Griffith³, Charles L. Daley⁴, Kenneth N. Olivier⁵, Timothy R. Aksamit⁶, Cara D. Varley¹, Katherine Mackey¹ and D. Rebecca Prevots⁵

Eur Respir J 2015;45:1177–1179

102 NTM patients (27% with cavity)

- MAC (33%)

- Macrolide (80%), AG (45%), FQ (33%)

LZD – median 21.4 weeks , 600mg once daily (79%)

45% developed adverse events after a median 19.9 weeks

→ 87% stopped therapy

→ 43% resumed LZD

Safety and Effectiveness of Clofazimine for Primary and Refractory Nontuberculous Mycobacterial Infection



Stacey L. Martiniano, MD; Brandie D. Wagner, PhD; Adrah Levin, MPH; Jerry A. Nick, MD; Scott D. Sagel, MD, PhD; and Charles L. Daley, MD

RESULTS: A total of 112 patients were included (median age, 62 years); 24 patients (21%) had CF. Eighty-seven (78%) had refractory disease with failure of previous therapy. Fifty-four patients (48%) had *Mycobacterium abscessus* complex, 41 (37%) had *Mycobacterium avium* complex, and 16 (14%) had two NTM species. The median duration of clofazimine use was 383 days (range, 3-2,419 days). Sixteen patients (14%) stopped clofazimine due to an ADR after a median of 101 days (95% CI, 63-119). Forty-one of 82 patients (50%) with pulmonary disease converted to negative NTM cultures within 12 months.

CHEST 2017;152:800–809

Frequency of Reported Clinical Adverse Drug Reactions While Taking Clofazimine

Adverse Drug Reaction	Non-CF (n = 88)	CF (n = 24)
<u>Skin related</u>		
<u>Skin discoloration</u>	55 (63)	13 (54)
Dry skin	28 (32)	5 (21)
Sun hypersensitivity	18 (20)	3 (13)
GI		
Nausea	32 (36)	5 (21)
Diarrhea	27 (31)	1 (4)
Abdominal pain	19 (22)	6 (25)
Anorexia	17 (19)	4 (17)
Vomiting	17 (19)	1 (4)

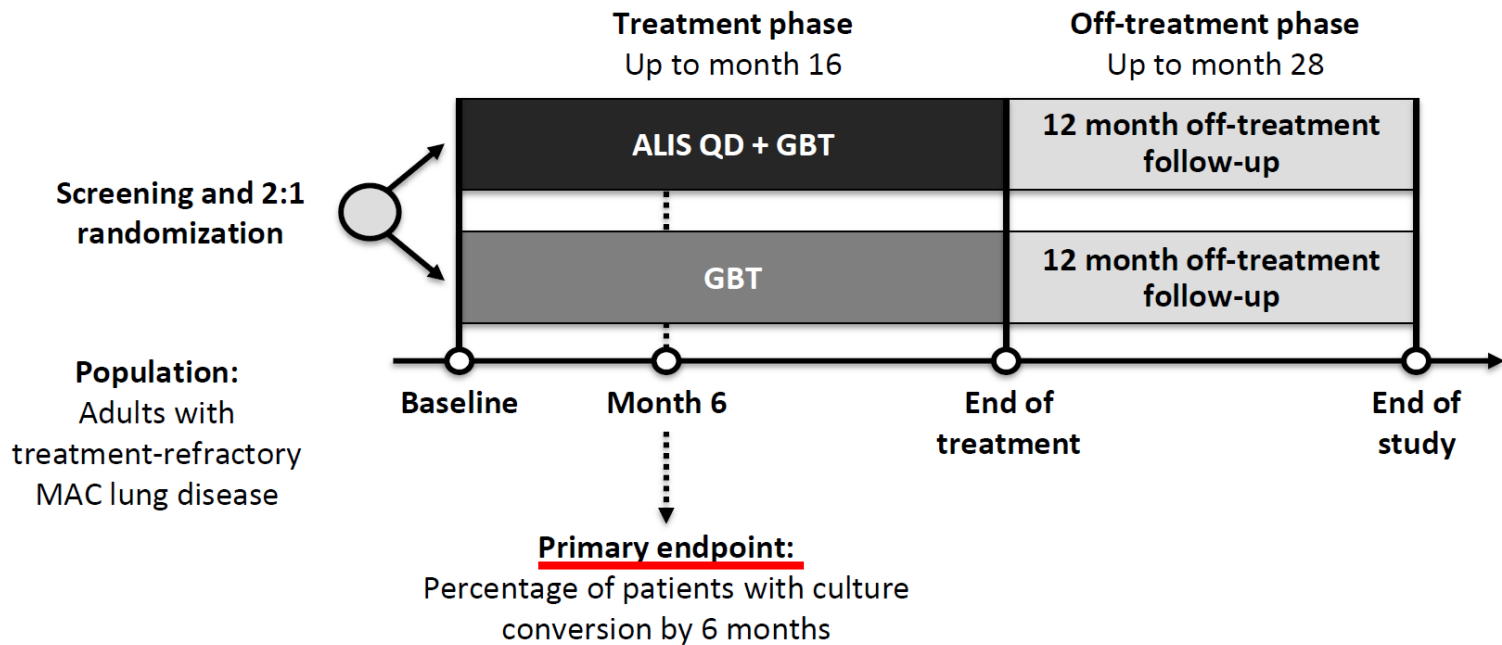
CHEST 2017;152:800–809

Prospective, open-label, randomized trial

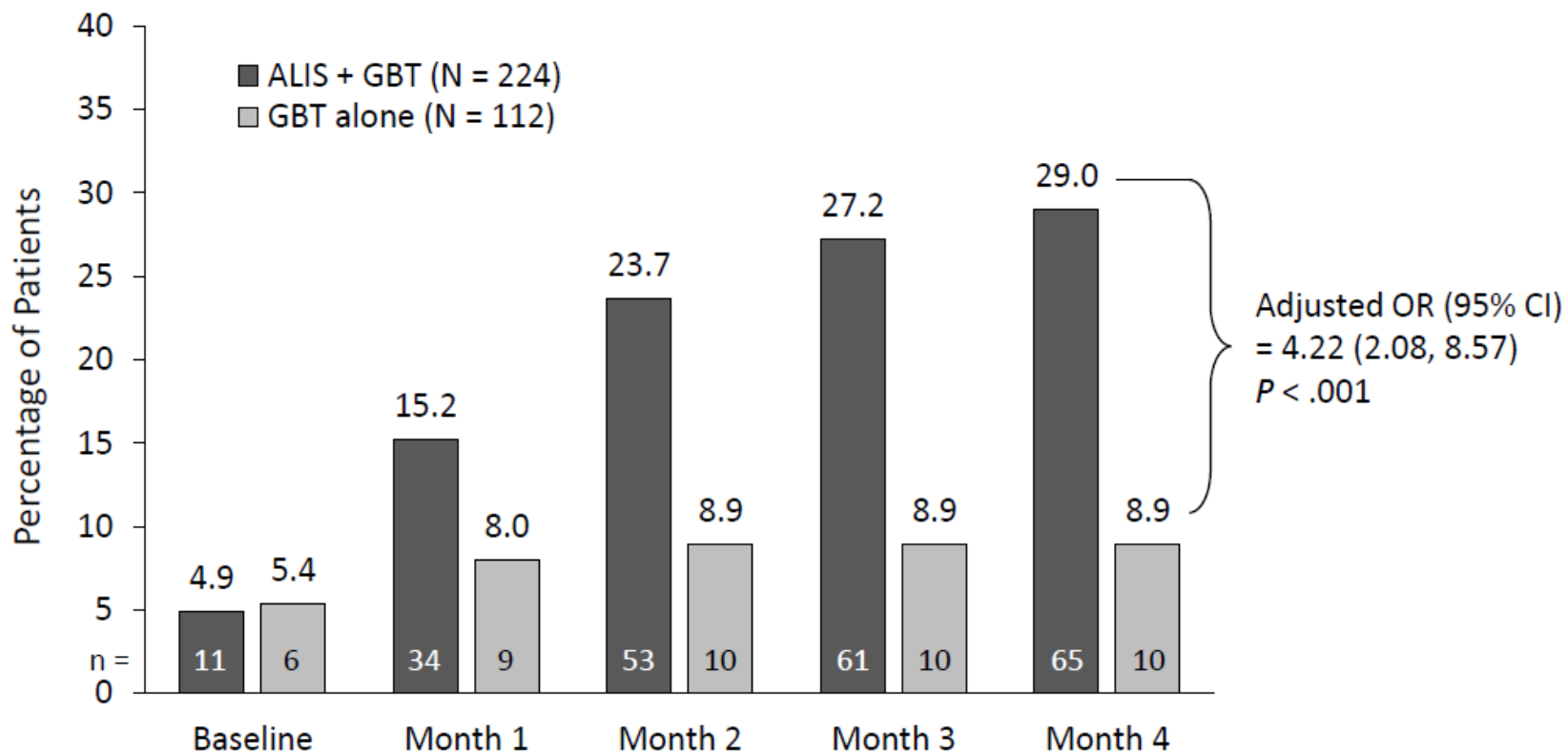
Treatment refractory MAC lung disease (n = 336)

Guideline-based therapy (GBT)

vs GBT + Amikacin Liposomal Inhalation Suspension (ALIS)



AJRCCM in press, doi: 10.1164/rccm.201807-1318OC





FDA News Release

FDA approves a new antibacterial drug to treat a serious lung disease using a novel pathway to spur innovation

First drug granted approval under FDA's Limited Population Pathway for Antibacterial and Antifungal Drugs, instituted to spur development of antibiotics for unmet medical needs

**For Immediate
Release**

September 28, 2018

Release

The U.S. Food and Drug Administration today approved a new drug, Arikayce (amikacin liposome inhalation suspension), for the treatment of lung disease caused by a group of bacteria, Mycobacterium avium complex (MAC) in a limited population of patients with the disease who do not respond to conventional treatment (refractory disease).

“Refractory” ?

Persistent positive sputum cultures after **at least 6 months** of treatment

Antimicrob Agent Chemother 2018;62 e00011–18

Am J Respir Crit Care Med 2017;195:814–823

Persistent positive sputum cultures after **at least 12 months** of treatment

AJRCCM 2018; doi: 10.1164/rccm.201802-0321OC

“Persistence of the original strain”

Samsung Medical Center, 49 patients with refractory MAC lung disease

Genotyping analysis **73% → reinfection with new strains**

Table 4. Summary of Genotyping Analyses of Isolates from the 49 Patients with Stored Pre- and Post-treatment Isolates

	Patients with serial clinical isolates (n = 49)*			P-value
	Persistent infection (n = 13, 27%)	Mixed infection (n = 12, 24%)	New infection (n = 24, 49%)	
Etiology				0.171
<i>M. avium</i>	3 (23)	4 (33)	13 (54)	
<i>M. intracellulare</i>	10 (77)	8 (67)	11 (46)	
Type				0.493
Nodular bronchiectatic form	8 (62)	9 (75)	19 (79)	
Fibrocavitary form	5 (38)	3 (25)	5 (21)	
Development of macrolide resistance	3 (23)	5 (42)	4 (17)	0.269

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Environmental sources

Recurrence

Environmental Sources of Nontuberculous Mycobacteria

Joseph O. Falkinham III, PhD

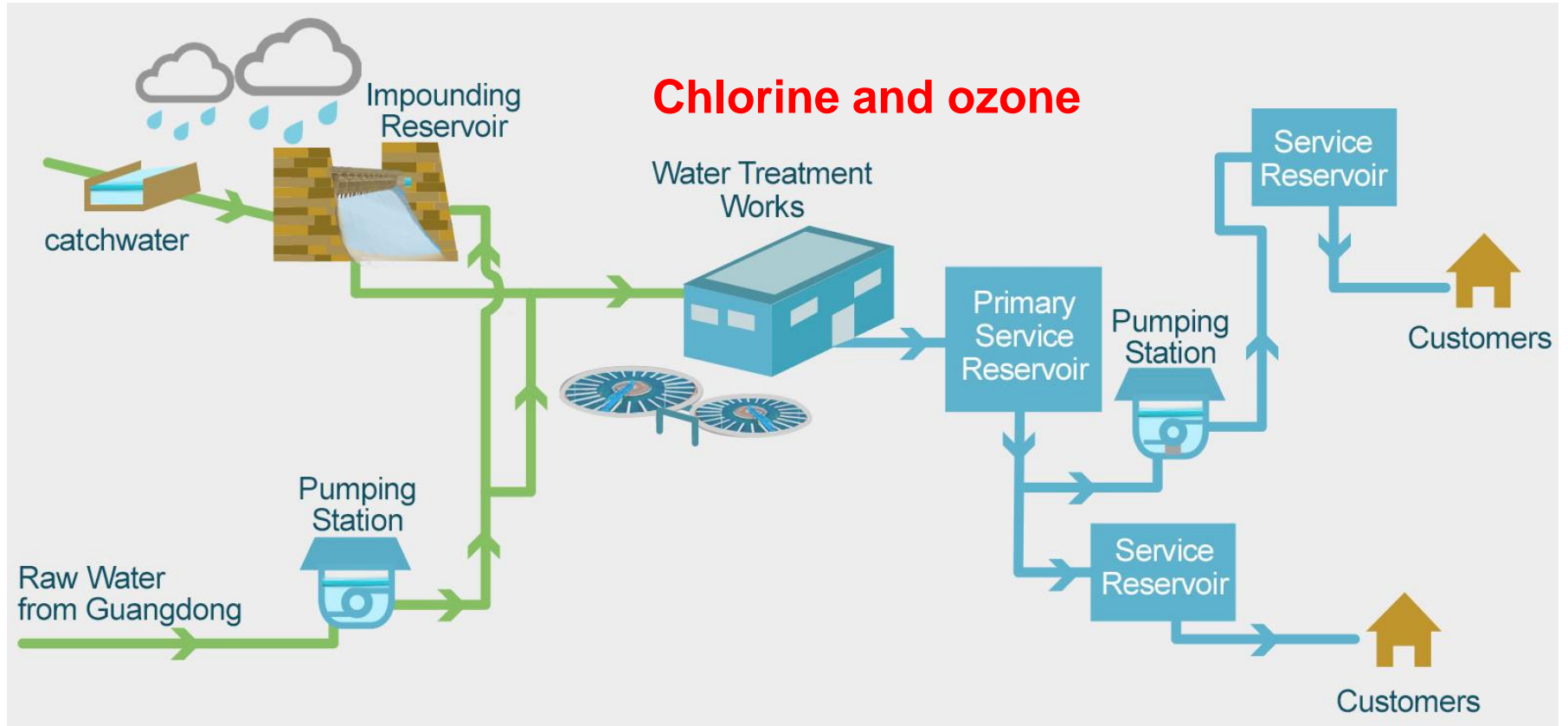
Box 1

Environmental sources of nontuberculous mycobacteria

- Soils, especially acidic pine forest or coastal swamp soils
- Dusts from agriculture, garden, and potting soils
- Drainage waters from acidic pine forests or coastal swamps
- Natural waters
- Drinking water
- Water and ice from refrigerators
- Water from granular-activated charcoal filters
- Aerosols from natural and drinking waters
- Aerosols from indoor humidifiers
- Mist from indoor swimming pools

Clin Chest Med 2015;36:35–41

Water distribution system



Chlorine, Chloramine, Chlorine Dioxide, and Ozone Susceptibility of *Mycobacterium avium*

ROBERT H. TAYLOR,¹ JOSEPH O. FALKINHAM III,^{1*} CHERYL D. NORTON,²
AND MARK W. LECHEVALLIER²

**Most of the *M. avium* strains were highly resistant to chlorine and ozone
than *E. coli* (500 fold)
than *Pseudomonas* (40 fold)**

Appl Environ Microbiol 2000;66:1702–1705

Showerhead



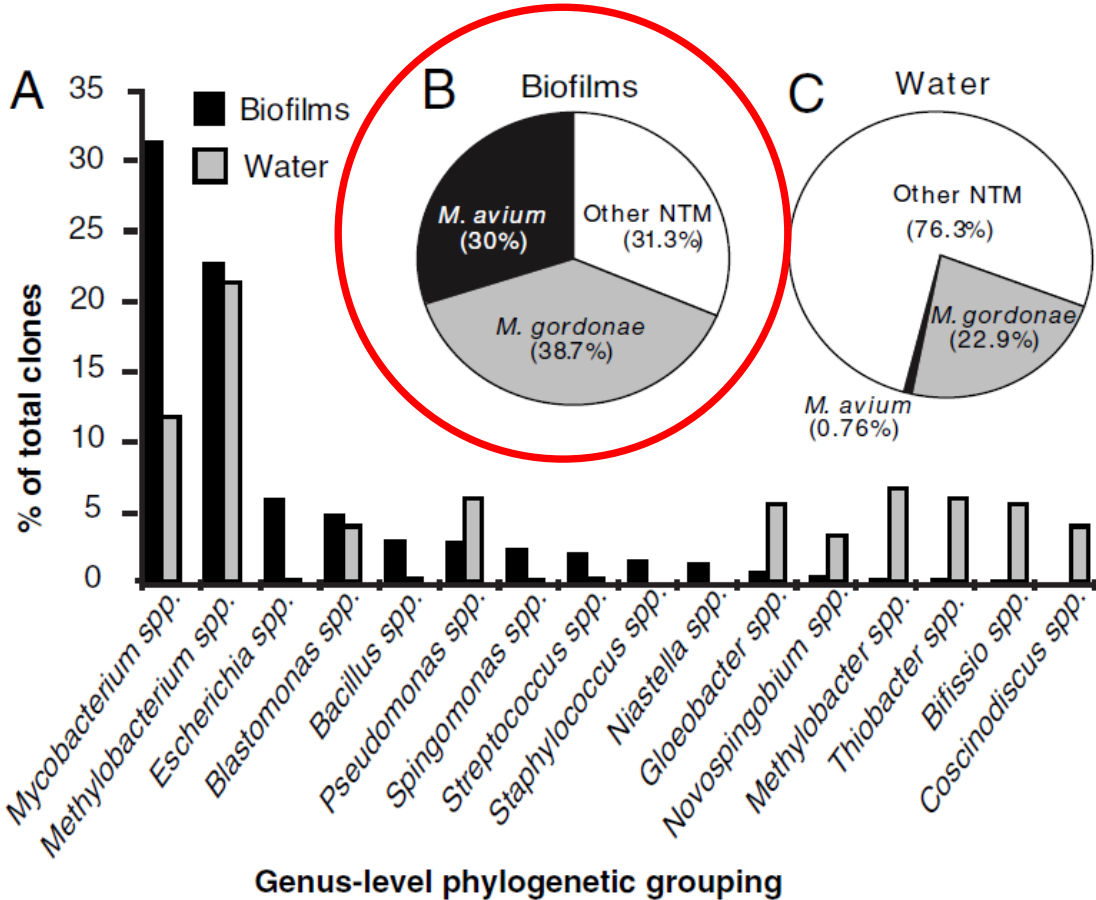
Showerhead – specific niche

- moist
- warm
- frequently replenished with low-level nutrient

PNAS 2009;106:16393–16399

Opportunistic pathogens enriched in showerhead biofilms

Leah M. Feazel^a, Laura K. Baumgartner^a, Kristen L. Peterson^a, Daniel N. Frank^a, J. Kirk Harris^b, and Norman R. Pace^{a,1}



Aerosolization

Mycobacteria

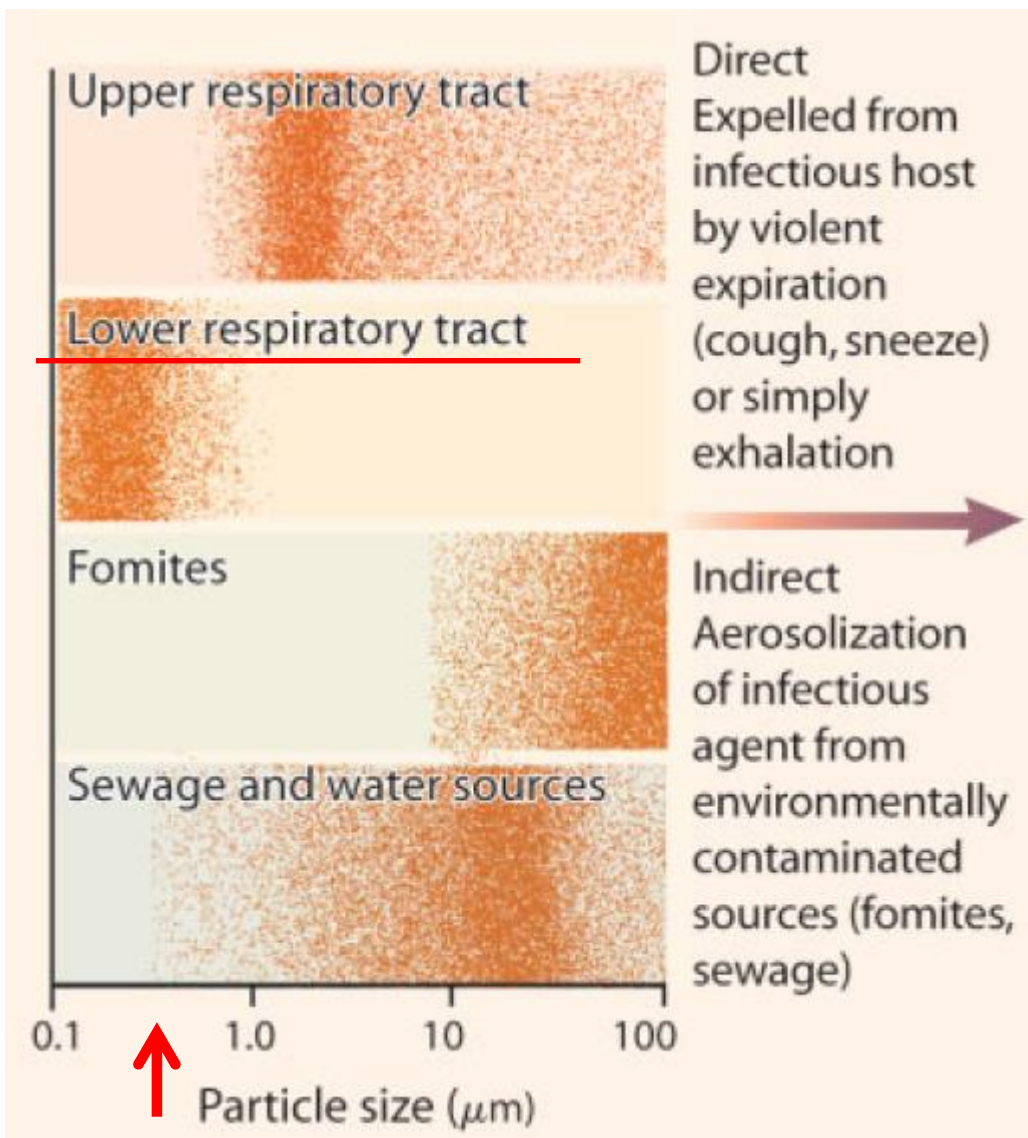
- Hydrophobic (lipid rich, mycolic acid)
- Waxy
- Resistant to shear force

Mycobacterial Aerosols and Respiratory Disease

Joseph O. Falkinham, III*

Aerosolization can result in > 1,000 fold increase in numbers of viable mycobacterial cells

Less than 0.5 μm





**The global increase in NTM infections may reflect
the use of showers rather than bathing**

Int J Mycobacteriol 2015;4:81–91

Refractory MAC lung disease

Persistent positive sputum cultures despite \geq **6-12 months** of treatment

Genotyping

Persistent infection with the **original strain**

→ Clofazimine, inhaled AK, moxifloxacin...

Reinfection with **new strains**

→ Avoid environmental exposure

Table 3 Measures to reduce NTM exposure

Drain water heater

Increase water heater temperature to 55 °C (130 °F)

Switch from piped to well water

Install microbiological filters ($\leq 0.2\text{-}\mu\text{m}$ pore size)

Do not use granular activated carbon filters

Replace showerhead with one having large holes

Disinfect showerhead monthly

Reduce bathroom aerosols

Remove aerators from all taps

Get rid of all humidifiers

Avoid dusts from potting soils

Boiling water for 10 min kills NTM

“Pink Slime”

Pink-pigmented *Methylobacterium*



Natural history of MAC lung disease

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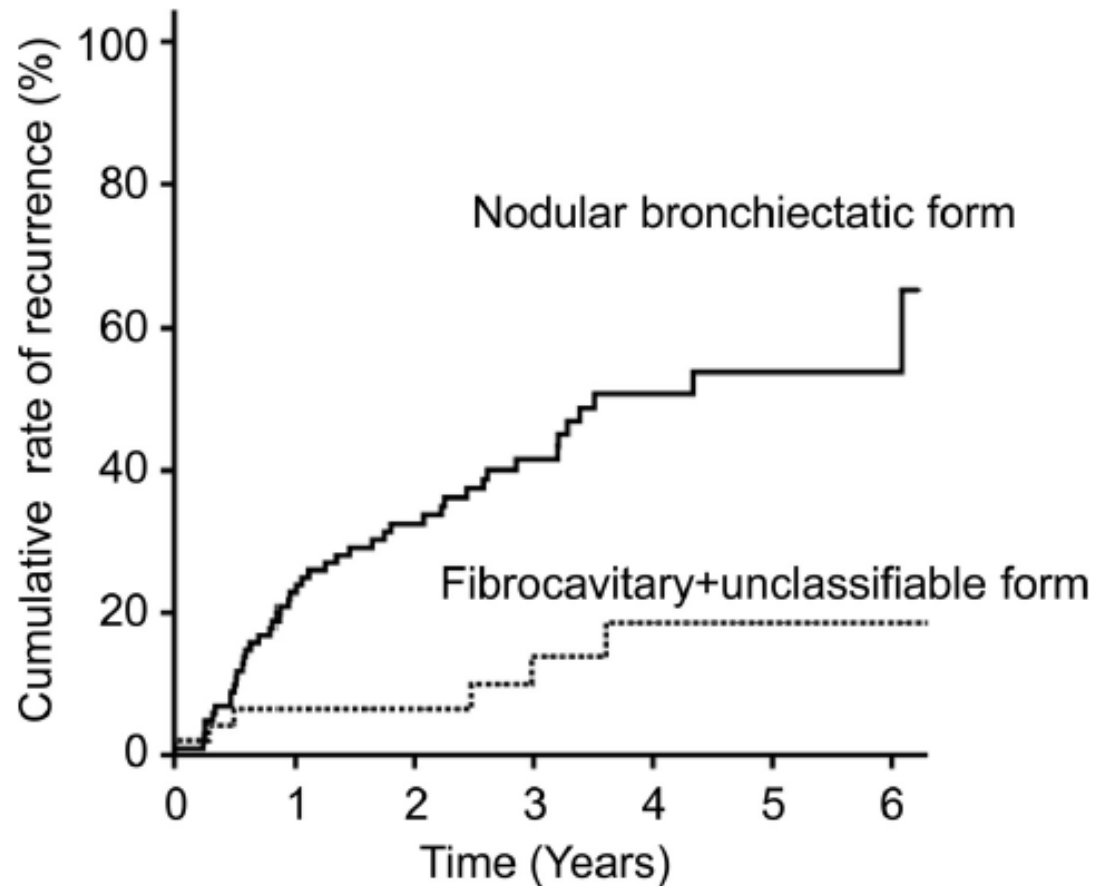
Treatment of refractory MAC lung disease

Environmental sources

Recurrence

158 successfully treated MAC-LD patients.

31.6% recurrence was noted, during a median follow-up of 43.8 mo



Relapse versus Reinfection of *Mycobacterium avium* Complex **Pulmonary Disease**

Patient Characteristics and Macrolide Susceptibility

Daniel P. Boyle¹, Teresa R. Zembower¹, and Chao Qi^{2,3}

Measurements and Main Results: In our cohort, 25% of patients suffered a clinical recurrence. Of the 46 included patients, 25 (54%) suffered a true relapse and 21 (46%) had a reinfection. Median time between completion of therapy and clinical recurrence was significantly lower in the relapse group compared with the reinfection group (210 d vs. 671 d; $P = 0.004$). The measured convalescent macrolide minimum inhibitory concentrations were significantly more likely to increase in the relapse group compared with the reinfection group (80 vs. 33%; $P = 0.002$). No differences in clinical outcomes were observed between the two groups at conclusion of the study.

TABLE 6 Genotyping results of paired clinical isolates from patients with recurrent *Mycobacterium avium* complex (MAC) lung disease[#]

	Total	Reinfection [¶]	Relapse [¶]	p-value
Subjects	27 (100)	20 (74)	7 (26)	
Type of disease				0.091
NB	22 (81)	18 (82)	4 (18)	
Noncavitary NB	17	14	3	
Cavitary NB	5	4	1	
Fibrocavitary form	5 (19)	2 (40)	3 (60)	
Aetiology				0.091
<i>M. avium</i>	12 (44)	11 (92)	1 (8)	
<i>M. intracellulare</i>	15 (56)	9 (60)	6 (40)	
Time interval between treatment completion and recurrence months	10.6 (5.5–18.3)	13.0 (6.0–23.7)	6.0 (4.8–8.5)	0.040

British Thoracic Society guidelines for the management of non-tuberculous mycobacterial pulmonary disease (NTM-PD)

- ▶ Recurrence: two positive mycobacterial cultures following culture conversion. If available, genotyping may help distinguish relapse from reinfection.

Thorax 2017;72:ii1–ii64

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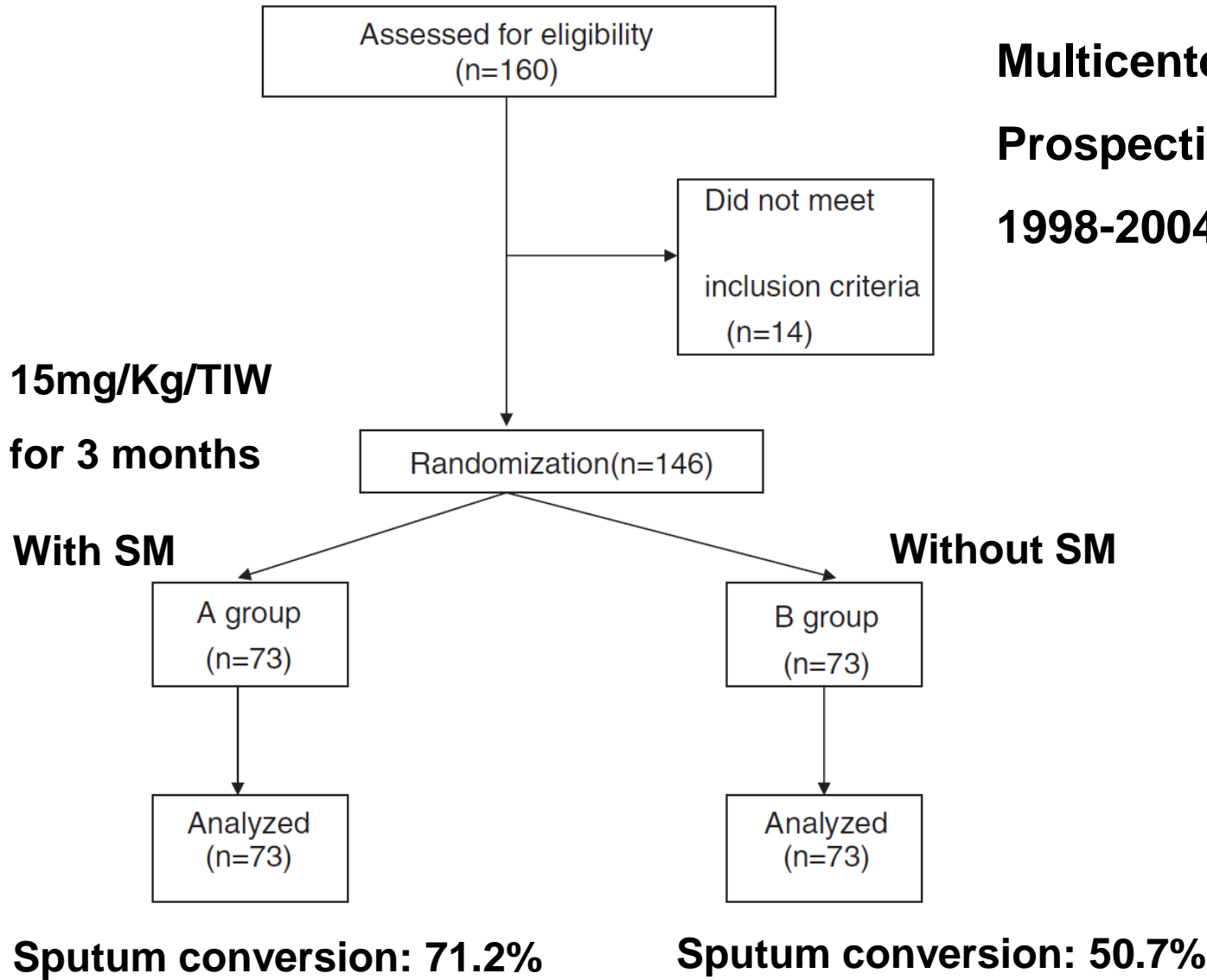
Environmental sources

Recurrence

TABLE 3 Predictors of spontaneous sputum conversion in the untreated stationary group of 93 patients


	Univariate analysis		Multivariate analysis	
	HR (95% CI)	p-value	HR (95% CI)	p-value
Age years	0.969 (0.945–0.994)	0.015	0.973 (0.948–0.999)	0.043
Male	1.087 (0.612–1.929)	0.776	0.885 (0.484–1.621)	0.693
BMI kg·m⁻²	1.108 (1.018–1.205)	0.017	1.101 (1.007–1.205)	0.035
Nonsmoker	0.961 (0.542–1.704)	0.892		
Presence of comorbidity[#]	1.309 (0.730–2.345)	0.366		
Positive sputum AFB smear	0.536 (0.259–1.110)	0.093	0.377 (0.156–0.912)	0.030
Causative organism		0.817		
<i>Mycobacterium avium</i>	1			
<i>Mycobacterium intracellulare</i>	0.932 (0.514–1.691)			
Radiological type: nodular bronchiectatic	1.246 (0.634–2.450)	0.524		
Involved lobes	1.012 (0.770–1.329)	0.934		
FVC % pred <80%	1.165 (0.655–2.072)	0.604		
Transient anti-TB medication (≥1 month)[¶]	2.091 (0.974–4.490)	0.059	3.769 (1.505–9.435)	0.005

**Multicenter
Prospective study, Japan
1998-2004**





The efficacy, safety, and feasibility of inhaled amikacin for the treatment of difficult-to-treat non-tuberculous mycobacterial lung diseases

Kazuma Yagi¹, Makoto Ishii^{1*} , Ho Namkoong¹, Takahiro Asami¹, Osamu Iketani², Takanori Asakura¹, Shoji Suzuki¹, Hiroaki Sugiura³, Yoshitake Yamada³, Tomoyasu Nishimura⁴, Hiroshi Fujiwara⁵, Yohei Funatsu¹, Yoshifumi Uwamino⁵, Tetsuro Kamo¹, Sadatomo Tasaka¹, Tomoko Betsuyaku¹ and Naoki Hasegawa⁵

Injectable amikacin sulfate solution, 15mg/Kg/day for 30 min

Commercial available compressor nebulizer

26 patients with NTM lung disease

43.5% - sputum culture conversion

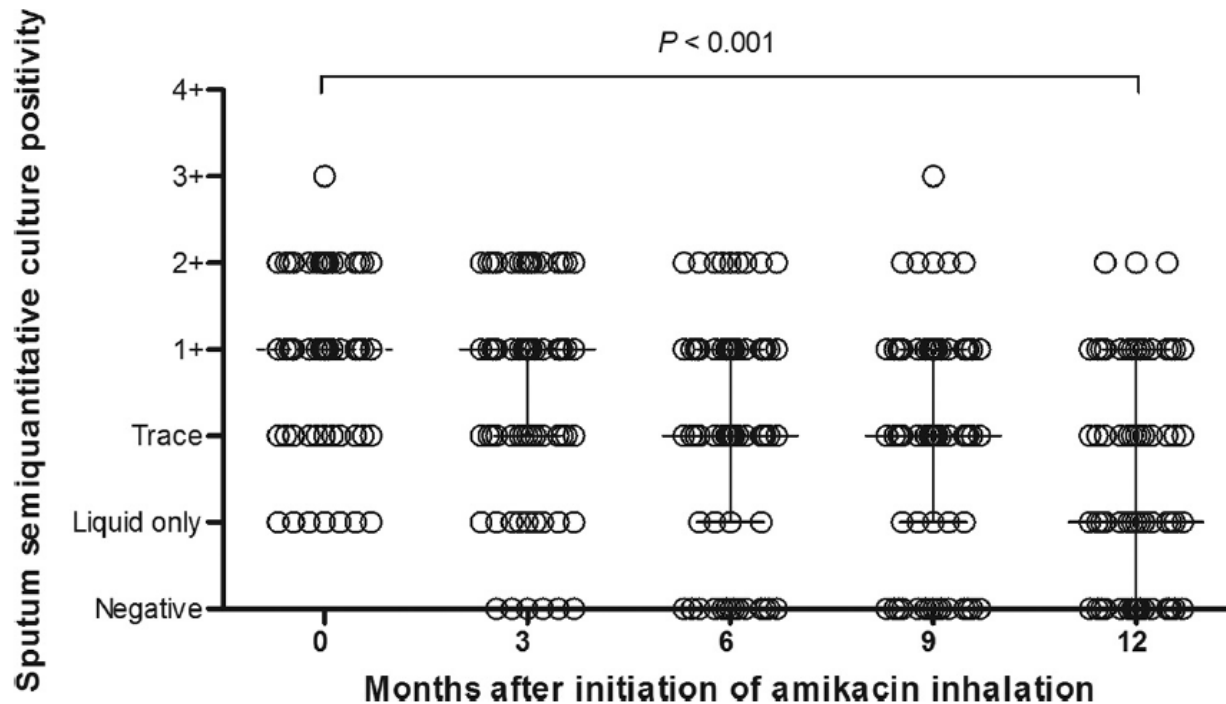
No serious adverse events

2015-2016, Samsung Medical Center

77 patients with refractory NTM lung disease

Injectable amikacin sulfate solution

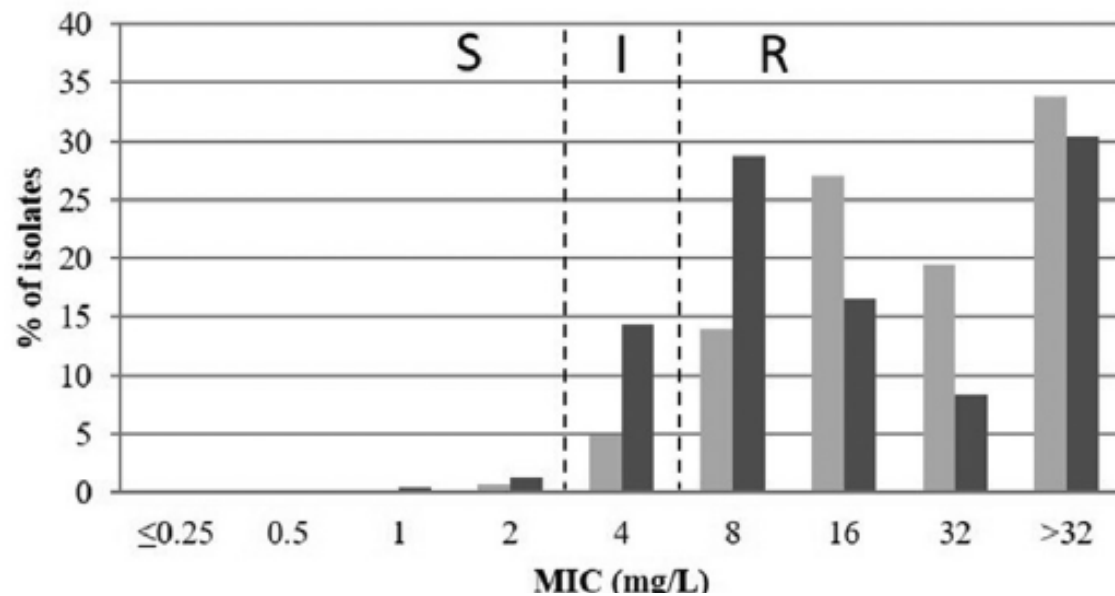
Sputum culture conversion, 18%



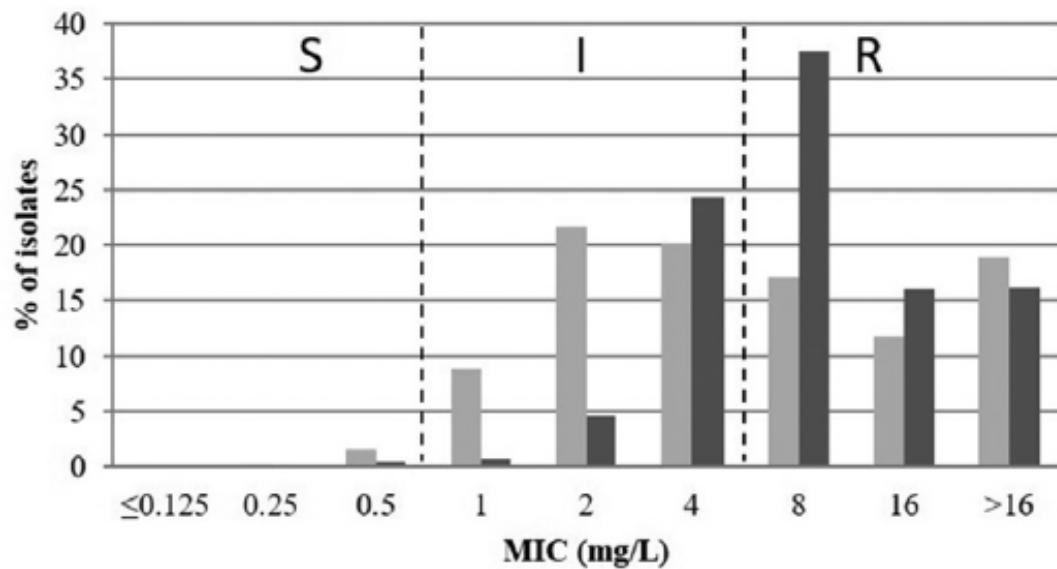
Sensititre™ Myco Susceptibility Plate for Slow Growing Mycobacteria
(Thermo Fisher Scientific Inc., Waltham, Massachusetts, USA)



Ethambutol



Rifampicin



■ *M. avium*

■ *M. intracellulare*

University of Texas, 189 MAC isolates

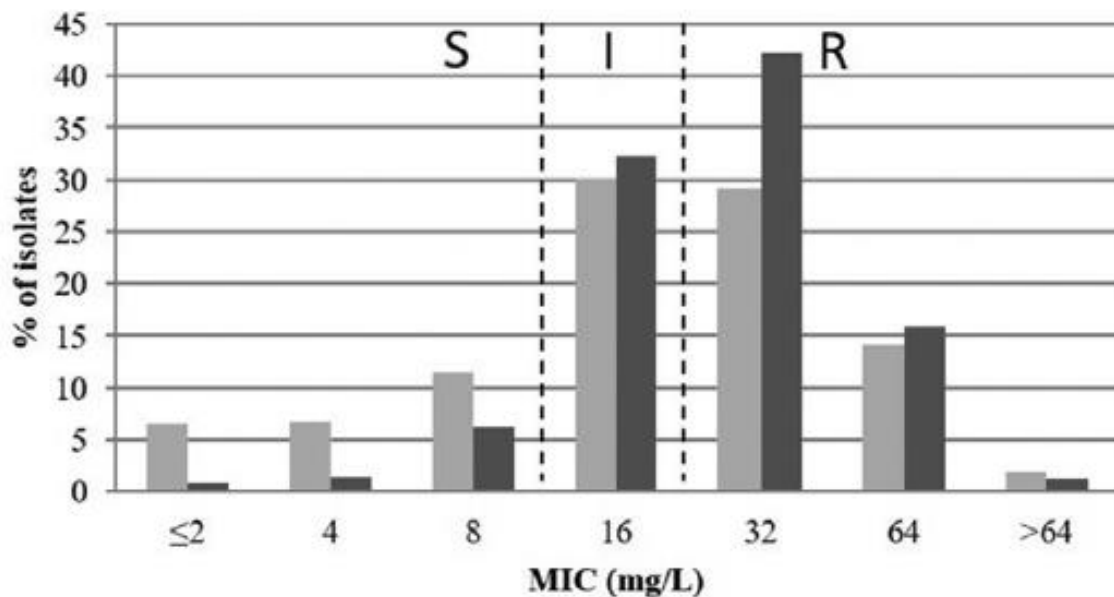
Inhibition of MAC by LZD at specified MICs

No. of isolates susceptible at indicated MIC (ug/ml)
(cumulative % susceptible)

	1	2	4	8	16	32	> 32
MAC		2 (2)	<u>3 (4)</u>	17 (13)	<u>50 (39)</u>	<u>63 (72)</u>	52 (100)

Antimicrob Agents Chemother 2003;47:1736–1738

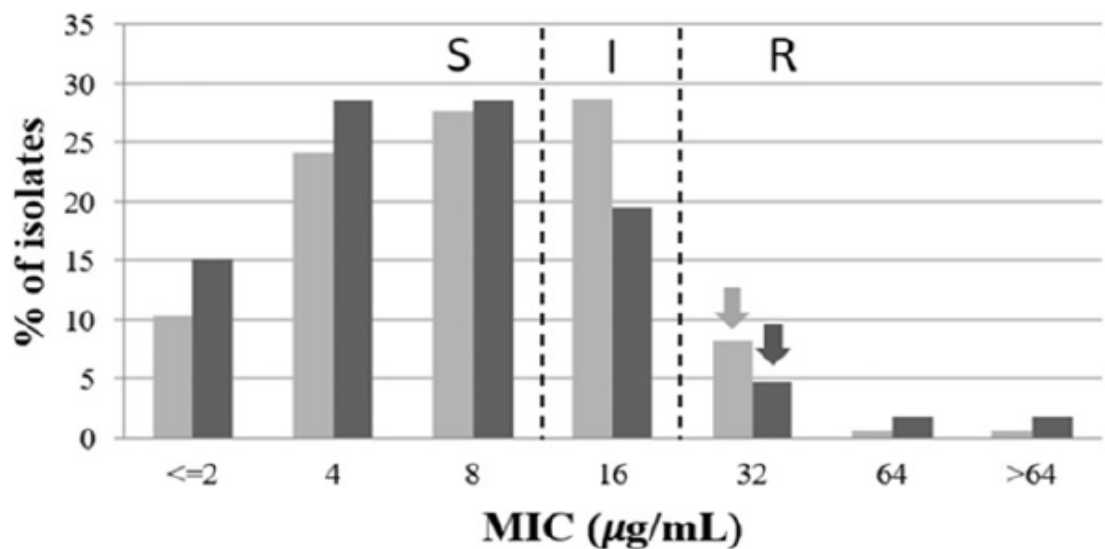
Linezolid



M. avium

M. intracellulare

Linezolid



■ *M. abscessus*

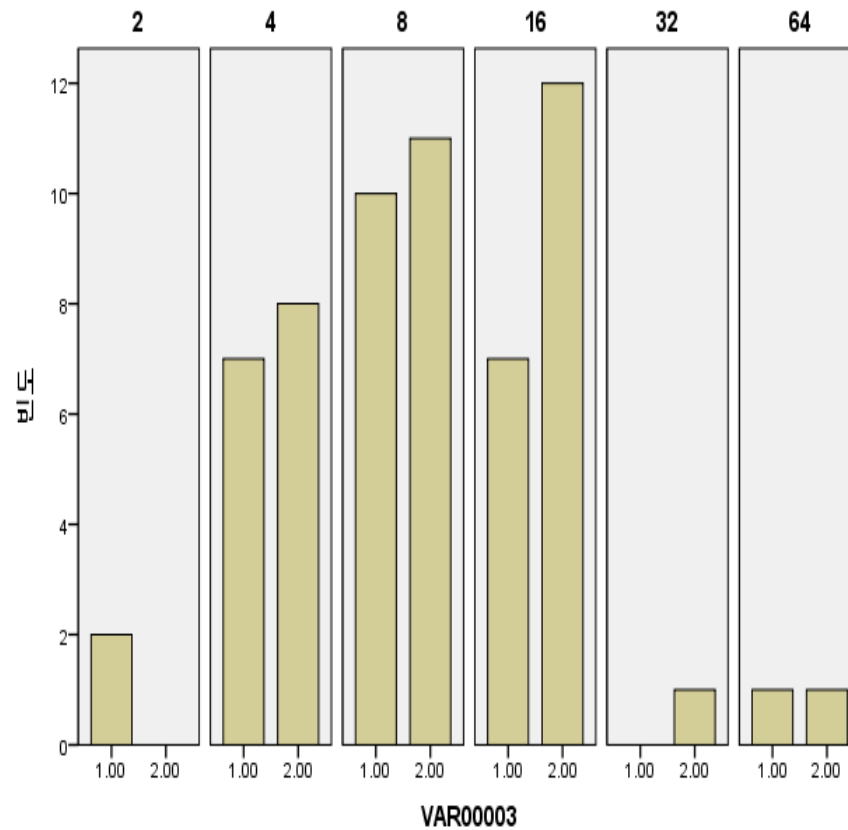
■ *M. massiliense*

TABLE 1. Susceptibility of 249 clinical isolates of seven species or taxa of rapidly growing mycobacteria to linezolid as determined by broth microdilution

Species	No. (cumulative %) of isolates inhibited by MIC ($\mu\text{g/ml}$) of:										No. of isolates tested
	0.25	≤ 0.5	1	2	4	8	16	32	64	≥ 128	
<i>M. fortuitum</i> group ^a	0 (0)	0 (0)	4 (5)	15 (26)	26 (61)	19 (86)	7 (96)	3 (100)	0 (100)	0	74
<i>M. fortuitum</i> third biovariant complex	0 (0)	0 (0)	0 (0)	1 (10)	6 (70)	3 (100)	0	0	0	0	10
<i>M. abscessus</i>	0 (0)	2 (2)	0 (2)	1 (3)	6 (9)	14 (23)	24 (48)	39 (88)	10 (98)	2 (100)	98
<i>M. chelonae</i>	0 (0)	0 (0)	1 (2)	0 (0)	5 (12)	21 (54)	20 (94)	2 (98)	1 (100)	0 (100)	50
<i>M. mucogenicum</i>	0 (0)	2 (20)	4 (60)	1 (70)	2 (90)	1 (100)	0	0	0	0	10
<i>M. smegmatis</i> group ^b	0 (0)	1 (33)	0 (33)	1 (67)	1 (100)	0	0	0	0	0	3
<i>M. immunogenum</i>	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	2 (50)	2 (100)	0	0	4

Antimicrob Agents Chemother 2001;45:764-767

Linezolid id MIC	<i>M. avium</i> (n = 27)	<i>M. Intracellulare</i> (n = 33)
2	2	0
4	7	8
8	10	11
16	7	12
32	0	1
64	1	1

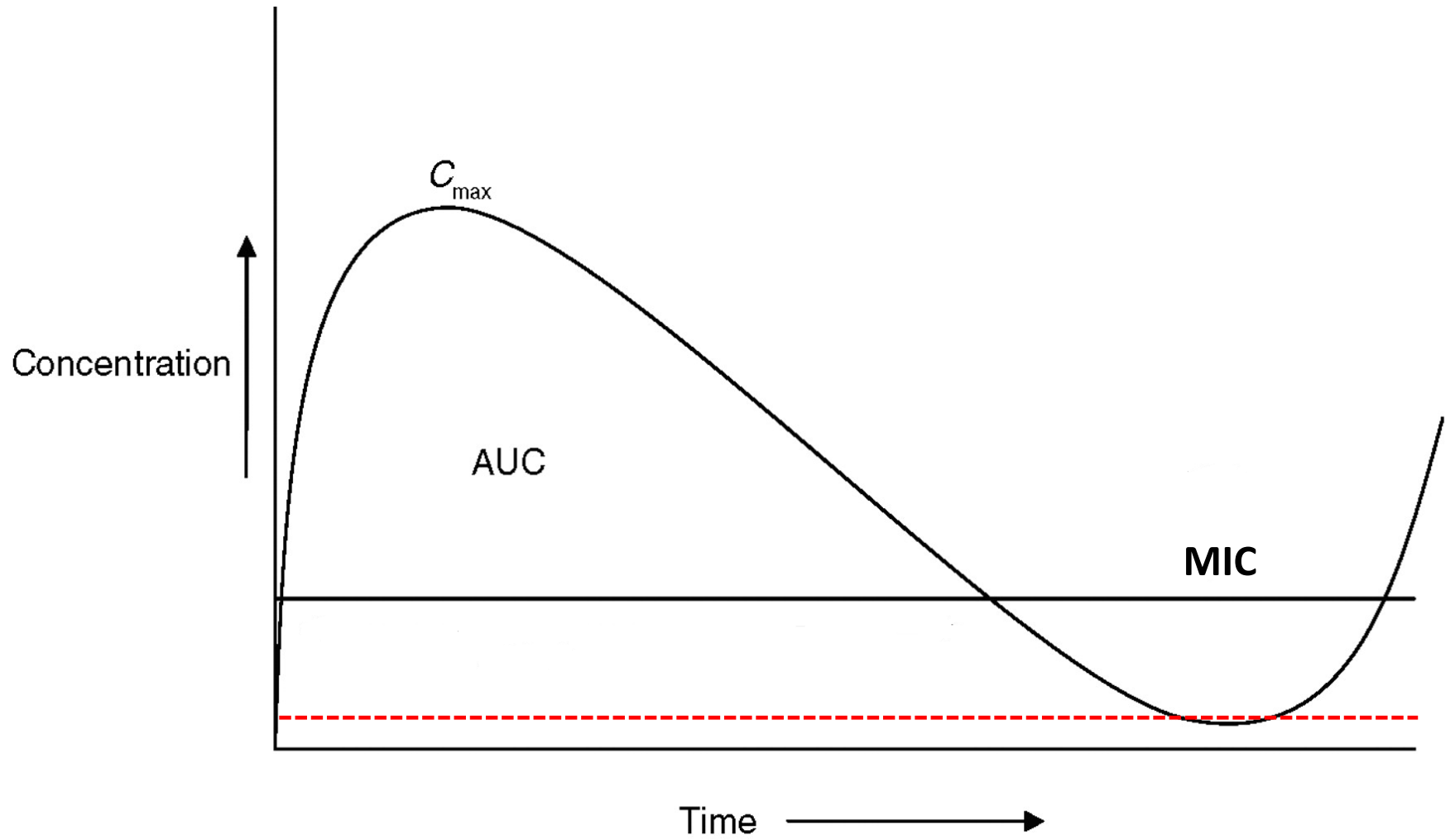


1: *M. avium*
2: *M. intracellulare*

Linezolid as treatment for pulmonary *Mycobacterium avium* disease

Devyani Deshpande, Shashikant Srivastava, Jotam G. Pasipanodya and Tawanda Gumbo*

Results: Linezolid achieved a hitherto unprecedented feat of at least $1.0 \log_{10}$ cfu/mL reduction. Efficacy was most closely linked to the AUC_{0-24}/MIC ratio. The AUC_{0-24}/MIC ratio associated with no change in bacterial burden or bacteriostasis was 7.82, while that associated with $1.0 \log_{10}$ cfu/mL kill was 42.06. The clinical dose of 600 mg/day achieved or exceeded the bacteriostasis exposure in 98.73% of patients. The proportion of 10000 patients treated with the standard 1200 mg/day who achieved the exposure for $1.0 \log_{10}$ cfu/mL kill was 70.64%, but was 90% for 1800 mg/day. The proposed MIC breakpoint for linezolid is 16 mg/L, with which 49%–80% of clinical isolates would be considered resistant.



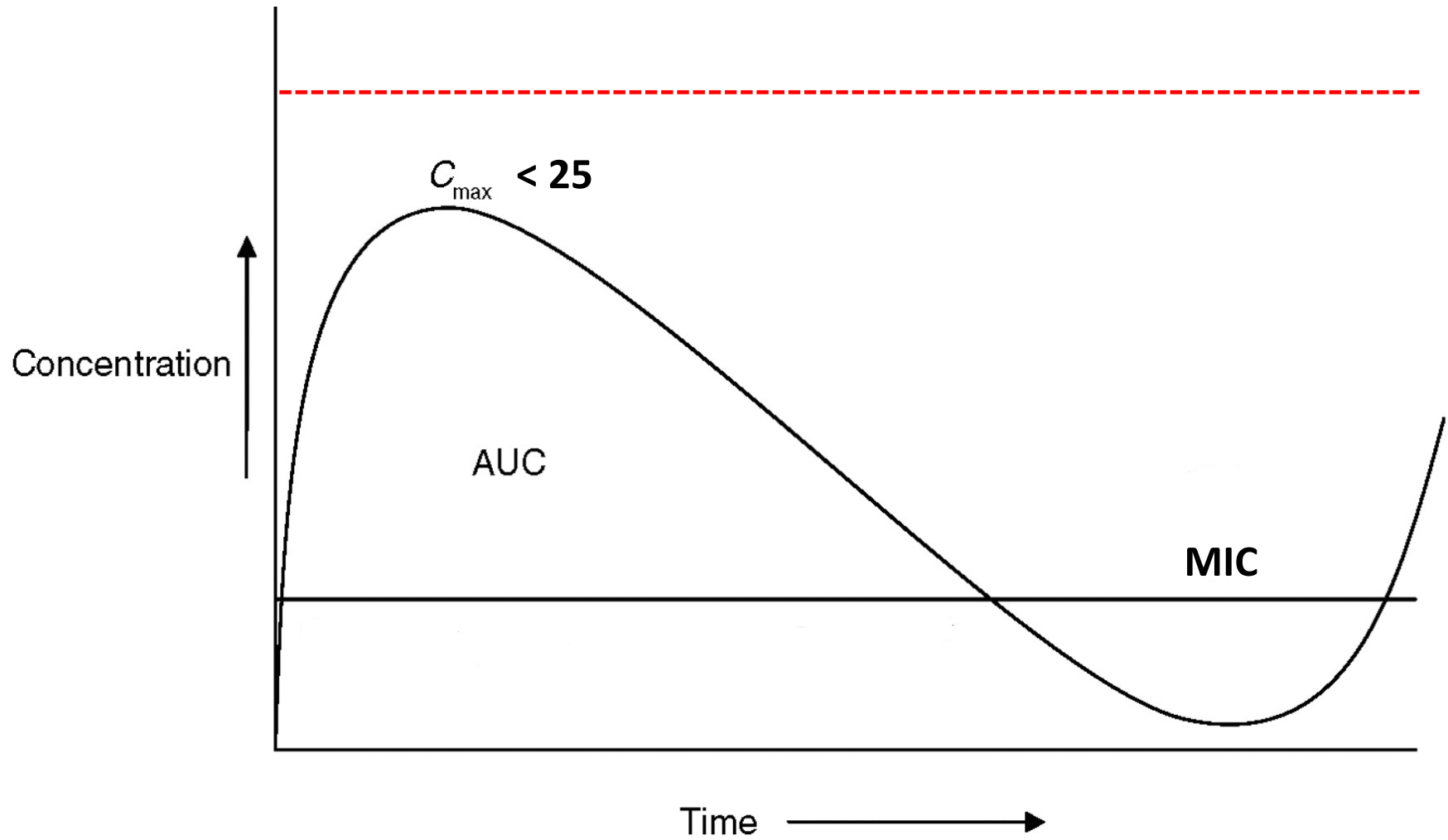


Table 4. Association of duration of treatment with injectable aminoglycosides with treatment success.

Duration of treatment (mo)	n	Multivariate analysis	
		Adjusted OR (95% CI)	P Value
0–1.4	8	1.0 (reference)	
1.5–2.9	18	3.793 (0.504–28.546)	0.195
3.0–4.4	28	10.560 (1.489–74.867)	0.018
4.5–5.9	18	24.534 (2.733–220.261)	0.004
6.0–7.4	14	15.481 (1.651–145.186)	0.016
7.5–30	15	1.520 (0.180–12.835)	0.700

Treatment

All patients received clofazimine in combination with other antimycobacterial drugs ([e-Table 2](#)). On average, patients with MAC or MABSC used clofazimine as part of a regimen that included three additional drugs during the treatment course. Patients with > 1 NTM species used an average of four additional drugs. Almost all patients (90%) were treated with a macrolide. The majority of patients were prescribed clofazimine 100 mg once daily; six patients started at 50 mg once daily.

Proposal for a standardised treatment regimen to manage pre- and extensively drug-resistant tuberculosis cases

Jose A. Caminero^{1,2}, Alberto Piubello^{2,3}, Anna Scardigli⁴ and Giovanni Battista Migliori ⁵

TABLE 2 Recommended doses for the drugs used in the proposed pre-XDR and XDR-TB regimen

Drug	Body weight kg				
	30–35	36–45	46–55	56–70	>70
Linezolid 600 mg	1 pill	1 pill	1 pill	1 pill	1 pill
Bedaquiline 100 mg	4 pills/24 h during 2 weeks, followed by 2 pills 3 times weekly until the end of the treatment				
Delamanid 50 mg	2 pills/12 h				
Clofazimine 100 mg	1 pill				
Meropenem/imipenem	500 mg/12 h	500 mg/12 h	1 gr/12 h	1 gr/12 h	1,5 gr/12 h
Amoxicillin/clavulanate	1000 mg/12 h				
Amikacin/kanamycin/capreomycin	0.5 g	0.750 g	0.750 g	1 g	1 g
Moxifloxacin	400 mg	600 mg	600 mg	800 mg	800 mg
Levofloxacin	500 mg	750 mg	1 gr	1 gr	1 gr
PAS 4 g	1+1 pill	1+1 pill	1+1 pill	1+1 pill	1+1+1 pill
Isoniazid 300 mg	2 pills	2.5 pills	3 pills	3.5 pills	4 pills



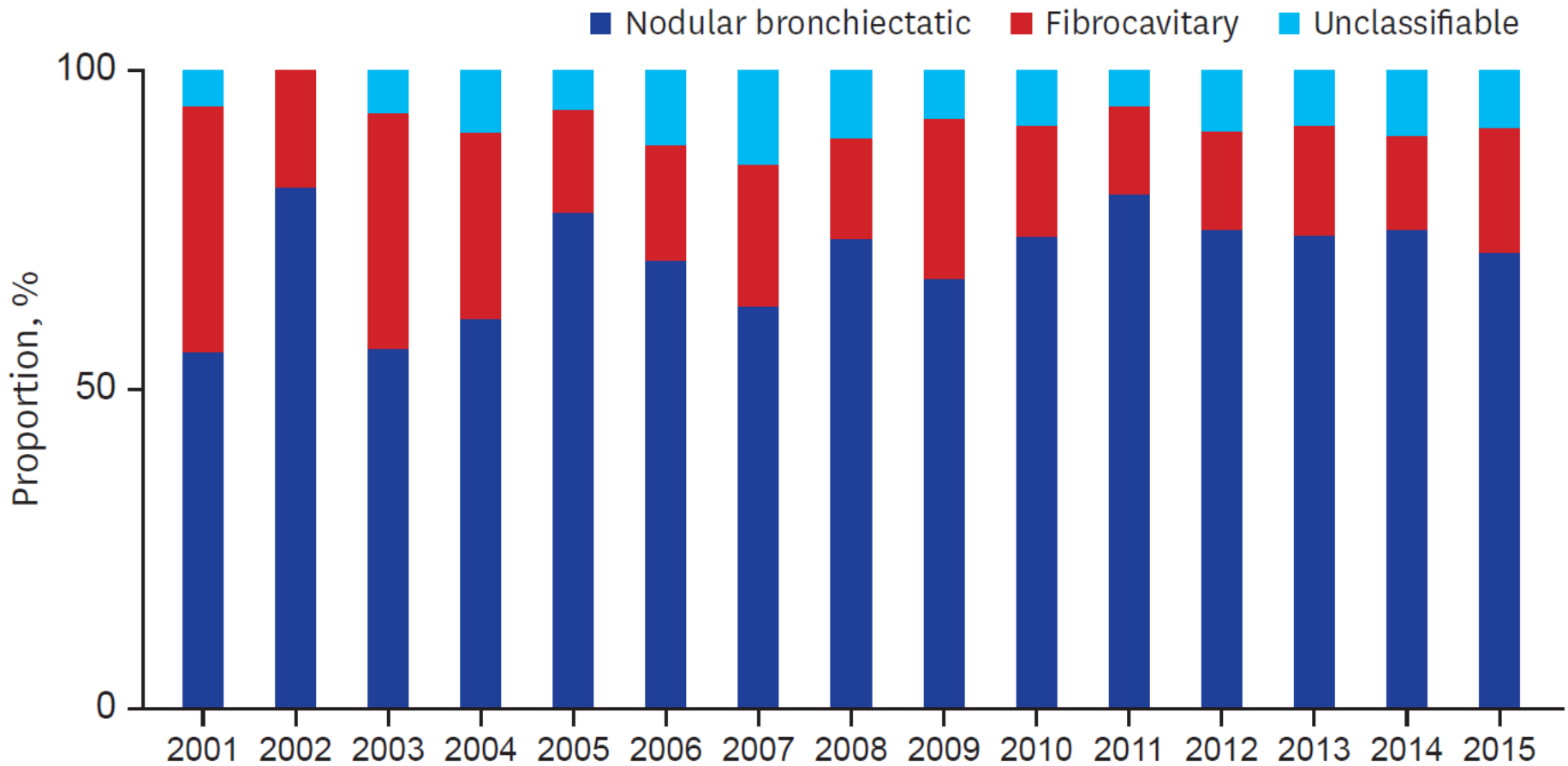
endTB

**Clinical and Programmatic Guide
for Patient Management with
New TB Drugs**

Version 3.3

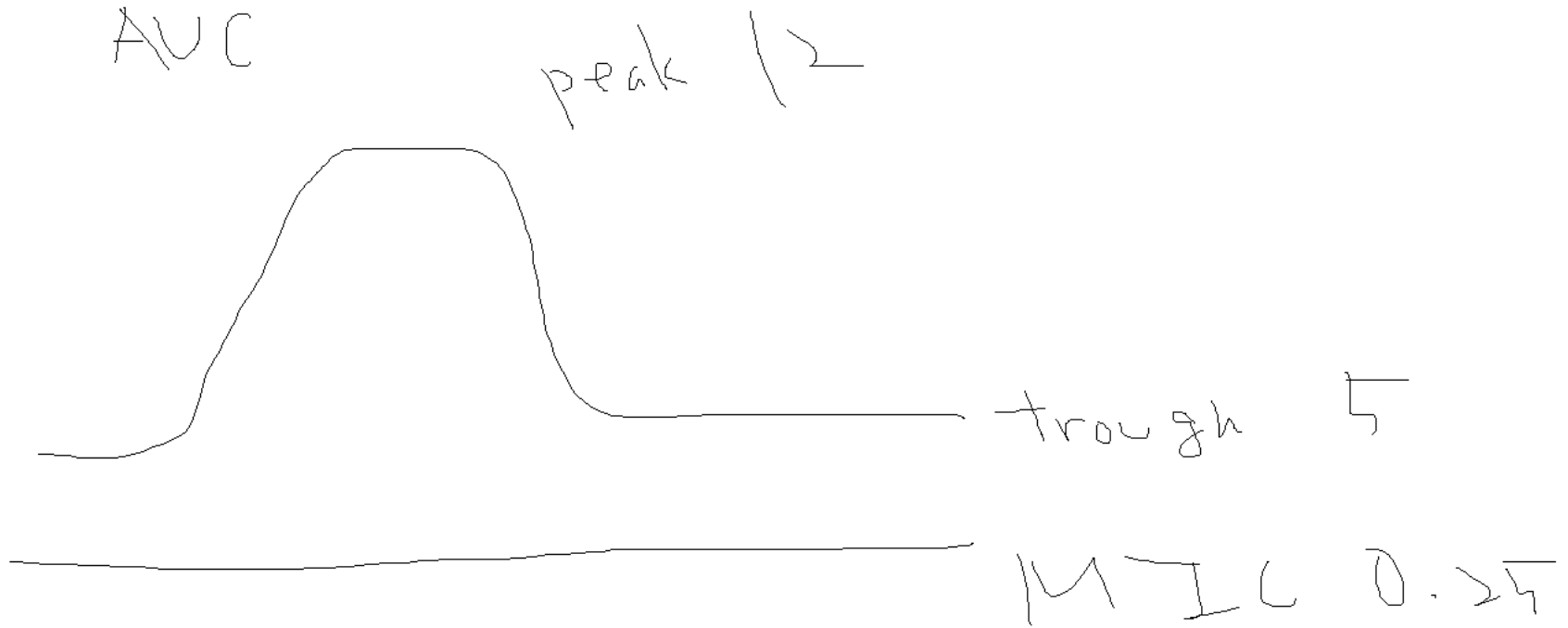
Cfz (50, 100 mg tablets)	200 mg once daily for 2 months, followed by 100 mg daily for duration of treatment
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The proportion of NB form > FC form

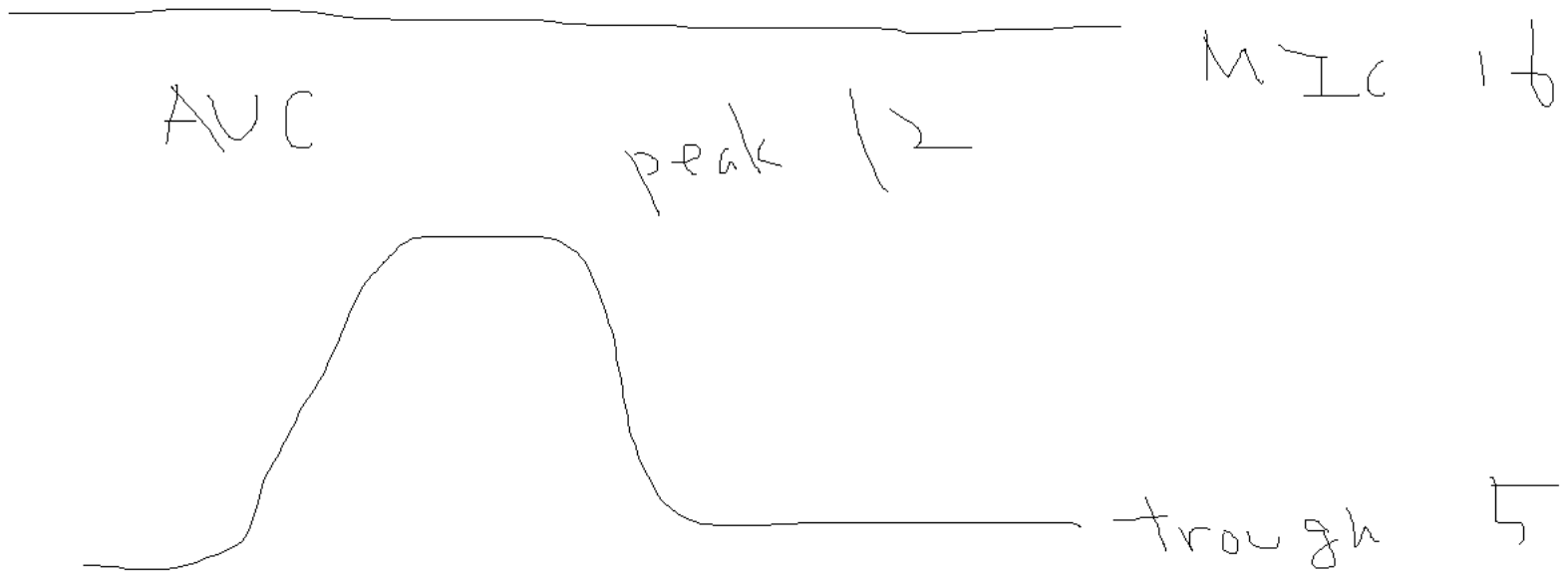


Odds ratio of treatment success in MDR-TB

Duration of intensive phase of treatment		
Duration (months)	Observations	Adjusted ^b odds ratio (95% CLs)
1–2.5	308	1.0 (ref)
2.6–4.0	1406	1.2 (0.5–2.9)
4.1–5.5	481	2.4 (1.3–4.3)
5.6–7.0	377	3.7 (1.9–7.1)
7.1–8.5	172	5.1 (2.1–12.7)
8.6–20	792	2.2 (1.2–3.9)



LZD는 AUC/MIC에 비례해서 약효가 있다.
 LZD 600mg qd 투여시 peak가 12, trough가 5라면
 결핵균 MIC 0.25 보다는 무조건 높음



LZD 600mg qd 투여시 peak가 12, trough가 5라면
MAC MIC 16 보다는 무조건 낮다 → 아무 효과가 없음